TROY HIGH SCHOOL WARRIOR WEEKLY



May 2, 2025

Drawn by Shannon Cogswell-Spring/Summer, 2025

Dear Troy Family,

It is that time of year, IB and Cambridge testing started, and AP testing is starting next week. Students, it is that time of year for the show what you know on these external assessments, followed by our own internal assessments known as Final exams in a few weeks. Students, you have put in the time, learned the course content, and now you just need to do some last reviews and studying, preparing for the various testing formats and you are ready to go! Most importantly, before any of your exams, make sure you get a good night's sleep, eat dinner and breakfast, and come to school confident and ready to show what you know! It is a great time of year to be a Warrior!

Last week I wrote of our Troy Tech Fair, a celebration of our 400+ Troy Tech seniors, and their summer 150-hour internships. For those that missed the Troy Tech Fair, or just want a

recap, here are a list of links from our Troy Tech Coordinator, Ms. Laurie Downum-Bonnett that will be open for a limited amount of time.

Troy Tech Families - We hope you were able to join us in-person on April 22, 2025 at the Annual Troy Tech Fair which featured our 430 Troy Tech Seniors and their Internships.

- The 6:30 p.m. Recognition Ceremony was broadcast by Omnia. Link here: https://youtu.be/MwN811k1COg
- The VIRTUAL Troy Tech Fair 2025 will be active through May 7. Slides are in order
 by Troy Tech Internship Advisor and then by Student Last Name Initial. See LINK to
 Master List LINK to Master

<u>List https://docs.google.com/spreadsheets/d/1CZikqIoe5mDJ_pU95k4ePvw2DUUwyx-RuAh4WuOTTLs/edit?usp=sharing</u> For the privacy of the students, only First Name and Last Initial were used. These slide shows are NOT posted to Troy's website since we want to continue these business partnerships specifically for the Troy community; we request that you not publicly post or share these links.

- VIRTUAL Troy Tech Fair 2025 Slides Part 1
 HERE https://docs.google.com/presentation/d/e/2PACX1vR71T2L_zr7HbNYtohYCZecjxY4VMo4gsxSCUuQhurYEmEAoL4Zf12ZpRC
 1JLp1C9GH4W75sXuM8DB2/pub?start=true&loop=true&delayms=2000 includ
 e: Blake, Darracq, Echaves, Grant, Laubhan.
- VIRTUAL Troy Tech Fair 2025 Slides Part 2
 HERE https://docs.google.com/presentation/d/e/2PACX1vQit0wBNoMpfXTf7JkZdA4IZAE5wnseQPrvDhtM5IO3soBNercU7AHwGWA8pmSOPq3jZtsTXC_MSgM/pub?start=true&lo
 op=true&delayms=2000 include: Liem, Link, Park, Reid, St. Clair.
- The slides will advance in sequential order unless you select the bottom left corner. Then select the slide control to navigate to a different slide in the presentation.



Mental Health Resources:

FJUHSD Virtual Calming Room: https://sites.google.com/fjuhsd.org/fjuhsd-virtual-calming-room/home

FJUHSD Mental Health Resources: https://www.fjuhsd.org/domain/1476

OC Support and Crisis Resources: https://www.namioc.org/help-support-overview





Niche 2025 Best Schools

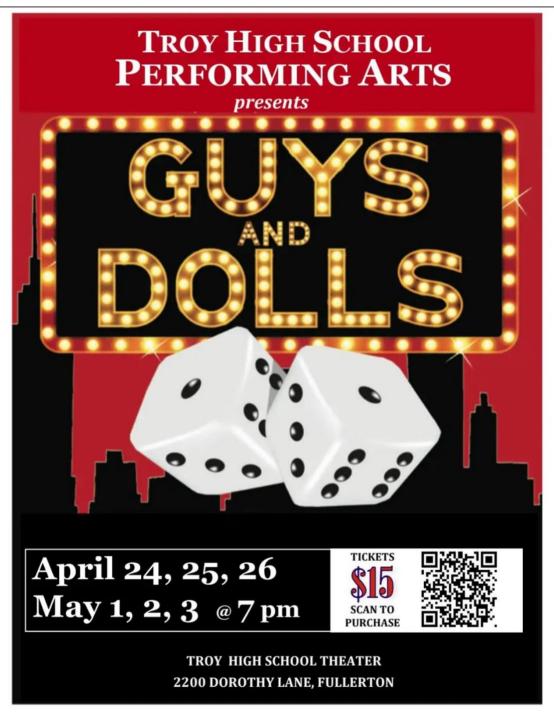
2024 U.S. News & World Report Best Schools

