



TROY HIGH SCHOOL WARRIOR WEEKLY



April 28, 2023

It has been another exceptionally busy week at Troy! We are already in our Cambridge A-Level Exams and Advanced Placement Exams begin next week! We are also in the 4th Quarter Progress Report marking period, so Parents and Students, keep an eye out for progress reports in AERIES! We have so much news, I am holding some for next week. Here we go!



Thank you to everyone for a truly wonderful Troy Tech Fair Wednesday! I am very thankful to Laurie, Charlotte, our custodial, Internship teachers, and mentors, classified, as well as every class that came through the event! The organizational ability necessary for the Troy Tech Fair to come together flawlessly is astronomical. Thank you, Troy High School, and again we know who sent us all the reminders, emails, and extensive planning, to ensure another outstanding day and evening for our students and parents! It is great to be a Warrior! But wait, there is more! **The VIRTUAL Troy Tech Fair 2023 is available to the Troy community now through Sunday evening. It will be shared with Troy staff, students, mentors, and incoming families. We are proud of these students and their completion of the program!**

Slides are in order by Troy Tech Internship Advisor and then by Student Last Name Initial.

See [LINK to Master List](#) For the privacy of the students, only First Name and Last Initial were used.

- [VIRTUAL Troy Tech Fair 2023 Slides Part 1 HERE](#) include: Summer Blake, Darracq, Laubhan, Liem; Fall Darracq.
- [VIRTUAL Troy Tech Fair 2023 Slides Part 2 HERE](#) include: Link, Park, Reid, St. Clair, Thomas
- The slides will advance in sequential order unless you select the bottom left corner. Then select the slide control to navigate to a different slide in the presentation.



April Chalk Art by Mrs. Shannon Cogswell

FJUHSD and Troy High School remain committed to providing Mental Health support to our FJUHSD community. There are many options at your disposal, so please take advantage of them as needed. Some of the numerous Mental Health resources available to our FJUHSD Family, include Parents and Guardians. Please use the resources that are available to you and these resources can be also be found on our district website [HERE](#).

Additionally, FJUHSd has partnered with [Care Solace](#), a wonderful agency available to help our FJUHSd families access community mental health resources. It is free, confidential, and they are experts at connecting mental health providers to anyone needing support. Please feel free to review by clicking here, [Care Solace](#). FJUHSd also has these additional mental health resources and links to Orange County and National mental health support.

- [FJUHSd Virtual Calming Room](https://sites.google.com/fjuhsd.org/fjuhsd-virtual-calming-room/home): <https://sites.google.com/fjuhsd.org/fjuhsd-virtual-calming-room/home>
- [FJUHSd Parenting Resources](https://www.fjuhsd.org/Page/4317): <https://www.fjuhsd.org/Page/4317>
- [OC Support and Crisis Resources](https://www.namioc.org/help-support-overview): <https://www.namioc.org/help-support-overview>
- [National Alliance on Mental Illness \(for OC\)](https://www.namioc.org/): <https://www.namioc.org/>



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Stay Connected: www.fjuhsd.org

Warriors, here is the link to the April Superintendent's FJUHSd newsletter. For the global FJUHSd insight, news, and events, it does not get much better! <https://conta.cc/3JRvHHJ>

The excellent Troy High School Family video: <https://youtu.be/a3HtnItxd8>



**BE SAFE, BE SMART
SCHOOL IS A SAFE SPACE**

**NOTICE
WEAPONS
OF ANY KIND
PROHIBITED**

SAFETY BEGINS WITH US

REMINDER: Toys that look like weapons are prohibited in school for various safety reasons. Please help us keep weapons, dangerous objects, and weapon replicas out of our schools.



Troy hosted the Fullerton College Roadshow on Thursday, April 27. Representatives from Fullerton College gave presentations to a group of our seniors who have expressed interest in attending with them in the fall. Students learned about how to receive 2 years free tuition through the Promise Program and were given information about many of the services offered at FC. In addition, there were presentations from the Honors Program as well as the Transfer Center, both of which increase student success rates when transferring to a

university. The session ended with our seniors receiving hands-on assistance in the enrollment process. We had 100 students attend the event and Fullerton College is committed to assisting these students, or any others, receive the help they need to be ready for the fall semester.



