



TROY HIGH SCHOOL WARRIOR WEEKLY



May 5, 2023

We are in the heart of AP, IB, and Cambridge testing. Now is the time for our students to show what they know on their exams for which they have been preparing this year, and in some cases for two, or three years! Also, a big thank you to all the counselors, teachers, proctors, and custodial that help make these exams run smoothly. It takes a village for sure! Go, Warriors!



Last week, Troy had some visitors from Acacia Elementary School who were in partnership with some of our English students in Ms. Deliana Park's classes. Here is the news from Ms. Park. *Wednesday, April 26nd was the exciting culmination of our Write Bunch 3.0 project, a successful four month partnership between Ms. Park's AP English Language Cambridge sophomores and Mrs. Anderson's 2nd grade class at Acacia Elementary. The project promoted reading for high school and elementary school students. The Education Foundation*

awarded grant money to Ms. Park to purchase 60 contemporary nonfiction works for literature circles, giving AP English Language Cambridge sophomores voice and choice in selecting their reading material. The 58 sophomores then interviewed 2nd graders whom they met through zoom and Flipgrid meetings, studied 2nd grade lexicon and syntax, and finally created personalized storybooks synthesizing all information. The sophomores printed and read these personalized storybooks for each 2nd grader in the library together. The 2nd graders absolutely loved their new books! Congratulations to the sophomores for their excellent job in fostering a new generation of readers. This was a very fun and exciting collaboration with Acacia and Troy, here are a few more photos with our students meeting this day.



100% Students from Troy High School Passed ITF+!

Here is some more Cyber news with a very nice report on a certification exam from Troy Cyber Teacher, Mr. David Kim. *I just wanted to share the great news that all 24 students that are in my cyber class this year took the CompTIA ITF+ Certification Exam and passed on their first attempt! This is a significant improvement from last year, where 91.1% of the students*

passed! These are rigorous certification exams, and students can take these certifications and use them for employment in the future. Congratulations!

Manie Musicale 2023 - Contest Winners

Here is a really wonderful story from Troy French Teacher, Mr. Will Fritz. I have to be honest, Mr. Fritz has explained this contest to me on multiple occasions and I have to be honest I still cannot fully understand how it all works. That being said, some of his students did, and have the results to prove it! From Mr. Fritz,

*Salut Mes Amis, I am writing to bring to your attention the exceptional achievement of five of our students who recently participated in several Manie Musicale 2023 talent contest categories . I am proud to report that our students took five of the top twelve prizes, including a sweep of the Animation category: **Rhi Jewell, sophomore, (1st Place), Meghan Clements, sophomore, (2nd Place), and Alice Wu (3rd Place). Joey Kelly (2nd Place), produced a beautiful story in the video category, finally, Mary Kim and Jo Magbitang, (3rd Place) crept into the final spot for the High School Singing Division.***

These students have demonstrated exceptional talent, dedication, and language skills in their respective categories and their success is a testament to their hard work and the quality of foreign language education they have received here at Troy High School. Their achievement is not only a source of pride for our community, but also it is a reflection of the high world language standards we consistently set for our students.

This year's Manie Musicale included 4331 schools, including all 50 U.S. States, 13 Provinces and Territories (Canada), 23 countries: In total 471, 986 students and teachers participated. I've attached [a stat sheet](#) to show how much this has grown over the past few years. To put this in perspective, when it first started, we were just a few teachers swapping brackets. Two women from Maine took the idea and ran with it. Now it's a thing. Think of it as a version of the NCAA Men's Basketball March Madness for French music. We join the competition at the Sweet 16, we vote on songs, and eventually a winner is crowned. There is a Facebook Group of 6500 teachers who selflessly share lesson plans, offer support to one another. etc. All manner of activities are shared; we all dive into the artists' backgrounds to explore francophone music, the lyrics, and students are able to share their love of all the cultural aspects globally. We are constantly reaching out to artists via social media, often getting responses (I got to Zoom with this year's winner, LeFloFranco - see picture on Stat Sheet - Our

*class would have done so, but it was on April 7th - A PD day) in both English and French and many of our students and teachers received responses from this year's participating artists. I would like to commend these students for their remarkable accomplishment and encourage you to recognize their achievement in every way possible. They are a stellar example of the excellence that can be achieved through their hard work and their dedication not only for their ongoing French studies but also as magnificent examples of Troy's World Language Department. If you have any of these incredible achievers in class, please give them a shout-out (as I will today in class - I'm happily on the hook for some prizes). They have earned it. Respectfully, Will Fritz, M. Ed
Really (to the nth) Proud French Teacher.*

Teacher Appreciation Week is coming, or depending on where you are, is already here! These are some more details about how we are celebrating our Teachers at Troy High School. It is likely we are having a two-week celebration!

