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Warrior Guide To COVID-19 Vaccines

Administered in two doses, the COVID-19 vaccination process will allow the body to fight against the coronavirus with the initial vaccine and then ensure long-term immunization via the second inoculation.

Compiled by Kathleen Zhang, NEWS EDITOR, article by Mai Omoto, STAFF WRITER, graphics by David Lee, GRAPHICS, cartoons by Pearl Yoon, CARTOON

Extending public access to the vaccine, California began distribution of doses to individuals 65 years of age and older Jan. 21.

Unlike traditional inoculations, the COVID-19 vaccine introduces a harmless protein from the coronavirus to trigger an immune response in the recipient's body. The antibodies will then protect the body against infections from the authentic virus.

Administered in the upper arm muscle, the COVID-19 messenger ribonucleic acid vaccine provides instructions to make a spike protein. The spike protein will teach mRNA to translate the genetic instructions required to make that viral protein directly in the body. This process will ultimately give the immune system a preview of the virus and thus better prepares the body for a potential encounter with the contagious disease.

With an emergency use authorization from the United States Food and Drug Administration, Pfizer-BioNTech and Moderna vaccines have shown 95 percent and 94.1 percent effectiveness respectively. The Pfizer-BioNTech vaccine must be stored at minus 94 degrees Fahrenheit, while Moderna vaccine can be maintained at home or medical freezer temperatures for up to six months.

According to the Centers for Disease Control and Prevention, genetic material from the vaccine's instructions cannot protect the cell for a long-term period. The first dose of the

vaccine allows the immune system to respond against SARS-Cov-2, and the second dose of the immunization ensures long-term protection from the coronavirus.

After the dosage of the vaccine, potential symptoms include fatigue, headache and muscle pain. The protective effect begins two weeks after the second vaccine injection. Precautions continue to be recommended after an individual has been fully vaccinated, as the vaccines are not 100 percent effective.

Divided into three groups, Californians will receive vaccine doses based on their placement in the three vaccination parties. Phase 1A offers the vaccine to healthcare providers and individuals 65 years of age or older. Phase 1B includes citizens who are at risk at work, and Phase 1C allows individuals between ages 50-64 or those with underlying health conditions to become vaccinated.

While the vaccination plan strives to administer immunization to educators by February, the timeline remains uncertain due to the unpredictable conditions. Health care officials predict that individuals in the second phase will receive the vaccine by spring of 2021.

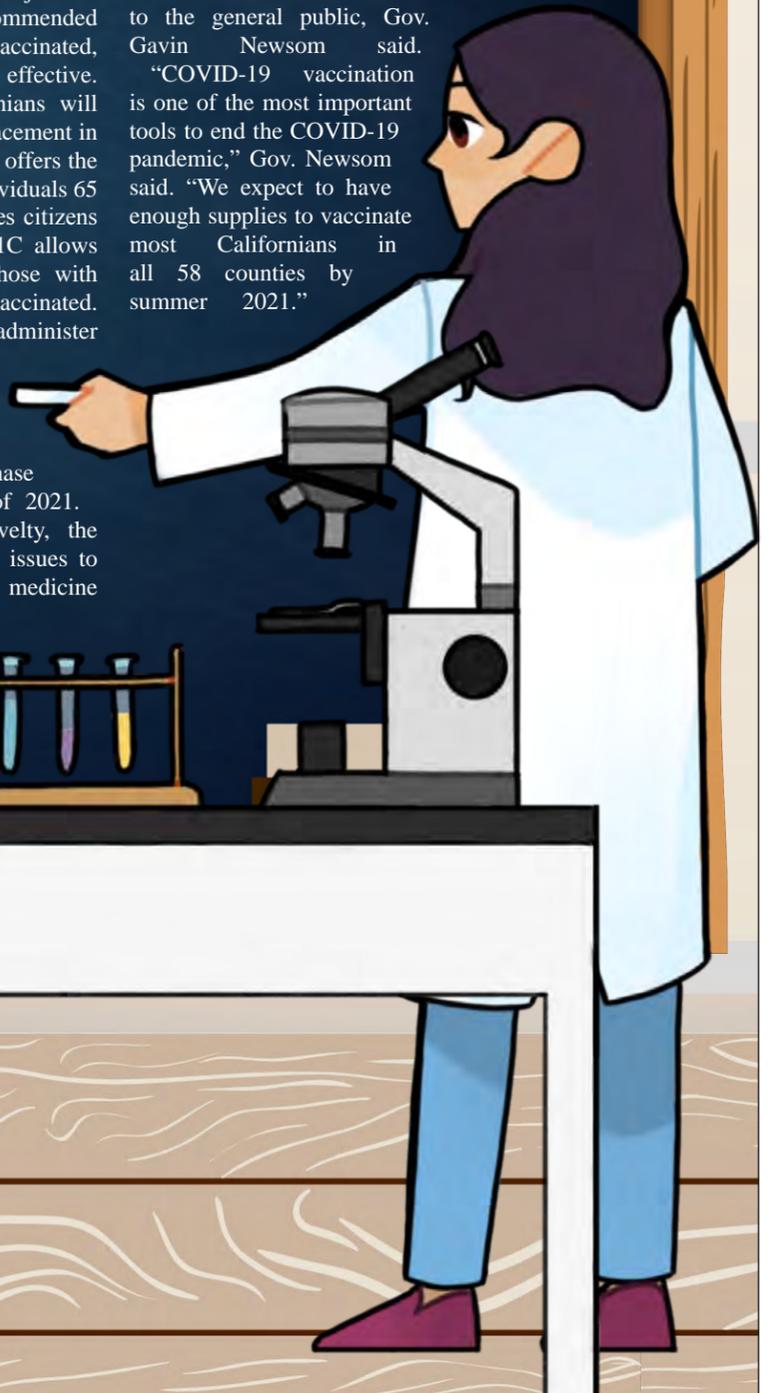
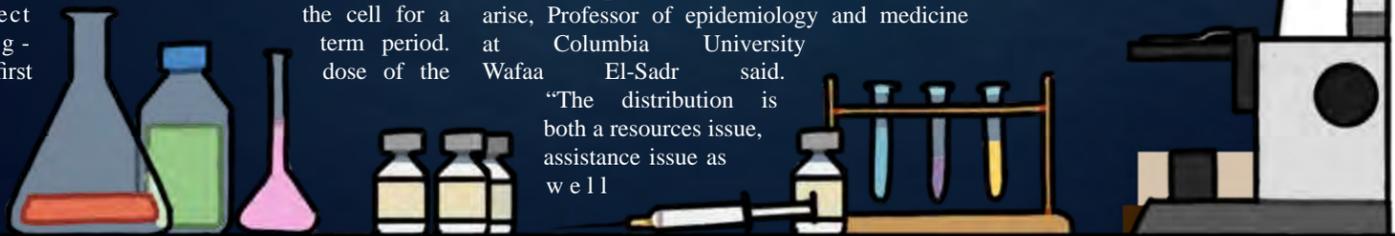
As a result of the vaccine's novelty, the vaccination process can cause various issues to arise, Professor of epidemiology and medicine at Columbia University Wafaa El-Sadr said.

"The distribution is both a resources issue, assistance issue as well

as a communications issue," El-Sadr said. "We have to be working on all of these fronts at the same time so that we can get as many of these very valuable vaccines into people's arms as we can."

