



TROY HIGH SCHOOL WARRIOR WEEKLY



March 10, 2023

I hope everyone had the chance to enjoy some slightly warmer temperatures and sunshine this week! Our outside sports, baseball, swim, tennis, golf, track & field, at least had a reprieve from winter, which looks like it has reappeared with the rain today. We might catch a break with the weather after next week, and perhaps springtime will begin to appear. That darn groundhog was right this year. Despite the rain, snow, wind, hail, nothing stops the sunshine of being at Troy High School and all the fantastic learning, teaching, activities, sports, and family we enjoy everyday! It is great to be a Warrior, now on to the news!



Computer Science Teacher, Mr. Don Allen reported after a COVID induced two-year absence, the Wittry Programming Contest was held last weekend at Troy resulting in a fun day for everyone! Here are the results: 1st Place: Evelyn Cho, Justin Lo, and Benjamin Sheeh.

2nd Place: Rowland High School. 3rd Place: Nathaniel Lim, Kayla King, and Lucy Ariunbayer.

4th Place: Kevin Yuan, Franklin Zhu, and Tom Yuan. Congratulations to all the students who participated in this event. The world needs your computer skills, so the robots don't takeover. 😊

Congratulations CyberQuest 2023 - 2nd Place Winner

Our Troy cyber is at it again, this time involved in a truly international cyber competition with competitors from Australia, UK, Poland, and Germany. Our team took 2nd place which is a gigantic accomplishment and speaks to the quality of our students, and cyber program! Here is more detailed information on the competition from our Cyber Guru, Mr. Allen Stubblefield.

*Last weekend, Troy's CyberSpace team placed **2nd out of 100+ teams** from across the US in the cloud-based Lockheed Martin CYBERQUEST® competition, a 3-hour event with teams trying to solve cybersecurity challenges that were created by their cybersecurity engineers. The Capture the Flag (CTF) format included a multi-step intrusion scenario, steganography, reverse engineering, full OS hacks (privilege escalation), packet capture analysis, web exploitation, social engineering, as well as cybersecurity awareness. Points were scored for each completed challenge, with harder problems being worth more than easier ones.*

Troy started with a large lead as they solved many of the easier challenges. After the first hour, their scoring slowed as they tackled the harder challenges. When the clock showed 3 hours, the team was very shocked that they not only finished 2nd but did so by a single point (263 to 262). We celebrated afterwards with virtual applause via Discord.

Ahh, the modern version of ABC's Wide World of Sports and their Thrill of Victory -

<https://www.youtube.com/watch?v=P2AZH4FeGsc>

CyberSpace's lineup:

- *Rishabh Jain (Captain)*
- *Tanush Madanbhavi*
- *Jaden Wijata*
- *Aarav Bhatnagar*
- *Krishna Chugani*

Go Troy Cyber!

Allen Stubblefield



St. Patrick's Day stained-glass chalk drawing by Troy resident artist, Mrs. Shannon Cogswell! St. Patrick's Day is coming next Friday, March 17th! Break out the shamrocks!

FJUHSd and Troy High School remain committed to providing Mental Health support to our FJUHSd community. There are many options at your disposal, so please take advantage of them as needed. Some of the numerous Mental Health resources available to our FJUHSd Family, include Parents and Guardians. Please use the resources that are available to you and these resources can be also be found on our district website [HERE](#).

Additionally, FJUHSd has partnered with [Care Solace](#), a wonderful agency available to help our FJUHSd families access community mental health resources. It is free, confidential, and they are experts at connecting mental health providers to anyone needing support. Please feel free to review by clicking here, [Care Solace](#). FJUHSd also has these additional mental health resources and links to Orange County and National mental health support.

