



# *TROY HIGH SCHOOL WARRIOR WEEKLY*



March 28, 2025

*Troy over Spring Break, 2025.*

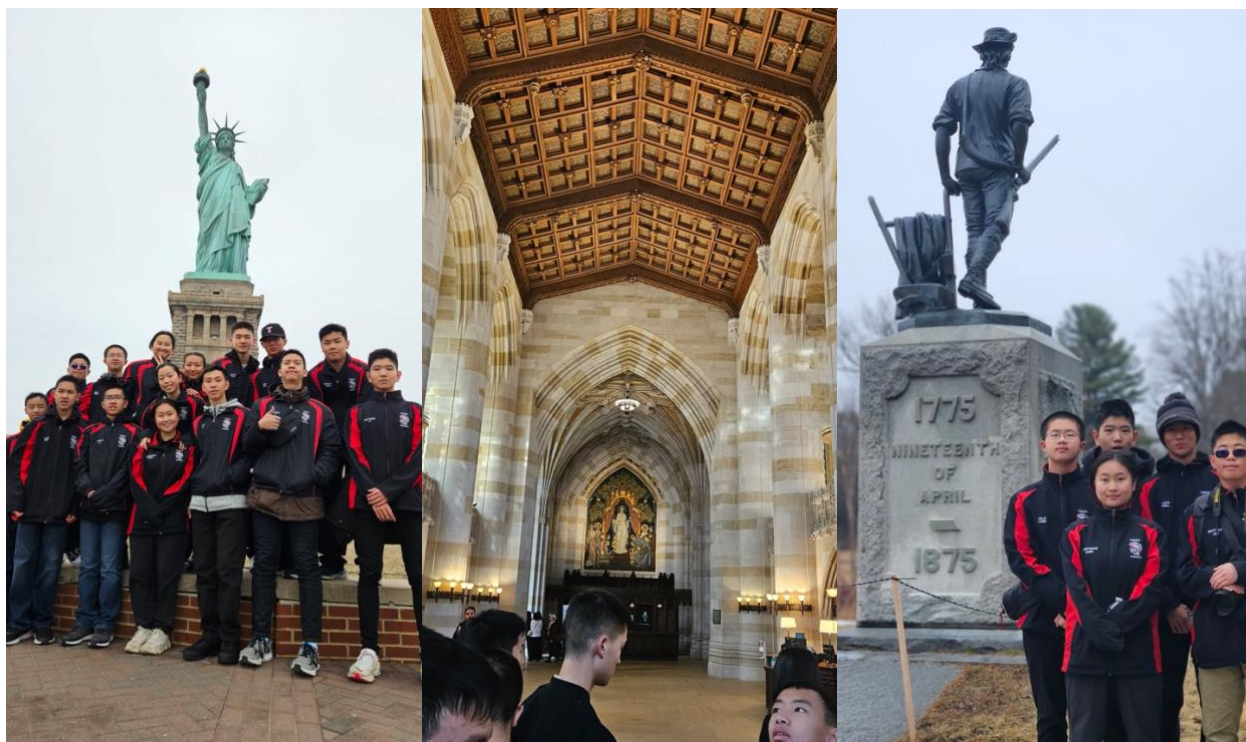
Dear Troy Family,

Here we go! Another week down past Spring Break, the 3<sup>rd</sup> Quarter is over and we are going into CAASPP testing next week. Specifically, our 11<sup>th</sup> graders are going into CAASPP testing next week. By the way, it is through the 11<sup>th</sup> graders, whom largely determine how our school is assessed and how well Troy is portrayed on the California School Dashboard. The efforts of our 11<sup>th</sup> graders translate into one of four color bands on the California School Dashboard ranging from blue (very high), green (high), yellow (medium), orange (low), and red (very low). For most of the categories counted in the California Dashboard, Troy students score in the blue and green ranges. Keeping in mind there are always areas of improvement, Troy is no different than every other school as our students take the CAASPP. The direct benefit to our 11<sup>th</sup> graders, is their performance does directly impact the way colleges and universities view Troy High School as how our 11<sup>th</sup> graders performed on the CAASPP will be released in Fall, 2025 right as they are writing their college applications. ☺ To all of Troy's students, keep on learning and doing great work, as you have all year long. We are in the last quarter of the Spring

semester, so don't take your foot off the accelerator, and make sure you balance your lives between family, school, friends, food, sleep, and activities. Stay focused, it is a great day to be a Warrior!