In consideration of vaccine shortages and the emergence of multiple virus mutations, potential complications in the future may delay the distribution of the vaccine to the general public, Gov. Gavin Newsom said.

"COVID-19 vaccination is one of the most important tools to end the COVID-19 pandemic," Gov. Newsom said. "We expect to have enough supplies to vaccinate most Californians in all 58 counties by summer 2021."



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Are you a bookworm? Read about Alumna Alisha Sehgal's debut novel, *The Game Plan*, and her journey to publication.



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Check out our take on the attack on the Capitol in Washington D.C. and its implication for future transfers of power.



No Barriers Club holds fundraiser for children in the Peruvian Amazon

Aided by the club's former tour guides, members aim to make a positive impact through the donation of their entire proceeds.

By Diya Patel
STAFF WRITER

In an effort to alleviate the impact of the pandemic in the Peruvian Amazon, No Barriers club will host a fundraiser for children in the Yagua village throughout February.

Inspired by their 2019 trip to the Peruvian Amazon, the fundraiser will feature photographs of flora and fauna taken by the club's former tour guides Ceasear Sevillano and Percy Reyna. With each photograph sold as individual stickers and prints, club members will donate all proceeds toward the children of the Yagua village in Peru. To prepare for the fundraiser, club members formed various groups to research the cost of production and create their own sticker layouts. In order to maximize their impact, the club will also accept donations through the online platform GoFundMe.

Through expeditions to different countries, members encour-

ages participants to engage in cultural activities and assist low-income families and children around the world. In the past, the club has collected monetary donations, clothing, and toys for underprivileged children in Costa Rica and the Peruvian Amazon.

Since the start of the pandemic, the decline

of tourism in the Peruvian Amazon damaged the economic stability of the Yagua village. The students' determination to assist the families of the village has united the members under a common cause, President Trinity Nguyen said.

"For many
c l u b

members that attended the trip, we have a personal connection to the people we are trying to help," Nguyen said. "Living here in the United States, there is only so much we can imagine about their living situation, so we want to do everything

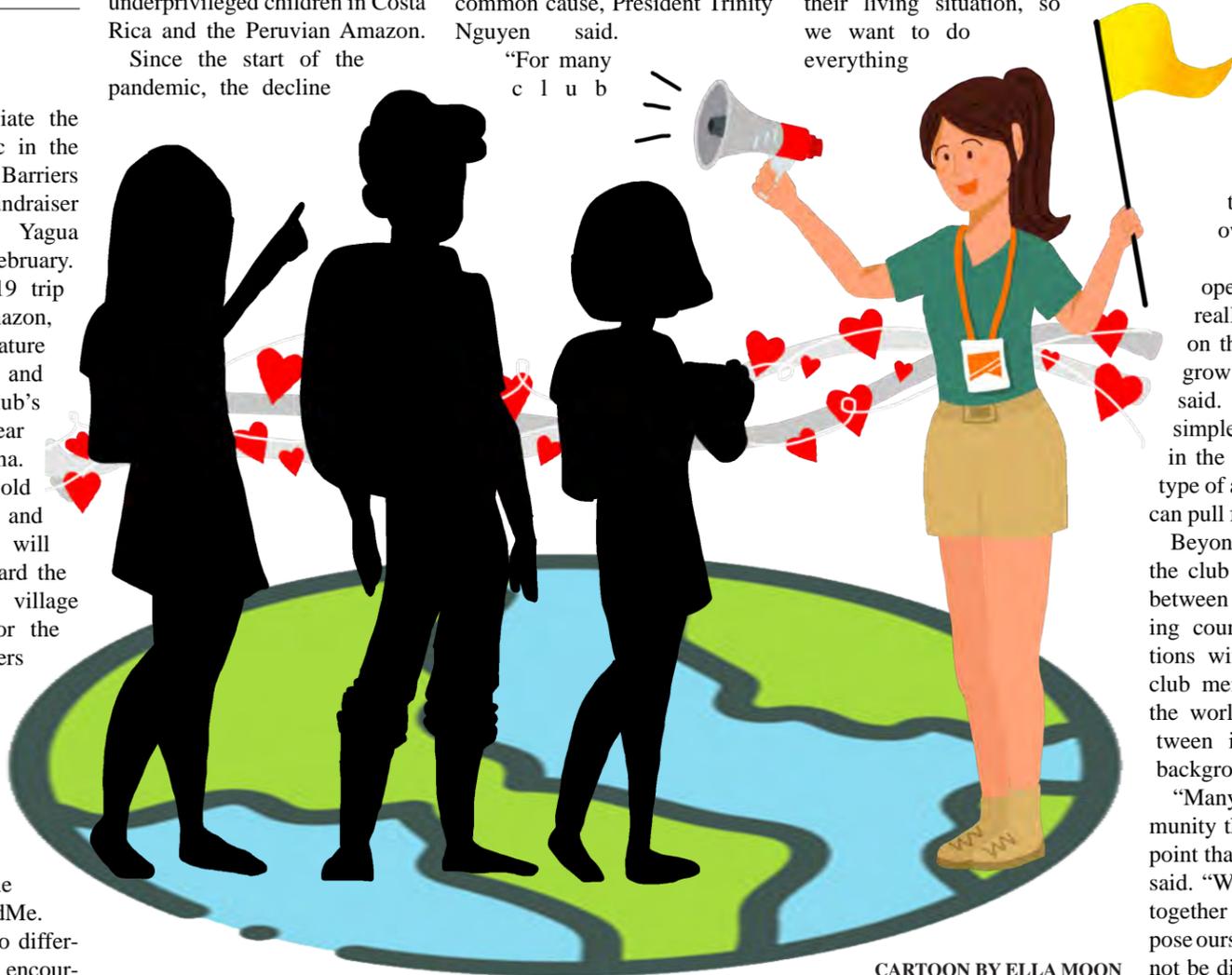
we can to support them."

According to Nguyen, the trip to the Peruvian Amazon allowed participants to broaden their perspective on different cultures. Throughout the trip, members not only witnessed the impact of deforestation, but they also learned about the values of the children in the Yagua village and integrated the insight into their own lives, Nguyen said.

"The trip was really eye-opening and it gave me a really different perspective on the world that helped me grow as a person," Nguyen said. "The villagers live a simple life and always find joy in the smallest things and that type of attitude is something you can pull from to add to your day."

Beyond the collection of funds, the club aims to bridge the gap between developed and developing countries. Through interactions with different people, the club members hope to advance the world and foster bonds between individuals with varied backgrounds, Nguyen said.

"Many of us live in a community that is so sheltered to the point that it is a bubble," Nguyen said. "We should all try to work together to open our eyes and expose ourselves to things that might not be directly happening to us."



CARTOON BY ELLA MOON

Ongoing construction of solar cells to provide energy for school campus

The installation of solar cells in the South and Staff parking lots will be the first step towards reaching a more eco-friendly campus.

By Kaelyn Kwon
STAFF WRITER

Reducing the school's carbon footprint, the administration approved a solar cell project that will provide the campus with energy after its construction is completed in February.

As part of the school's effort to help protect the environment, the solar cells will minimize carbon emissions through the conversion of solar energy to electricity and will provide shade for students' vehicles. After solar power is incorporated into the electric system, the district anticipates a reduction in money spent on electricity and a decrease in reliance on the electric grid's power.