- [FJUHSd Virtual Calming Room: https://sites.google.com/fjuhsd.org/fjuhsd-virtual-calming-room/home](https://sites.google.com/fjuhsd.org/fjuhsd-virtual-calming-room/home)
- [FJUHSd Parenting Resources: https://www.fjuhsd.org/Page/4317](https://www.fjuhsd.org/Page/4317)
- [OC Support and Crisis Resources: https://www.namioc.org/help-support-overview](https://www.namioc.org/help-support-overview)
- [National Alliance on Mental Illness \(for OC\): https://www.namioc.org/](https://www.namioc.org/)



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Facebook: Fullerton Joint Union High School District

YouTube: Fullerton Joint Union High School District

TikTok: @fjuhsd



Social Media



FJUHSO Website



Stay Connected: www.fjuhsd.org

Warriors, here is the link to the March Superintendent's FJUHSO newsletter. For the global FJUHSO insight, news, and events, it does not get much better! <https://conta.cc/3YoBGsK>

**BE SAFE, BE SMART
SCHOOL IS A SAFE SPACE**

**NOTICE
WEAPONS
OF ANY KIND
PROHIBITED**

SAFETY BEGINS WITH US

REMINDER: Toys that look like weapons are prohibited in school for various safety reasons. Please help us keep weapons, dangerous objects, and weapon replicas out of our schools.

The excellent Troy High School Family video: <https://youtu.be/a3HtnItxdt8>



Earlier in this newsletter I wrote of the robots taking over. On that note, our Troy Robotics Team is out at the OC Regional competition to defend our Robotics championship from 2022! Jaci Hinman, Sean Son, Isaac An, Addison Chan, Max Chen, Natalie Cano, and Christy Martin, along with their Coaches, Mr. Kent Goodman and Mr. Mike Reid are looking for a great day with their new robot! Here is a picture from today with the robot's arm extended! Let's go, Warriors!



**Interested in receiving 2 years free
tuition at Fullerton College
this Fall 2023?**

**ALL HS SENIORS AND FAMILIES ARE
INVITED TO ATTEND**

FJUHSD to FC Info Nights

SAVE THE DATE!

**PLEASE FEEL FREE TO ATTEND ONE
SESSION TO LEARN HOW TO RECEIVE
TWO YEARS OF FREE TUITION, PRIORITY
REGISTRATION, AND MUCH MORE!**

Wed. March 8

Fullerton/Troy HS

Location: Fullerton HS
Auditorium

Time: 6:00p-7:00p

Wed. March 15

La Habra/Sonora HS

Location: La Habra HS
Performing Arts Center

Time: 6:00p- 7:00p

Wed. March 29

Buena Park/ Sunny Hills HS

Location: Buena Park HS
Performing Arts Center

Time: 6:00p- 7:00p

We hope to see you there!



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Troy 11th grader, Ms. Ariana Perez was recently recognized by the Scholastic Art & Writing Awards through the Alliance for Young Artists & Writers for her outstanding written submissions in the categories of poetry and personal essay & memoir. In these categories Ariana earned four honorable mentions for her poetry, and one Silver Key for her personal memoir, titled, "My Life." Congratulations to Ariana on her work and recognition. She still has the rest of this year and next in high school to continue her written compositions, so we will have to see what else will flow forth from her pen or keyboard!



FULLERTON
Joint Union High School District
Food Services

March is National Nutrition Month

INAUGURAL YEAR FOR CALIFORNIA'S UNIVERSAL MEAL PROGRAM

Our FJUHSD Food Services Division serves many meals a day to students in our district. At Troy our team serves between 400-650 lunches each day. From the beginning of the year to now district-wide there have been 97,999 meals served to our students in the first year of the California Universal Meal Program, which is mandated that meals are available to all students, regardless of financial need. We have a fantastic team at Troy, pictured below. To put into

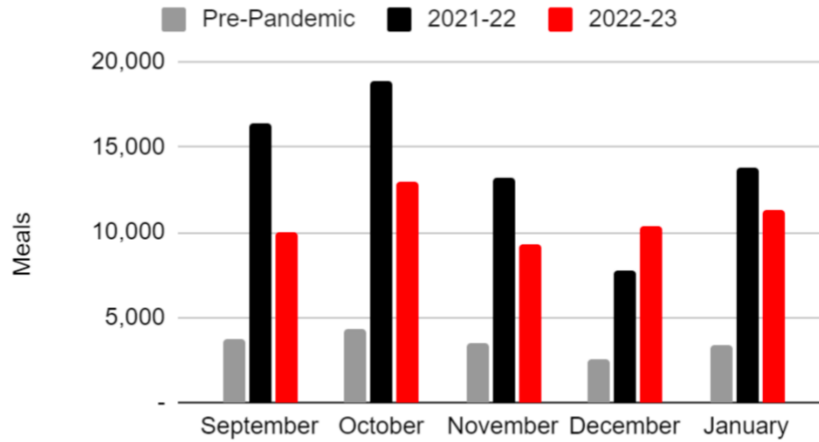


perspective the number of meals they serve, on the next page there are two charts showing the

number of breakfasts and lunches served by this team to our students over the course of this year and the past two years. The increases in meals served have been significant.



