



# *TROY HIGH SCHOOL WARRIOR WEEKLY*



March 22, 2019

It is the Friday, and this is the week our Winter sports season officially ended when the banquets for Boys' and Girls' Basketball, and Boys' Soccer were held at various venues around town, and at school. It was a fantastic Winter season, and quite possibly the best ever for Troy! Thank you to all our athletes, parents, coaches, students, and numerous spectators who support our teams and help make our events memorable! We are now already into Freeway League competition for the springtime sports. We are competing in, Boys' Tennis, Softball, Baseball, and Track & Field, Go Warriors!



This week I received a very nice email from Ms. Kathy Campanelli (Troy mathematics teacher, Mr. Campanelli's mother.) regarding the HoopStars Basketball program. Last Saturday, the HoopStars Jamfest 2019 was held at EV Free Church in Fullerton. Ms. Campanelli emailed me to express her thanks to our Cheer and Football teams for showing up and volunteering to work the event, as they expected over 650 guests. Our Cheer team cheered the players during the games and helped out in different food and activity booths. Fourteen football players arrived before the event and helped with the set up and Ms. Campanelli said they could not have done it without them! Thank you to Ms. Campanelli for asking our Cheer and football for help. Our

Best Buddies program has been linked to HoopStars and we have held a pizza and basketball event at one of our home basketball games for years. We love the HoopStars!

Last night we held our annual Mr. THS talent show/competition. Congratulations to the new 2019 Mr. THS, Marcus Chan! In addition to being Mr. THS, he was also voted by his peers as Mr. Congeniality! Thank you to our ASB and Ms. Williamson for hosting another wonderful and successful event!



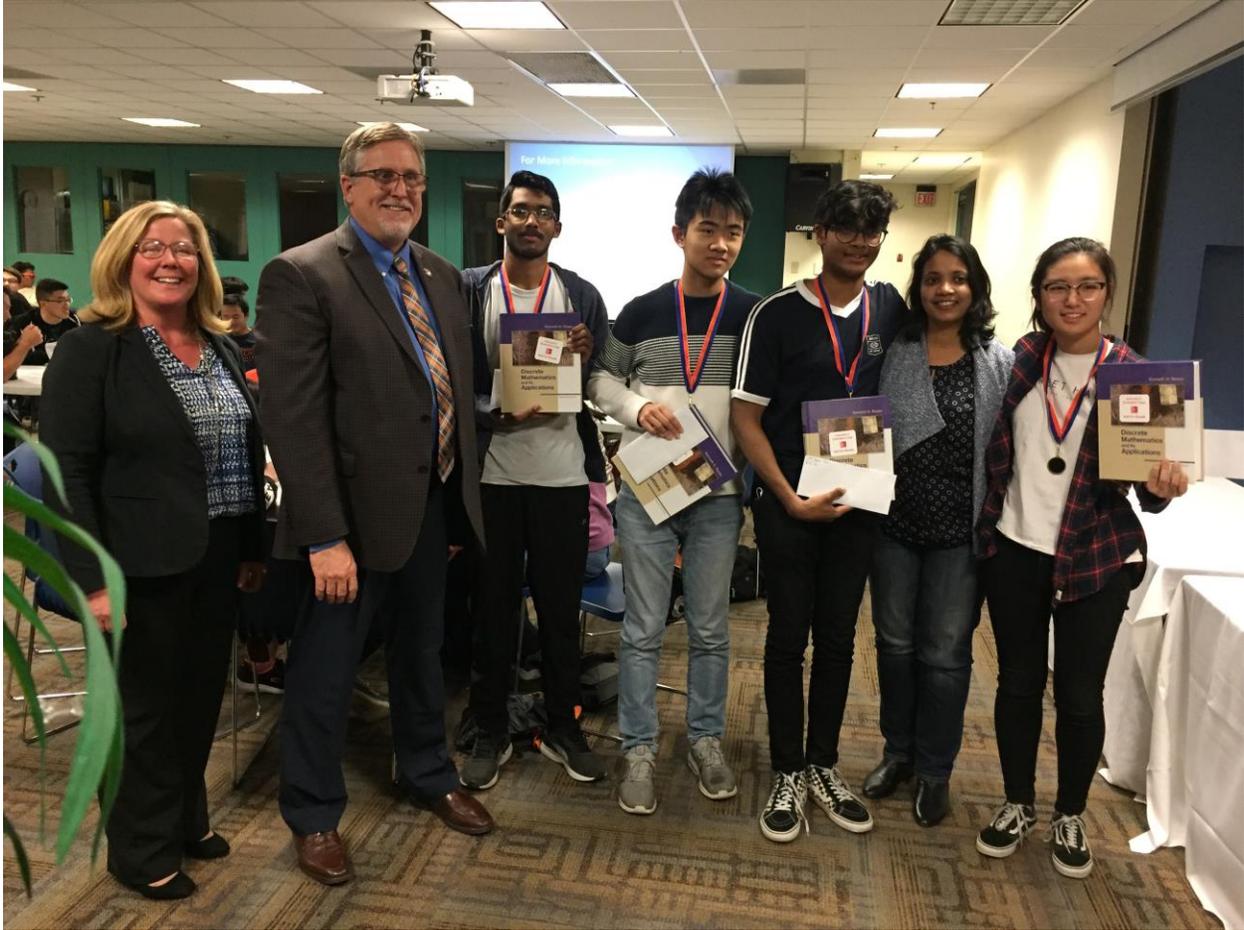
Congratulations to our Warrior Guard and their coach, Ms. Rhonda Choat for taking 1<sup>st</sup> place this weekend! They are now defending back-to-back gold medalists and are on the road to the championship!

