



TROY HIGH SCHOOL WARRIOR WEEKLY



Fall colors in Bishop Creek, CA. October, 2022

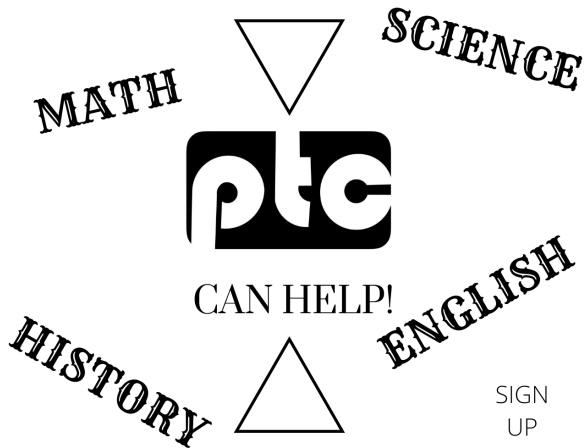
October 21, 2022

Warriors,

It is Homecoming Week! All week we've held school spirit days, including "Dress like twins, pajama day, and "Anything but a backpack day (not my favorite). Our ASB has been hard at work building school spirit all year, and this week it has been awesome to see our students participating in the various spirit days! Today we will hold our two Homecoming Rallies, and tonight will be the Homecoming Football Game vs. Sunny Hills High School! As always with the Homecoming halftime, it will be a little bit longer for the Homecoming Court introductions, and also the other halftime activities. Last but not least, tomorrow night is our Homecoming Dance! Our dance begins at 7pm and ends at 10pm! Students and parents, please ensure your students arrive on time and get picked up or have a ride home on time at 10pm! This dance is looking like it is going to be very well attended and for good reason as it is always a great event! Students, be prepared for significantly cooler weather as our Homecoming Dance is inside and outside with a chance of light rain and temperatures in the low 60's. Go, Warriors!

**STRUGGLING WITH
YOUR CLASSES?**

NEED A TUTOR?



QUESTIONS? COME TO ROOM 318
OR VISIT
tinyurl.com/troyptc

SIGN
UP
HERE



**BE A
TROY
TUTOR!**

- EARN SERVICE HOURS
- HELP THE TROY COMMUNITY

SIGN
UP
HERE



QUESTIONS? COME TO ROOM 318
OR VISIT
tinyurl.com/troyptc



We are all still coming out of the COVID-19 pandemic, and as it fades into the distance, some after effects remain for us. The strains and stresses of the pandemic really had an impact on many people in terms of mental health, and while this impact will lessen over time, for many of us we need to pay attention to our mental health needs now. Continuing our Mental Health message to our Troy Family, please know we have additional resources in FJUHSd for our Troy High School community. Troy Staff are available for any student if they need to talk, and our Counselors and very supportive Mental Health Professionals are outstanding! Parents and Guardians, please use the resources that are available to you and many of these resources can be found on our district website [HERE](#).

Additionally, FJUHSd has partnered with [Care Solace](#), a wonderful agency available to help our FJUHSd families access community mental health resources. It is free, confidential, and they are experts at connecting mental health providers to anyone needing support. Please feel

free to review by clicking here, [Care Solace](#). FJUHSD also has these additional mental health resources and links to Orange County and National mental health support.

- [FJUHSD Virtual Calming Room](https://sites.google.com/fjuhsd.org/fjuhsd-virtual-calming-room/home): <https://sites.google.com/fjuhsd.org/fjuhsd-virtual-calming-room/home>
- [FJUHSD Parenting Resources](https://www.fjuhsd.org/Page/4317): <https://www.fjuhsd.org/Page/4317>
- [OC Support and Crisis Resources](https://www.namioc.org/help-support-overview): <https://www.namioc.org/help-support-overview>
- [National Alliance on Mental Illness \(for OC\)](https://www.namioc.org/): <https://www.namioc.org/>



Congratulations on another fantastic season thus far from our Girls' Golf Team! Here is more great news from our Troy Girl's Golf Coach, Mr. Allen Ulibarri!

A Troyific League Finals in Girls Golf! Freeway League finals were held 10/17 and 10/19 at La Mirada Golf Course and Fullerton Golf Course over two days and 36 holes. Troy's historical dominance continued. All 6 Troy players were named All-League - Alison Soewito(2025), Tessa Lapradez(2023), Miranda Cervantes(2024), Victoria Ditching (2024),

Selina Yang (2025) and Amy Won (2025). In addition the first 5 players claimed 5 of the 8 spots for CIF individual play at Los Robles. Finally, Alison Soewito placed runner-up League MVP.

