



TROY HIGH SCHOOL WARRIOR WEEKLY



December 16, 2022

Today is Troy's Elf Dance Rally!!!! We will see when I finish the Warrior Weekly, as that will determine if there are any Elf Dance photos with all our other stories and information. I know this for sure, there is one week left in the Fall Semester! Next Monday is a regular day of school and our Final Exam Schedule begins on Tuesday through Thursday. There is no school for students on Friday, which is Records Day for Teacher to turn in all students' Fall Grades. For students the semester ends on Thursday, December 22nd. Troy Staff get to come back for one more day....

FINAL EXAM SCHEDULE

Troy Final Exams-December 20th-Day One

Period 0	7:28-9:28am
Break	9:28-9:38am
Period 1	9:38-11:38am
Break	11:38-11:48am
Period 6	11:53-1:53pm

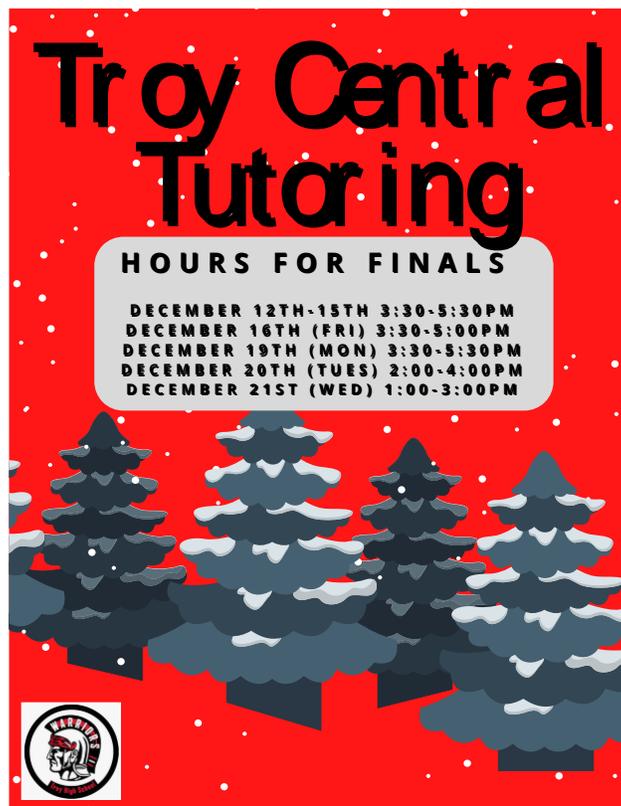
Troy Final Exams-December 21st-Day Two

Period 2	8:30-10:30am
Break	10:30-10:40am
Period 3	10:45-12:45pm

Troy Final Exams-December 22nd-Day Three

Period 4	8:30-10:30am
Break	10:30-10:40am
Period 5	10:45-12:45pm

Students, I ran this opinion from me last week. I think the message is still good this week, and as you study for Final Exams, make sure you find balance this weekend. Hanukkah begins on Sunday and Christmas is a little more than a week away. There will be plenty of holiday activities this weekend and you should participate in some of them. That being said, balance studying with holiday events as you prepare for Finals. As I wrote last week, I hope you take a little more time to get enough studying, rest, regular meals, and sleep. You will be at your best if you follow a balanced formula in preparation for your finals. To be fair, this formula works all year but many of us have difficulty following what we know works, and I am no exception. That being said, try and see if it makes a difference. I know with 100% certainty that pulling “all-nighters” then taking an exam rarely if ever works, and the resulting physical detriment is not worth it even if it did. Study, rest, eat, sleep, and you will be ready for your finals. Should you become really overwhelmed and having difficulty coping, do not forget about the various resources available for you both in terms of studying, tutors, and mental health. We have a lot of options at your disposal, so take advantage of them as needed. ☺ Go, Warriors!



There are numerous Mental Health resources available to our Troy Family, including additional resources for our entire FJUHSD community. At Troy, staff members are available

for any student if they need to talk, and our Counselors and very supportive Mental Health Professionals are outstanding! Parents and Guardians, and students, please use the resources that are available to you and many of these resources can be also be found on our district website [HERE](#).