Social media is a huge influence in the lives of society, and like it or not it is here to stay. With the recent retirement of FJUHS District Executive Director, Dr. Jennifer Williams and the subsequent appointment of Dr. Karl Zener, our district is jumping into the social media world with both feet. Two new outstanding social media places to see and post the wonderful happenings at Troy and throughout the district are the district Facebook, Twitter, and Instagram accounts below. Check them out!

Facebook: Fullerton Joint Union High School District

Twitter: @fjuhsd\_scambay

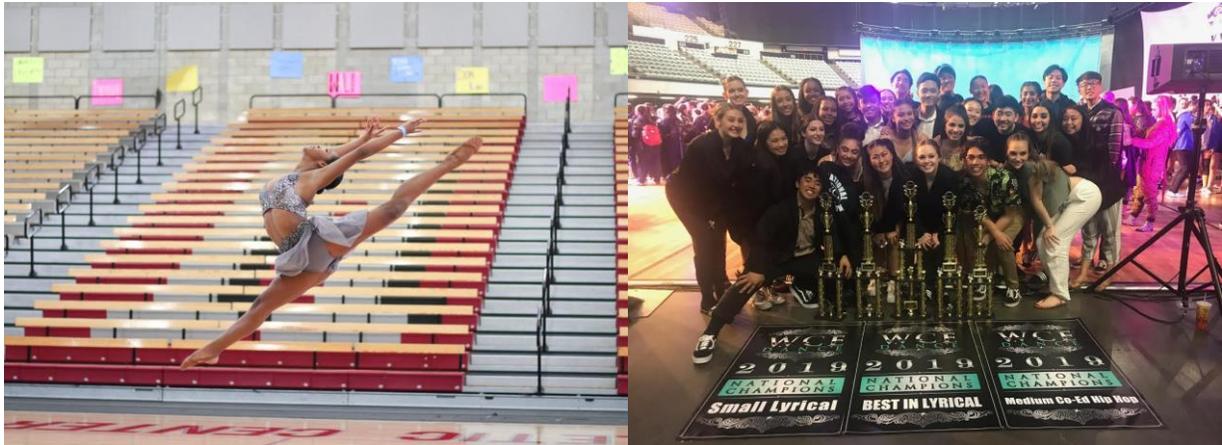
Instagram: fullerton\_joint\_union\_hsd



From the world of mathematics and Troy Mathematics Department Chair, Mr. Paul Rodriguez, our Troy Mathematics Club sent a team to Orange Coast College last weekend and took 1<sup>st</sup> place! Students, Jerry Li, Soham Bose, Cassia Yeo, Daren Chen, and Sanat Mishra were on the winning team, and all are known to be outstanding mathematicians. Mr. Rodriguez also pointed out that along with our 2019 win, the new trophy will be displayed alongside the trophy that dates to Troy's first win at the OCC Math Meet in 1972! That is amazing, and also shows a level of consistency. 😊 Way to go, Troy Mathematics!

On Wednesday, I attended the memorial service for Mr. Jerry Newberry at noon at Grace Community Church. Who was Mr. Newberry to us? He was to dedicated sports fan, Troy parent, and all around great human that dedicated 35 years of his life to serving the students at Troy High School when he ran our clocks and scoreboards for football, basketball, volleyball, wrestling, soccer, etc. And not only at our school! He would also work the clocks and scoreboards at other schools in FJUHSD and beyond. He would travel and follow our teams as

they went deep into the playoffs. If our team went to Sacramento, you could be certain he would be following them to Sacramento to cheer them on! Jerry was a special man and he has a special place in our heart. There were many people in attendance at Jerry's service on Wednesday, and more than a few spoke of his dedication to Troy, including our longtime announcer, Mr. Marty Woods. Mr. Woods shared some fantastic stories about his years working with Jerry and his love of our students and sports. We will miss him, but we will always remember him. 1944-2019.



Troy wins again! It is this type of redundancy I do not mind at all. 😊 Dance Instructor, Ms. Alison Wills was super happy to announce, Troy's dance teams performed exceptionally well at the WCE Nationals held in Long Beach last weekend. In the end, our Red Hots and All Male Dance teams became National Champions! Other awards also included Best in Lyrical and Small Lyrical! Fantastic performance for a truly extraordinary troupe of dancers! As a static example of the talent of our dancers, the photo on the above left is amazing!





