



# *TROY HIGH SCHOOL WARRIOR WEEKLY*



May 13, 2016

Happy Friday the 13<sup>th</sup>! This is our lucky day, as there are no AP, IB, CAASPP, or Final exams being given today. We will have administered over 3000 AP Exams! We are almost there with the school year! There are still late AP exams, another week of IB exams, and of course Finals, but we can see the light at the end of the tunnel, especially for the seniors!

Last week was a good one for Troy High School in the sports world. Our varsity baseball team won the Freeway League title for a first time in a few years when they sealed the deal with a win vs. Buena Park. Congratulations to our team, manager, Mr. David Shiota, fellow coaches, and of course our parents and boosters! Baseball is truly a team sport with a very narrow margin determining winners and losers on the scoreboard. Go Warriors!

Boys' Track and Field are Freeway League Champions! Congratulations to all the athletes and to Head Coach, Mr. Chris Blume and his assistant coaches! Track and Field is very much an individual sport, but in this case the individual parts all have equal opportunity to impact the whole team. Great job Warriors!

Boys' and Girls' Varsity Swim are Freeway League Champions! This is an amazing team, especially considering they have no home pool. They had a choice, they could use the lack of a home pool as an excuse to not perform, or they could use it as a reason to work harder and outperform past Troy teams. They chose to work harder and smarter and this team has reaped the benefit! Go Warriors! The new pool is coming and we will be in our home pool for the 2017-18 school year.

Congratulations to our Boys' Golf team for an outstanding performance in the CIF Individual Golf Tournament in Palm Springs on Monday. Five members of Troy's team played and they played very well with four of the players scoring 18 hole rounds in the 70's! Thank you to our coach, Mr. Jerry Cowgill and the individual efforts of all the members of our team! The team CIF competition is next week! Go Warriors!



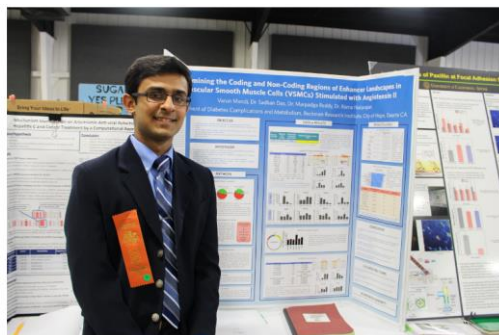
Science teacher extraordinaire, Ms. Shannon Regli reported last Friday, and after I had completed the *Warrior Weekly*...two of our students, Junyu Yang and Mike Bao were recognized for Science Excellence. Junyu Yang is going to the Chemistry Olympiad Camp and Mike Bao will attend the Physics Olympiad Camp. By earning these opportunities, it means they are in the top twenty students in the nation for Chemistry and Physics! Congratulations to these students and their teachers for the hard work it takes to get and stay at the top!

Speaking of staying on top, our NJROTC once again had a fantastic year! Every year this group of high achievers starts with a clean slate. Commander Stubblefield and the entire leadership focus on what are they able to achieve in the current year, and thus all the trophies they earned in the prior year, save a select few are literally swept away and recycled or repurposed. They start the school year with a couple of clean tables to display their trophies and then build from there. This is what the end of the 2015-2016 school year looks like on the

NJROTC trophy table! Congratulations to all of our cadets, NJROTC instructors, parents, and Booster club for the hard work and support that continues to make this program one of the top in the nation! As an entire unit, Troy's NJROTC was named a Distinguished Unit for the 16<sup>th</sup> straight year. Also, this year we shared the Best Unit in California Honors with Westview High School in San Diego. It has been a great year! Go Warriors!



Today is the last day of Troy senior, Varun Mandi's competition at the INTEL World Finals in Phoenix, Arizona! He has been competing all week, and at some point today we will know the final results! Here is a picture from the event from Mrs. Mandi! Of course his parents are very proud of him as you could expect, but the Troy community is a very close second!



Varun Mandi, a senior at Troy High School in Fullerton, is one of four ISEF finalists after going through 2 rounds of interviews at the regional ISEF competition.

Varun has been working on his project titled "Examining the Coding and Non-Coding Regions of Enhancer Landscapes in Vascular Smooth Muscle Cells (VSMCs) Stimulated with Angiotensin II," for the past two years. His goal for this project is to "...understand the genetic and epigenetic implications of metabolic diseases - primarily diabetes and hypertension - with which the hormone Angiotensin II is associated."

On Tuesday evening the Troy High School PTSA executive board met to have our year end celebration at Oggi's in Fullerton. As it turns out it is run by a Troy grad, so this is another positive for the night! It was a nice evening to socialize with our PTSA leadership and reflect upon another fantastic year with our PTSA that gives so much of their time to support and improve our educational opportunities for students at Troy High School. Is being on the PTSA all sunshine and butterflies? No. It is hard work and sometimes it can be very frustrating. However, this group is committed to our students, school, district, and community. It is for these reasons we need and appreciate our PTSA at Troy High School, and why I and fellow staff members work together with our PTSA and TSO to keep evolving with Troy High School as we strive to meet our students needs in the 21<sup>st</sup> century!