On May 2nd, our Troy High School Teachers, who are the best Teachers in California, and also on the Planet, celebrated a very Happy Teacher Appreciation Day! We also began the celebration of Teacher Appreciation Week, depending upon which website you check...it is sort of confusing...or perhaps that is next week...I found a website (weareteachers.com) that I think will settle the question for both celebratory events. It does seem that much of the country, may be celebrating next week, however our PTSA has placed goodies in all Teachers' boxes in the Front Office! Thank you to all the PTSA Student Leadership Group students who were packaging up the goodies with their parents! For the record, on Teacher Appreciation celebrations, here is the aforementioned additional information.

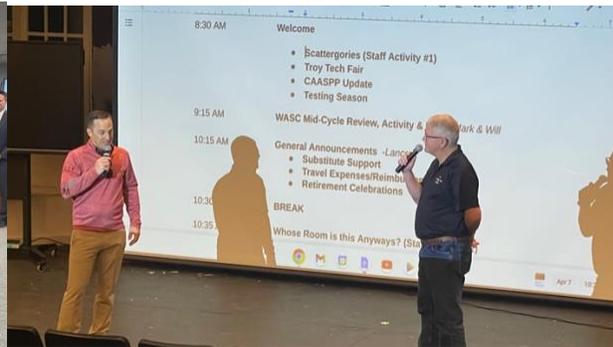
In 2023, Teacher Appreciation Day is May 2, 2023, and Teacher Appreciation Week runs from May 8 to May 12, 2023

Why aren't they in the same week? It turns out that since 1984, Teacher Appreciation Week always takes place the first full week of May—and that includes Sunday. Teacher Appreciation Day, on the other hand, takes place on the first Tuesday in May. They line up in most years, but in 2023 there's an extended celebration. And we'll take it!

The history of Teacher Appreciation Week Eleanor Roosevelt was actually the one to first convince Congress that we needed a dedicated period to thank teachers for their hard work.

Teacher Appreciation Week began in 1953 after Roosevelt spoke before Congress. ([See her writing about it here.](#)) It wasn't until 1980, however, that it became an official national holiday. And it was originally celebrated in March but was moved to the first full week of May in 1984.

In appreciation for the job done by Troy's Teachers, anyone who has ever stepped foot on our campus realizes that we have an amazing school. We have some of the best students, parents, community, and Staff on the planet. However, our Teachers have to do their job at a level that is well above and beyond for our students who come here to obtain the level of instruction, attention, and corresponding opportunities they are unlikely to receive anywhere else. At Troy High School, our school is only as good as our Teachers in our classrooms. Not forgetting the past, our Teachers today have built upon the work of those before them, and are continuing to build and improve their craft, courses, instruction, outreach, influence, and community. Our school exists today because we have built a school that offers our students attention and opportunities that other schools cannot match. It is great to be a Warrior, and it is true that we are a fantastic team! Thank you, to all Troy's Teachers, both past and present!





We have a student, Kelly Yang who just recently qualified to compete in the World Championship in Karate. To get there, Kelly attended regional qualifiers in San Diego. Later, she tried out for the USA Team in Las Vegas. This summer, Kelly will be competing in Nationals at Florida in July, then Worlds in Scotland! I cannot imagine how many hours have gone into, and continue to go into the training to be an athlete at this level! Congratulations Kelly, and we wish you much success this summer!



