



TROY HIGH SCHOOL WARRIOR WEEKLY



February 4, 2022

Troy High School – January 10, 2022

Warriors,

The Winter sports season is winding down, and for teams in the CIF playoffs, we should know beginning this weekend which schools our teams will be facing in the first round! It has been another typically busy week at Troy High School, but I am not complaining. Our students are enjoying being here and with their friends. Combine being with people you care about with amazing teachers, classes, and sunny So-Cal weather, it is difficult for life to get much better!

To the news and information for this week!

For up to date Troy High School information on programs, sports, clubs, counseling, virtually anything having to do with Troy High School, our school website has quite a bit of valuable information and links. Our school website is a valuable resource, and I encourage everyone to check it out! <https://www.fjuhsd.org/Page/19> .

If you happened to watch or know someone that saw Good Morning America (GMA) yesterday, you may have seen our own Troy Teacher, Ms. Morgann Havig Teeter honored. Regarding Ms. Havig, fellow Troy Teacher, Ms. Jenny Redmond writes, *“Morgann is not only an outstanding educator, but she makes learning fun, she engages students and parents and she*

works *tirelessly* to help her students make progress. She is a true personification of the excellence that Troy High School is known for.” Here is the link to the GMA story!

https://www.youtube.com/watch?v=RG2NX_bQRJ0



Troy Counselors, pictured from left: Mr. Varieur, Ms. Morck , Ms. Evans, Ms. Saleen, Ms. Avila

Our Counselors do a wonderful job, and there is no better time to recognize them than during National School Counseling Week from February 7—11th! This is a very strong team, and I am glad they are ours! This is a small peek into some of what they do on a daily basis and throughout the school year as the Counseling Department has a variety of activities to serve the academic, college/career, and social/emotional wellbeing needs of our students. Each counselor has an average caseload of 515 students and they facilitate individual meetings, small group appointments, and large group/classroom workshops that target those three domains. Additionally, they host parent Q&A sessions, an annual College Fair, more than 100 college rep visits, evening parent workshops, refer students to district mental health services, college application workshops, financial aid night, Fullerton College course enrollment, and more... Additionally, each counselor has events and activities for which they are the lead:

- Mrs. Avila- AP Coordinator for more than 2,983 exams for this school year
- Mrs. Evans- Coordinates ROP off-campus course registration and senior awards
- Mrs. Morck- AVID Counselor

- Mrs. Saleen- Department Chair, PSAT Co-Coordinator and College Board SSD Coordinator
- Mr. Varieur- PSAT Co-Coordinator
- Miss Hoehn (not-pictured)- National Merit Scholarship Coordinator

Students! Here is some recent and current news from our Counseling Team for which you need to pay attention!

- For All Current 9th through 11th Grade Students and Families: Registration for 22-23 courses as well as 2022 summer school starts Tuesday, February 8th. For all registration information including deadlines, course profiles/descriptions and more can be found on this section of the school website: <https://www.fjuhsd.org/Page/600>. Parents/Guardians, please work with your student to select the courses that interest them, that they qualify for and that they have the time to commit to the workload, while having time for family, friends and activities. This will help ensure a successful 22-23 school year.

Spring Semester Deadline to Drop an Additional Class or Class Level:

- Students may request to drop down in course levels (i.e., H/AP/IB/C to the lower level) if space is available or drop an additional class. Students in grades 9-11 must be enrolled in a minimum of 6 classes and students in grade 12 must be enrolled in a minimum of 5 classes. The deadline for a level change or to drop an additional class is Friday, March 18th by 3:00 p.m (end of the third grading quarter). Students must see their counselor in person before first period, at break, lunch or after sixth period by the deadline. If a student is in an Honors, Advanced Placement (AP), International Baccalaureate (IB) and/or Cambridge course and wishes to request to move down in levels, they have until 3 PM on Friday, March 18th to do so. To request a level change, the student is to see their school counselor in-person at break, lunch, before first period or after sixth period. Parent/guardian permission is required. As long as there is room in the lower-level course and it will work with the student's schedule, the request can be accommodated.

With the COVID -19 pandemic still hanging on, school rallies and the limitation on numbers of people in the gym, we held another virtual-rally. Love virtual rallies or hate them, we are

getting very good at these rallies, and today's Sadies Virtual Rally is a great example of the work our ASB and Omnia students and teachers put into this production. Check it out!