With construction divided into two phases, the administration expects the operation to take approximately two months. In phase one of the project, the administration completely blocked the North Parking Lot off, while

both the Staff and South parking lots remained available. In the second phase, the solar panels will connect to the school's power through a system of wires and power inverters.

For optimal solar power generation, the administration decided to build the cells in the south-facing parking lots. Dependent upon weather conditions, solar panels can produce between 400 and 600 kilowatt-hours per year.

Over the last seven years, the cost of solar power installations at schools has decreased by about 60 percent. California leads the nation in the number of solar schools per state with 2,465 schools, according to the Solar Foundation's Brighter Future Report. In Southern California, over 1,200 schools use solar and generate over 100,000 kilowatts.

In addition to construction bonds passed in 2016, incentive funding from the state provided financial support for the solar project.

With the project's construction

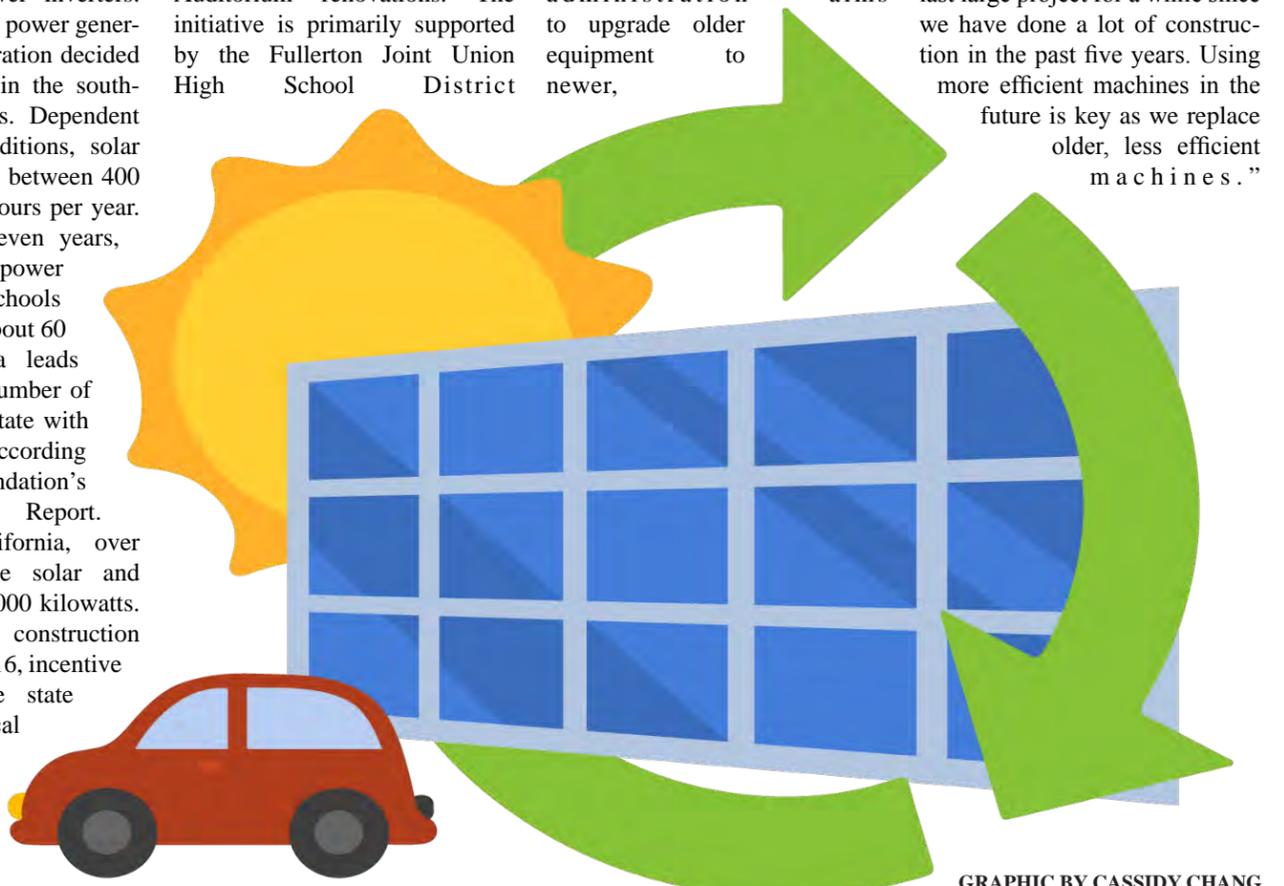
initiated during winter break, the solar cells are the most recent campus renovation project after the library improvements and the Thomas Moore Auditorium renovations. The initiative is primarily supported by the Fullerton Joint Union High School District

superintendent Scott Scambray and had the approval of the Board of Trustees.

In order to further reduce carbon emissions, the school administration aims to upgrade older equipment to newer,

more energy-efficient models, Principal William Mynster said.

"The solar cell construction is the first step for our school," Mynster said. "It is probably the last large project for a while since we have done a lot of construction in the past five years. Using more efficient machines in the future is key as we replace older, less efficient machines."



GRAPHIC BY CASSIDY CHANG

Co.Act Club outreach project aids communities in Africa

Through the sale of handmade bracelets on the ASB store, the club aims to raise \$200 dollars to fund better education in Malawi.

By Brianna Vu
STAFF WRITER

In an attempt to build a better education for communities in Eastern Africa, Cooperation Act Club concluded their bracelet fundraiser for the Global Outreach Project Feb. 4.

Designed to help developing communities around the world, the outreach project is a mission to aid third-world countries through fundraisers and exhibitions. Club members aim to build a library for preschool students and fund teachers' salaries and student tuitions from the profit their project collects. Co.Act is a government-recognized nonprofit organization that provides emotional and financial relief to assist the day-to-day experience

of students around the world.

In response to the requirement to fundraise virtually, executive members of Co.Act proposed the idea to sell bracelets through the Associated Student Body store. Over a span of four months, President Erica Duke worked closely with staff members to adjust the payment procedure on the website. Due to these technical complications, the club postponed the project's release date to ensure optimal experience for buyers.

Despite the organization's challenges, club members released the bracelets in December of 2020 for \$8-10 a piece. With featured styles like Gold, Field and Rose, the bracelets were handmade and designed on a thin beaded lining. The organization's objective was to raise \$200 to combine with Co.Act's other 13 branches across the world. As bracelet sales increased, the board offered



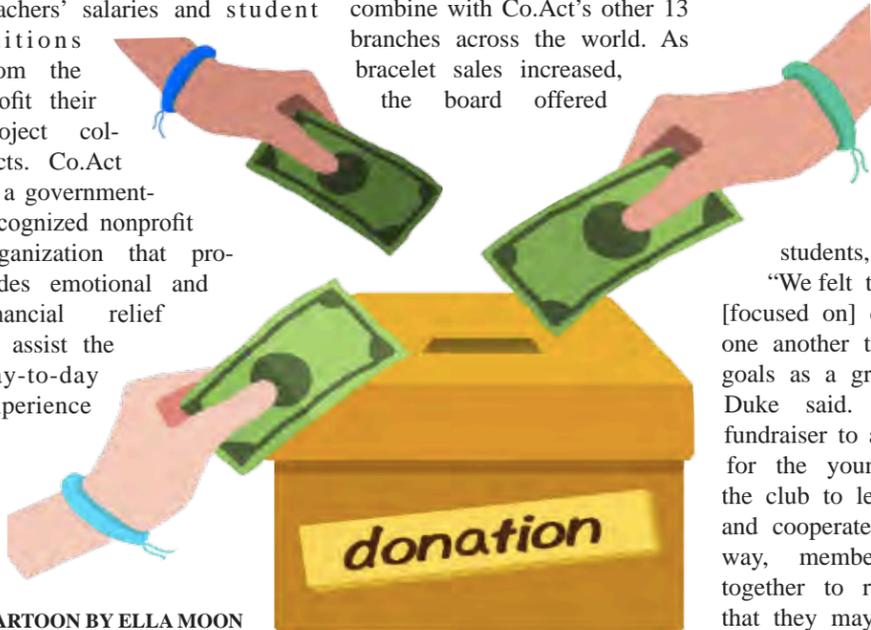
payments through Venmo for students outside of the Fullerton Joint Union High School District to participate.

