



# *TROY HIGH SCHOOL WARRIOR WEEKLY*



December 9, 2022

We have been back from Thanksgiving Break for two weeks, and it would be difficult to see how much busier it could get around here. One more week of academic instruction, semester review, and then in the last week of the semester, we have Final Exams. For students the semester ends on Thursday, December 22<sup>nd</sup>. Troy Staff get to come back for one more day...

## **Troy Final Exams-December 20<sup>th</sup>-Day One**

Period 0	7:28-9:28am
Break	9:28-9:38am
Period 1	9:38-11:38am
Break	11:38-11:48am
Period 6	11:53-1:53pm

## **Troy Final Exams-December 21<sup>st</sup>-Day Two**

Period 2	8:30-10:30am
Break	10:30-10:40am
Period 3	10:45-12:45pm

## **Troy Final Exams-December 22<sup>nd</sup>-Day Three**

Period 4	8:30-10:30am
Break	10:30-10:40am
Period 5	10:45-12:45pm


Students, as you prepare for Finals, I hope you take a little more time to get enough studying, rest, regular meals, and sleep. You will be at your best if you follow a balanced formula in preparation for your finals. To be fair, this formula works all year but many of us have difficulty

following what we know works, and I am no exception. That being said, try and see if it makes a difference. I know with 100% certainty that pulling “all-nighters” then taking an exam rarely if ever works, and the resulting physical detriment is not worth it even if it did. Study, rest, eat, sleep, and you will be ready for your finals. Also, if you are really overwhelmed and having difficulty coping in an unhealthy way, do not forget about the various resources available for you both in terms of studying, tutors, and mental health. We have a lot of options at your disposal, so take advantage of them as needed. ☺ Go, Warriors!

**TROY  
HIGH SCHOOL**

**STUDY TIPS: TESTS**

**WORKSHOP**



**WHEN:**  
DECEMBER 8TH & 13TH


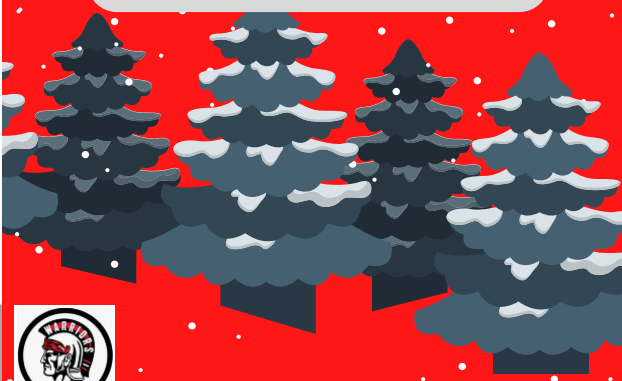
**WHERE:**  
Room 507 during LUNCH

Some teachers may offer extra credit for attending. Students may inquire with their teachers if extra credit is offered. Students may bring their lunch with them to the workshop.

**Troy Central  
Tutoring**

**HOURS FOR FINALS**

DECEMBER 12TH-15TH 3:30-5:30PM  
DECEMBER 16TH (FRI) 3:30-5:00PM  
DECEMBER 19TH (MON) 3:30-5:30PM  
DECEMBER 20TH (TUES) 2:00-4:00PM  
DECEMBER 21ST (WED) 1:00-3:00PM



There are numerous Mental Health resources available to our Troy Family, including additional resources for our entire FJUHS D community. At Troy, staff members are available for any student if they need to talk, and our Counselors and very supportive Mental Health Professionals are outstanding! Parents and Guardians, and students, please use the resources that are available to you and many of these resources can be also be found on our district website [HERE](#).

Additionally, FJUHS D has partnered with [Care Solace](#), a wonderful agency available to help our FJUSH D families access community mental health resources. It is free, confidential, and they are experts at connecting mental health providers to anyone needing support. Please feel

free to review by clicking here, [Care Solace](#). FJUHSD also has these additional mental health resources and links to Orange County and National mental health support.

