



February 14, 2020

Artist: Ms. Shannon Cogswell

Happy Valentine's Day! It is going to be a wonderful day at Troy and with the Presidents' Day (Washington's birthday) long holiday weekend it should be a great weekend as well. More on that later.



Last weekend our cadets presented the colors in San Diego onboard the USS Midway in support of the 22 and You. It is a story of a veteran John Preston hiking 22 miles a day to raise

awareness about PTSD and how it is claiming the lives of our veterans through suicide every day. This is an important issue and cause, and I am proud of our cadets for providing the color guard and support. Thank you, Warriors.

From Counselor, Ms. Sarah Saleen there is this important message regarding registration for summer and next school year! "Troy Parents & Guardians, all returning 9-11 graders are in the midst of registering for their 2020-2021 courses and 2020 summer school (if needed). All of the registration information including presentations, course profiles, etc. can be found on this section of the Troy website: https://www.fjuhsd.org/Page/600."



Yesterday, Girls' Soccer was victorious in their 1st round CIF game at home! Our team played wonderfully and had a very convincing win against Newport Harbor High School! CIF 2nd round on Saturday against J. Serra High School. This game is away, and the start time will at 5:00pm. Good luck Warriors!

Today is the event known as Food Fest Day at Troy High School. To enable students so they may enjoy all the different food options, lunchtime is a little longer and our clubs are bringing many of the tasty treats! Enjoy, and don't eat too much!



Last evening, our Girls' Water Polo team took on Downey High School in the 2nd round of the CIF playoffs, having defeated Oxnard High School in round one. Our team had a tremendous season, but unfortunately this game would not end in a victory for Troy.

Congratulations to our Warriors and their Coach, Mr. Jason Wilson on another season well done!

I think all of us are looking forward to this game, on Saturday night at 7:00pm at Home in our North Gym, after earning their 28th Freeway League title in a row, our Girls' Basketball team plays host to Mark Keppel High School. Our team has been playing well, and I know they are looking forward to this game. Come out and support our Lady Warriors on Saturday night!

In Cyber news from our Cyber Coach, Mr. Allen Stubblefield finally received the official word from CyberPatriot that three of our teams qualified for the National Championship, including the defending Open National Champions! Additional cyber news and very exciting, Troy Senior Charissa Kim is a CyberPatriot All-American, the first ever for Troy and one of only six students in the ten-year history of the competition. She earned this honor by competing in the

CyberPatriot Nationals all four years of high school, which of course includes this year, when her team earned the right to compete at Nationals! Congratulations, Charissa on this very rare accomplishment! Let's go CyberPatriot and our Troy Cyber Warriors!



Time is running out! It is almost your last chance to get in on the Troy Support Organization Foundation party of the year next Friday on February 21, 2020! www.thetroydifference.org It is going to be a wonderful evening!



Last week, the Orange County Athletic Directors Association and CIF awarded students from throughout Orange County recognition for being selected by their school as Athletes of

Character. Troy's selections were, Ms. Isa Domingo (volleyball), and Mr. Evan Johnson (football). Thank you to both of them for representing themselves and our school so well!



Pictured at left is Troy's SRO Travis Kowalec with a Valentine's Day puppy in the front office. At right, Luna is doing what she does best, and getting in some relaxation on her pillow in honor of the upcoming weekend. Of course, this weekend is our second three-day weekend in a row, and this is the busiest travel weekend of the two. If you are going out on the roads or flying somewhere, remember to give yourself a little extra time and be careful, as there will be a lot of traffic. If you are staying in town, we are going to have some fantastic weather this weekend, so outdoor activities should be on everyone's agenda. All of us have earned the extra day for some rest and relaxation and I hope everyone is able to spend times with friends and family! Have a wonderful three-day Washington's Birthday Holiday weekend! Rest, relax, and repeat, and I will see everyone back here on Tuesday!