It has been a tremendous year for Troy's aquatics program this Swim and Dive season! We just finished hosting the Freeway League Swim Finals yesterday, and here were some of the performances that were achieved as reported by Troy Head Swim coach, Ms. Summer Driessen. By the way, Ms. Driessen is the **Freeway League Swim Coach of the Year!**

Both Varsity Boys and Varsity Girls are off to compete at CIF

- **Boys Southern Sectional Division II**
- **Girls Southern Sectional Division II**

Boys are Varsity Swim Freeway League Champions

School Records broken:

- 50 Freestyle, Tony Zheng, 21.18
- 100 Breaststroke, Ty Leon Guerrero, 59.06
- 200 Medley Relay, Tony Zheng, Ty Leon Guerrero, Dave Seo, Theo Sohn 1:37. 85
- 200 Free Relay, Ty Leon Guerrero, Kevin Yum, Tony Zheng, Theo Sohn, 1:26.91
- 400 Free relay, Kevin Yum, Theo Sohn, Luke Leon Guerrero, Tony Zheng, 3:10.01



CIF automatic bids:

Kevin Yum

500 Free - 4:35.67 - CIF D1 Automatic (4:39.02) - 2023 Freeway League Championship

Luke Leon Guerrero

500 Free - 4:36.58 - CIF D1 Automatic (4:39.02) - 2023 Freeway League Championship

Boys 400 Free Relay

3:10.01 - CIF D1 Automatic (3:10.05) - 2023 Freeway League Championship

- Kevin Yum, Theo Sohn, Luke Leon Guerrero, Tony Zheng

CIF Considerations for possible bids:

Girls 200 Free Relay

1:42.04 - CIF D2 Consideration (1:50.44) - 2023 Freeway League Championship

Girls 400 Free Relay

4:00.40 - CIF D2 Consideration (4:01.95) - 2023 Freeway League Championship

Girls 200 Medley Relay

1:55.72 - CIF D2 Consideration (2:02.38) - 2023 Mt. SAC HS Spring Meet of Champions

Boys 200 Free Relay

1:26.91 - CIF D1 Consideration (1:34.01) - 2023 Freeway League Championship

Boys 200 Medley Relay

1:37.85 - CIF D1 Consideration (1:45.21) - 2023 Mt. SAC HS Spring Meet of Champions