Earlier in the week Troy was validated as Freeway League Champion with automatic entry to the CIF Division 1 Championship. This was Troy's 8th consecutive Freeway League Title.

Go Troy!




This is how to report and clear absences at Troy High School!

FOR ALL ABSENCES PARENT/GUARDIANS MAY: (Choose one)

- call the attendance office within 3 days of the absence at (714) 626-4416 and LEAVE A MESSAGE OR
- fill out the Google form under “Attendance” on the troyhigh.com website OR scan the QR code for Google form OR
- Student to bring note to attendance office with
 - Student’s Name
 - Student’s ID number
 - Date of absence(s)
 - Reason for absence
 - Parent signature and date (on a note)

Attendance Office.....(714) 626-4416 messages only!

- Attendance Office hours - 7:00am to 4:30pm



TROY HIGH SCHOOL

OCTOBER ELAC MEETING

Join us on **October 24th**
from **3-4:00pm** in the
Main Office Conference Room



LIGHT REFRESHMENTS WILL BE PROVIDED

The meeting will also be available on Zoom. A Zoom link will be sent out via Parent Square on the day of the meeting.

2200 Dorothy Ln
Fullerton, CA 92831


Questions?
email Mr. Medina at
jmedina@fjuhsd.org



TROY HIGH SCHOOL

REUNION ELAC DE OCTUBRE

¿Cuándo? **October 24th**
de **3-4:00pm** en la
Sala de Conferencias
(Oficina Principal)



SE PROPORCIONARÁN REFRIGERIOS LIGEROS.

También ofrecemos la reunion por Zoom. Mandaremos el enlace de Zoom por ParentSquare en el día de la reunion.

2200 Dorothy Ln
Fullerton, CA 92831

¿Preguntas?
mande mensaje a:
jmedina@fjuhsd.org

COVID-19 Reminder for all Troy High School Students!

In accordance with the Center for Disease Control (CDC), CA Dept. of Public Health (CDPH), and Orange County Health Care Agency (OCHCA), **Please do not attend school** if you have experienced any COVID-related symptoms:

- Flu-like symptoms such as fever of 100.4 or greater
- Chills
- Cough
- Sore throat
- Runny or stuffy nose that is not associated with a pre-existing condition or other chronic health condition.
- Last but not least, **if you have taken a COVID-19 test** and are still waiting for results, **please do not attend school until you receive the results of that test**, and then **only come to school if you are negative for COVID-19!**

- **If a student is exposed or tests positive for COVID-19:**

Students should remain home when sick. If the student is confirmed positive for COVID-19 or displays positive symptoms parents should contact the school office or designated administrative position (School nurse, APSA, etc...) as in place last year.



CONTACT US

Karl Zener, Public Information Officer
Carrie Montoya, PIO Assistant

(714) 870-2803
kzener@fjuhsd.org
cmontoya@fjuhsd.org

HANDLES

Instagram: fullerton_joint_union_hsd

Twitter: @fjuhsd

Facebook: Fullerton Joint Union High School District

YouTube: Fullerton Joint Union High School District

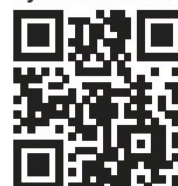
TikTok: @fjuhsd



Social Media



FJUHSD Website



Stay Connected: www.fjuhsd.org

This is the link for the FJUHSD October Newsletter.

<https://myemail.constantcontact.com/FJUHSD-October-Newsletter--Dear-FJUHSD-Family.html?soid=1137290499741&aid=4LjgMH1cUYw>

From Troy's Guidance Department, and AP Coordinator, Ms. Lisa Avila here is a video that helps our students and parents with the process of registering Troy students for their AP Exams! This video for is for parents/students to help walk them through the process of registering and paying for their AP exams through Total Registration. This video has also been sent to all of the AP teachers, posted on the Troy website, and in all of the counselor's Google Classrooms.

[Advanced Placement \(AP\) Registration and Payment Instructional Video](#)

Sincerely,

Mrs. Lisa A. Avila

Counselor

<https://www.fjuhsd.org/domain/199>



Here is another wonderful seasonal artistic creation by resident artist, Mrs. Shannon Cogswell!