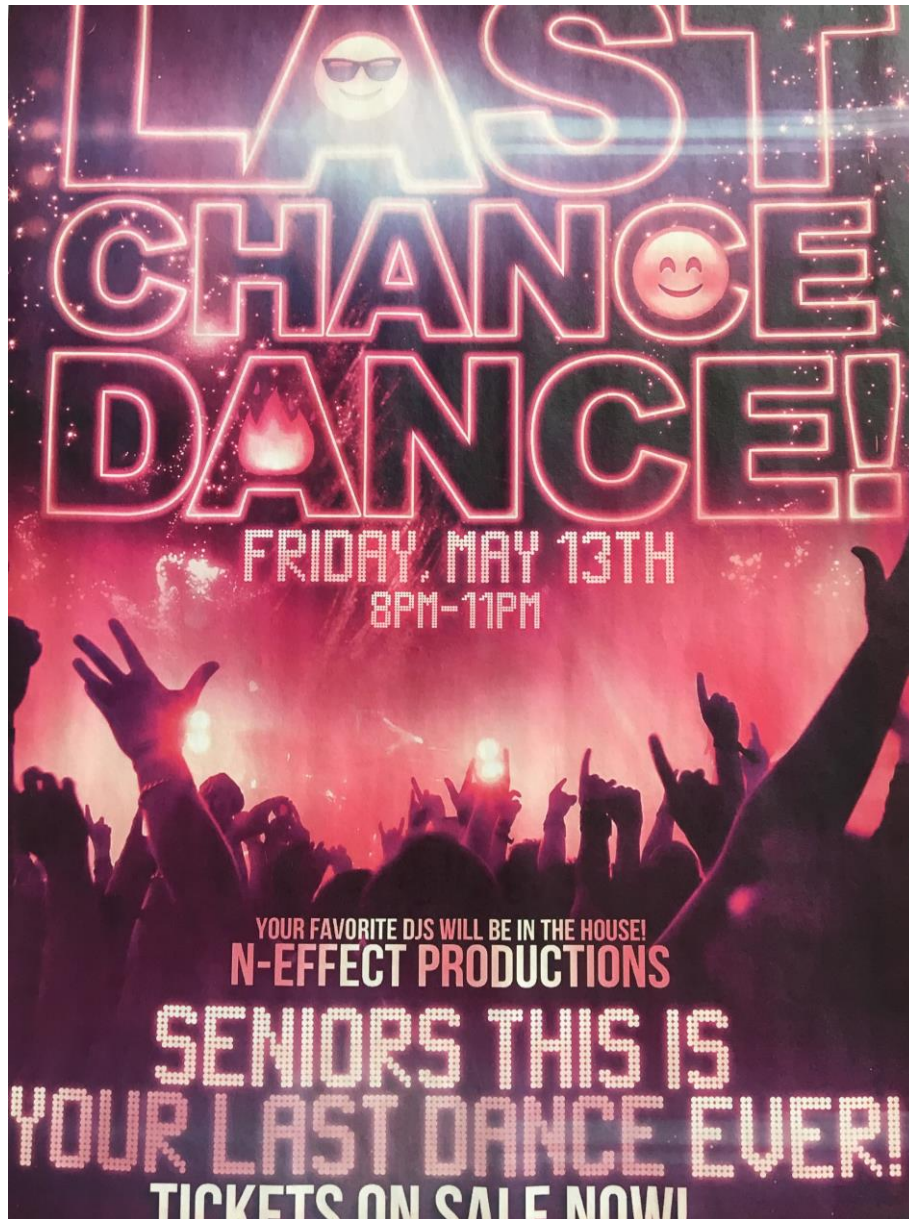
On Thursday morning, our Fullerton Sunrise Rotary Club honored Troy student, Xareni Herrera-Pena as their May student of the month! Xareni is a senior at Troy High School and is an absolute ray of sunshine at our school! It was nice to be able to celebrate her achievements at

our school with our local Rotarians as Xareni and her parents had breakfast and spent a little time with Rotary. We are proud to have Xareni as a Warrior!



Today, Ms. Pat Roach will hold the Annual Graph Dance in the Quad during Break. Each year, Ms. Roach teaches her students to transform math equations of functions into various dance moves. Ms. Roach reports the song to which they chose to perform this year is, “California Love,” an oldie but goodie. I don’t know this song by name, so perhaps I will recognize the music when the dancing begins! The Graph Dancing will commence today at 10:06am! Students and staff members, please come out and support the Graph Dancers and their leader, Ms. Pat Roach! Only at Troy. 😊 I will have pictures next week.

Speaking of dances, the Troy ASB will be holding their final dance of the year tonight with the famous, Last Chance Dance. The dance will begin at 8:00pm and ends promptly at 11:00pm! It should be a great evening for a dance outside under the stars!



Perhaps this should be the Starlight and Moonlight in May Dance? Students, have a great time at the dance and as always follow our school rules, as they are there for your benefit!

It is mid-May and the year is winding down. Even though all of us still have significant work ahead of us in the next couple weeks, especially for our seniors this is a time of excitement and transition. For Troy's underclassmen, it is summertime and depending on the level, it could be a summer spent on internships, summer school, and or family trips. For seniors unlike their past summers, they will move to another important part of their lives as they attend college and/or career after their graduation from Troy High School on May 26<sup>th</sup>.

This weekend, I will have a personal flashback to graduation ceremonies when my family and friends celebrate the completion of my Ph.D. I finished on November 10, 2015, but Claremont Graduate University holds their ceremony once a year, so thus this weekend will be exciting especially for my family and friends. I may be a little excited about the ceremony, which is why I “test” fit my graduation regalia.



Have a great weekend, do something fun with family and friends! There are lots of options, and it is going to be a beautiful weekend to be outside. Rest, relax, and repeat for the next couple of weeks! I will see everyone back here on Monday. Seniors, this is especially true for all of you, as I have heard rumor that Monday could be Senior “Ditch Day?” Don’t do it. I will see everyone back here on Monday. It is great to be a Warrior!

W.V. Mynster