We love Troy High School! It is also rewarding to see when other entities that rank schools also agree, and reward the hard work of our Students, Teachers, Parents, Counselors, Staff, FJUHSD Board and Administrators! Thank you, Warrior Family!



Warriors, this is the QR code for all the FJUHSD social media. There are many, many, awesome events, activities, athletics, and recognitions happening in FJUHSD and Troy High School! Additionally, for even more information for the happenings in FJUHSD, below is the link to the April, 2025 FJUHSD Superintendent's Newsletter. The May edition will be coming early next week. This newsletter is always a great source for global FJUHSD insights, news, and events! FJUHSD Superintendent's Newsletter link: https://conta.cc/43TPodR

One of the ways FJUHSD and Troy High School have been measuring student engagement in school, rallies, clubs, and school activities has been to use the 5-Star App. Here is a little more information on how it is used in FJUHSD. Hint: We don't use it as a tracking app. 5-Star has an FAQ that specifically relates to location tracking (or lack thereof). https://help.5starstudents.com/hc/en-us/articles/24186201832333-Does-the-5-Star-Students-app-track-a-student-s-location



Come on a journey following the intertwining lives of gamblers and the dolls they love. Set in New York City in the 1940s, we follow Nathan Detroit who seeks a location for his illegal craps game with his fiancé of fourteen years, Adelaide, hot on his heels. And Sky Masterson bets he can win the heart of Sarah Brown, a mission doll. How will the dice roll? Show dates/time: Two nights left! May 2, 3 @ 7 PM. Click here for tickets.



These are our amazing Troy Future Business Leaders of America (FBLA) before competing in the State Leadership Competition! From their proud teachers, Mr. Luke Laubhan, Ms. Natalie Bouchard, and Ms. Deborah Henniger are the results!

This past Thursday, Friday, and Saturday, <u>97 of our Troy students competed at FBLA State Leadership Conference (SLC) in Anaheim</u>. The conference was educational and a great development experience for them, with nearly 3,000 students from across California in attendance. It gets bigger each year. As always, our Troy students were *outstanding*.

By Saturday night, two students won state championships, three were State runnersup, 39 placed in the Top-10 in their event, and 15+ qualified for Nationals (with more on the way). It was a strong showing in an especially competitive year. Our Director of Competition, Noah Rho, had a great deal to do with the collective success.

More than anything, all of our students represented themselves, their families, and our school exceptionally well. They looked sharp, worked *very* hard, and found ways to help their

teammates and others. They consistently demonstrated all the characteristics you'd hope to see. Natalie and I couldn't have been prouder as Advisors.

If you see any of the FBLA students this week, feel free to give them a high five. Here's a list of our top-four finishers. Next up: Nationals in Anaheim in late June. Can't wait!

State Champs (1st)

- Piranavee Pirathiviraj (Public Policy & Advocacy)
- Kevin Huang (Insurance & Risk Management)

Runners Up (2nd)

- Yongjing Li (Advertising)
- Michelle Tan (Organizational Leadership)
- Jashvita Veeramalla (Help Desk)

Third & Fourth Place (Auto Qualifiers for Nationals)

- Evan Chen (3rd, Advertising)
- Claire Wang (3rd, Intro to Business Procedures)
- Matthew Hoang (4th, Intro to IT)
- Sofia Mariano (3rd, Journalism)
- Venika Kasva (4th, Securities & Investments)
- Tuleen Jamal (3rd, Client Service)
- Shrihun Andhe (3rd, Coding & Programming)
- Bianca Dong & Phoebe You (4th, Social Media Strategies)

Thank you again for your support of Troy Business and FBLA, especially during this busy season! If you have any questions, please let Natalie or me know.