Celeste Flores

100 Free - 55.91 - CIF D2 Consideration (56.96) - 2023 Freeway League Championship

200 Free - 2:02.48 - CIF D2 Consideration (2:07.29) - 2023 Freeway League Championship

500 Free - 5:42.86 - CIF D2 Consideration (5:47.11) - Fullerton @ Troy

Mandy Greco

50 Free - 26.09 - CIF D2 Consideration (26.18) - 2023 Freeway League Championship

Jason He

100 Breast - 1:01.19 - CIF D1 Consideration (1:01.41) - Villa Park @ Troy

Luke Leon Guerrero

200 Free - 1:42.24 - CIF D1 Consideration (1:46.46) - 2023 Mt. SAC HS Spring Meet of Champions

Ty Leon Guerrero

50 Free - 22.27 - CIF D1 Consideration (22.40) - 2023 Mt. SAC HS Spring Meet of Champions

100 Breast - 59.06 - CIF D1 Consideration (1:01.41) - 2023 Freeway League Championship

Kaylee Leong

500 Free - 5:43.12 - CIF D2 Consideration (5:47.11) - Fullerton @ Troy

100 Fly - 1:03.53 - CIF D2 Consideration (1:03.88) - Servite & Rosary @ Troy

100 Breast - 1:10.62 - CIF D2 Consideration (1:13.28) - 2023 Freeway League Championship

100 Back - 1:05.40 - CIF D2 Consideration (1:05.61) - Fullerton @ Troy

200 IM - 2:14.25 - CIF D2 Consideration (2:22.50) - 2023 Mt. SAC HS Spring Meet of Champions

Dave Seo

100 Fly - 51.87 - CIF D1 Consideration (53.67) - 2023 Freeway League Championship

Eileen Seo

50 Free - 26.04 - CIF D2 Consideration (26.18) - 2023 Freeway League Championship

100 Free - 55.74 - CIF D2 Consideration (56.96) - 2023 Mt. SAC HS Spring Meet of Champions

200 Free - 2:06.49 - CIF D2 Consideration (2:07.29) - Villa Park @ Troy

Theo Sohn

50 Free - 21.35 - CIF D1 Consideration (22.40) - Troy @ Buena Park

100 Free - 47.63 - CIF D1 Consideration (48.71) - 2023 Freeway League Championship

Kevin Yum

100 Free - 47.40 - CIF D1 Consideration (48.71) - 2023 Freeway League Championship

200 Free - 1:42.54 - CIF D1 Consideration (1:46.46) - 2023 Freeway League Championship

Tony Zheng

50 Free - 21.18 - CIF D1 Consideration (22.40) - 2023 Freeway League Championship

100 Free - 48.30 - CIF D1 Consideration (48.71) - Sonora @ Troy

200 Free - 1:42.55 - CIF D1 Consideration (1:46.46) - 2023 Mt. SAC HS Spring Meet of Champions

100 Fly - 51.19 - CIF D1 Consideration (53.67) - 2023 Freeway League Championship

100 Back - 55.82 - CIF D1 Consideration (56.31) - 2023 Troy vs Ayala



We had a great Track and Field Finals meet on Wednesday! Our Girls Varsity Team are the Freeway League Champions! There we also many PR's set in both running events and for field events! It was a wonderful day for a Track & Field Meet with only a light breeze, so there were not any wind aided marks!



Our Boys' Volleyball team won on Thursday night vs. Golden Valley High School. After a quick start, we were up 2-0. Then the other team fought back and tied up the match 2-2. We had to go to a game five, and fortunately our team dug deep and won the game 22-20! Consequently, our team have a home game tomorrow night at 6pm in the North Gym! We are in the CIF second round! Great job, Warriors!



Thursday afternoon, our Warriors played at home vs. FUHS and played the Indians tough. We survived a scare in the first, when Fullerton loaded the bases. Our players showed some extraordinary defense throughout the game, but in the end we just could not get enough runners on base and lost 1-5. We had a very good team this year, and despite some excellent play, the wins and losses just did not add up to the quality of our team. Thank you to our Warriors for a great season!

Student athletes need to have an annual physical exam, which is often done by a family's doctor. However, if an athlete needs to get a sports physical for summer and / or the next school year, and their regular physical does not line up on the calendar for the athletic season, there is a solution! On Monday May 3rd at Fullerton Physical Therapy at 4:30pm, sports physicals for athletes will be available for \$40.



Here is some fantastic news from Troy Counselor, Ms. Jacquie Morck regarding one of our Warriors! *“Last night my AVID kiddo, Amanda Flores Becerra was awarded a \$500 scholarship from ROP for her recognition in the ROP Nursing program. She is now a certified nurses assistant (CNA) and can work in the hospital as a part-time job. She will be attending Vanguard University in Costa Mesa pursuing a nursing degree.”*



This week we celebrated Administrative Professionals Day! It is a massive understatement to say that Troy High School could not function without them. In reality, the doors would not even open for business. Not all of our fantastic Administrative Professionals are in this photo, but they are all represented here in spirit even if not in person. Thank you for all you do for Troy High School and our community!



Wednesday, our Softball team faced the Fullerton Indians who are the Freeway League Champions. If our team has a chance for an at large CIF Playoff bid, we had to win. After being down 0-2 our team hit a homerun and tied up the game 2-2. Our Girls' went on to score four

more runs, winning the game 6-3! This was a fantastic win for our team, and hopefully we have at least one more this season!



Here is some Troy Film Production news from Film Teacher, Mr. Jim Falletta! We held our 9th annual Wally Awards last night! It was a terrific turnout and a fantastic showcase for our talented students here.