<https://drive.google.com/file/d/12fFKwgKFIFkOjah9eMlx47-81KrKV5lL/view?usp=sharing>



Here is some important news from Troy Tech Coordinator, Ms. Laurie Downum-Bonnett, for current 8th graders who missed the January 28th deadline to apply for the Troy Tech Magnet Program for the 2022-2023 school year. Please pay careful attention to the information at applicants.troyhigh.com There is a Google form for additional interest. Please direct any calls or inquiries to this page. The following information is found on the aforementioned link.

January 28, 2022 was the Application DEADLINE for the 2022-2023 School Year. The submitted online applications will be reviewed for acceptance into Troy Tech, International Baccalaureate, Cambridge, and Honors at Troy. Other links: [Application Instructions and FAQ](#) [January 2022 HERE](#). The Troy Tech/IB/Cambridge VIRTUAL Information Night on Jan 20, 2022 can be viewed [HERE](#) (hosted by Troy Omnia [youtube.com/trhsomnia](https://www.youtube.com/trhsomnia)). Campus Tour Video [HERE](#). In-person tours for 8th grade families hosted by Troy Administration have been postponed.

Applicant Notification: On or before March 1, 2022, notifications will be emailed to all applicants. Acceptance emails include March registration time and instructions.

What if I missed the January 28, 2022 online application deadline for 8th grade students? Troy's administrators will be working on enrollment in the upcoming months. By approximately April 1, we will know if there is room to consider additional applicants. Complete [THIS FORM](#) to indicate that you would like to be contacted if additional applicant opportunities occur after April 1.

COVID-19 Reminder for all Troy High School Students!

In accordance with the Center for Disease Control (CDC), CA Dept. of Public Health (CDPH), and Orange County Health Care Agency (OCHCA), we ask that you complete the Qualtrics survey each morning prior to arriving on campus. However, **please do not attend school** if you have experienced any COVID-related symptoms:

- Flu-like symptoms such as fever of 100.4 or greater
- Chills
- Cough
- Sore throat
- Runny or stuffy nose that is not associated with a pre-existing condition or other chronic health condition.

Following the recommendations issued by the Centers for Disease Control (CDC), the California Department of Public Health (CDPH) has issued guidance in support of full in-person instruction and to as much instructional time as possible. A link to that guidance is included at the bottom of this communication.

Please note that masks will be required by all staff and students while indoors regardless of vaccinated status. As an extra precaution, FJUHSD is committed to continuing the enhanced cleaning procedures established to ensure that our schools are clean, sanitized, and safe.

[CDPH COVID-19/K-12-Guidance](#)

Safety Procedures for attending school during the COVID-19 pandemic.

- All students and staff will complete the Qualtrics COVID Safety Survey each morning (the survey will be sent to your school email).
- To enter campus, students will show their green checkmark from the completed survey permitting them to be on campus.
- Students will walk through the thermo-imaging temperature cameras by either the Main Office or the North Gym and show their green Qualtrics survey checkmarks.
- Face coverings (masks) are required inside and are optional while outside.
- Last but not least, **if you have taken a COVID-19 test** and are still waiting for results, **please do not attend school until you receive the results of that test**, and then **only come to school if you are negative for COVID-19!**

This program is available to all FJHSD students districtwide.

Tutoring Central

mondays- math/biology
tuesdays- biology
wednesdays- math
thursdays- english/world history

Library 3-4pm

01 HOW DOES TUTOR.COM WORK?
Tutor.com is a fully online tutoring service. You can get a tutor in more than 40 subjects including Math Science, Social Studies, English, AP ® Support and Foreign Languages. Tutoring sessions take place in an easy-to-use online classroom, which has been added to your Google Chrome App Launcher.

02 HOW DO I GET A TUTOR?
Using your chrome book sign into your google school account, click on your Chrome App Launcher "Waffle", scroll to find Tutor.com. Select to begin a new session.

https://mail.google.com/mail/u/0?ui=2&ik=8bccad7511&attid=0.1&permmmsgid=msg-f:1718061514680932986&th=17d7c7d84cd39a7a&view=att&disp=inline&realattid=f_kwp79z6i0



Troy's NJROTC had a fantastic meet last weekend at Murrieta Mesa High School last Saturday! Here are the details from their instructional leader, Lt. Christopher Cecil. *"I'm honored to share that our Troy X (2022) Senior Drill Team were the overall Champions of the*

Murrieta Mesa High School NJROTC Drill Meet last Saturday. The team was composed mostly of Seniors that are not on our other drill teams. Not only was this a Class of 2022 group project, but also a tribute to Cadet Alexis Nila Ortiz. The cadets won 1st in overall physical fitness (push ups, sit ups, 16 X 100 relay, and the 8 x 220 relay, 1st in overall Academics, 2nd in overall drill, and 1st in Personnel Inspection.