Best,

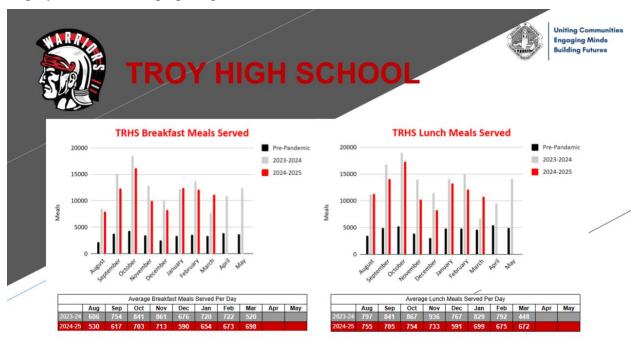
Jonathan 'Luke' Laubhan

Cambridge Coordinator • Business Teacher • FBLA Advisor

Congratulations to our FBLA students for having a wonderful competition and showing what they have learned and how they are able to apply their knowledge. They have to all feel so great about what they have been accomplishing and I am very proud of all of them! Also, thank you to all of their teachers throughout their time at Troy, as they are using every skill in every class to make the connections in this competition through the FBLA and their Business classes. Thank you to Mr. Luke Laubhan, Ms. Natalie Bouchard, and Ms. Deborah Henniger for their work with all of our students and preparing them for success in the Business world! This was a great day, and it is a great day to be a Warrior!



Today, May 2, 2025, is School Food Hero Day! Pictured are Albert Solmon, Maryjane Olea, and Silvija Blazevic. Take a look at this slide below. They serve a tremendous number of meals beginning with breakfast, and each year the number has risen. Also remember, during the COVID-19 pandemic these employees kept coming to work and ensuring our community was fed even when the schools were closed, people could pick up food outside of the gates, and our employees were inside preparing the meals. Our students do not eat at school without them!







Above, this is our NJROTC StellarXplorers team getting ready to compete in the National Championship BEFORE the competition. Below is our team after the competition.



Our team had a very good day and won their first StellarXplorers National Championship!

Additionally, the great NJROTC weekend continued with our NJROTC achieving something they have never done before when they won a total of more national championships in a single

weekend! Our cadets also won the Brain Brawl National Championship and the NJROTC Drone Championship called the Blue and Gold AERIAL Classic, both these championships were held the same weekend at the U.S. Naval Academy!



Here is our Brain Brawl Championship team with the final scores on the board! In the next photo



are our cadet drone Blue and Gold Aerial Classic, Championship team with 1st SGT. Barnes and Master Chief David. In the center of the photo is the US Naval Academy Superintendent, Vice Admiral Yvette Davids who visited Troy High School and loves our NJROTC and school!



APR. 28

MINDFUL MONDAY

DRESS-UP DAY: RHYME WITHOUT REASON
ACTIVITY: "STRESS-FREE" BUSHWALL @ BREAK
GIVEAWAY: RUBBER DUCKIES @ BREAK/LUNCH

APR. 29

MENTAL HEALTH GETAWAY

DRESS-UP DAY: VACATION (SUNGLASSES, TROPICAL) **GIVEAWAY:** LEIS + GLASSES @ BREAK/LUNCH

APR. 30

YOU'RE NOT ALONE

DRESS-UP DAY: TWIN WITH A TRIO OR MORE

ACTIVITY: BRACELET MAKING/LETTERS TO FRIENDS @ BREAK

WORKSHOP: OVERCOMING TEST ANXIETY @ LUNCH

MAY 1

DRESS TO DE-STRESS

DRESS-UP DAY: PAJAMA DAY

ACTIVITY: COLORING PAGES AT BREAK

GIVEAWAY: FOOD BEFORE 0/1+SLEEP-MASKS @ BREAK/LUNCH

MAY 2

STUDENT WELLNESS FAIR

DRESS-UP DAY: GREEN FOR MENTAL HEALTH

(SHIRTS WILL BE GIVEN OUT TO STUDENTS THROUGHOUT THE WEEK)

ACTIVITY: MENTAL HEALTH FAIR @ LUNCH W/ MUSIC & BOOTHS

GIVEAWAY: STRESS BALLS, SLIME, AND MORE

It has been Warrior Wuv Week, in which we have been focusing on mental health and student wellness. The week is culminating in the Student Wellness Fair today! Our school year is winding down, and this is a great time to take a deep breath, and give ourselves the time we need to ensure we have the balance and tools to be ready to finish the school year, and begin summer and feeling good doing all of it! Let's go, Warriors!