According to Duke, the elaborate planning phase of the event gave members an opportunity to strengthen their teamwork. The ability to network with other Co.Act club chapters and the chance to communicate together was a valuable experience for the students, Duke said.

"We felt that our club hasn't [focused on] collaborating with one another to accomplish our goals as a group in the past," Duke said. "I wanted this fundraiser to act as an example for the younger members in the club to lean on each other and cooperate as a team. That way, members could work together to resolve challenges that they may face next year."

In partnership with Ripple Africa, Co.Act donated their proceeds to the Malawian organization to provide a sustainable future for African families. While the fundraiser required patience and time, Co.Act members strive to positively impact the students' lives by providing a quality education, Duke said.

"Ultimately, our fundraiser was an action we took to share the educational opportunities we have here with students in Malawi," Duke said. "Like our club motto, 'From Me to You,' we love to give back to the community as much as we can and to help as many people around the world as possible."



CARTOON BY ELLA MOON

District-wide art showcase exhibits 20 Warrior entries

At the 29th annual art show, three winners will be chosen by professional judges to receive monetary prizes.

By Erin Jang
STAFF WRITER

Painting the youth's world of imagination, the Fullerton Joint Union High School District will showcase artworks made by students in the art program at the Muckenthaler Cultural Center Jan. 27 to Feb. 14.

Hosted annually for more than 25 years, the competition displays varied pieces from Fullerton Union, Buena Park, Sonora, La Sierra, Sunny Hills and Troy High Schools. Competitors chose to submit within the categories of photography, digital work, drawing, painting and three-dimensional art. A total of 12 Warrior participants entered four in photography with six entries in two-dimensional digital design and 10 in drawings and paintings. For three weeks, people can

view the different pieces at the cultural center with scheduled appointments. Judged by college professors and professional artists, the winners' entries are recognized by the board members at the district office. The top three winners at the competition receive monetary prizes of \$300, \$150 and \$50 for first, second and third place respectively.

In order to mimic an in-person classroom atmosphere, the students showed their artworks through the camera for others to view. The participants underwent multiple revise-and-edit processes and communicated with each other to make improvements, Visual and Performing Arts teacher Mike Thomas said. "In breakout rooms, [the students and I] talked about dif-

ferent techniques while trying to brainstorm ideas to focus on the main message of their work," Thomas said. "Whether there was something I wanted to suggest or give a compliment, I wanted to demonstrate that participation in the competition helps build confidence."

From Advanced Placement and International Baccalaureate art

field and gain recognition for their hard work, Thomas said.

"I have seen so many artists who have turned things in and did not realize their natural talent," Thomas said. "[Young artists] feel worthy when they are mentioned in the papers, and this is a self worth that people should be holding and paying attention to like other academics or sports."

According to senior Natalie Kim, for students interested in art to feel joy through their efforts is important. While art is subjective, students can grow their artistic abilities through continual dedication, practice and experience, Kim said.

"Just participating in [the competition] makes you feel good because it shows that you at least tried and put effort," Kim said. "Getting first, second, third or even an honorary mention really gives encouragement to work harder in the future, especially if you want to enter the art industry."

"[Young artists] feel worthy when they are mentioned in the papers, and this is a self worth that people should be paying attention to just like other academics or sports."

Mike Thomas
Visual and Performing Arts teacher

classes, students used the past five months of class time to complete 20 artworks. In the district-wide competition, student artists have the chance to accumulate more experience within the art

TROY TODAY

District Superintendent Retirement

After 36 years of service in the public education system, Superintendent Dr. Scott Scambray announced his retirement Jan. 19. Scambray has worked in the Fullerton Joint Union High School District since July 1, 2015. In order to provide the district with ample time to find a replacement, Scambray will retire from his position June 30.

Nitin Sreekumar Top 300 Research

Selected from 1,760 applicants, senior Nitin Sreekumar placed in the top 300 for the Regeneron Science Talent Search Jan. 8. Titled "Variation in Gene Expression Reveals Genes Predictive of Overall Survival in the Triple-Negative Breast Cancer Subtype," his research was completed at his Troy Tech virtual summer 2020 internship at City of Hope.

Dr. Calhoun Elected to District Board

Welcoming the first African-American woman as a district officer, Dr. Vicki Calhoun's election was announced Jan. 7. Calhoun grew up within the Fullerton district and intends to utilize her experience as a guideline to benefit the students and staff alike. Calhoun aims to advocate for students' education in order to ensure equal access to proper resources within the city.

Virtual Calming Room Launch

Providing students with a platform to destress, Virtual Calming Room webpage introduced by Fullerton Joint Union High School District has accumulated over 3,500 viewers and 18,000 views Jan. 13. Open to students, parents and staff, the page includes links to healthy coping mechanisms such as guided meditation, journaling prompts and digital coloring books.

Amnesty Club's Write for Rights Project

Advocating for those impacted by human rights violations, Amnesty Club participated in the global campaign Write for Rights Jan. 15. The campaign spreads awareness in the community to sign individual and group petitions in support of human rights. With each of the handwritten letters, students strive to bring solace for the victims.

TIPS ♥ TRICKS



Integrate Google Drive
In Notion, typing “/Google” will open your Google Drive. Select documents, sheet files or even pictures to add to your template.



Set Reminders
Notion can also be used as a task manager. At the end of a block, simply type “/remind” and set a date and time for notifications.



Add Dates
Type “/date” at the end of any point. Then hit enter and type the month name and date. This hack helps keep track of your updates, for when you’re taking long-term notes or writing essays.



Switch to Dark Mode
You can toggle between Light and Dark modes in Settings or use the shortcut Command+Shift+L for macOS or Ctrl+Shift+L for Windows.

♥ TEMPLATES ♥



PINK AESTHETIC



NEUTRAL AESTHETIC



DREAM LIFE PLANNER

MOTION IN MOTION

Never miss another due date. The latest trend among teens is to organize their entire lives on Notion. Keep reading to find out how to use this revolutionary platform for yourself.

Compiled by Jade Bahng, ENTERTAINMENT AND LIFESTYLE EDITOR, article by Isabelle Liang, STAFF WRITER, cartoons by Ella Moon, CARTOON EDITOR



Oracle's Dashboard

The thought of organization usually invokes the guilty image of a stale notebook planner abandoned at the bottom of a backpack, mixed into the salad of forgotten treasures. These days, it seems that not even Google Classroom can keep our important assignments and projects organized. With the pace of the new semester picking up, many students are in dire need of a solution to organize their problems. Stepping into the spotlight, Notion captivates students with its aesthetic design and exceptional functionality to tame the jungle of deadlines.