It is that time again! Time for students in the 8th grade to start thinking about where they are going to school next year! On Thursday night, Troy participated in a high school information fair at The Pegasus School in Huntington Beach with a great turnout! Information is available for 2023-2024 Applicants for Troy Tech, International Baccalaureate, Cambridge programs and Honors/AP classes at Troy. Prospective student events and our January 2023 testing dates are available on [applicants.troyhigh.com](https://www.fjuhsd.org/cms/lib/CA02000098/Centricity/Domain/235/Troy%20Tech%20Flyer%20October%202022.pdf) and on our updated flyer <https://www.fjuhsd.org/cms/lib/CA02000098/Centricity/Domain/235/Troy%20Tech%20Flyer%20October%202022.pdf>

Laurie Downum-Bonnett

Troy Tech Coordinator

Ldownum@fjuhsd.org



Troy Tech Est.1986

[applicants.troyhigh.com](https://www.fjuhsd.org/cms/lib/CA02000098/Centricity/Domain/235/Troy%20Tech%20Flyer%20October%202022.pdf)

[@WeAreTroyTech](#)



Here is some more valuable information from our Troy Guidance Department! This is a link for virtual financial aid workshops. There was already one held on October 5th, and these meetings are once or twice a month with the next one being on November 16th!

https://www.csac.ca.gov/sites/main/files/file-attachments/gsa_2022-68.pdf?1664944018



We should start getting used to our Troy Band and Colorguard regularly winning their Field Shows. Last weekend Troy took First Place in the Valencia High School Classic Field Show, and have the hardware to show for having done so! Prior to the competition, one of Troy's co-drum majors, Mr. Edwin Liu promised the band that if they took 1st place, he would shave his head. Apparently his hair is much shorter now than prior to the competition. However, Band Director, Mr. Castillo does not feel his haircut is short enough. ☺ Great job, Warrior Band and Colorguard!

Troy Performing Arts Presents

The Cat and The Canary

By John Willard

“Murder Mystery in Three Acts”




Tickets \$10.00

@GOFAN.CO/APP/SCHOOL/CA8059

October 26, 27, 28, 29 | 7 PM

Thomas Moore Auditorium

This is the new theatre comedy production that will be starting on October 26th in the Troy Theatre. Our actors are terrific and I am certain this performance will not disappoint!



TROY HIGH SCHOOL 2023 SENIOR PORTRAITS & YEARBOOK ADS


TROY HIGH SCHOOL ILIUM


COMMEMORATE YOUR GRADUATE TODAY


SENIOR PORTRAIT APPOINTMENT


Senior portraits are taken at PSS Imaging's studio in Anaheim. Contact them asap to schedule your appointment. They fill up fast.

The deadline to be included in the yearbook is **Thursday December 15, 2022**

 PSS Imaging Inc.

 714-630-7785

 www.pssimaging.net

 1630 South Sunkist St Suite S
Anaheim CA 92806

YEARBOOK SENIOR ADS

Celebrate the accomplishments of your 2023 graduate with a full color ad in the 2023 Troy High School yearbook.

We invite parents, guardians, family members and even friend groups to commemorate this milestone with a senior ad.



Create and pay for your ad [HERE](#)



Ad & payment due no later than
January 8, 2023



866-287-3096 (tech support)

Last Saturday we held the PSAT for Troy 10th and 11th graders. Troy Counselor, Ms. Sarah Saleen wrote, “Saturday's PSAT exam went smoothly, with 542 students testing in both

gyms and rooms 501 and 504. Thank you everyone for your help, hard work, as well as teachers who shared campus space for this test. Also, a huge thank you to the school counseling team for the work and support. There are many tasks required to organize and facilitate this exam and I am appreciative to all of you. Have a great week.

Mrs. Sarah Saleen, M.S., PPS

Troy High School Counselor

Congratulations is in order for one of our Troy Teachers! On Tuesday, Troy Cyber Teacher, Mr. Allen Stubblefield was awarded the 2022 Presidential Cybersecurity Education Award! This recognition is given by the U.S. Department of Education and awarded by U.S. Secretary of Education Miguel Cardona. I have included a link to the press release as it gives far greater detail and depth in a less words than I could write to explain what Mr. Stubblefield means for the cyber education field. Suffice to say, there is a great need for people in cyber defense who are on the side of the good guys. ☺ <http://ed.gov/news/press-releases>

Later on Tuesday afternoon after receiving notification of this recognition, Mr. Stubblefield wrote this message thanking our Troy Staff. It is a great message and revealing.