This is where you will be really proud....with that championship, the Troy NJROTC is not just the only unit in the country with three drill teams, but also the only unit in history to qualify three teams for the State Championship. Two of our teams will be competing in the State Championship this Saturday at Santa Ana High School. To understand what that means, imagine if an athletic team was so strong, that your secondary teams would be asked to compete at the State Championship too. Although Troy X qualified, the cadets decided to give their spot to another unit. Their reason is that they want to support the other two teams. Absolutely a kind and unselfish act for another program's cadets. (I still did try to talk them into it though)

Thank you so much for your continued support of the program! It is easily apparent why our cadets are so strong and that is all because of Troy and the time you give each day."

There is no group of students at Troy or anywhere, whom I hold in higher regard than our NJROTC. There is a level of commitment to excellence that permeates this program, and their desire to be the best drives their competitive spirit and enables them to lift each other up when the going is tough. These cadets are a family within our larger Troy family and they should be proud of their accomplishments! I look forward to seeing the competition on Saturday!

There is another fantastic G-TEC CAD Workshop tomorrow! From our resident G-TEC leaders Ashmita and Amisha Kumar, here is the needed information to participate in this event!

"Join the G-TEC club from 1:00 pm to 2:30 pm on Saturday, February 5th, for our lesson on CAD! Anyone can come, but we especially encourage girls to listen in. All you need is a functioning Chromebook. The Zoom link is <https://us05web.zoom.us/j/5119426921?pwd=NTNYZW9IWFA3aE1aa1hhTWNKVXJ0Zz09>, the meeting ID is 511 942 6921, and the password is G-TECNow!!"



Congratulations to our wonderful Boys' Soccer Team on earning a spot in the CIF playoffs once again! From their very proud Head Coach, Mr. Lester Maldonado, here is more detail! *"Buenos Dias Warrior Family!*

I just wanted to take a moment to let you know that our Boys Varsity soccer team finished league play yesterday and earned a spot in the CIF playoffs for the second consecutive year. Thank you to all of you for your support of our program.

A special thank you goes out to our Band and NJROTC Colorguard who all participated in our opening ceremonies yesterday. Also a special thanks to the Troy Omnia team for their work in streaming the games live on YouTube. Yesterday was a real showcase of the variety of talents that are being nurtured by our school community.

We have 15 Seniors in the program this year and Troy Soccer has made the playoffs 3 out of the four years they have been here. If you see them on campus, let them know how proud we are of them. Thanks again!"

Last weekend, NJROTC was not the only outstanding Troy program that had a successful weekend! Our Red Hots and All Male dance teams had a pretty good day. From their coach, Dr. Alison Wills here is the play by play, or should I write, the "dance by dance" news! *"Yesterday was another successful day for your Troy Red Hots and All Male dance team as we traveled to Newbury Park for our second competition of the season. Placed against some of the top teams from Southern California, the RHAM held their own, placing in every category they participated. These dancers are driven and continue to shine on the floor despite the cold-*

weather, slippery floor, and last minute changes that took place. Once again, proud is an understatement as this team is the real deal. Not only are they incredibly talented, these dancers are everything that we in education strive for. They are polite, funny, respectful and keep all our spirits up throughout the 18+ hour day! Another shout-out to the incredible parents of these dancers, thank you for the constant support, cheers, claps and ringing cow-bells throughout the day!

The competition ended with the awarding of the top 10 high school solo performers of the entire competition (just over 100 dancers) and senior Natalie Shirota placed top 10! She was incredible!”

7th place- Audrey Edwards (11th grade solo out of 26!)