- [FJUHSD Virtual Calming Room](https://sites.google.com/fjuhsd.org/fjuhsd-virtual-calming-room/home): <https://sites.google.com/fjuhsd.org/fjuhsd-virtual-calming-room/home>
- [FJUHSD Parenting Resources](https://www.fjuhsd.org/Page/4317): <https://www.fjuhsd.org/Page/4317>
- [OC Support and Crisis Resources](https://www.namioc.org/help-support-overview): <https://www.namioc.org/help-support-overview>
- [National Alliance on Mental Illness \(for OC\)](https://www.namioc.org/): <https://www.namioc.org/>



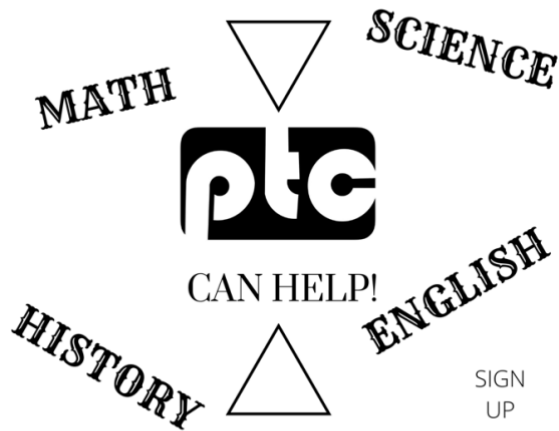
Last weekend was an especially busy one for our NJROTC cadets. From our Senior Naval Science Instructor, Lt. Cecil, *“Honored to share some pics about our jam packed weekend. Cabrillo Drill Meet, Combat Radio Christmas for Homeless Children, the Nixon Library Color Guard, Orienteering, and Troy's first time marching in the Huntington Beach Lights of Love Holiday Parade! Thank you fellow Staff, Administration, and FJUHSD for your support of the program!”* There were so many cadets involved! Great job, Warriors!





**STRUGGLING WITH  
YOUR CLASSES?**

**NEED A TUTOR?**



QUESTIONS? COME TO ROOM 318  
OR VISIT  
[tinyurl.com/troyptc](https://tinyurl.com/troyptc)

SIGN  
UP  
HERE



**BE A  
TROY  
TUTOR!**

- EARN SERVICE HOURS
- HELP THE TROY COMMUNITY

SIGN  
UP  
HERE



QUESTIONS? COME TO ROOM 318  
OR VISIT  
[tinyurl.com/troyptc](https://tinyurl.com/troyptc)



On December 7<sup>th</sup> we held a Troy Tech Information event for all interested 8<sup>th</sup> graders and families. Prospective students and parents were able to meet with teachers, walk around the campus, see our Cyber students practicing, speak with mechatronics students, administration, NJROTC cadets, as well as Troy Tech, IB, Cambridge, AVID, VAPA, athletics coordinators and core content teachers. We had hundreds of people show up for this event and it was one of the largest turnouts I can remember! Thank you to all our Troy Staff members who participated and answered questions from our potential new 9<sup>th</sup> grade families! Also, thank you to our primary

organizer of the event, Troy Tech Coordinator, Ms. Laurie |Downum-Bonnett. This event does not happen without all of us rowing the boat in the same direction. Thank you, Troy Family!

Warriors! If you would like to help the environment, and who doesn't?...well, there is a short list. Other than the short list, most of us want to help the environment so here is a great opportunity a little more than a week! **E-Waste & Batteries Collection Event 12/17/22 9am-12pm on Troy High School Parking Lot.** More info can be found on the flyer below.

December Give & Share  
**Free E-Waste**  
COLLECTION

**SATURDAY  
12/17/2022  
9AM-12PM**

**TROY HIGH  
PARKING LOT  
2200 DOROTHY LN,  
FULLERTON, CA**

**ITEMS ACCEPTED:**  
COMPUTERS, KEYBOARDS, CALCULATORS,  
DVD PLAYERS, MONITORS, TELEVISIONS,  
TELEPHONES, SMARTPHONES, TABLETS,  
TELEVISIONS, VCRS, STEREOS, COPIERS,  
HEADSETS, ROUTERS, SERVERS, EXTERNAL  
HARD DRIVES, MOUSE DEVICES, FAX MACHINES,  
AND MORE -----

**ALSO ACCEPTED:**  
**HOUSEHOLD BATTERIES**  
• PACKAGED SEPARATELY FROM OTHER E-WASTE  
**NO CAR BATTERIES & FLUORESCENT LIGHTBULBS**