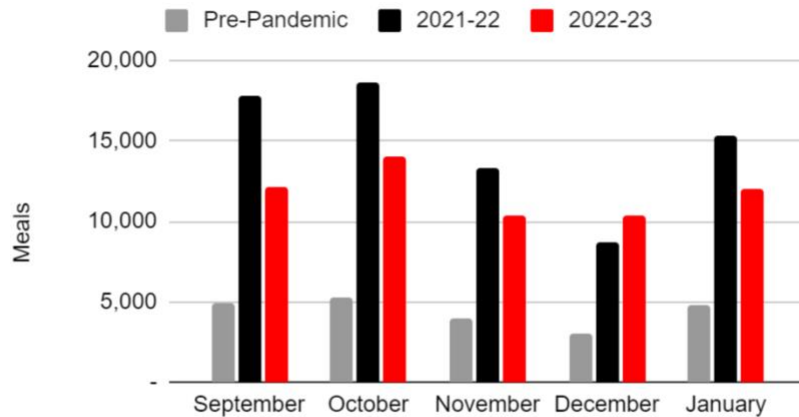
Breakfast Meals Served



Average Meals Served Per Day					
	September	October	November	December	January
2021-22	781	897	880	648	689
2022-23	475	615	618	649	708



Lunch Meals Served



Average Meals Served Per Day					
	September	October	November	December	January
2021-22	849	890	890	728	769
2022-23	580	669	691	647	747



In Speech and Debate news, our team has been very busy! Last weekend they competed at Cal State Long Beach for in a qualifying tournament for State. From our Speech and Debate Coach, Ms. Deliana Park here are more details. *“This past weekend on March 4-5, Speech and Debate students competed at Cal State Long Beach for OCSL State Quals. Please congratulate all the competitors who showcased their talents and the **10 Troy students** who placed and will now compete at States!”*

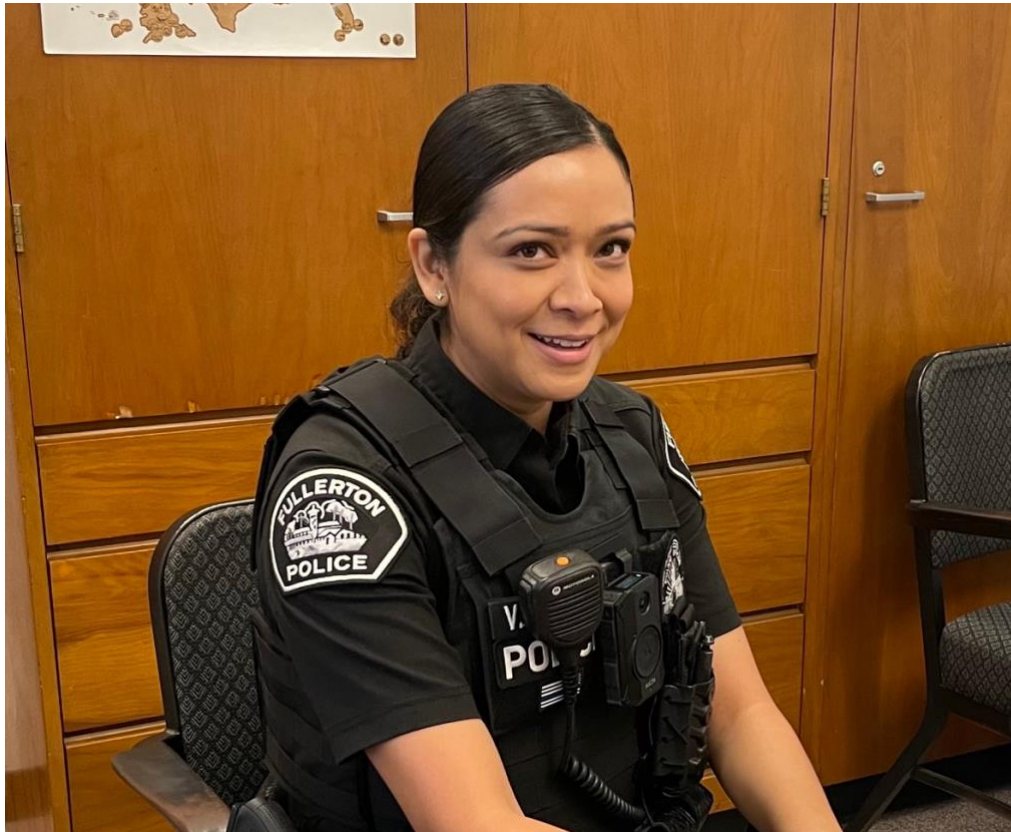
For Speech, freshman Helen Fang qualified for humorous interpretation and informative and sophomore Noemi Maciel, for original oratory. For Debate, the following students won: juniors Leshanshui Yuan (congress), Aryan Ray (congress), David Kim and Andrew Park (parliamentary), Se Min Kim and Meghana Gunturi (parliamentary), and seniors Kayla Nguyen and Mathew Dorman (parliamentary). All 10 students are planning to compete at the State Tournament for Speech and Debate at the end of April.” Congratulations to our students, way to go Warriors!