It is very difficult to keep up with all the opportunities and key U.S. Navy personnel our NJROTC cadets have the opportunity to meet. Earlier this week pictured at left is our cadets with Rear Admiral Pearigen, Chief of Navy Medicine. Pictured at right is our cadets with Commander U.S. Third Fleet, Vice Admiral Alexander. Keeping in mind that our NJROTC is both a pathway in our Troy Tech Magnet program and a JROTC program it also serves as an outstanding application opportunity for our students to apply their learned knowledge. There is so much more to our NJROTC program than many people realize, and it is a truly wonderful opportunity for our students.



Troy's Choir is amazing! The Vocal Ensemble received a Unanimous Superior rating at the State Choral Festival hosted by the California Music Educators Association. This event was held last week at Chapman University and is invitation only to groups that have already earned Superior ratings over the past two years! Our choirs are not only excellent, they are consistent, which speaks to the talent of our vocalists, but also to the skill of their director, Mr. Mark

Henson. It is my understanding that our choir will be performing again today across the street at CSUF in the Chamber Choir Festival and performing around 10:20am. I think I will be taking a walk to CSUF about that time... Great job, Troy Choir!

Another wonderful group of parents led by our Troy Support Organization and with the full cooperation of our PTSA has formed Team Troy and help make the Troy Difference. The fundraising arm of Troy High School, our TSO held our annual event, this year again at the Nixon Library this past Saturday night. It was a wonderful night, and I am very grateful to all the parents that were involved in the organization of this event and helped make it a tremendous



success! I am especially grateful to our two primary organizers, Dr. Amy Choi-Won and Ms. Helen Kharrat for putting together another top notch gala that was fun for everyone in attendance, and also raised many thousands of dollars to be put forth to complete two major projects, that of refurbishing one computer science lab, and by the end of summer, getting the library furniture purchased. I also happily donated to Troy's foundation with the purchase of another wonderful basket filled with doggie treats, toys, clothing, and suntan lotion. ☺

Troy Counselor, Ms. Sarah Saleen has a very important upcoming event from our Counseling Department and our PTSA for our entire Troy family on student health and wellness. Troy PTSA and the Counseling Department are collaborating to host a student health and wellness night. It is scheduled for Monday, April 8th. It will start off with a PTSA meeting.