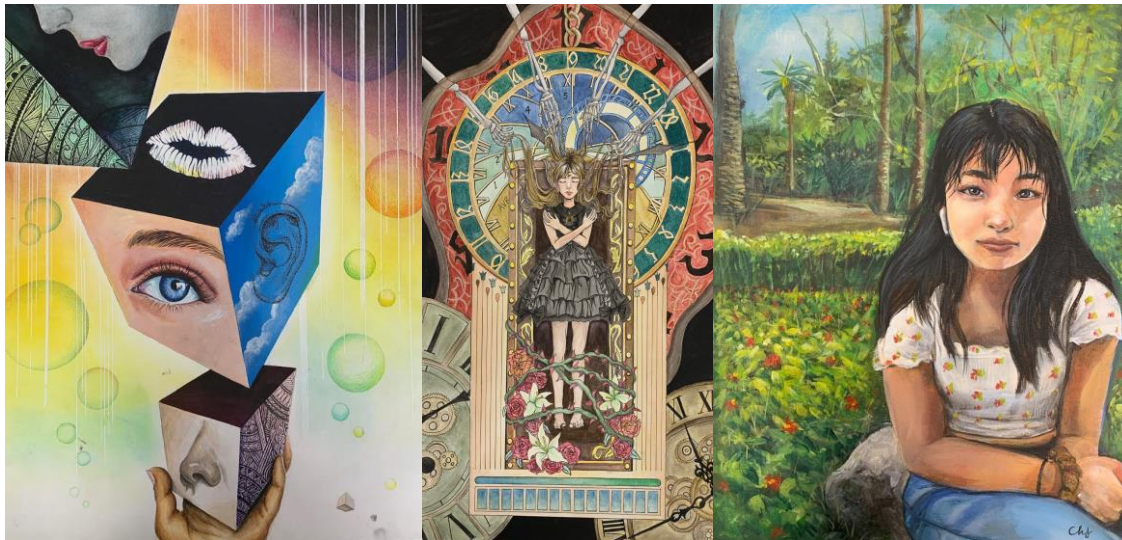
11th place- Hailey Guterrez (12th grade solo out of 35!)

5th place- Natalie Shirota (12th grade solo out of 35!) & 10th overall solo of all solos!

