

# RESOURCES AND CONTACTS

Below is a list of insurance carrier contacts should you require assistance with your benefit questions following open enrollment. If you are unable to resolve your issues or questions with the insurance carriers, please contact Insurance, Business Services at **(714) 870-2930**.

## How to Navigate the SISC Website for Specific Carrier Information

- Go to <https://sisc.kern.org>
- Select **Health Benefits**
- Select **Member Resources**
- Select the **Logo** of the **Insurance Carrier/Vendor**

Benefit Plan	Phone	Website
<b>Medical, Prescription Drug, and Mental Health Benefits</b>		
Kaiser Permanente HMO	(800) 464-4000	<a href="http://www.kp.org/sisc">www.kp.org/sisc</a>
Kaiser Chiropractic/Acupuncture provided by American Specialty Health (ASH)	(800) 678-9133	<a href="http://www.ashlink.com/ash/kp">www.ashlink.com/ash/kp</a>
Anthem Blue Cross Health Plans	(800) 825-5541	<a href="http://www.anthem.com/ca/sisc">www.anthem.com/ca/sisc</a>
Anthem Blue Cross Vivity HMO Concierge	(844) 484-8489	<a href="http://www.vivityhealth.com/members">www.vivityhealth.com/members</a>
Navitus Prescription Drugs (For Anthem Blue Cross Plans)	(866) 333-2757	<a href="http://www.navitus.com">www.navitus.com</a>
MDLive	(888) 632-2738	<a href="http://mdlive.com/sisc">mdlive.com/sisc</a>
SISC: Teladoc Expert Medical Opinions	(800) 835-2362	<a href="http://teladoc.com/sisc">teladoc.com/sisc</a>
Anthem Employee Assistance Program	(800) 999-7222	<a href="http://www.anthemeap.com">www.anthemeap.com</a>   Password: SISC
<b>Voluntary Health Benefits</b>		
American Fidelity Accident Insurance	(800) 365-9180	<a href="https://enroll.americanfidelity.com/7E5AD8D7">https://enroll.americanfidelity.com/7E5AD8D7</a>
American Fidelity Limited Benefit Cancer Insurance	(800) 365-9180	<a href="https://enroll.americanfidelity.com/7E5AD8D7">https://enroll.americanfidelity.com/7E5AD8D7</a>
<b>Dental Benefits</b>		
Delta Dental PPO	(888) 335-8227	<a href="http://www.deltadentalins.com">www.deltadentalins.com</a>
<b>Vision Benefits</b>		
Vision Service Plan (VSP)	(800) 877-7195	<a href="http://www.vsp.com">www.vsp.com</a>
<b>Tax Savings Benefits</b>		
American Fidelity Flexible Spending Accounts	(800) 365-9180	<a href="https://enroll.americanfidelity.com/7E5AD8D7">https://enroll.americanfidelity.com/7E5AD8D7</a>
<b>Financial Wellness Benefits</b>		
Reliance Standard Basic Life and Accident Insurance	(800) 351-7500	<a href="http://www.reliancestandard.com">www.reliancestandard.com</a>
Reliance Standard Voluntary Life and Accident Insurance	(800) 351-7500	<a href="http://www.reliancestandard.com">www.reliancestandard.com</a>
American Fidelity Term Life Insurance	(800) 365-9180	<a href="https://enroll.americanfidelity.com/7E5AD8D7">https://enroll.americanfidelity.com/7E5AD8D7</a>
American Fidelity Whole Life Insurance	(800) 365-9180	<a href="https://enroll.americanfidelity.com/7E5AD8D7">https://enroll.americanfidelity.com/7E5AD8D7</a>
American Fidelity Disability Insurance	(800) 365-9180	<a href="https://enroll.americanfidelity.com/7E5AD8D7">https://enroll.americanfidelity.com/7E5AD8D7</a>