Following that meeting will be workshops being offered three times so families may attend all topics. We have speakers on teenage sleep, understanding anxiety and depression and coping strategies, and lastly understanding the teenage brain and development. All Troy families, students, and staff are welcome to attend. I have attached the flyer for the event details.



## *Troy High School Student Health & Wellness Night*



The Troy High School PTSA and the Counseling Department are hosting an evening of workshops for parents/guardians and students on **Monday, April 8th**. We'll start off the event with a PTSA meeting followed by three workshops. Each workshop will be offered three times so families can attend all of them. Please join us to learn ways to support your teens' health and wellbeing!

### **Event Agenda**

**5:15 to 5:50 p.m.** - Welcome & PTSA Meeting (North Gym)

**6:00 to 6:30 p.m.** - Workshops

- ❖ Teenage Anxiety & Depression and Coping Strategies (Rooms 505-507)
- ❖ Fostering Good Sleep for Your Student (Staff Lounge)
- ❖ Understanding the Teenage Brain & Development (Library)

**6:40-7:10 p.m.** - Workshops

- ❖ Teenage Anxiety & Depression and Coping Strategies (Rooms 505-507)
- ❖ Fostering Good Sleep for Your Student (Staff Lounge)
- ❖ Understanding the Teenage Brain & Development (Library)

**7:20- 7:50 p.m.** - Workshops

- ❖ Teenage Anxiety & Depression and Coping Strategies (Rooms 505-507)
- ❖ Fostering Good Sleep for Your Student (Staff Lounge)
- ❖ Understanding the Teenage Brain & Development (Library)

### **Presenters**

- **Sunena Khushalani**, *Outreach & Intervention Specialist*- Orange County Asian and Pacific Islander Community Alliance
- **Dan Graviloni**, *Director*- St. Jude Sleep Center
- **Dr. Eugene Young**, *Pediatric Psychiatrist*





On Wednesday night I was in attendance at the 4<sup>th</sup> District PTA Administrators Dinner with Troy PTSA President, Ms. Tracy Wang. I am happy to report Troy won an award to my knowledge, we have never before received. Before I share our PTA president's sentiments regarding this award, I would like to express my thanks to Ms. Tracy Wang for the tireless effort and hours she has dedicated to our school. Troy is a better place because of Ms. Tracy Wang.

From our PTSA President, "I'm so thrilled to share that Troy High School PTSA has received the Outstanding Unit Award from the 4th District PTA. Fullerton Council of PTAs (Wendy and Christy on the Board) received the Outstanding Local Advocacy Award... at the Administrators' Dinner at the City National Grove of Anaheim to honor principals and teachers (50s theme). See <http://www.fourthdistrictpta.org/awards/> for the types of awards and descriptions. Troy PTSA's Outstanding Unit Award recognizes all of us - the dedicated parents, the exceptional administrators and teachers, and the extraordinary students. I'm so proud of our team for collaborating on all fronts and selflessly giving your time to make Troy a better community and example to inspire others. Thank you for all that you do. You truly are the best!"