5th place- Senior Contemporary, 3rd place- Small Jazz, 3rd place- Medium Lyrical

2nd place- Large Jazz, 1st place- Large Lyrical, 1st place- All Male

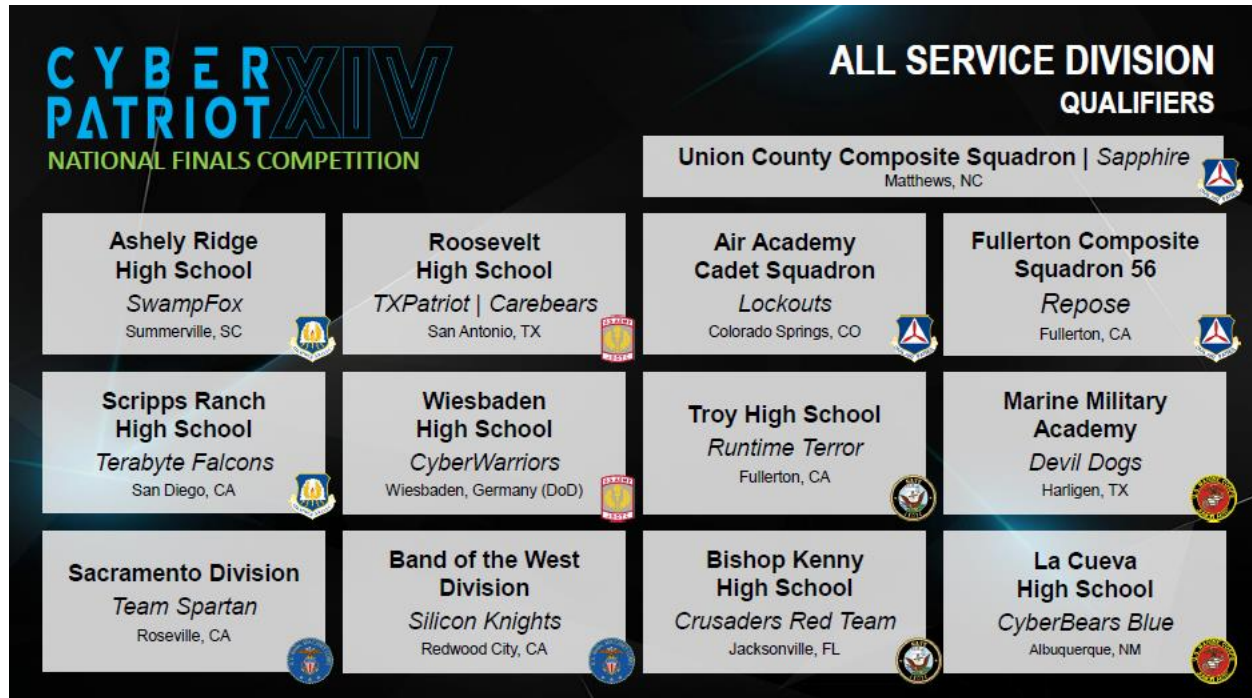




The FJUSHD Art Show at the Muckenthaler is ongoing! Opening Night was Wednesday, January 26th and student work will be up for about 3-4 weeks. There is outstanding work by all FJUHSD students, but you can see some of the examples from our Troy students on display! Thank you to Troy Art Teacher, Mr. Mike Thomas for sharing these examples of our students' work. See this art in person, take a family outing to the Muck!



Troy Cyber to defend National Championship in Cyber!



We knew our cyber teams were working towards this goal, and here we are with the exciting news from our own Cyber Coach, Mr. Allen Stubblefield! *“Troy will make our 8th appearance in 9 years in the CyberPatriot Nationals being held in Washington DC on March 18-20. The competition will be in-person for those teams who are allowed to travel.*

*Team **Runtime Terror**, finished the semi-finals on Jan 22 in 1st place in the All-Service division and are determined to keep that spot next month. The team is eager to compete at Nationals in-person as they hope to avoid last year's connection issues during that virtual competition. Team Members are:*

- *Justin Huang, senior*
- *Johnny Ni, junior*
- *Brian Ni, junior, team captain*
- *Chan Chung, junior*
- *Anna Wu, sophomore*
- *Tai-yu Chen, sophomore*

Congratulations to all students who took part in the CyberPatriot competitions! It is tough competition and it is only getting more competitive! Great job, and now it is time for Runtime Terror to finish the job and defend their 2021 National Championship again in 2022!



On Tuesday, during break we held a Winter Season “Signing Day” for Troy athletes who are going to be competing at the next level. Pictured from left to right are: Isabella Pearson, Nathan Tseng, Katelyn Mickle, Zachary Wallace, Aliyah Gonzalez, Gabriella Kano, and Jada Wynn. Also thank you to our Band and Cheer for helping our AD MC Chris Blume providing music and spirit for this event during break!



Regarding Winter Sports, I will have a full wrap up of our regular Winter sports season next Friday as we move into Super Bowl Weekend. There are going to be some Troy Teams in playoff action next week, so I will be including that information as well! Stay tuned.

Are you feeling stressed or need a quick pick me up? This link to our FJUHSd virtual calming room with all the various relaxing and humorous options is for you! You have my word, the puppy cams are the way to go!

<https://sites.google.com/fjuhsd.org/fjuhsd-virtual-calming-room/home>

The graphic features the title "VIRTUAL TEEN MENTAL HEALTH SUMMIT" in large, bold, red and purple letters. To the right is the "W2BW" logo in a colorful, blocky font. Below the title is an illustration of three stylized people (two adults and one teen) in video call windows, with speech bubbles. A dotted orange line separates the title from the text below.

W2BW

VIRTUAL TEEN MENTAL HEALTH SUMMIT

This free, teen-led event will showcase student voices, offer key breakouts to discuss mental health themes, and highlight clinically-vetted resources. Teens, educators, and mental health advocates from across the country are invited as we Work2BeWell together. Register today!