Great news regarding from Ms. Gabrielle Hufferd on our Mock Trial Team! *On April 20th, The regional Orange County Mock Trial Association held their annual awards at the UCI Pacific Hall Room. One of our very own, Junior Linlu Gou, won "Outstanding Witness" for her participation in the Fall's trials. Linlu is an outstanding member of Troy's Mock Trial team and her expertise was well recognized. great job, Linlu!*

MAY

Mental Health Awareness Month

Ask for help. Drink water. Be open to support. Go outside. Prioritize rest. Focus on one thing at a time. Remind yourself what you're grateful for. Take a break. Spend time with friends. Listen to music. Think positively. Read a book. Draw. Journal. Blow bubbles. Take a shower. Ask for a hug. Talk to someone you trust. Cook or bake. Cuddle a pet. Take slow breaths. Play a game. Cry. Say positive affirmations. Clean. Garden. Use a stress ball. Exercise. Write a letter. Play with slime or dough. Listen to a podcast. Stretch. Ask for help. Drink water. Be open to support. Go outside. Prioritize rest. Focus on one thing at a time. Remind yourself what you're grateful for. Take a break. Spend time with friends. Listen to music. Think positively. Read a book. Draw. Journal. Blow bubbles. Take a shower. Ask for a hug. Talk to someone you trust. Cook or bake. Cuddle a pet. Take slow breaths. Play a game. Cry. Say positive affirmations. Clean. Garden. Use a stress ball. Exercise. Write a letter. Play with slime or dough. Listen to a podcast. Stretch. Ask for help. Drink water. Be open to support. Go outside. Prioritize rest. Focus on one thing at a time. Remind yourself what you're grateful for. Take a break. Spend time with friends. Listen to music. Think positively. Read a book. Draw. Journal. Blow bubbles. Take a shower. Ask for a hug. Talk to someone you trust. Cook or bake. Cuddle a pet. Take slow breaths. Play a game. Cry. Say positive affirmations. Clean. Garden. Use a stress ball. Exercise. Write a letter. Smile.

BE KIND TO YOUR MIND



Together We Can Erase
The Stigma





The great Computer Science news continues, which at Troy should not be a surprise! From Computer Science Teacher, Mr. Joseph Coglianese, *Troy High School's ACSL Team has made a triumphant return to competition in ACSL after over a decade of not competing and returning to winning form in the Classroom 5 Division. The Classroom Division is open to students in all grades and is suited for students taking AP Computer Science Principles and above. The team took all four of the exams in the 35 minute lunch time and still managed to get lunch and qualify for the ACSL national finals on Saturday May 27, 2023 with impressive scores.*

The American Computer Science League (ACSL) is a non-profit organization devoted to Computer Science education and organizes team computer programming and computer science contests for K-12 schools, organizations and local groups, led by an adult advisor. ACSL contests test students on fundamental concepts in computer science, ranging from Boolean Algebra to Digital Graph Theory and from Assembly Language to LISP. The ACSL is widely considered to be one of the most accessible computer science competitions.

We are proud of Troy High School's ten team members ACSL Team who qualified for Nationals consisting of Andrew Park, Ayush Mahna, Aditya Mahna, Brendan Lee, Tom Yuan, Kevin Yuan, Gabriel Haskell, Franklin Zhu, Riley Donn and Sean Lee for their impressive achievement and wish them all the best in the upcoming national finals on Saturday May 27, 2023. We look forward to how they will be able to score at nationals with the full time and not needing to eat their lunch! Congratulations, to all our Warriors!



We are super excited to announce that we have a new full time Campus Supervisor who has joined our Troy Family! His name is Mr. Daniel Gutierrez, and he has come to us from La Habra High School where he was an Instructional Aide. He is also a football coach for our Troy Football team, so we can look for some amazing results from him with our players this fall. ☺ When you get a chance, introduce yourself and welcome him to the Troy Family!

OC Instrumental Musician of the Year! From Mr. Jo-jo Castillo, *We have one finalist for the Artist of the Year, Instrumental Music! Joseph Sung is the first chair cellist in the Symphony of Troy and Apollo's Strings. He is also a section leader percussionist in the Warrior Marching Band and 1st chair oboist in the Winds of Troy. Joseph was also 3rd chair cellist in the All-National Orchestra. To say he is an accomplished musician is just the tip of the iceberg. Here is the article about the finalists and, of course, Joseph.*

[Joseph Sung, finalist Artist of the Year](#)

Good Luck Joseph and May the Force Be With You!

You can see him and his friends perform in our upcoming concert on May 12th.