Gone are the days of sweeping due dates under the rug and relying on pure memory. The free all-in-one task manager maximizes organization by utilizing a vertical dashboard for concise listing. From there, each person is free to adorn their dashboard with calendars, check lists, and even Spotify widgets. Similar to Google Drive, Notion provides sub-pages which allow one main page to hold more pages within it. This simplifies the intricate process of maneuvering through dozens of tabs for one assignment. Essentially, Notion boils down to decluttering the online workspace and creating a clean cut and compact site for any and every assignment. By integrating the specialities of other platforms and adding the freedom to personalize each interspace, Notion sets the stage for high performance productivity.

Never one to settle within a template, Notion goes beyond its services as a daily planner and also serves as an educational tool. In addition to the standard dashboard are many subject-specific templates specialized for classes such as chemistry, math, and english. The top-tier organization of Notion is enhanced by its collaborative note-taking feature, which allows multiple students to use the Cornell notes template to add their own questions and thoughts—effectively personalizing their education instead of simply copying long textbook paragraphs. Students can also import and export documents, links, and pictures to add more dynamic to the otherwise drab notes document. Tying together best features from different online study platforms, Notion proves itself as the true Renaissance App.

Perhaps the greatest factor that gets users hooked on Notion is the freedom to use the platform as a creative outlet. While the thought of organizing a multitude of deadlines may trigger a wave of heavy sighs, Notion turns this into a fun activity by coupling a fun decorating with responsible organizing. Even with all the promise Notion holds, it remains each user's responsibility to commit to organizing and building up a positive habit. A new year has much in store, and it may be time to put your goals to motion with Notion.

- To Do List

- ★ Math homework
- ★ Read chapters 1-5
- ★ 15 minute jog
- ★ Tell Mom I love her



The Next Chapter

In high school, not one experience is the same. Meet Troy Alumna Alisha Seghal, an individual who transformed her high school experience and beyond into an upcoming fantasy novel!

Compiled by Hannah Adams, **FEATURE EDITOR**, article by Coco Gong, **STAFF WRITER**, cartoon by Pearl Yoon, **CARTOON** and images courtesy of Alisha Seghal and Google



A small flicker of fire danced passionately inside the soul of a little girl named Sam as Troy Alumna Alisha Seghal brought her to life. This was the story that lived inside the mind of Seghal ever since she was a child. While Seghal has no fire abilities, her imaginative mind and burning fascination with writing allowed her to grow alongside her character, Sam, and see her life beyond Troy.

Like most Troy students, Seghal experienced the struggles of biology exams and the pressures of junior year. As she worked through her high school years, she slowly began to put her life experiences and emotions into words on a page. In her book “The Game Plan,” scheduled to be published in April of 2021, Seghal has poured all of her imagination into Sam’s adventure. All the endless thoughts of Troy life and past memories of her childhood flooded into the emotional scenes of the book. Sometimes, she became so immersed in the fantasy world that reality always resurfaced with a shock.

“When I write things, it’s very dramatic in the moment. I’m feeling like the world is ending for five minutes,” Seghal said. “Being so emotionally vulnerable for a second then taking a step back really helped me get through Troy.”

The emotional projection and mesmerizing writing process made Seghal’s spiritual connection to her main character stronger than ever. Through Sam, Seghal was living another life inside the realm of fantasy, built upon reminiscences of the real world. However, Seghal felt that the interwovenness of her own life and her character’s created a negative feedback loop, in which her character became a perfect alter ego who always made the right decisions. Yet this actually allowed her to visualize

alternate possibilities in her life, and through her resonance with her character, she began to understand herself through introspection.

“Anytime I did something wrong, I would make (Sam) do it right,” Seghal said.

“I would also make her go through a bunch of different things that would make me think about what I would do right if I was in her situation.”

As Sam grew from avoiding her fears to confidently mastering her abilities, Seghal did the same. Despite her background as a data science major in college, Seghal’s unique connection with Sam, as well as introspection, lead Seghal to see far past her years at Troy. In fact, Seghal’s coding skills and writing abilities have worked together to create mutually brilliant projects, in which writing inspired programming, and programming visualized writing. Every day’s worry was melted in the emotional haven built the blend of her career and passion.

“To this point, everyone tells you your golden life is probably college, so it’s very hard to realize there is a life beyond high school, no matter what,” Seghal said. “And everyone in the world has made their life workout some way or another. And not everyone takes the same steps, right?”



January 6, 2021

ATTACK ON THE CAPITOL

IMPACTS AND THE FUTURE

The violent attack at the Capitol Jan. 6 followed by former President Donald Trump's second impeachment shocked the nation. Read more about Warriors' stances on these issues.

Compiled by Amber Wang, OPINION EDITOR, graphics by David Lee, GRAPHICS

Convict him?



"It was a domestic terrorist act and we need to come to the idea that dangerous insurrection can come from within America and from American citizens."
- Senior

"A perfect word to describe an already dying democracy. The riot took that dying flame and blew it out."
- Junior

NO MORE PUBLIC OFFICE

By Vivian Lee
STAFF WRITER



No one is above the law, not even the former president.

A week before his term expired, former President Donald Trump became the first president in the United States history to be impeached twice. The House first voted to impeach Trump December 2019 for abuse of power and obstruction of Congress. The second vote occurred Jan. 13 for an incitement of insurrection after thousands of Trump supporters stormed the Capitol Jan. 6 following months of provocative tweets from Trump. Although the House started Trump's impeachment so close to the end of his term, the Senate made the right choice to start the process of putting Trump on trial. If two-thirds of the Senate votes to impeach Trump, he will be barred from holding any office of honor, trust or profit in the United States government. Because Trump prioritized his political ambitions above the democracy of his country, he must pay the price for his misconduct.

The reckless and dangerous decisions he has made during his presidential term makes it vital that Trump is not allowed to hold public office again. He made several unsubstantiated claims about voter fraud as early as late May when it became clear that the 2020 election would not be an easy victory. Trump then continued to spew conspiracy theories so baseless they have been debunked by

his own officials. Even after recounts were conducted in Arizona and Wisconsin late November, Trump still refused to accept the results of an election the Department of Homeland Security deemed "the most secure in American history." Unfortunately, his support of the false theories have led many of his advocates to believe that Biden did not win justly, feeding the outrage that resulted in the riot at the Capitol. Instead of cooperating for a peaceful transition of power, Trump actively fanned the flames for unneeded violence and proved himself unfit to hold political office in the future.

The impeachment trial is not just about punishing Trump; it is about confirming that irrational and violent behavior is not acceptable, especially from someone in a powerful position. As a result, it is necessary for the Senate to move forward with the trial to further convict Trump for his crimes. Opponents of the impeachment have said that Congress should have waited for his term to expire. However, showing leniency towards Trump simply because he is out of office only serves as an invitation for more violence in the future. Aside from inciting the attack on the Capitol, Trump has also demonstrated support for white supremacy throughout his presidency, demonized women of color in his tweets and wrongly blamed Asians for the spread of coronavirus. This impeachment trial should make a point about the severe consequences of Trump's actions when he was acting President.