CAASPP TESTING SCHEDULE March, April & May 2025				
31 Monday	1 Tuesday	2 Wednesday	3 Thursday	4 Friday
(CAST)	CAST	(0 per only) (PT*)	(0 per only) (CAT*)/(CAST**)	English/Math Day 1 (PT)
		0: 7:28 - 9:28*	0: 7:28 - 9:28*/**	0: 7:28 - 8:25
1: 8:30- 10:30	2: 8:30- 10:30	1: 9:33 - 10:20	1: 9:33 - 10:20	1: 8:30- 10:30
break: 10:30 - 10:45	break: 10:30 - 10:45	2: 10:25 - 11:12	2: 10:25 - 11:12	break: 10:30 - 10:45
3: 10:50 - 12:50	4: 10:50 - 12:50	break 11:12-11:27	break 11:12-11:27	3: 10:50 - 12:50
lunch: 12:50 - 1:25	lunch: 12:50 - 1:25	3: 11:32 - 12:19	3: 11:32 - 12:19	lunch: 12:50 - 1:25
5: 1:30 - 3:30	6: 1:30 - 3:30	4: 12:24- 1:11	4: 12:24- 1:11	5: 1:30 - 3:30
		lunch 1:11-1:46	lunch 1:11-1:46	
		5: 1:51 - 2:38	5: 1:51 - 2:38	
		6: 2:43 - 3:30	6: 2:43 - 3:30	
7 Monday	8 Tuesday	9 Wednesday	10 Thursday	11 Friday
English/Math Day 1 (PT)	English/Math Day 2 (CAT)	English/Math Day 2 (CAT)		
0: 7:28 - 8:25	0: 7:28 - 8:25	0: 7:28 - 8:25	LATE START	REGULAR
2: 8:30- 10:30	1: 8:30- 10:30	2: 8:30- 10:30	SCHEDULE	SCHEDULE
break: 10:30 - 10:45	break: 10:30 - 10:45	break: 10:30 - 10:45		
4: 10:50 - 12:50	3: 10:50 - 12:50	4: 10:50 - 12:50		
lunch: 12:50 - 1:25	lunch: 12:50 - 1:25	lunch: 12:50 - 1:25		
6: 1:30 - 3:30	5: 1:30 - 3:30	6: 1:30 - 3:30		
14 Monday	15 Tuesday	16 Wednesday	17 Thursday	18 Friday
21	22	23	24 IB Starts (LATE START)	25 IB Testing
28 IB/CAM Testing	29 IB/CAM Testing	30 IB/CAM Testing	1 IB/CAM Testing	2 AP/IB/CAM Testing
5 AP/IB/CAM Testing	6 AP/IB/CAM Testing	7 AP/IB/CAM Testing	8 Testing (LATE START)	9 AP/IB/CAM Testing
12 AP/IB/CAM Testing	13 AP/IB/CAM Testing	14 AP/IB/CAM Testing	15 Testing (LATE START)	16 AP/IB/CAM Testing
19 AP/CAM Testing	20 AP/CAM Testing	21 AP/CAM Testing	22 AP/CAM Testing	23 AP/CAM Testing
If students are absent and miss any CAASPP test, they will be pulled the following day to make up their test. So students, do your best to attend each day during the testing season because it will impact your other classes if you are absent.				

In our overarching Spring testing schedule, as seen above we begin with the CAASPP on Monday, March 31st for 11<sup>th</sup> grade students in English, Mathematics, and Science. This is followed in late April, by our classes, with external competency examinations such as AP, IB, & Cambridge, and will continue with Cambridge and Advanced Placement into May and even June. Let's go Warriors, you are some of the best and brightest students in the world, so take advantage of these assessments and show what you know!



Over Spring break, many of us were probably resting and relaxing at home or in the general local So-Cal area. This was certainly not true for numerous NJROTC cadets, some of which pictured on this page were on a college, service academy, and historical tour with Master Chief, Eduardo David that took them through parts of NYC region, Boston region, and Washington D.C. region. They saw far more than I could possibly show in the confines of the Warrior Weekly, without turning this into a 30-page edition, but suffice to say they had an amazing experience and saw many historic, higher educational, and civic places of importance.



