



# *TROY HIGH SCHOOL WARRIOR WEEKLY*



March 5, 2021

Warriors,

The big news this week is all high school sports are on the road to return to competition! Already this week our athletes are in competition in X-Country, Boys' and Girls' Tennis, Boys' and Girls' Water Polo. We are in practice / scrimmages for Baseball, Softball, Soccer, Golf, and Football. Basketball, Volleyball, and Wrestling are getting ready to resume as soon as we have additional clarity on the rules concerning indoor practices and competition. All this has been made possible by the dramatic decrease in COVID-19 numbers throughout California and our So-Cal region. Certainly, there is going to be much more news in school, athletics, Orange County likely moving from Purple to Red Tier next week, and the Governor's encouragement for students to return to in-person instruction in schools throughout the State. Things are changing for the better!

Please keep in mind as we return to competitions there remain limitations and restrictions on the spectators. Earlier this week everyone should have received an email from our Superintendent, Dr. Scambray regarding the FJUHSD Guidelines for Gradual Reopening of Athletic Activity. I have included this email on the following pages.

March 2, 2021

*Subject: FJUHSD Guidelines for Gradual Reopening of Athletic Activity*

*Dear FJUHSD Staff Members, Students, and Parents/Guardians,*

*The Fullerton Joint Union High School District is proud to announce the return of additional athletic programs. On Friday, February 19, 2021, Governor Gavin Newsom announced the threshold for outdoor sports to begin competition is 14 cases (Adjusted Case Rate), or lower, per 100,000 people. As of today, March 2, 2021, Orange County's adjusted case rate for every 100,000 has reached 7.6 cases.*

*The District will continue to follow COVID-19 guidelines from the California Department of Education, the National Federation of State High School Associations (NFHS), the Sports Medicine Advisory Committee (SMAC), CDE Arts Education Guidance 2020/21, and the Orange County Health Care Agency. All athletics and activities can take place a maximum of five days a week (Saturdays are permissible). Please refer to the District Website for guidelines, which will continue to be followed. As a reminder, participation in activities and athletics is voluntary.*

**Requirements and Guidelines for Athletic COVID-19 Testing for High Impact Sports (Football and Water Polo)**

- *Informed Consent*
- *Testing – antigen or PCR (regular and postseason antigen or PCR testing of sports participants and coaches weekly. If competing, testing performed with test results made available within 24 hours of play)*

**Limited Spectators/Observers**

- *We will limit observation **ONLY** two (2) per family of 18 years of age or older for sanctioned CIF sports (Cross Country, football, soccer, and water polo, baseball, softball, and tennis), and for the strict purpose of age appropriate supervision of games. Limited number of observers to ensure physical distance can be maintained, reduce potential crowding, and maintain indoor and outdoor capacity limits.*
- *Spectators/Observers maintain at least 6 feet from non-household members.*
- *When practicable, schools will consider “live” video streaming.*

**Sidelines**

- *Sidelines are limited to essential personnel only: coaches, players, photographer,*

*administration, law enforcement, and medical personnel.*

- *Everyone on the sidelines must wear appropriate face coverings at all times.*

### **Face Coverings**

- *Face coverings to be worn by athletes when not participating in the activity (e.g., on the sidelines).*
- *Face coverings to be worn by coaches, support staff and observers at all times, and in compliance with the CDPH Guidance for the Use of Face Coverings.*

### **Requirements and Guidelines for Participation in Athletics and Activities**

- *All coaching and activities staff members will attend a site based meeting that will specifically cover all rules and expectations that are put in place at this time.*
- *Athletic Clearances: all athletes must be cleared in order to participate. Physical forms will be available on each school's website. Students can submit forms through the following link: [athleticclearance.com](http://athleticclearance.com)*
- *All students participating in an activity or sport must turn in a District reopening and liability waiver form signed by a parent/guardian to their coach, director, teacher, or advisor before participating. (English, Spanish, Korean)*
- *Locker rooms will be capped at a maximum of 12 athletes (less if physical distancing cannot be maintained).*
- *Participants will maintain social distancing of 6 feet when practicable to minimize contact. This is expected before, during, and after practice.*
- *Sharing of personal items (water bottles, towels, etc.) will not be allowed. Athletic equipment will be cleaned and sanitized after each use by activities staff, coaches, and students.*
- *Individuals exhibiting signs of illness will not be permitted to participate.*
- *Workouts may be postponed or canceled in the event a participant/participants tests positive for COVID-19.*
- *Notifications will be sent to all families and students via Aeries Communications.*