To effectively prevent Trump from holding office, Republican senators must recognize the immense damage he has inflicted on our country. After the House impeached Trump in 2019 for attempting to falsify evidence that would demonize Joe Biden, he should have learned his lesson. However, Trump clearly didn't change, as evidenced by his leaked call to the Georgia Secretary of State to falsify votes for him. Because many Senators believed that holding an impeachment trial for a former president is unconstitutional, they motioned to call it off; however, the proposal was rejected by a 55-45 vote in favor of moving forward with the trial that is now scheduled to start the week of Feb. 8. Convicting Trump in trial and ultimately preventing him from holding office would require a vote of 67 Senators. Assuming all Democrats vote in favor, 17 Republicans would have to also vote to convict him. Impeachment trials are designed to protect the nation from those who have abused public office by denying them the opportunity to be entrusted with power again. Republican Senators must fulfill their responsibility to the nation and protect the US by rightfully convicting Trump for his crimes.

For the sake of democracy, it is crucial that the Senate convict Trump in the trial occurring in two weeks. He must now be punished by law for the unreasonable actions he made during his presidency by being banned from holding public office. For the rightful preservation of constitutional order, Trump must be punished for the havoc he has caused and prevented from creating more damage.

"The president did incite rumors of voter fraud and blast false news of illegal activity on election day, but there isn't really evidence that he himself incited all these people to gather at the Capitol. Theoretically, his speech would be protected under the first amendment as his assertions do not present any clear and present danger."
- Senior

ARREST THE RIOTERS

By Cage Hawley
STAFF WRITER



Protesting former president Donald Trump's defeat in the 2020 presidential election, thousands of Trump supporters stormed the Capitol Jan. 6. Some rioters scaled the Capitol walls, ransacked the building and violently assaulted police officers and civilians. A prominent fear is that this insurrection might be the first in an upcoming pattern of violent demonstrations of white supremacy, which would pose a grave threat to American democracy. The more pressing worry, however, is that although several weeks have passed since the attack on the Capitol, many violent rioters have yet to be charged for their attacks. The Biden administration should launch an unwavering support for the Capitol police to rightfully charge violent protesters for threatening public safety.

The arrests made with regards to the attack on the Capitol Building are staggeringly low compared to those made at Black Lives Matter protests last year, showing that the government is not as vigilant as it should be when suppressing white supremacy. So far, the Capitol police have charged around 175 rioters with gun-related offenses, federal assault, and unlawful entry. That number pales in comparison to the 570 arrests made in the immediate aftermath of several protests the day after the murder of George Floyd May 25, 2020. The number of arrests ironically does not correlate with the level of violence

between BLM protests and the Capitol riot. BLM protests were made up of 93 percent peaceful demonstrators, and their goal was to receive justice for victims of police brutality. On the other hand, many protesters at the Capitol threatened the lives of government officials by unlawfully entering the building and shouting abhorrent slogans such as, "hang Mike Pence." The rioters did not simply protest the inauguration of Joe Biden, but actively tried to cause harm. Thus, all the protesters found with intent to disrupt security and spread extremist ideology must be arrested.

Beyond regulatory violations, rioters at the Capitol were responsible for the horrific death of five people and injury of 60 police officers, which calls for intensive state investigation and imprisonment. Among those killed was US Capitol Police officer Brian Sicknick, age 42, who was overpowered and seriously injured by encroaching rioters. The rioters made a conscious decision to participate in a riot at the U.S. capitol, but Sicknick and the 59 other injured officers were simply doing their jobs. As of Jan. 24, nobody has been charged for any of the tragic deaths which took place on Jan. 6. To an extent, however, everyone present at the attack on the Capitol is partially responsible. The rioters disrupted and distracted police officers, preventing sufficient protection from taking place. Clearly, the actions of agitators are more than just misguided, representing a substantial danger to society which absolutely warrants arrest.

Made clear by the huge turnout of conservatives waving QAnon banners and confederate

flags, a growing group of American citizens are developing worrying extremist tendencies. Government officials must take action to prevent those tendencies from culminating into more attacks on innocent citizens. According to Jason Groth, an attorney at the American Civil Liberties Union of Utah, police action at BLM protests deterred many from engaging in activism. In light of this information, the Capitol police should step up and conduct a thorough investigation ensuring every perpetrator in the attack is charged. Only then can we hope to prevent future attacks by rising white supremacist movements. Fortunately, president Joe Biden's inauguration speech, which is the first to directly address and disavow white supremacy in America, suggests that the Biden administration will take some crucial steps in eliminating racial antagonism. Among those steps, though, must be arresting dangerous capitol rioters. We have seen America's police force use their disavowed powers to indirectly suppress peaceful protest, but now is the time for them to put that power to good use, setting a precedent for low tolerance of violent extremism.

If the government response to the capitol riot isn't strong and steadfast, the US will simply open itself up to further attacks in the future. National security and public safety in the future rest on the immediate handling of the events which unfolded at the capitol January 6, and in light of that the newly inaugurated Biden administration should make it a priority to arrest the violent conspiracists who attacked the capitol.

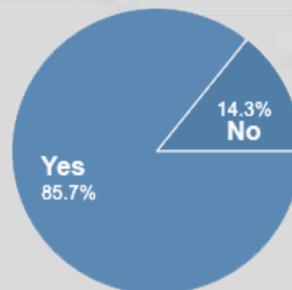


"He can't keep spreading hate and bigotry without consequences."
- Junior

"There was no reason not to have a PEACEFUL protest."
- Sophomore

Warriors speak out

Do you think Senate should convict Trump on the impeachment charges of inciting an insurrection?



Describe the attack on the Capitol in one word.

- shocking
- crazy
- hypocritical
- petty
- embarrassing
- indelible
- unacceptable
- treasonous
- disgraceful
- sad
- unnecessary
- disrespectful
- terrorism

On a scale of 1-10 (1 being the worst and 10 being the best), how good was the government's response?



Triage officers must allocate resources fairly and prioritize health over age

By Andrew Sung
STAFF WRITER



At the peak of a pandemic, we must make the best of what we have. As the number of coronavirus cases continues to surge in the United States, with nearly 150,000 new cases recorded daily as of Jan. 27, medical centers are struggling to keep up. Currently, the nation sits at over 24.1 million confirmed cases and 399,000 deaths. If the situation does not improve, hospitals will potentially be forced to enact triage plans, essentially the ranking of patients for treatment. As unfortunate as it is to have to attribute quantitative value to human lives, this unprecedented crisis facing our healthcare does not leave open very many options. While there are moral implications that come with triage, COVID-19 treatment should be rationed through longevity and the interest of maximizing the number of lives, even if that means we must shift focus towards prioritizing those with higher likelihoods of survival. With the situation the United States is currently in, focus-



PHOTO COURTESY OF TULSA WORLD

ing on the patients with the highest likelihoods of survival will ensure maximum benefit of our limited resources. Across the United States, the ongoing pandemic has brought the shortage of Intensive Care Unit beds, oxygen supplies, and ventilators. Furthermore, many nurses and doctors are overworked due to the ongoing pandemic. In Los Angeles and most of Southern California, the capacity of ICU beds has virtually been filled. During a time of limited means to treat COVID-19 patients, rationing aims to achieve the maximum benefit of the community based on a utilitarian economic theory. Furthermore, even if we must turn down some patients in the process, maximizing life should always be the utmost priority in the situation of public health.

No one should be in a position to judge whether another person's life is any less valuable saving than that of others. That being said, prioritizing a patient with a lower chance of survival over another patient for treatment is not a wise choice, since this can result in the loss of both patients instead of being able to treat at least one. This also would undermine the overall mission of medical facilities in the pandemic in the first place, which is to

maximize life by treating as many people as possible.