Thank you to all who have sent me emails or saw me in-person. This award is more of a team/program award. Christian Nguyen and David Kim are huge parts of our cyber program and we are firm believers that we have the best and largest cybersecurity program in the US. With 290 Troy students, 190 middle schoolers and 60 4th & 5th graders, our afternoons are quite busy. But it is very rewarding work.

Cybersecurity is everyone's responsibility - we are happy to share tips if you want to be safer online!

Go Troy and Go Troy Cyber!

Allen Stubblefield

It is not uncommon for me to receive notice of amazing accomplishments or work our students have undertaken or completed. Often I think to myself, there is no way I was doing anything like that when I was in high school, and 99% of the time I am right. Last week I received an email from the Siam Rezwan the Chair of The Global Health Leaders Conference

Undergraduate Program in Public Health Studies John Hopkins University. This is what was written.

To Whom It May Concern:

I hope this email finds you well. On behalf of the Board of Directors of The Global Health Leaders Conference at Johns Hopkins University, we would like to congratulate your student Lance Yeh for presenting in our 2022 program which was held virtually throughout the summer. Our international conference is a premier global health education program led by Johns Hopkins University students and faculty; at our conference, emerging global health leaders in grades 9-12 from around the world learn from one another and some of the world's leaders in global health and medicine. In addition to Lance, other speakers at our conference have included Nobel Laureates, world-renowned professors, humanitarians, researchers, and physicians.

Lance was one of the few students from California admitted into our highly selective program this year and chosen to present. We sincerely thank Troy High School and your community for nurturing future leaders in global health and medicine - Lance wonderfully represented Troy High School and California in our program.

The recording of Lance's talk is linked below:

- <https://youtu.be/6UkE85gnORw>
 - *Lance presents on the global impact and response of the most prominent and common form of cardiac arrhythmia, Atrial Fibrillation. He discusses the rapid growth of the AFib epidemic, the undertreatment and mistreatment of AFib, and how biomedical technologies are counteracting AFib in developing and developed countries. Despite its severity, Afib is an obscure topic, so he urges a global need for increased health literacy and medical intervention.*

Again, our most sincere congratulations to Lance!

Best regards,

Siam Rezwan

Chair of The Global Health Leaders Conference

Undergraduate Program in Public Health Studies

Johns Hopkins University

<https://glohea.org>



It has been a very good week in sports, and we hope to keep it going tonight at the Homecoming Football Game vs. Sunny Hills High School! Yesterday at home, our Freshman Football Team won the game in dominant fashion 32-8! Our JV Football Team also won on a come from behind 26-0 at halftime to win 29-26! Amazing! Never give up! Also this week, our Girls' Tennis Team went to 10-0 in the Freeway League and are the Champions! Our Boys' Water Polo on Tuesday beat Fullerton and yesterday defeated Sunny Hills 21-3. This weekend, our X-County teams are competing at the Mt. Sac Invitational, so we can expect some great news on Monday that I will share in the Warrior Weekly next Friday!

This message and reminder is for all parents/guardians, and any other visitors to our school campus during the day. All visitors must sign-in at the Front Office before entering campus and get a Visitors Pass. If there is a scheduled meeting with a teacher or counselor, this is still true. If you are attending an athletic contest, you do not need a Visitor's Pass and you may enter through the Athletic gate near the North Parking lot and then proceed to the athletic field, gym, or pool in which the contest is being held. With the start of athletic contests on campus before the end of school, this is more important than ever, as any adult outside of the location of the athletic contest must have a Visitors Pass. Please help us ensure the safety of our

campus while still being able to set up meetings and communicate with our staff. Thank you very much for your assistance!

Troy Central Tutoring



Monday - Friday

- Math
- Biology
- World History
- English
- Spanish

Location

Library

Hours

3:45 pm - 5:00 pm

Contact

igarcia@fjuhsd.org

**"Believe you can and you're halfway there."
-Theodore Roosevelt**

Troy Central is back! Monday through Friday until 5:00pm! Students, if you need some additional resources to help you with your classes, here is another option!