### **Screening**

- *Any student-athletes/coaches that are on campus should be completing the Qualtrics survey either through the QR code or visitor link found on the FJUHSD website. Students should show their certification to the coaches.*

## **Concessions**

- *At this time the only concessions allowed to be sold/consumed will be beverages.*

## **Cleaning Procedures the District Will Implement at All Facilities**

- *Stringent cleaning schedules will be created and implemented for all athletic and activities facilities to mitigate any communicable diseases.*
- *Prior to an individual or groups of individuals entering a facility, hard surfaces within that facility will be wiped down and sanitized (chairs, furniture in meeting rooms, weight room equipment, restrooms, athletic training room tables, etc.).*
- *Individuals should wash their hands for a minimum of 20 seconds with soap and warm water before touching any surfaces or participating in workouts.*
- *Hand sanitizer will be plentiful and available to individuals as they transfer from place to place.*
- *Weight equipment will be wiped down and sanitized thoroughly before and after an individual's use of equipment.*
- *Appropriate clothing/shoes should be worn at all times in the weight room to minimize sweat from transmitting onto equipment/surfaces.*
- *Students will be encouraged to shower and wash their workout clothing immediately upon returning to home.*

## **Locker Rooms**

*Locker Rooms will be opened for changing only.*

- *Locker rooms will be capped at a maximum of 12 athletes (less if physical distancing cannot be maintained)*
- *Proper sanitation will take place upon the exit of individuals.*

*Sincerely,*

*Scott Scambray, Ed.D.*

*Superintendent*

In previous Warrior Weekly news, I have written about the National Center for Women & Information Technology (NCWIT) and this organization recognizing excellence and up and

comers in this field. Troy Computer Science Teacher, Mr. Don Allen forwarded to me the list of Troy student winners recognized by NCWIT's Aspirations in Computing Awards.

[Affiliate Honorable Mention](#)

Katrina Mizuo  
Sydney Tsai  
Cheryl Wang  
Kendra Chen  
Kristy Kumagai  
Susanna Cao  
Claire Liu  
Amber Wang

[Affiliate Winner](#)

Sahana Anand  
Victoria Choi  
Mishty Dhekial  
Veebha Havaladar

[Affiliate Rising Star](#)

Yehyeon (Evelyn) Cho  
Jocelyn Bolden  
Ariana Perez

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[National Honorable Mention](#) [Affiliate Winner](#)

Ashmita Kumar  
Rachel Xin  
Vivian Wang

Troy English Teacher, Ms. Gabrielle Hufferd has some wonderful praise and insights on what was a successful 2021 season for our Mock Trial team! *“Our Mock trial did a wonderful job this season! All trials were conducted virtually and our students were phenomenal. I want to send a hearty congratulations for a challenging season and let them know how proud Troy is of*

*them. I would also like to thank their attorney coach, Mr. Randy Clement. Although his own children have already graduated from Troy, he selflessly continues to lead and teach our students in Mock Trial. Go Troy!"*

*Advisor - Gabrielle Hufferd*

**Competition team members:**

***Prosecution:*** Timothy Kim, Akash Patel, Ishan Patel, Isabella Bustamante, Diya Patel, Tyler Coker, Caden Owens, Eric Ye

***Defense:*** Thadeus Wong, Emmari Pureza, Trisha Metha, Cecilia Lee, Matthew Dorman, Kayla Nguyen, Ethan Wei, Dale Tran

***Clerk:*** Vik Dekhial

- *The teams participated in a total of four competitions and Defense won both of their two rounds.*

*In addition, the following students won MVP from the attorney coaches for individual rounds: Ishan Patel, Cecilia Lee and Kayla Nguyen.*

*Here are some comments from the Judges in the third round:*

***Individual Comments:*** Thoughtful, cohesive argument. Directly and confidently addressed Judge's questions. Strong understanding of relevant cases.