If you have some time over the next few days (or need to occupy your students with moving pictures while you get some grading done ;), please take a moment to show some of these films to your classes. The [playlist](#) to our show is located

here: <https://www.youtube.com/playlist?list=PLi0ci4tVczcZ20hbUFKfg0E3zMwNRqjiZ>

Beyond the general playlist, the list of winning films is below. Please congratulate the students involved if you have any of them in your classes.

1. **Best in Show** - [Anchorage](#) by Jason Jimenez
2. **Best Music Video** - [Nova](#) by Aimel Faisal
3. **Best Short Form** - [Disassociate](#) - John Park, Noah Tanpinco, Carl Borja

4. **Best Drama** - [Skipper](#) - Kate Park, Ahsha Jones, Carl Borja, Brandon Park, Ritisha Thakker, Josh Choi
5. **Best Commercial** - [Do More with 7up](#) - Elina Lim, Van Duong, Jason Jimenex, Nisolas Liu
6. **Best Trailer** - [Speed Hunters](#) - Noah Tanpinco, John Park, Ethan Park, aimel Faisal

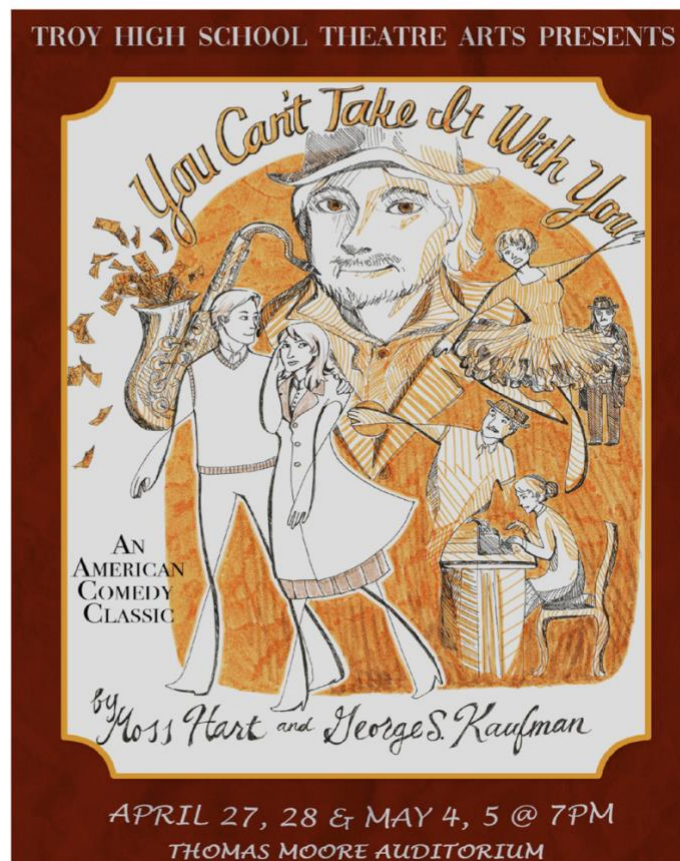
Jim Falletta

Film Teacher, Troy High School

<http://troyproductions.troyhigh.com/>



[CLICK](#) to check out TROY



If you see only one play at Troy High School, come out and see this one! I had the pleasure of seeing the opening night performance. It is one of the best productions I have ever seen anywhere! The set is spectacular, the acting completely on point, and the humor is...Do

you remember the old Warner Brothers Cartoons? Drawn for kids, but the dialogue was PG? This play is like that. Highly entertaining and funny from both a character development and dialogue and physical comedy standpoint. Simply excellent! Great job, Warriors!



Luna is giving me the look. The one where she is wondering where I have been all day, and if we are going to play. I will catch up with playtime this weekend, but as those of us with dogs know, playtime could be every day and all day. I am grateful that last weekend I was able to plant my summer garden, so with the possibility of rain coming this week, that may not be not the worst thing. This weekend we are going to have some beautiful weather, before we get some cooler temperatures and rain next week. I am going to enjoy the sunshine and I hope everyone has a chance to do the same. Have a wonderful and relaxing weekend, spending time with family and friends, and I will see everyone back here on Monday!

W.V. Mynster