Additionally, FJUHSD has partnered with [Care Solace](#), a wonderful agency available to help our FJUSHD families access community mental health resources. It is free, confidential, and they are experts at connecting mental health providers to anyone needing support. Please feel free to review by clicking here, [Care Solace](#). FJUHSD also has these additional mental health resources and links to Orange County and National mental health support.

- [FJUHSD Virtual Calming Room: https://sites.google.com/fjuhsd.org/fjuhsd-virtual-calming-room/home](https://sites.google.com/fjuhsd.org/fjuhsd-virtual-calming-room/home)
- [FJUHSD Parenting Resources: https://www.fjuhsd.org/Page/4317](https://www.fjuhsd.org/Page/4317)
- [OC Support and Crisis Resources: https://www.namioc.org/help-support-overview](https://www.namioc.org/help-support-overview)
- [National Alliance on Mental Illness \(for OC\): https://www.namioc.org/](https://www.namioc.org/)

For students at Troy, our own Wellness Center, “*The Lounge*” will have extended hours during the three days of Final Exams and will be open during all periods on beginning Tuesday!



Troy Girls' Soccer split their two games this week, with a win over Esperanza High School on Tuesday, and a tough game and loss against Pacifica High School yesterday. Our team is getting in some great games in the pre-season and are playing well! They are a young team are going to keep getting better, which means there is going to continue being some great soccer being played for years to come! Come out to watch and support our soccer teams!

December Give & Share

Free E-Waste COLLECTION

**SATURDAY
12/17/2022
9AM-12PM**

**TROY HIGH
PARKING LOT
2200 DOROTHY LN,
FULLERTON, CA**

ITEMS ACCEPTED:
COMPUTERS, KEYBOARDS, CALCULATORS,
DVD PLAYERS, MONITORS, TELEVISIONS,
TELEPHONES, SMARTPHONES, TABLETS,
TELEVISIONS, VCRS, STEREOS, COPIERS,
HEADSETS, ROUTERS, SERVERS, EXTERNAL
HARD DRIVES, MOUSE DEVICES, FAX MACHINES,
AND MORE -----

ALSO ACCEPTED:
HOUSEHOLD BATTERIES
• PACKAGED SEPARATELY FROM OTHER E-WASTE
NO CAR BATTERIES & FLUORESCENT LIGHTBULBS

QUESTIONS? EMAIL US AT TAE.TROY.CA@GMAIL.COM






Warriors! If you would like to help the environment, and who doesn't?...well, there is a short list. Other than the short list, most of us want to help the environment so here is a great opportunity a little more than a week! **E-Waste & Batteries Collection Event 12/17/22 9am-12pm on Troy High School Parking Lot.**



Here is the first picture of the 2022 Elf Dance Rally as students were still loading into the North Gym! Our students were excited to see the return of this tradition as intended!



CONTACT US

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HANDLES

Instagram: fullerton_joint_union_hsd
Twitter: @fjuhsd
Facebook: Fullerton Joint Union High School District
YouTube: Fullerton Joint Union High School District
TikTok: @fjuhsd



Social Media



FJUHS Website



Stay Connected: www.fjuhsd.org

Troy Family, below is the link to our new December FJUHS newsletter! As always, there is a lot of useful information, so please check it out! <https://conta.cc/3ELPxBO>

**BE SAFE, BE SMART
SCHOOL IS A SAFE SPACE**

**NOTICE
WEAPONS
OF ANY KIND
PROHIBITED**

SAFETY BEGINS WITH US

REMINDER: Toys that look like weapons are prohibited in school for various safety reasons. Please help us keep weapons, dangerous objects, and weapon replicas out of our schools.



Hosted by Chairman of the OC Board of Supervisors, 4th District, Doug Chaffee, Fullerton Joint Union School District and Orange County Health Care Agency



ADDRESSING THE OPIOID CRISIS **IN** ORANGE COUNTY

For any questions about this event, please contact BHTS@ochca.com.

DETAILS:

Chairman Chaffee, the Fullerton Joint Union School District and the Orange County Health Care Agency Mental Health and Recovery Services is hosting a forum to raise awareness on the increase of opioid misuse and rise of opioid use and overdose deaths. This community forum is being held to share information about the dangers of drug use. We'll share how surging fentanyl deaths are preventable and how to access available support and/or resources.