Ms. Deliana Park, Troy’s IB Theory of Knowledge Teacher reported this news on the IB Theory of Knowledge Exhibition. *“38 Troy IB junior diploma candidates successfully completed and presented their Theory of Knowledge exhibition to their peers and teachers on Wednesday, March 8 after school and Thursday, March 9 at lunchtime in the north gym. IB*

Theory of Knowledge is a core course that gives students the opportunity to reflect on the nature of knowledge, and on how we know what we claim to know. These students selected one of the 35 prescribed question titles to answer this inquiry of knowledge and how TOK concepts manifest in our real life world. Congratulations to the IB Juniors:

Zoha Aymen, Johann De Guzman, Meghana Gunturi, Gabriel Haskell, Ayush Jaiswal, Chris John, Kaushik Kasturi, Se Min Kim, Aditya Mahna, Ayush Mahna, Alex Moon, Reagan Moua, Sebastian Nacionales, Kyle Pak, Eric Um, Jessie Wang, Sean Wu, Irene Yi, Adriana Zhou, Franklin Zhu, Joshua Bacolod, Helen Bai, Tai-Yu Chen, Van Duong, Lauren Gao, Linlu Gou, Neha Jha, Gio Kim, Sean Lee, Trisha Mehta, Gayathri Mungi, Austin Park, Adarsh Pashikanti, Prkruthi Praveen, Ryan Suh, Anna Su, Maxie Xie, Harry Zhang”



Welcome to our newest Warrior! Pictured is Officer Victoria Rangel, she is our new School Resource Officer, replacing Officer Alexa Elkabbara who was recently promoted within the Fullerton Police Department. Officer Rangel is no stranger to Troy, having served with Officer Elkabbara at various functions and calls over the years. With her experience with Troy and having also worked with her over the years, I am confident she is the right person in the right job here at Troy High School! Take the opportunity to say “Hi” when you get the chance!



Luna has the right idea, this may definitely be a weekend to get a little more sleep. If you don't already know why, you will after you read a few more sentences.

One week to go before we begin Spring Break, Monday, March 20th through Friday, March 24th! Meanwhile, we have this weekend to enjoy, which unfortunately is an hour shorter due to the return of Daylight Savings Time. Do not forget to turn your clocks forward one hour on Saturday night/Sunday morning (March 12th). Otherwise, you will find yourself an hour late for the first thing you do on Monday. ☺ Have a wonderful and relaxing weekend, and I will see everyone back here and on time, Monday morning!

W.V. Mynster