April Chalk Art by Mrs. Shannon Cogswell

FJUHSD and Troy High School remain committed to providing Mental Health support to our FJUHSD community. There are many options at your disposal, so please take advantage of them as needed. Some of the numerous Mental Health resources available to our FJUHSD Family, include Parents and Guardians. Please use the resources that are available to you and these resources can be also be found on our district website [HERE](#).

Additionally, FJUHSD has partnered with [Care Solace](#), a wonderful agency available to help our FJUHSD families access community mental health resources. It is free, confidential,

and they are experts at connecting mental health providers to anyone needing support. Please feel free to review by clicking here, [Care Solace](#). FJUHSD also has these additional mental health resources and links to Orange County and National mental health support.

- [FJUHSD Virtual Calming Room](https://sites.google.com/fjuhsd.org/fjuhsd-virtual-calming-room/home): <https://sites.google.com/fjuhsd.org/fjuhsd-virtual-calming-room/home>
- [FJUHSD Parenting Resources](https://www.fjuhsd.org/Page/4317): <https://www.fjuhsd.org/Page/4317>
- [OC Support and Crisis Resources](https://www.namioc.org/help-support-overview): <https://www.namioc.org/help-support-overview>
- [National Alliance on Mental Illness \(for OC\)](https://www.namioc.org/): <https://www.namioc.org/>



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Social Media



Stay Connected: www.fjuhsd.org

Warriors, here is the link to the May Superintendent's FJUHSD newsletter. For the global FJUHSD insight, news, and events, it does not get much better! <https://conta.cc/3oV5Yas>

The excellent Troy High School Family video: <https://youtu.be/a3HtnItxdt8>

**BE SAFE, BE SMART
 SCHOOL IS A SAFE SPACE**

**NOTICE
 WEAPONS
 OF ANY KIND
 PROHIBITED**

SAFETY BEGINS WITH US

REMINDER: Toys that look like weapons are prohibited in school for various safety reasons. Please help us keep weapons, dangerous objects, and weapon replicas out of our schools.



Our Boys' Volleyball team had the best season in their history at Troy! Making it to the third round of the playoffs, they played Calvary High School tough, but ultimately lost in four games 1-3. We have a very good team, and every reason to believe they will be even better next season. Now is time to get some rest, finish out the school year, and then continue with your volleyball training! Great job, and a great season to all of our Warriors!



Troy's FBLA is amazing! Mr. Luke Laubhan, Business Teacher and FBLA Advisor Extraordinaire, reports on our team's success! *Our FBLA State Leadership Conference team*

returned yesterday after a four-day trip to Sacramento. They did GREAT. Out of our 20 students, two won state championships, two were state runners-up, and six auto-qualified for Nationals in June. A few more are right on the qualifying cut-off line and may still be able to attend NLC (TBD this week).

If I can get sentimental, it's always awesome to see our FBLA students compete and succeed, but I can't tell you how proud I am of how hard they worked and how well they represented everyone at SLC. If they weren't prepping for their event, they were often studying in the hotel lobby for everything from AP tests to their classes. They were model scholars.

We had some fun, too. :) Special shout out to Jenn Heureman and Carrie Snipes for being all-star chaperones. Next up in June: **NLC in Atlanta.**

