

Daily Learning Planner

*Ideas parents can use to help students
prepare for school.*

Fullerton Jt. Union High School District



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Parents Can Use to Help Students Do Better in School—Try a New Idea Every Day!

- 1. Most schools send home a list of important phone numbers. Post it somewhere handy near the phone.
- 2. It's a fact: Three out of four teens would like parents to spend more time talking about schoolwork. Try doing it today.
- 3. Teens need specific goals. Help yours set three or four learning goals for this year. Write them down.
- 4. Do an annual allowance review. You may give more, but expect more responsibility in return.
- 5. Make sure your teen writes down homework assignments. Give your teen a planner or a small notebook.
- 6. Stop by your teen's room at bedtime. It's often a good time for conversation.
- 7. Play a board game with your teen.
- 8. At your teen's next checkup, let her spend some time alone with the doctor.
- 9. Have your teen research which pets are most suitable for your family's lifestyle. Consider allergies, time needed in care, the pet's activity needs, and the pet's ability to be trained.
- 10. Teens need to set aside time every day for schoolwork. Establish a regular study schedule.
- 11. Talk about the Golden Rule with your teen.
- 12. Talk with your teen about what makes a good friendship.
- 13. Build something with your teen.
- 14. Find out if your teen's teachers use email. This may be a great way to communicate with them.
- 15. Write your teen a letter about the day he was born.
- 16. See if you and your teen can volunteer at a soup kitchen or other charity together.
- 17. With your teen, learn calligraphy.
- 18. Visit the library with your teen. Have her look for a book about a country she would like to visit.
- 19. Watch a funny movie with your teen. Pop some popcorn.
- 20. Making a "to do" list can keep your teen focused on his work.
- 21. Challenge your teen to design a simple piece of furniture.
- 22. Teens aren't too old to be read to. Try it—you may be surprised. Or try listening to audio books together.
- 23. Teach your teen a useful new skill, such as how to sew on a button.
- 24. Cut out a cartoon your teen may enjoy. Leave it by her place at the breakfast table.
- 25. Encourage your teen to start a collection.
- 26. Tonight, make your teen's favorite dessert—just because!
- 27. Talk with your teen about a mistake you've made and what you learned from it.
- 28. Having trouble communicating? Send your teen an email.
- 29. Ask your teen to plan a scrapbook night for your family. As a family, create scrapbook pages with pictures and mementoes.
- 30. Enjoy exercise together. Make a rule: Talk only about pleasant things while you exercise.



Helping Students Learn

Tips Families Can Use to Help Students Do Better in School