Troy Make Waves again, In and Out of the Water! An incredible achievement for our Warrior swimmers: 89% of our phenomenal athletes are Finalists—a new record worth celebrating! A huge shoutout to Coach Driessen for leading this team to new heights. Let's keep the momentum going! Stay Tuned for Results from:

• **JV Finals**: *Thursday, May 1 @ 4PM* – Troy Pool

• Varsity Finals: Friday, May 2 @ 4PM – Troy Pool (TODAY!)

Thank You to Our Parent Volunteers

Your support made a huge difference this week—we're grateful for your time and energy.

Mark Your Calendars! CIF on Wed, May 7th Girls D2 Prelims and Thurs, May 8th Boys D1 Prelims. Come cheer on the Troy Swim Team as they swim to make it to STATE! Let's pack the stands with Troy pride and cheer our swimmers to the finish line!

From Troy Computer Science Teacher, Mr. David Kim is some outstanding news!

Last weekend, four of our students were recognized with their NCWIT Aspirations in Computing

(AiC) High School Award at UC Irvine. Among them was <u>Ayushi Mehtrotra</u>, who was selected as

Troy's first ever national winner! She was chosen as one of <u>40 students</u> from more than 3,700

applicants this year, and she was presented with her award in Charlotte, NC. Congratulations!





On Tuesday four FJUHSD students were recognized by our Fullerton PTA and awarded scholarships for college next year. The two students in the center are soon to be Troy graduates, Dennis Zhang and Sophia Liu! Both of them are outstanding students and are deserving as all four are, of being selected and recognized for this scholarship! Congratulations!

From Troy's Film Teacher Extraordinaire, Mr. Jim Falletta, there is some great news about our film students! *The 11th annual Wally Awards were Monday night! It was definitely a packed house and a fantastic showcase for our talented students here. Many students, friends, and family members were in attendance to support and watch over 30 fantastic films! If you have some time over the next few days (or need to occupy your students with moving pictures while you get some grading done;), please take a moment to show some of these films to your classes. The playlist to our show is located*

here: https://www.youtube.com/playlist?list=PLi0ci4tVczcYivMPsFqZ9Sneo9ZkhWx2M

Beyond the general playlist, the list of winning films is below. Please congratulate the students involved if you have any of them in your classes.

- 1. **Best in Show** <u>Passing Judgement</u> Alison Do and Aidan Rus (https://youtu.be/cY_zLGH_D3o)
- 2. **Best Drama** <u>5 Stages</u> Vanessa Gonzales (<u>https://youtu.be/ZK5oHggOkwg</u>)

- 3. Best Music Video Through Your Window Gia Desai (https://youtu.be/B6SqP4pfZtM)
- 4. **Best Short Form** <u>Innocence</u> Mariana Castellanos and Jen Cruz (https://youtu.be/d/3K6q6L76M)
- Best Commercial <u>Vanguard Camera</u> Julia Contreras, Vanessa Gonzales, Sofia Nacionales (<u>https://youtu.be/JSGXsc2r5D4</u>)
- 6. Best Trailer Antumbra Aidan Fierro (https://youtu.be/uidMXRQRcJ4)





Last evening Troy AP Economics Teacher, Mr. David St.Clair was recognized for his 30 years of instructional excellence in teaching Economics to our students. The California Council on Economic Education also recognized California's 34th State Treasurer, Ms. Fiona Ma as a Champion for Economics Education Award. Perhaps the best part of the evening was when three students, two former students and current student Finely White spoke of Mr. St.Clair and

what he has meant to them as their teacher and how he inspired them in the field of Economics. Invited guests were a dozen current students, two former students, some fellow teachers, spouses, and their children. I have a great 14-minute video of all their speeches. It was a truly wonderful evening, and a well-earned recognition for Mr. David St.Clair!













MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	29 AM NO EXAMS PM IB - PHYSICS CAM - PHYSICS LAB	30 B - PHYSICS CAM - DESIGN TECH CAM - SPANISH A PM IB - BUS MAN CAM - ENGLISH	1 AM NO EXAMS CAM - SPANISH AS PM IB - PHYSICS CAM - GLOBAL PERSPECTIVES	2 AM IB - BUS MAN CAM - MATH PM IB - COMP SCI	AP/IB/
5 AM 18 - COMP SCI AP - BIOLOGY PM AP - EURO HISTORY CAM - ENGLISH	AP - CHEMISTRY CAM - HISTORY CAM - BUSINESS PM IB - CHINESE B AP - US GOVT & POLITICS	7 AM 1B -CHINESE B AP -ENGLISH LIT CAM - MATH PM AP - COMP SCI A CAM - MEDIA STUDIES	A AM AP - STATISTICS CAM - HISTORY CAM - DESIGN TECH PM IB - ENGLISH A LIT AP - WORLD HISTORY CAM - BIOLOGY	9 AM B - ENGLISH A LIT AP - US HISTORY CAM - SPANISH A/AS CAM - COMP SCI PM B - PHILDSOPHY AP - MAGROEGONOMICS AP - CHINESE LANG	TESTING APR/MAY
12 B - PHILOSOPHY AP - AP CALC AB AP - AP CALC BC CAM - SPANISH A/A S CAM - BUSINESS PM B - BIGLOGY AP - MUSIC THEORY CAM - BIOLOGY CAM - ENGLISH	13 AM IB - BIOLOGY AP - PRE CALC AP - FRENCH LANG PM AP - ENVIRO SCI AP - PHYSICS 2	AM AP - ENG LANG CAM - MATH PM IB - SPANISH B AP - PHYSICS C OMECH)	15 AM IB - SPANISH LANG AP - SPANISH LANG CAM - HISTORY CAM - COMP SCI PM IB - MATH ANALYSIS AP - COMP SCI PRIOIPLES AP - PHYSICS C (EBM) CAM - BIOLOGY	16 B - MATH ANALYSIS AP - PHYSICS 1 CAM - BUSINESS PM IB - DESIGN TECH AP - PSYCHOLOGY CAM - PHYSICS	2025
AP - WORLD HISTORY AP - EUROPEAN CAM - MATH PM AP - ENGLISH LIT CAM - MEDIA STUDIES	20 AM CAM - HISTORY CAM - BUSINESS PM IB - FRENCH B AP - US HISTORY CAM - PHYSICS	21 AM IB - FRENCH B CAM - COMP SCI PM IB - MATH ANALYSIS AP - MACRO AP - CHEMISTRY	AP - CHINESE AP - PHYSICS C (EEM) AP - ENGLISH LANG PM AP - CALC BC AP - CALC AB	23 AM AP - ERVIRO AP - SPANISH LANG AP - PHYSIGS 1 CAM - COMP SCI PM AP - COMP SCI PRINCIPLES CAM - ENGLISH	Top High Salad





Luna is protesting the current weather forecast of cold temperatures and possible rain this weekend and may refuse to leave bed except for eating and the obligatory going outside as dogs do. If we were hoping for the springtime weather, that has been put on pause until Tuesday, when temperatures are back in the 70's, and by Thursday it will be 86 degrees. In the meantime, Sunday could be a good snow skiing day in the higher elevations! How often do we get to snow ski in May in our local mountains? Students, this could be the weekend to stay inside and study for AP, IB, and Cambridge exams, as well as get caught up in all classes and start preparing for Final Exams! Of course, it is also good for us to make time for family and friends, get caught up on our busy week and take some time to rest, relax, and recharge. Whatever you choose to do this weekend, enjoy the time, and I will see everyone back here on Monday!

W.V. Mynster