Pictured are Harvard, Concord, the U.S. Capital building and the White House. They also had the opportunity to visit West Point, the U.S. Naval Academy, MIT, the USS Constitution, the JFK Presidential Library, and other key places on the East Coast.



# **Mental Health Resources:**

FJUHSD Virtual Calming Room: <https://sites.google.com/fjuhsd.org/fjuhsd-virtual-calming-room/home>

FJUHSD Mental Health Resources: <https://www.fjuhsd.org/domain/1476>

OC Support and Crisis Resources: <https://www.namioc.org/help-support-overview>



## **Niche 2025 Best Schools**

## **2024 U.S. News & World Report Best Schools**

We love Troy High School! It is also rewarding to see when other entities that rank schools also agree, and reward the hard work of our Students, Teachers, Parents, Counselors, Staff, FJUHSD Board and Administrators! Thank you, Warrior Family!



Warriors, this is the QR code for all the FJUHSD social media. There are many, many, awesome events, activities, athletics, and recognitions happening in FJUHSD and Troy High School! Additionally, for even more information for the happenings in FJUHSD here is the link to the March, 2025 FJUHSD Superintendent's Newsletter. This is always a great source for global FJUHSD insights, news, and events! <https://conta.cc/41n546g>

One of the ways FJUHSD and Troy High School have been measuring student engagement in school, rallies, clubs, and school activities has been to use the 5-Star App. Here is a little more information on how it is used in FJUHSD. Hint: We don't use it as a tracking app. 5-Star has an FAQ that specifically relates to location tracking (or lack thereof). <https://help.5starstudents.com/hc/en-us/articles/24186201832333-Does-the-5-Star-Students-app-track-a-student-s-location>



Here is some outstanding news regarding our CyberPatriot teams from their Coach, Mr. David Kim! “Over Spring Break, two of our Troy Cyber national finalist teams competed at the CyberPatriot 17 National Finals Competition in DC. After a very intense competition, our NJROTC team, coast2coast, and our Open team, Runtime Terror, won 1st place in the Cisco competition in their respective divisions, and coast2coast ended up placing 2nd overall in the All-Service Division (out of 1,406 teams) and Runtime Terror placed 7th overall in the Open Division (out of 2,890 teams). Huge congratulations to senior Alicia Yoon, juniors Charlie He (captain), Allen Hsieh, Robert Hsieh, Elvina Liou, and sophomore Emma Gong from team coast2coast, and seniors Victoria Yang (captain), Aaron Shan, Olric Zeng, sophomore Joshua Kim, and freshmen Hogan Kim and Steven Liang from team Runtime Terror for all their hard work and amazing accomplishments!” Awesome job, Warriors! Our nation’s cybersecurity is going to be in your hands! Great job, Warriors!





From our Troy Aquatics Secretary Ms. Janie Yoo, here is some up to date info on our team! ***“Troy Swim Team Continues to Dominate! Rain or shine, nothing can keep our swim team from excelling in the pool! On March 15-16, our athletes competed at the Mt. SAC Winterfest Championship, a high-energy meet featuring swimmers from over 90 high schools across California. Despite the rainy conditions, our swimmers delivered incredible performances, achieving personal bests and demonstrating their dedication ranking us 5th in men and women combined category. We are beyond proud of their resilience and hard work! Even during spring break, our swimmers continued to train and condition in the water. Their hard work paid off at the Canyon League meet on Wednesday, March 26, where at least one Troy swimmer finished in the top three of every event! With each meet, we get closer to representing at CIF. Congratulations to the outstanding athletes who have achieved qualifying times! Thank you to Coach Driessen who braves the weather to lead our team to success! Next up: The Esperanza meet at Esperanza High School on April 2nd at 3:00 PM. Come out and cheer on our Troy swim team!”*** Our team is having a very nice season this year. Keep up the great work and let’s capture the League Championship!





Troy French Teacher, Mr. Will Fritz wrote this article about the Rich Hess Games! “This week, Troy High proudly hosted the annual **Rich Hess Games**, an incredible day of inclusion, friendship, and fun! Students from **Best Buddies** and **Hope for Athletes** came together to support and cheer on our amazing athletes in a series of spirited events including **volleyball**, **frisbee golf**, **an obstacle course**, **a football toss**, **soccer**, **a huge beach ball**, and **track & field**.