DATE:

Thursday,
January 26, 2023



LOCATION:

Fullerton Union High School
Theater
201 E. Chapman Avenue
Fullerton, CA 92832



TIME:

5:30 p.m.
to 7:00 p.m.



TO REGISTER

for this forum [**CLICK HERE**](#)



On Wednesday night our Theater and Special Education held their annual Special Education Holiday Show in the Performing Arts! It was a sold-out house for the one-night only show, which was the holiday classic it has been for many years!

Mr. Allen Stubblefield is very proud of our student Cyber Warriors for their performance in the Cyber Patriot competition last Saturday. Here are the still unofficial results.

Parents and Competitors,

After an extremely tough round yesterday, LOTS of our Troy Cyber teams look to be advancing to the Semi-Finals in January!

- *8 of 8 Platinum NJROTC teams*
- *19 of 34 Platinum Open teams*
- *4 of 5 Gold Open teams*

- 20 of our 32 middle school teams

Teams must place in the top 25% of their tier from this weekend's competition. We are waiting on Cisco scores and the final official results, which may take 10 days to be posted.

Practices for this week are optional for ALL and encouraged for those on the below list. Normal practice times this week.

Congrats to the following teams in the top 20 nationally. Amazing work!

- 15-4194, 2nd in All-Service, 1st in NJROTC
- 15-0194, 2nd in NJROTC
- 15-0198, 3rd in NJROTC
- 15-3454, 14th in Open, would be 7th of to 12 eligible for Nationals when applying the limit of 2 teams per school
- 15-0501, 18th in Open, would be 11th of to 12 eligible for Nationals when applying the limit of 2 teams per school. Go, Troy Cyber!

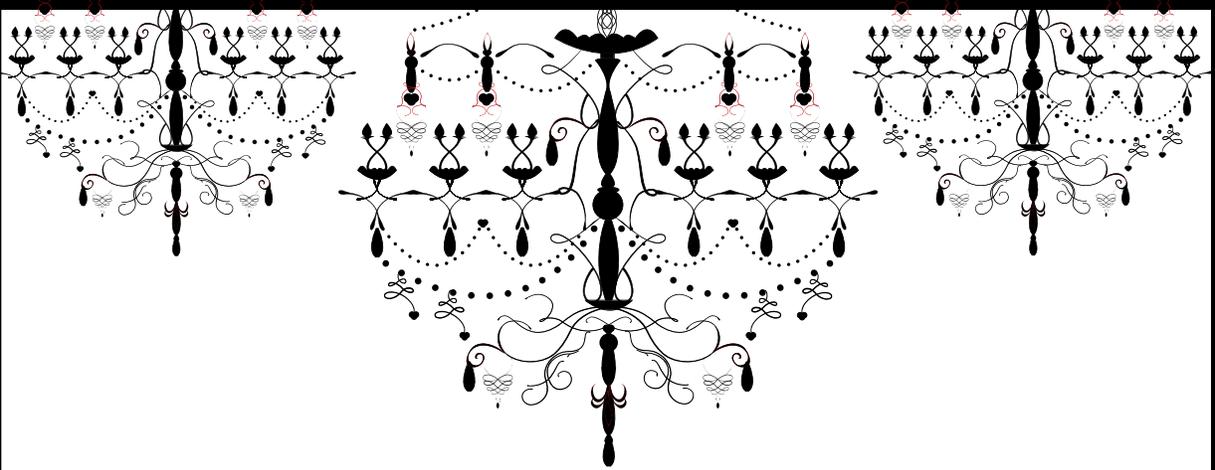
It is time for students currently in the 8th grade to start thinking about where they are going to school next year! **Troy Tech Prospective Students** applicants.troyhigh.com If you have siblings, relatives, or friends considering Troy for next school year in Troy Tech, International Baccalaureate, Cambridge, or Honors courses, please share this information:

- **December 7, 2022:** Troy Tech Visitation Afternoon from 4:00 - 5:00 p.m. with classrooms representing each department, general information session, student clubs, athletic activities, and more. No reservation required.
- **Application is NOW available:** Applicants are encouraged to register online between December 1, 2022, and January 25, 2023 at applicants.troyhigh.com; however, applications are available at testing and walk-ins are welcome.
- **Testing for Troy Tech, International Baccalaureate, Cambridge, or Honors placement:** January 14, 21, or 28, 2023 (select one) from 7:30-11:45 a.m. Check-in at 7:15 a.m.; January 14 check-in at Library and January 21/28 at North Gym. Bring student photo id or passport and printout of 8th grade schedule listing current math course. Testing covers midyear eighth grade content in math and English, and the format includes multiple-choice questions and an English essay. The best preparation for testing is successful progress in a challenging eighth grade course of study.