The Congressional Award

enacted by Public Law 96-114;
legislated as a bipartisan effort in both the Senate and House of Representatives;
hereby recognizes

Kelly Ho

with this Gold Certificate
for outstanding contributions to their community and undertaking the values of initiative,
service, and achievement



Nancy Pelosi

Speaker

United States House of Representatives

Mark McClellan

Majority Leader

United States Senate

Kevin McCarthy

Minority Leader

United States House of Representatives

Peter Dinklage

Chairman of the Board

Congressional Award Foundation

Charles Schumer

Minority Leader

United States Senate

Congratulations to Troy student, Ms. Kelly Ho! To receive this Congressional Award, Kelly completed over 400 hours of volunteer community service within 2+ years plus 200 hours of Personal Development, 200 hours of Physical Fitness, and self-planned a 5-day, 4-night Expedition or Exploration trip. Kelly has been actively involved in multiple community service opportunities through Lion's Heart Channel, of which she is the Fullerton Girls' Chapter President. The majority of her volunteer hours are spent with organizations supporting trafficking women/survivors, namely International Sanctuary and Crittenton Services for Children and Families in Fullerton.

Thank you to Kelly's Mom, Ms. Nicole Ho for some additional details. ☺ In addition to the certificate here is the email from the Congressional Award Team,

Dear Kelly,

Congratulations on your recent Congressional Award approval! Attached is your Congressional

Award Gold Certificate. If there are any additional certificates you are needing, you should be receiving an email from us with that certificate shortly. For any medals, it generally takes around a month after your approval to mail them after we get them from the US Mint.

Congratulations again on all your hard work!

Best,

The Congressional Award Team

301 Ford House Office Building

Washington, DC 20515

Office (202) 226-0130

Fax (202) 226-0130

www.congressionalaward.org



Yesterday, we and many people throughout California held the Great Shakeout Earthquake Drill. The drill begins with a duck, cover, and hold command, and then is followed by a total evacuation of all buildings. All staff and students are then counted, Command Posts are set up, Security, Search and Rescue, Medical, Damage Assessment teams get to work and Student/Parent reunification check point is set up. During the drill we had some of our Halloween dummies used as props rather than use actual humans as we wanted everyone to have the full experience of completing the drill. Drill Coordinator, Assistant Principal Mr. Jeff

Padgett and our Safety Team completed an exhaustive review of our procedures before the drill, and I believe this is the most ready and best run Disaster Drill I have ever seen. This was also an effective drill because students and staff took the drill seriously, knowing it is likely someday we will get a very large earthquake.... We don't want to have an earthquake happen at all, let alone if we are at school. However, we can take comfort in the fact that if it happens while we are at school we know we have the skills to help all of us in our Troy community get through it. Great job, Warriors!

I have written about our wonderful Vocal Music program at Troy High School more than a few times and this year is no exception. I suggest you put their December 9th Winter Concert on your calendar now. Why? On October 10th I received a very exciting notice from our Vocal Music Director, Mr. Mark Henson regarding Disneyland Candlelight.

The Troy Vocal Ensemble has been chosen once again to perform as part of the annual Disneyland Candlelight Event this December.

The group will perform in two nightly performances on Saturday, December 3 and Sunday, December 4 at Disneyland. The Candlelight Event features a professional symphony orchestra, a celebrity narrator (to be announced at a later date), and a candle-lit processional on Disneyland's Main Street, and a mass choir of the finest singers.

With hundreds of high school, university, and community choirs submitting audition recordings, it is a prestigious honor to have been selected for this event!

Congratulations to our wonderful choirs at Troy High School and their Director, Mr. Mark Henson! Everything they do is amazing, so them going to Disneyland to perform in the Candlelight Event again just reinforces how good and consistent they have become year after year. Great job, Warriors and I think many of us will enjoy seeing you perform in December both at Troy and Disneyland!



Ok, here is probably one of the last of my Fall pictures with Donna and Luna that I will share this year. This one was taken at the old Mammoth Lakes Eastern Sierra Mountains townsite earlier this month. There is virtually nothing there in terms of buildings or even foundations, but the scenery is hard to beat.

For all of us, it is going to be a very nice, cool, Fall weekend! If you are so inclined, come out and see our Homecoming Football Game tonight! Regardless, I hope everyone is able to get some much needed rest, relaxation, and hopefully also able to spend time with family and friends! Have a great weekend and I look forward to seeing everyone back here on Monday!

W.V. Mynster