It may be difficult for doctors and decision-making officers to remain completely unbiased in determining who receives treatment, but especially with triage plans, it is crucial to remove personal preferences. Fortunately, clinical scoring assessments can provide some objectivity, like the Sequential Organ Failure Assessment. These assessments generate numerical scores based on the condition of six major organ systems to indicate an individual's survival chances. Using such a quantifying method, the health care experts do not need to worry as much about potential biases in the decision-making process. These diagnostics will evaluate and compare the patients' situations and give the ventilators, oxygen, or ICU beds to someone who has higher chances of survival from COVID-19. When resources are running low, medical facilities need to make necessary decisions to allocate resources in a logical manner that will save as many lives as possible. Since triage offers a way



PHOTO COURTESY OF GETTY IMAGES

PREPARING FOR A CRISIS: With more than 6,000 COVID-19 patients hospitalized and 6,000 new cases reported, Los Angeles hospitals are still combatting the surge of coronavirus cases.

through which resources can be distributed in a nondiscriminatory manner, it is the optimal way of rationing in this pandemic. Although a triage plan is an optimal way of handling the allocation of COVID-19 treatment resources, it is not ideal. Thankfully, triage plans have not been enacted yet. With vaccines being distributed, the current situation may improve without a need for triage plans. Meanwhile, the public should continue to cooperate with current COVID-19 restrictions on daily activities. Everyone should do his or her part by wearing masks, social distancing and staying at home. The decisions we make, as the general population, determine whether physicians must resort to triage.

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STICK TO SINGING, SIA

Sia's new film "Music" may have everyone talking, but they're definitely not singing her praises. Read further to see why the disabled community is speaking out against her.

Compiled by Amy Kim, ENTERTAINMENT AND LIFESTYLE EDITOR,
article by Sean Warren, STAFF WRITER, and photos courtesy of Google

Sia's name has been splattered all over Twitter's trending charts, but this time, it is not about her latest hit single or more juicy details on her signature wig. Her directorial debut was meant to spread awareness for the disabled community, but it has instead earned her a heap of criticism all over social media.

The Australian singer-songwriter's new film titled "Music," which debuted in Australia on Jan. 14, is set to release in the U.S. on Feb. 12. The movie follows the exhilarating story of Music, a non-verbal autistic child, and her sister's eye-opening experiences through her struggles to take care of her sibling. What seemed like the perfect setup for a tear-jerking, enlightening production, was tainted by an irredeemable problem—Maddie Ziegler, the actress representing Music, is not actually autistic herself.

Ziegler's role as Music sparked uproar in the disabled community, as autistic actresses rightfully felt robbed of a role that they could have more accurately portrayed. Rather than apologizing or using the criticism to grow, Sia took to Twitter to callously justify why she did not acknowledge these other auditionees. In one particularly insensitive response, she accused a disabled person of simply being a bad actor. She even regarded Music's autism as a "special talent" in one series of patronizing comments. To make matters worse, the film itself is full of inaccurate information, mainly due to Sia's lack of consultation with autistic individuals and professional organizations. When Music has a meltdown, her caretakers restrain her in a prone position, which is a dehumanizing reaction that should only come as a last resort. As shocking as it is, Sia allowed this appalling treatment to be shown on screen in multiple scenes. On top of that, the film arguably mocks the typical behaviors of those with disabilities. Music's exaggerated facial expressions and movements capture only the stereotypical mannerisms of the disabled, reinforcing stigmatized portrayals of autistic individuals in the mainstream media.

Despite Sia's attempts to rationalize her directorial decisions, her defensive response

came off as ableist. Yet, her blunder is just the tip of the iceberg, as the entirety of the film industry has historically failed to accurately depict characters with disabilities. In fact, these roles are more often given to those who are not even disabled, which only exacerbates the lack of opportunities that disabled individuals have in landing headlining roles. Sure, casting more famous figures to play these roles may help films reach a wider audience, but this inevitably compromises the film's authenticity. Actors are meant to portray different characters, but that shouldn't come at the expense of better casting. Individuals with disabilities can create more genuine renditions, which undoubtedly resonate more strongly with viewers.

Though the ableism of the film industry is disheartening, accurate portrayals of the disabled are not impossible. Disney Pixar's 2020 animated short film "Loop" manages to naturally and precisely convey the perspective of an autistic individual named Renee. Unlike Sia, Pixar made sure to work closely with the Autism Self Advocacy Network in order to authentically represent those on the autism spectrum. Working with experts provided exemplary insight for Pixar, which ultimately allowed the creators to capture a raw, realistic depiction of how autistic individuals view the world. Renee's surroundings are depicted with heightened brightness, ambient sounds, and other vivid flashes, which all epitomize the severe sensory impairments those on the autism spectrum deal with everyday.

With each new film release, directors must ensure that the groups they are portraying are truthfully reflected, as perpetuating harmful stereotypes can have real-life consequences on the targeted groups. The one-dimensional stories that directors continue to produce not only often fall flat, but they also worsen the unfair treatment these individuals receive. Criticize Sia all you want, but do not forget to call out the film industry as a whole, which desperately needs to make a stronger effort to provide more equal opportunities for the disabled.

NO!

NOW SHOWING

Warrior Baseball and Football show support for the 'Let Them Play' Movement

As the pandemic postponed high school sports in California indefinitely this season, players gathered to call for action from the state government.

By Jacqueline Liu
STAFF WRITER

In an effort to let the voices of the high school student-athletes in California be heard, the Warrior boys baseball team gathered on Friday, Jan. 15 at 4 p.m. on Dorothy Lane to spearhead the Let Them Play movement at Troy High School.

The Let Them Play movement is a grassroots, parent and student driven rally that was held at 138 locations throughout the state of California Friday, Jan. 15. The intent behind the rallies was to have the voices of athletes and their parents heard by the school districts and California's governor's office. The supporters gathered in an effort to prompt these organizations to work quickly to develop a plan that would allow the student-athletes to return to their sport of choice and compete during this school year.

Led by Coach Jason Jamison, the Warriors boys baseball team and the Warrior football team met up on the baseball field to make posters with positive messages that told onlookers that they want to be able to safely return to the field and play their sport this school year. Accompanied

by parents and individuals from the community who joined throughout the rally, the baseball team lined up on Dorothy Lane for about 40 minutes where they held their signs and drew attention to their message.

The hope was to broadcast their concerns about the sports season across the state. In an effort to aid their goal, Fox News 11 attended the event and covered the rally live. Other local news outlets such as KFI and KNX attended and interviewed the participants as well.

Additional support for the movement came from the other high schools in the district as families from schools such as La Habra and Fullerton joined the rally. As members of the community drove by, many people endorsed the message by honking car horns and cheering for the athletes.

"Everyone was upbeat and positive," Coach Jamison said. "Everybody was there for the right reason, which was to make sure that the voices of the student-athletes were heard."

The significance of the rally lies in the fact that out of the 815,000 that participate in high school athletics in the state of California, none of them have been able to return since the middle of March last year. There are 44 other states in the United States that have already either completed their fall sports or have a plan to conduct their sports on campus this year. California is one of six states that



COURTESY OF JASON JAMISON

PROTESTING WITH PRIDE: Athletes stand together in front of the campus demonstrating their support for the 'Let's Play' movement.

does not yet have a plan in place for student-athletes to return. For the time being, there is no certainty and all athletes can do is hope for the best. The participants hoped that through the rally, the state of California joins the other 44 states and quickly comes up with a plan so that all student-athletes are given the opportunity to compete in the sports that they love.