TENTATIVE SCHEDULE

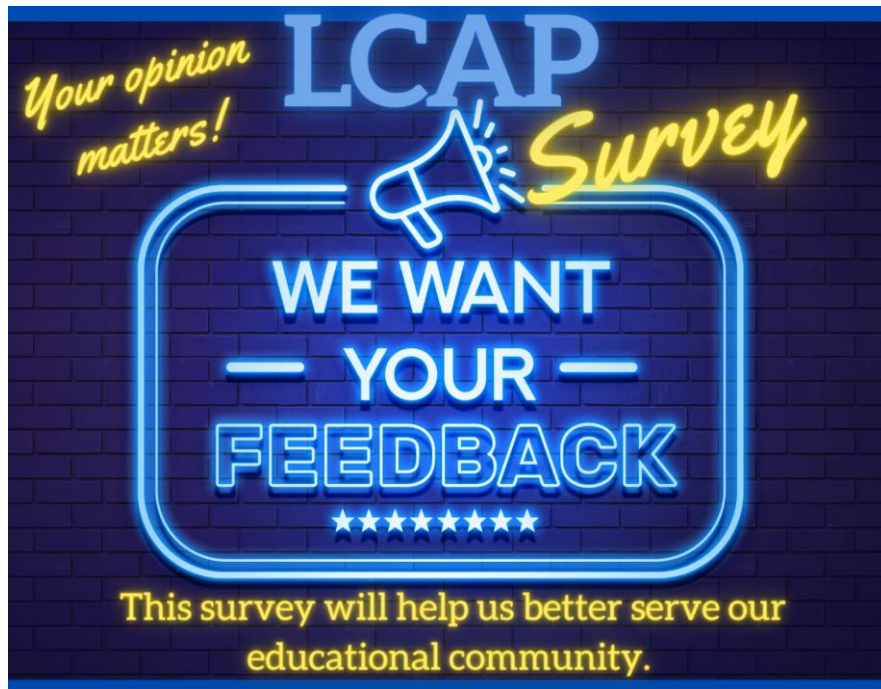
FEB 26
10 AM - Noon
Pacific Time
HOSTED ONLINE

WHEN?	WHAT?
10:00-10:10 AM	Welcome /What is Work2BeWell? / Our Why
10:10-10:35 AM	Share2BeWell What teens from across the nation are doing to improve mental health and wellness in their communities.
10:35-11:00 AM	Keynote Speaker
11:00-11:05 AM	Breakout Session Overview
11:05-11:25 AM	Breakout Session #1
11:30-11:50 AM	Breakout Session #2
11:50 AM-NOON	What can YOU do? Work2BeWell Resources

Register today at
WORK2BEWELL.ORG/SUMMIT



*Participants must be registered to receive access to all presentations.



It is that time of year again! We need your input for our annual Local Control Accountability Plan (LCAP)! Each year we seek input from key stakeholder groups on how we spend the money allocated to our school and district through the State of California. Staff, Students, and Parents will all be receiving an email late this afternoon/evening with a link to this survey. Additionally, a few people from each group will be invited to participate in live Focus Groups to add further insight and detail into our final LCAP report! Thank you to everyone for your help and participation in advance!

CyberPatriot competitors write Semifinal Round Poem

The poem was written by Troy Cyber (Fullerton, Calif.) with help from Allison Cheung, Mary Murphy and Benjamin Lac of Coach Allen Stubblefield's 4th period Cyber Defense Fundamentals class.

<i>'Twas the Day before Semis</i>	
<i>Twas the Day before Semi's And all through the school, Copies of VMs were in PC folders And coaches reviewed the rules</i>	<i>Platinum teams were busily trying to use the web challenges to up their score. While Gold, Silver and Middle School Are thrilled to be back for more!</i>
<i>Teams were busily studying, While some will compete from their abode, Due to COVID, including one coach. Do we use Discord in voice or chat mode?</i>	<i>Despite COVID and district network outages Cyber plans to give it their very best Just another cybersecurity Saturday And all will wonder who will top the rest</i>
<i>Parents have shopped for snacks That competitors love to eat and rejoice. Many large pizzas are also ordered, Pepperoni, Sausage or Cheese are their choice</i>	<i>Many thanks to CyberPatriot, AFA and your corporate fans, As we get a little smarter and make digital life security plans</i>



Principal's Secretary, Ms. Maria Williams decided to kick off February with a Staff Cookie Contest. Unbeknown to me, I ended up being a judge with Ms. Lindsay Nicholson, a professional cookie baker, seated to my right. Also, a familiar face from the community also judged the cookies, Dr. Caroline Llewellyn, Principal at Hermosa Elementary School, seated to my left. There were some outstanding cookies, and we tasted them all! Too many...



Luna and I are going to do some serious hiking this weekend so I can work off the cookies...Rest, relax, hang out with family and friends, have a great weekend! Do not forget we have a Late-Start on Monday. I will see everyone back here bright and early!

W.V. Mynster