If you have any questions, email troytech@fjuhsd.org Troy Tech Est.1986



The Elf Dance Rally lived up to expectations! We began with an amazing rendition of our National Anthem. Performances by Cheer, Colorguard, Jazz Band, ASB, the Grinch, school spirit videos, and of course the numerous 12th grade elves in force dancing to holiday music, specifically *All I Want for Christmas*, and *Run, Run, Rudolph*. As predicted, there was school and holiday spirit through the roof, and it was a very fun event in which to watch and participate! Great job Warriors, and truly wonderful you have brought our Elf Dance Rally all the way back!



Save the Date
For an Evening of Hollywood Glamour at

THE TROY SUPPORT ORGANIZATION'S 4TH ANNUAL

GALA

FRIDAY, FEBRUARY 3, 2023

6:30 PM TO 11:30 PM

Los Coyotes Country Club

8888 LOS COYOTES DRIVE
BUENA PARK, CA 90621



FUNDS RAISED WILL HELP SPONSOR THE ADDITION OF A
NEW COMPUTER LAB AT TROY HIGH SCHOOL

This event supports Troy High School and is sponsored by our foundation called the Troy Support Organization. Come out and support Troy with a wonderful night out at Los Coyotes!



Last week I was invited to attend a holiday reception on the U.S. Naval Base in San Diego by Commander Bill Lauper. I very much appreciate the invitation and always enjoy being able to speak with our retired and active duty servicemen and women in the U.S. Navy. Commander Lauper and I were the only NJROTC and education representatives in attendance, which is usually the case. However, the result is always lots of questions active duty officers, not infrequently from one, two, and three star admirals wanting to know about their NJROTC programs, what draws students to NJROTC, what do they enjoy? They also want to hear all about Troy High School, and I hope they enjoy speaking to me as much as I do with them!