"[The baseball team] missed our season last year," junior Brian Ribbe said. "So if we don't get a season this year, it means that the senior players will miss both their junior and senior year of baseball, which are the two most important years. We hope that, through the rally, our voices are heard, and the state comes up with a plan to safely and quickly go back onto the field this year."

Remembering A Legend

Yet another Los Angeles sports icon has passed; remember the life of the influential Dodgers manager Tommy Lasorda and explore his life and career throughout the years.

Article by William Song, STAFF WRITER

Legendary Los Angeles Dodgers manager, Tommy Lasorda, recently passed away of a heart attack at the age of 93 on Jan. 7. Known and beloved by fans for his devotion to the franchise, Lasorda led the team to two World Series titles and four National League pennants throughout 1970s and 80s. Inducted in the Hall of Fame in 1997 and a Global Ambassador of Major League Baseball, Lasorda was an important factor in the growth, popularity and diversity of baseball worldwide.

Lasorda's journey first began in 1949, when he was drafted by the Dodgers as a pitcher. He went on to have a modest career and even won a ring as a member of the Dodgers squad in the 1955 World Series. After the Dodgers released him in 1960, Lasorda stayed involved with the team as a scout. He then began a steady climb through the ranks that resulted in his 1973 promotion as coach under Hall of Fame manager Walter Alston.

After four seasons as a third base coach, Lasorda took over as the new manager of the Dodgers. He became well known for his enthusiasm and passion, often jumping around and celebrating with players after victories and home runs. His leadership and guidance proved to be instrumental in the careers of many as he managed to coach an impressive nine National League Rookie of the Year winners.

"You have to know who to pat on the back, when to pat him on the back, when you have to kick them in the butt and when you

have to stroke them a little bit," said Mike Scioscia, former Dodgers catcher and major league manager. "And Tommy had that gift, to know what players needed what."

Lasorda went on to lead the Dodgers to two World Series titles in 1981 and 1988. He retired as manager in 1996 amidst health concerns following a heart attack, but stayed with the Dodgers as a special adviser. In 2000, Lasorda continued to add to his already impressive resume by coaching the U.S. national team to a gold medal at the Olympics.

A long time Fullerton resident for 68 years, Lasorda lived with his wife of 70 years, Jo and had two children. He remained an avid supporter of the Dodgers and frequently went to ballgames even towards the end of his life. Lasorda was fortunately able to see the Dodgers clinch the 2020 World Series title, which was the first since his and the team's win in 1988. Although he has passed, his legacy lives on not only in the Dodgers organization and the hearts of Dodgers fans, but in the hearts of baseball fans worldwide.

"Tommy Lasorda was one of the finest managers our game has ever known. His passion, success, charisma and sense of humor turned him into an international celebrity, a stature that he used to grow our sport," said MLB Commissioner Rob Manfred. "Tommy loved family, the United States, the national pastime and the Dodgers, and he made them all proud during a memorable baseball life."

SENIORITIS (ZOOM EDITION)

Distance learning has taken a toll on students' productivity levels. Read and relate to your peers and find solutions to stay productive during distance learning.

Compiled by Sky Jung, **EDITOR-IN-CHIEF**, article by Sarah Son, **EDITOR-IN-CHIEF**

As students across the country practice social distancing through online school, levels of unproductivity are heightened more than ever. With quarantine, daily Zooms and sitting hunched over a computer screen half the time, it looks like students have been caught in the middle of a brand new pandemic—senioritis. Though the term “senioritis” is typically used to describe high school seniors’ drop in motivation towards the end of the year, this phenomenon is beginning to plague students at all grade levels as a result of distance learning. In the midst of this pandemic, Warriors are struggling to find meaningful ways to spend their time; consequently, screen time hours are sky-rocketing and productivity is plummeting. However, if unproductivity isn’t quite your look, there are solutions to motivate yourself once more!

SYMPTOMS OF UNPRODUCTIVITY

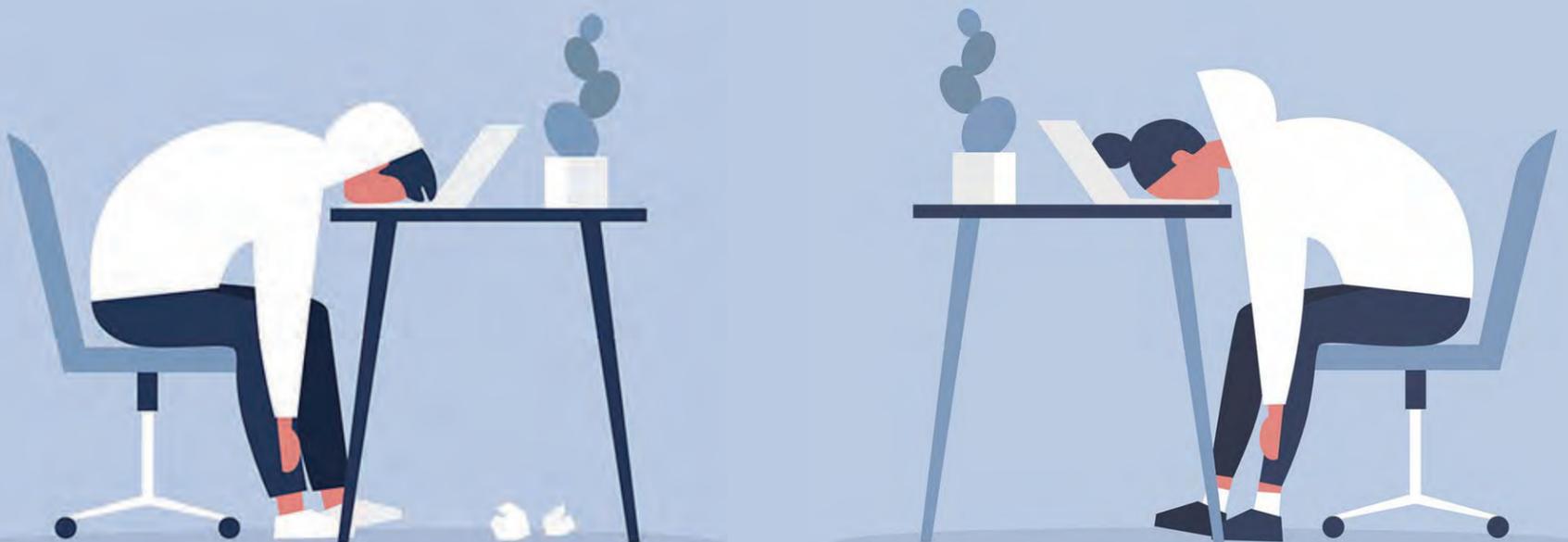


SENIORITIS PREVENTION CHECKLIST

- Keep a planner or organizer
- Make daily to-do lists
- Limit screen time to 2 hours daily
- Stay organized with school assignments
- Apply for scholarship programs
- Research summer internship opportunities
- Prepare for college interviews
- Get a part time job
- Start a new hobby (art, music, sports, etc.)
- Give yourself time to have fun
- Set attainable long-term goals
- Volunteer somewhere locally



CAUSES OF UNPRODUCTIVITY



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