1st - Eric Feng, Securities & Investments

1st - Soham Kulkarni, Computer Problem-Solving

2nd - Mary Kim, Journalism

2nd - Dustin Mai, Client Service

2nd - Soham Kulkarni, Cybersecurity

3rd - Mindy Huynh, Healthcare Administration

6th - Audrey Nguyen, Healthcare Administration

6th - Ellie Huang / Dustin Mai, Business Ethics

6th - Ryan Qi, Introduction to Marketing Concepts

6th - Vanessa Yang / Genie Tang / Ryder Hsieh, International Business

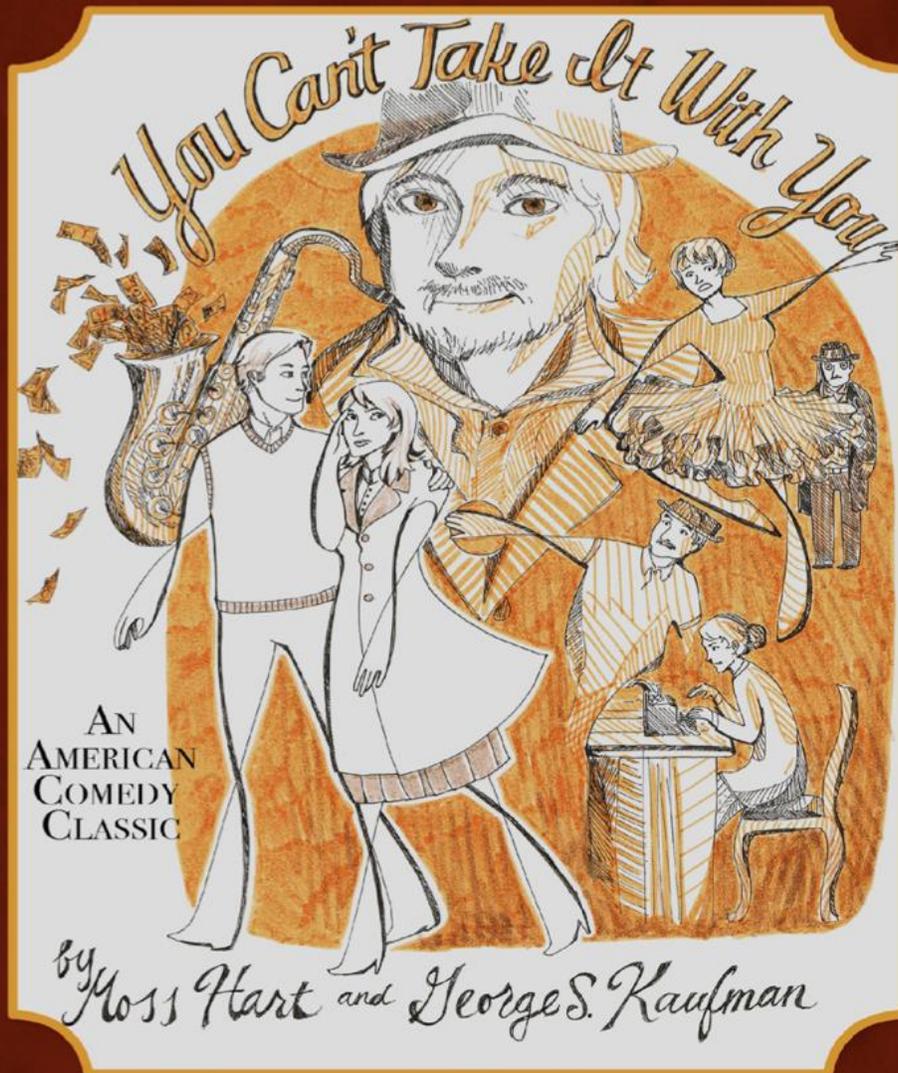
7th - Sonia Bhatia, Human Resource Management

7th - Ryder Hsieh, Business Law

9th - Jacob Lozano, Maximus Mendoza, Eric Feng - Hospitality & Event Management

This was truly a wonderful State Trip! We will be looking forward to the Nationals in June! Great job, Warriors!

TROY HIGH SCHOOL THEATRE ARTS PRESENTS



APRIL 27, 28 & MAY 4, 5 @ 7PM
THOMAS MOORE AUDITORIUM

One night left! If you see only one play at Troy High School, come out and see this one! I had the pleasure of seeing the opening night performance. It is one of the best productions I have ever seen anywhere! The set is spectacular, the acting completely on point, and the humor is...Do you remember the old Warner Brothers Cartoons? Drawn for kids, but the dialogue was PG? This play is like that. Highly entertaining and funny from both a character development and dialogue and physical comedy standpoint. Simply excellent! Great job, Warriors!



We are in the month of May, and while it should be a nice weekend, it is a bit on the cooler side for this time of year. I say, enjoy the cooler temps while we can, as before you know it we will be in August and it will be hot, hot, hot! I hope everyone has a wonderful and relaxing weekend, spending time with family and friends. I looking forward to taking a few hikes with the family, and nobody enjoys getting out for a walk more than Luna! As pictured, Luna (not Donna) ☺ is listening intently to what I am telling her, and we are getting ready to go for a walk. I will see everyone back here on Monday. Have fun, be safe, and have a great Cinco de Mayo!

W.V. Mynster