QUESTIONS? EMAIL US AT [TAE.TROY.CA@GMAIL.COM](mailto:TAE.TROY.CA@GMAIL.COM)





### CONTACT US

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### HANDLES

Instagram: fullerton\_joint\_union\_hsd

Twitter: @fjuhsd

Facebook: Fullerton Joint Union High School District

YouTube: Fullerton Joint Union High School District

TikTok: @fjuhsd



### Social Media



FULLERTON\_JOINT\_UNION\_HSD



FJUHS Website



Stay Connected: [www.fjuhsd.org](http://www.fjuhsd.org)

Troy Family, below is the link to our new December FJUHS newsletter! As always, there is a lot of useful information, so please check it out! <https://conta.cc/3ELPxBO>



Last Saturday and Sunday evenings, our Troy Choir performed in the Disneyland Candlelight Ceremony. The surprise reader was Academy Award winner, Ms. Viola Davis! Again, congratulations to all of our amazing choir members, and their outstanding Music Director, Mr. Mark Henson! If you are one of a fortunate few in possession of one of the sold-out



tickets for tonight's Winter Concert, you will have a chance to hear the seasonal holiday favorites performed in person. Happy Holidays, and Go, Warriors!



From our Troy Counselors, here is important info for our 10<sup>th</sup> and 11<sup>th</sup> graders who took the PSAT this year!

**Attention 10-11 Graders Who Took the PSAT/NMSQT Exam in October**

Congratulations on taking the PSAT/NMSQT! Your scores have been posted on [studentscores.collegeboard.org](https://studentscores.collegeboard.org).

**How to Access Your Scores**

If you provided your email address on your answer sheet on test day, you'll receive an email notifying you of when your scores are available (12/5 for California). The email will have a unique access code that will connect you to your scores online. If you didn't provide an email address on your answer sheet on test day, you can still access your scores online.

*Note:* In either instance, if you haven't already done so, you'll be asked to set up a free College Board account before you can view your scores.

Don't have a College Board account? Save time and [set one up now](#).

Once you've received your scores, learn how you can use your scores for practice, scholarship opportunities, and more here:

Understanding Your PSAT/NMSQT Score Report video: <https://satsuite.collegeboard.org/psat-nmsqt/scores/release-dates>

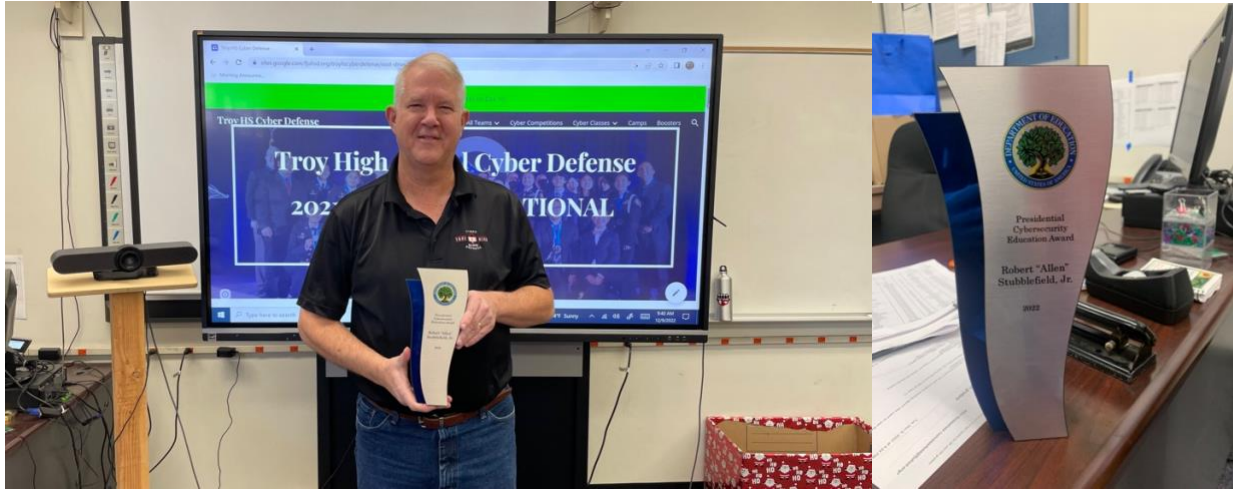
Using Your PSAT/NMSQT Score In Several Useful Ways: <https://satsuite.collegeboard.org/psat-nmsqt/scores/using-your-score>