A **huge THANK YOU** to all the student volunteers who helped make the day so special. Special recognition goes out to the **Troy High Special Education Department**, especially **Ms. Patty Stack** and **Mr. Cody Takkinen**, for their outstanding organization and leadership. A shout out goes to our **NJROTC Color Guard** for displaying Our COLORS while we listened to our National Anthem - And of course, thank you to **Mr. Shiota** for grilling up a delicious lunch for

everyone! Please forgive me if I didn't thank everyone - there were so many people who made this an incredible event!

This meaningful event honors the legacy of **Rich Hess**, a beloved member of the Troy family and a dedicated 36-year veteran of our Special Education department, who passed away in 2011. His passion for inclusion and community continues to inspire us all.” Thank you to all of our dedicated Staff and Students who make the Rich Hess Games a truly wonderful event which all of us look forward to celebrating with our students each year! It was a great day to be a Warrior!



Over Spring Break our NJROTC Orienteering team did quite well! Pictured above are our cadets who collected the hardware to bring back to Troy! The large trophies are for the JROTC JV National Championship and the JROTC Varsity National Championship! For the scholastic awards, our Troy JV was 2<sup>nd</sup> overall amongst all high school teams, and our Troy Varsity was 3<sup>rd</sup> amongst all high school teams. Our cadets did an amazing job and they are to be commended for their dedication to excellence! AWESOME job!



# TROY HIGH SCHOOL

## WEEKLY CALENDAR OF EVENTS



**MONDAY**  
03/31/25

**Modified Schedule**

- No Events

**TUESDAY**  
04/01/25

**Modified Schedule**

- Boys V Tennis vs El Dorado (3:00PM)
- Boys JV Tennis at El Dorado (3:00PM)
- Softball JV vs Foothill (3:15PM)
- Boys Volleyball at Whittier (3:30PM)
- Boys Soccer Banquet (6:30PM)
- Girls Water Polo Banquet (6:30PM)

**WEDNESDAY**  
04/02/25

**0 PD Modified Schedule**

- Boys and Girls Swim & Dive at Esperanza (3:00PM)
- Baseball JV at Esperanza (3:15PM)
- Baseball V vs Esperanza (3:15PM)

**THURSDAY**  
04/03/25

**0 PD Modified Schedule**

- Boys JV Tennis vs Foothill (3:00PM)
- Boys V Tennis at Foothill (3:00PM)
- Softball vs Brea Olinda (3:15PM)
- Track & Field at Esperanza (3:15PM)
- Boys Volleyball vs Brea Olinda (3:30PM)

**FRIDAY**  
04/04/25

**Modified Schedule**

- Baseball JV/FS at Sunny Hills (3:15PM)
- Baseball V vs Sunny Hills (3:15PM)
- Boys Volleyball at Esperanza (3:30PM)

**SATURDAY**  
04/05/25

- Baseball FS vs Salesian (10:00AM)
- Red Hots Youth Clinic (10:00AM)

**CAASPP Testing:**

- ONLY 11th Grade Students are testing
- ALL students follow testing schedule

**NJROTC EVENTS:**

Drill Nationals (4/2 - 4/7)



Pictured are cadets at West Point and on the USS Constitution. Both would be great places to spend some time and see all the sights and soak in the history!





From our Instrumental Music Director, Mr. Joseph Castillo, here is a great report!

*“Yesterday was an amazing day of music making. With five groups performing, it was an impressive representation of the Visual and Performing Arts program at Troy High School. The Freshmen Concert Band, Symphonic Band, Wind Symphony, Symphony Orchestra, and String Orchestra all played well and received some great ratings and comments from judges with the String Orchestra taking top honors. They received all Superior Ratings and will move on to Regional Festival in April. As a learning experience, this was one of the best. I want to thank all the parents that helped make this day work, all the students for their hard work, and our friends at Fullerton Union High School's Instrumental Music Program. There is still more to come and I hope to see you at our next concert.”*







There is a general rule, get to the Amazon box before Luna... Over Spring Break we had a couple of things arrive. There may or may not have been dog treats in this box, which is why she took a particular interest in ensuring it was empty. It has been a busy week, and we are not quite done yet. I hope everyone has a relaxing weekend, and are able to spend time with family and friends. We are in the spring weather pattern, so there are lots of options for all of us if we want to enjoy the outdoors. Have a wonderful weekend and I will see everyone back on Monday!

W.V. Mynster