***Team Comments:*** Really phenomenal handling of the law and good speaking abilities. Very impressive group of individuals. Phenomenal work across the board. You brought a solid energy tonight and kept a consistent tone throughout the trial. I was really impressed by you all."

This has been the annual **Best Buddies Spread the Word: Inclusion Week!** Best Buddies Advisor, Ms. Jennifer Heuerman send this information out to our school on Sunday. "Wednesday, March 3 is Spread the Word Day. This day started as Spread the Word to End the Word Day in 2009 and focused on raising awareness to eliminate the word retard(ed) from our vocabulary. Now, 12 years later, the movement has expanded to focusing on not just the elimination of a single word, but creating a new reality: inclusion for ALL people. (You can read more at <https://www.spreadtheword.global/about>)"





As we move through the various seasons of the year, we are now almost in spring. Moving from Valentine's Day to St. Patrick's Day, resident Main Office artist, Ms. Shannon Cogswell has created another chalk masterpiece for all to enjoy.



Not being left out of the seasonal action, the rest of the main office has also been seasonally decorated along with the new St. Patrick's Day version of Elf.

It will come as no surprise that Troy High School has some amazing artists and that they did very well in the 2021 FJUHSD Art Show this year. Of the twenty-three awards our students won nine. Visual and Performing Arts Department Chair, Mr. Mike Thomas sent me the photos of our students' winning art which I am including on the following pages. Congratulations to all our award winners, the art they have created is stunning!





Hannah Adams “Perspective”



Natalie Kim, “Monster Fishing” & “Table Things”



Sophia Shin, “Trapped in Nature” & “Kimchi”

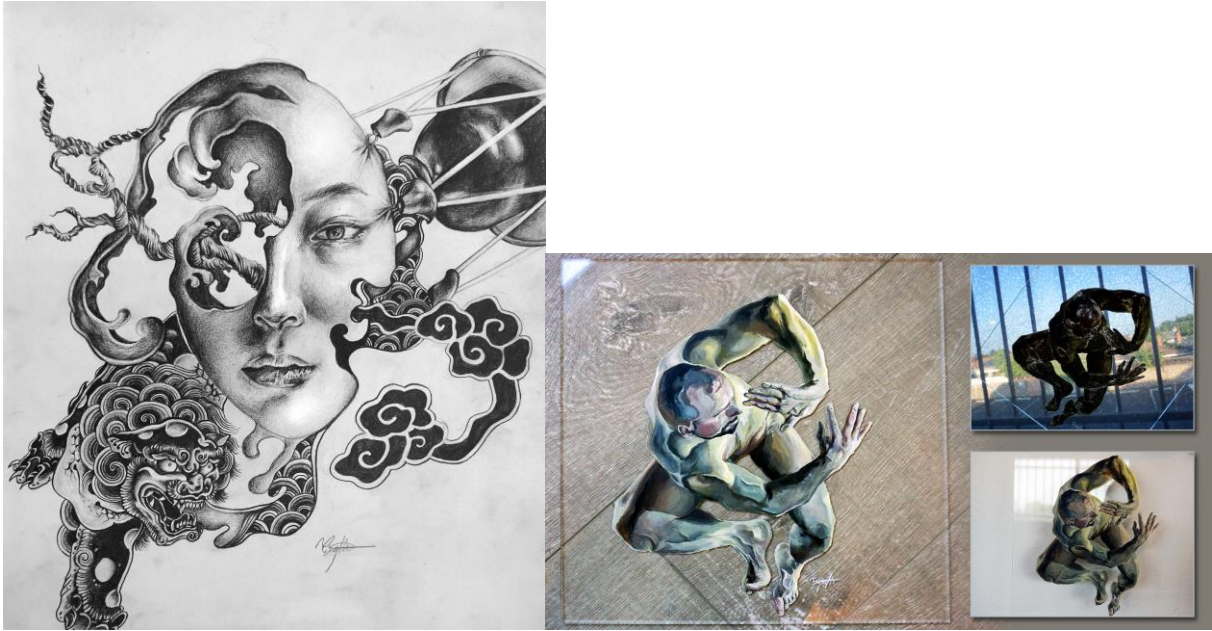


Clarice Kang, “Safe Landing”