When we return from Spring Break we will have a different school schedule for two weeks as we conduct our annual California State Assessments. 11<sup>th</sup> grade students will take exams in Mathematics, English, and Science. These scores are important to our students and our school, and they help support the grades our students have earned throughout the years and which are posted on their transcripts. Additionally, the State of California has begun to put more

emphasis on the importance of these exams (CAASPP) for other recognitions such as California Distinguished School and the State Seal of Biliteracy. The Seal of Biliteracy includes a provision that students must meet or exceed the standards for English on the CAASPP exam in order to receive the Seal of Biliteracy on their diploma. This year the Science scores will count and be reported for the first time. For Troy with our Troy Tech Magnet program and our National Champion Science Olympiad Teams, it would be an accurate reflection of our school if we end up being the #1 Science school in California as measured by the CAASPP. It will be reflected on the California State High School Dashboard, and will further support what our students know. Please do your best on these exams and know you are benefitting yourselves and Troy High School by performing to your very best! Thank you, and go Warriors!

CAASPP TESTING SCHEDULE APRIL 2019				
<b>1 Monday</b> (0 per testing only) 0: 7:00 - 9:00* 1: 9:05 - 9:53 2: 9:58 - 10:47 break 10:47-10:57 3: 11:02 - 11:50 4: 11:55 - 12:43 lunch 12:43-1:13 5: 1:18 - 2:06 6: 2:11 - 2:59	<b>2 Tuesday</b> (0 per testing only) 0: 7:00 - 9:00* 1: 9:05 - 9:53 2: 9:58 - 10:47 break 10:47-10:57 3: 11:02 - 11:50 4: 11:55 - 12:43 lunch 12:43-1:13 5: 1:18 - 2:06 6: 2:11 - 2:59	<b>3 Wednesday</b> (Science) 1: 8:02 - 10:02 break: 10:02 - 10:14 3: 10:19 - 12:19 lunch: 12:19 - 12:54 5: 12:59 - 2:59	<b>4 Thursday</b> (Science) 2: 8:02 - 10:02 break: 10:02 - 10:14 4: 10:19 - 12:19 lunch: 12:19 - 12:54 6: 12:59 - 2:59	<b>5 Friday</b>  PROM RALLY  3 classes will be testing during 4/1-4/2 Zero period  Science Testing Periods 1-8
<b>8 Monday</b> A (CAT) 0: 7:00 - 7:57 1: 8:02 - 10:02 break: 10:02 - 10:14 3: 10:19 - 12:19 lunch: 12:19 - 12:54 5: 12:59 - 2:59	<b>9 Tuesday</b> B (CAT) 0: 7:00 - 7:57 2: 8:02 - 10:02 break: 10:02 - 10:14 4: 10:19 - 12:19 lunch: 12:19 - 12:54 6: 12:59 - 2:59	<b>10 Wednesday</b> C (PT) 0: 7:00 - 7:57 1: 8:02 - 10:02 break: 10:02 - 10:14 3: 10:19 - 12:19 lunch: 12:19 - 12:54 5: 12:59 - 2:59	<b>11 Thursday</b> (PT) 0: 7:00 - 7:57 2: 8:02 - 10:02 break: 10:02 - 10:14 4: 10:19 - 12:19 lunch: 12:19 - 12:54 6: 12:59 - 2:59	<b>12 Friday</b> CAT for English and Math Regular Schedule Performance Task for English and Math (Math in US History)
<b>15 Monday</b>	<b>16 Tuesday</b>	<b>17 Wednesday</b>	<b>18 Thursday</b>	<b>19 Friday</b>
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
<b>29</b>	<b>30</b>	<b>1</b>	<b>2</b>	<b>3</b> IB TESTING STARTS
<b>6 AP TESTING STARTS</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b> Social Science agreed to test Math in their periods for 2019.
Communication to all stake holders will be that if students are absent and miss any CAASPP test, they will be pulled the following day to make it up. So students, do your best to attend each day during the testing season because it will impact your other classes if you are absent.				

Have a wonderful Spring Break! I hope everyone is able to catch up on any work or assignments. Take some time to have some fun, rest, and relax. I will do all of the above—work, rest, relax, sleep, work some more on my house and cars, and play with the dog. ☺ I will see everyone back here on April 1<sup>st</sup>!

W.V. Mynster