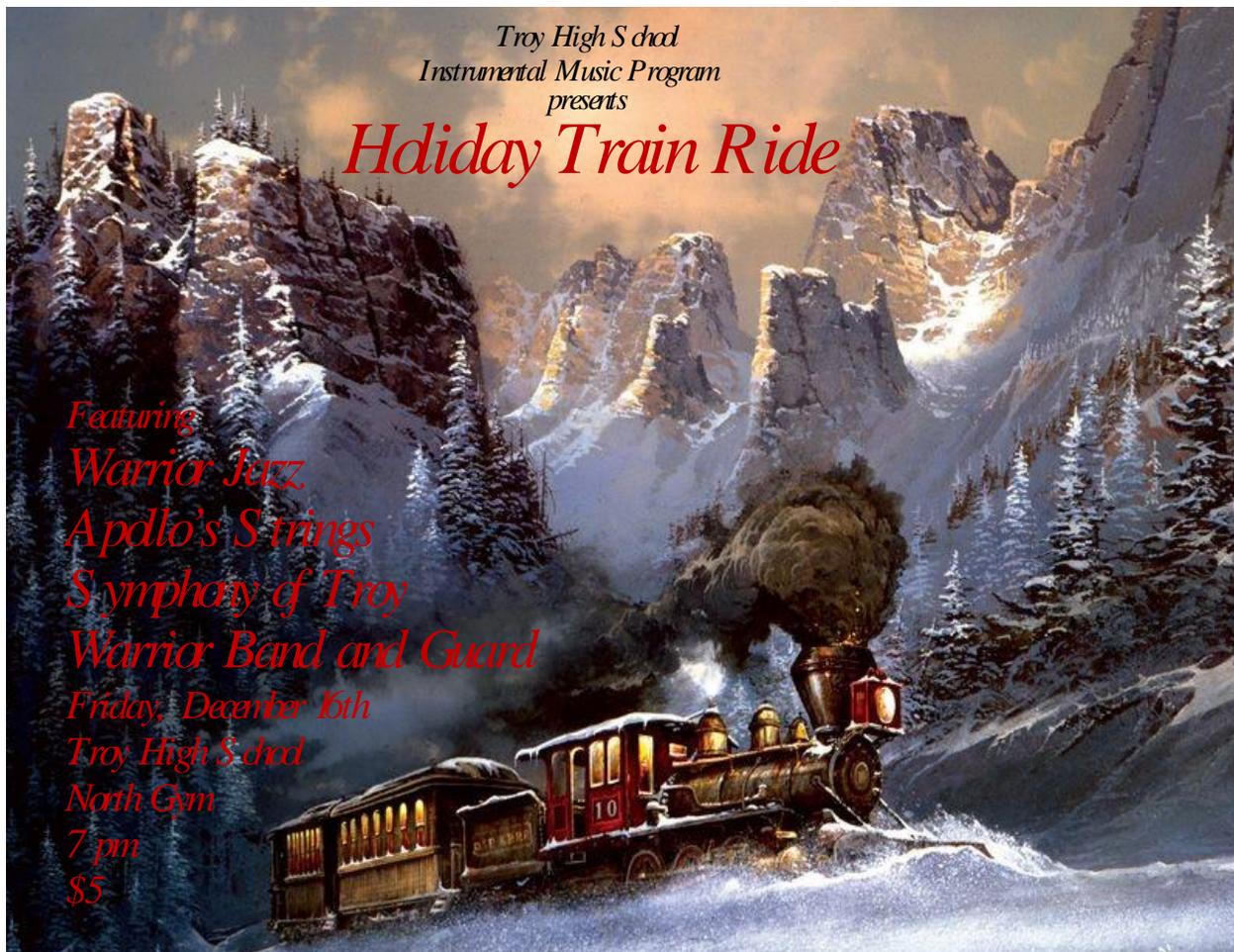


*Troy High School
Instrumental Music Program
presents*

Holiday Train Ride

*Featuring
Warrior Jazz
Apdlo's Strings
Symphony of Troy
Warrior Band and Guard*

*Friday, December 6th
Troy High School
North Gym
7 pm
\$5*

A detailed illustration of a steam locomotive pulling a passenger car through a snowy mountain valley. The train is emitting a large plume of white steam. The landscape is filled with snow-covered evergreen trees and jagged, rocky mountain peaks under a hazy, golden sky.

You may ask why is there a photo of a Troy High School class ring from 1985 in the Warrior Weekly? Because this was sent to us this week in an envelope from Humboldt, CA. The envelope had no return address and the contents were simply listed as “found property.” We were able to see the initials inside the ring as ECL and also noticed the football script on the ring. A little more investigation revealed that the name of the student is Eric Christopher Lindquist. Naturally I went to the Troy starting quarterback in 1985 and 1986, Mr. David St. Clair and

asked him if he knew anyone with the initials of ECL, which he immediately knew before I told him. While Mr. St. Clair did not know where Mr. Lindquist could be found, he was able to reach out to his brother who had also graduated in 1985 and within hours had found Mr. Lindquist and had made contact with him. He is now a veterinarian in New Jersey, and was very surprised to learn his ring had been found. Dr. Eric Lindquist wrote on his Facebook page, *“This is the craziest thing I’ve ever heard. I lost my Troy High School class ring when I was in college at Humboldt State from 1985 to 1990. An old friend just texted me...years later my ring has found me. LOL.”* Mr. David St. Clair and current Troy Football Coach Michael Echaves, are sending Dr. Lindquist his ring, along with a few current football things. Thank you to everyone who helped this found property find it’s owner. Especially thank you to the person up in Humboldt that took it upon themselves to mail the ring back to Troy High School and made this Holiday miracle possible! Let’s go Warriors!



It has been a very busy week for all of us at Troy! This weekend, I look forward to taking some time to slow down a little, but there is Holiday shopping that needs to be addressed... ☺ One week left in the Fall semester! I have many Holiday cards to write, plus its cold outside, so lounging around listening to Christmas music on 103.5 FM is about how my weekend is looking. With the colder outside temperatures, and sometimes inside temperatures, Luna has ways of coping in her favorite holiday blanket on the sofa. I wish everyone a fun and safe holiday weekend as we move into the last week of the Fall Semester and then two weeks of Winter Vacation. Have a wonderful and safe weekend, and I will see everyone back here on Monday morning!

W.V. Mynster