Choe Lim, “Senses”





Eugene Kim, “Unraveling Kim” & “Boxed In”

Troy’s X-Country runners came out strong again on Wednesday vs. Buena Park High School and had an excellent meet, but this week had a mixed result as Boys’ Varsity won and Girls’ Varsity unfortunately lost this week. That is Ok, next week we have the X-Country League Finals here on our “Old Course” at Troy High School! This will be a great meet!



Water Polo is happening! Both Boys’ and Girls’ Varsity won their games against La Habra on Wednesday! Baseball played a scrimmage against one of the PYLUSD teams, and while no

official score was kept, Assistant Principals, Mr. Lance Bletscher and Ms. Jill Davis and I walked out to the field just in time to see one of our players hit a monster home run over the left field fence! I am looking forward to the baseball season beginning!

On Thursday, Boys' and Girls' Tennis played Yorba Linda and while they have success early this season, yesterday was not the day for them with both teams losing their matches this time. Certainly, we will be looking for them to bounce back next week!



Girls' Soccer played a scrimmage vs. Villa Park and our young team showed some skill against a more mature Villa Park team. It is going to be a good season for our Warriors and I look forward to their next game. Go Warriors!

AP students! Do not forget that March 7<sup>th</sup> is the last day to pay for your AP Exams through the Total Registration system we use at Troy High School. You should have received an email this week from Total Registration. If you have any additional questions, please contact our AP Coordinator, Troy Counselor Ms. Lisa Avila!

I ran this story last week, but it is still relevant and the blood donations are still needed!

*Don't miss out on your chance to help out our local hospitals and **save up to 3 lives** by donating blood with the Troy High Red Cross Club!*



*Severe winter weather in parts of the country is forcing blood drive cancellations, causing lifesaving blood donations to go uncollected. Please give blood now to help prevent delays in patient care."*

**Troy High School Community Drive at First Evangelical Church**

2801 Brea Blvd, Fullerton CA 92835

**Friday, March 19, 2021**

01:30 PM - 07:30 PM

Sign up here: <https://www.redcrossblood.org/give.html/drive-results?zipSponsor=TROYfullerton>

*Also, make your experience even better by using [Rapid Pass](#) the day of our drive to check in and get through the process more quickly.*

*All Covid safety precautions will be in place!*

*We look forward to seeing you at the drive! Make your appointment today!*



**Troy High School  
Instrumental Music Program  
Presents**

*California Winter  
Scenes*

*The Warriors Festival Concert*

*Featuring*

*Winds of Troy, Band of Warriors, Baby Band, Symphony of Troy,  
Apollo's Strings, and Warrior Jazz*

*Virtual Concert Release Saturday, March 13, 2021 via YouTube*

There is more, and I have some stories I am going to hold over for next week. That being said, a special thank you to everyone involved in one of our Troy Tech Registration days this past Wednesday. A very special thank you to our Counselors, Administrators, Classified, and especially our Field General of Troy Tech Registration/Information, Ms. Laurie Downum-Bonnett. Having this event and operating on Zoom due to the pandemic made this night a challenge as we provided information and spoke with our incoming 9<sup>th</sup> grade families from 3:15 until 8:00pm. We still have events with our incoming 9<sup>th</sup> grade families collecting their information for Fall, 2021-22!



This has been quite the week! I hope everyone is planning to have a wonderful weekend and enjoy a couple nice days. I believe we may have some cold storms headed our way mid-week so anything you would like to do outdoors, now is the time. Hiking, biking, walking outdoors are all good activities! Get some much needed rest and relaxation. I know I will be exercising. Pictured above is Luna blocking me from sitting on the sofa, and her message to me is that “I am ready to go on a walk and you are not going to sit down!” Luna usually wins this argument. I will see everyone back here on Monday!

W.V. Mynster