Congratulations, to Mr. Allen Stubblefield having been formally presented with the Presidential Cybersecurity Education Award! Fellow Cyber Coaches Mr. David Kim and Mr. Christian Nguyen attended the NICE conference with Mr. Allen Stubblefield at which the award was presented. Mr. Nguyen wrote, *"It was awesome to witness Allen receive the Presidential Cybersecurity Education Award by the US Department of Education in St. Louis at the 2022 NICE K12 conference. With over 769,736 unfilled cybersecurity jobs in the US (according to Cyberseek.org) the Troy Cyber Defense program under the leadership of Mr. Stubblefield*



*provides cybersecurity training for over 280 Troy students, 175 middle school students, and approximately forty-five, 4th and 5th grade students in Southern California!” Indeed,*



Mr. Allen Stubblefield has a tremendous influence and impact on the sheer number of students entering the cyber field just in our region. It will be interesting to see in the coming years how many more students will be attracted to this outstanding career opportunity! The jobs are there and for people in these jobs, they are financially very well compensated. If you are interested in cyber security, then Mr. Stubblefield, Mr. David Kim, or Mr. Christian Nguyen are the Troy Teachers with whom you need to speak. Go, Troy Cyber!



In Athletics, we are now into the Winter Sports pre-season. Our teams are out there on the fields, courts, and pools competing at a high level. This week on Tuesday, our Girls' Soccer team under direction from their Head Coach, Mr. Mike Silzer defeated La Mirada High School by a score of 4-0. We were in control the entire game and our team is playing well! On Saturday Troy will be playing Rosary High School at home at 11:00am. This is going to be a great game, so come out to see it if you are able! In Boys' Basketball news, Head Coach Mr. Aaron Mason reported on Thursday night our Varsity beat El Dorado High School 58-44 in a

great game! Raya Khan and Terry Anh each scored 18 points apiece. On Saturday, Troy will be playing in the championship game of the Gary Raya tournament at El Dorado High School, at 6:00pm!



It is time for students currently in the 8th grade to start thinking about where they are going to school next year! **Troy Tech Prospective Students** [applicants.troyhigh.com](https://applicants.troyhigh.com) If you have siblings, relatives, or friends considering Troy for next school year in Troy Tech, International Baccalaureate, Cambridge, or Honors courses, please share this information:

- **December 7, 2022:** Troy Tech Visitation Afternoon from 4:00 - 5:00 p.m. with classrooms representing each department, general information session, student clubs, athletic activities, and more. No reservation required.
- **Application is NOW available:** Applicants are encouraged to register online between December 1, 2022, and January 25, 2023 at [applicants.troyhigh.com](https://applicants.troyhigh.com); however, applications are available at testing and walk-ins are welcome.
- **Testing for Troy Tech, International Baccalaureate, Cambridge, or Honors placement:** January 14, 21, or 28, 2023 (select one) from 7:30-11:45 a.m. Check-in at 7:15 a.m.; January 14 check-in at Library and January 21/28 at North Gym. Bring student

photo id or passport and printout of 8th grade schedule listing current math course.

Testing covers midyear eighth grade content in math and English, and the format includes multiple-choice questions and an English essay. The best preparation for testing is successful progress in a challenging eighth grade course of study.

If you have any questions, email [troytech@fjuhsd.org](mailto:troytech@fjuhsd.org)

Troy Tech Est.1986



It has been a very busy week for all of us at Troy! This weekend, I look forward to taking some time to slow down a little, but there is Holiday shopping that needs to be addressed... ☺ Two weeks left in the Fall semester! We can all get there and finish strong! Like last weekend, I plan to make some outside play time with Luna, (less damaging to Christmas decorations), take a hike or two before the rain starts, and get in some rest and relaxation in preparation for next week. I hope everyone has a wonderful weekend and I will see everyone back here on Monday. Let's go, Warriors!

W.V. Mynster