

ORACLE

2200 E. DOROTHY LANE, FULLERTON, CA 92831

The homelessness crisis A temporary solution to a permanent problem

A recent court settlement offers short-term shelter to homeless individuals.

By Alina Choi and Malika Pandey
STAFF WRITERS
Photo by Ida Kazerani
PHOTO EDITOR

Supplying shelter and food for hundreds of homeless people, the City of Anaheim cleared homeless encampments on the banks of the Santa Ana River following the approval of an emergency aid package Feb. 20.

Encampments grew substantially over the past two years and led to increased crime on the bike trail adjacent to the river banks.

Amid the growing crisis, Anaheim city council members voted to declare a state of emergency over the homelessness issue last September. Government officials also deemed the river banks unsafe for habitation and hoped to relocate the encampments ahead of an environmental re-

mediation project. As the issue intensified, councilwoman Kris Murray introduced "Operation Home Safe," which offered shelter to the homeless. Under the resolution, the county provided additional mental health and safety services near the homeless encampments and opened Orange County's first year-round homeless shelter in May.

Although the shelter provided short-term relief, it did not have the capacity to house hundreds of homeless people. In response to concerns raised by homeless rights advocates and residents, the county approved the construction of an additional temporary emergency shelter.

Other Orange County cities, including Fullerton, Garden Grove, Orange and Santa Ana, opened National Guard armories to house the homeless. Following initial attempts to clear out the area, homeless rights advocates sued the Orange County government Jan. 29, challenging cities' treatment of the homeless population. United States District Court Judge David Carter mediated a compromise between officials and advocates to address the crisis responsibly. The settlement ultimately allowed the county to resume clearing the riverbed upon the Orange County Board of Supervisors' approval of an emergency aid package that gave homeless residents 30-day motel vouchers.

According to county spokeswoman Jennifer Nentwig, since the first court hearing Feb. 13, nearly 600 homeless individuals have been relocated to various motels and nearby shelters.

As of March 9, all homeless individuals have been moved. The riverbed, a longtime symbol of Orange County's homelessness crisis, is empty for the first time in years.

"This is a momentous occasion and will undoubtedly shape how we address issues of homelessness moving forward," Andrew Do, chairman of the Orange County Board of Supervisors chairman, said in a statement Feb. 27.

Nonetheless, the crisis is not yet completely resolved, and the effectiveness of the county's latest efforts to address the issue is yet to be determined.

Across the county, non-profit organizations are providing additional care for the homeless. Students can volunteer with groups such as Mercy House (mercyhouse.net) and the O.C. Food Bank (ocfoodbank.org).



HOMELESSNESS IN ORANGE COUNTY

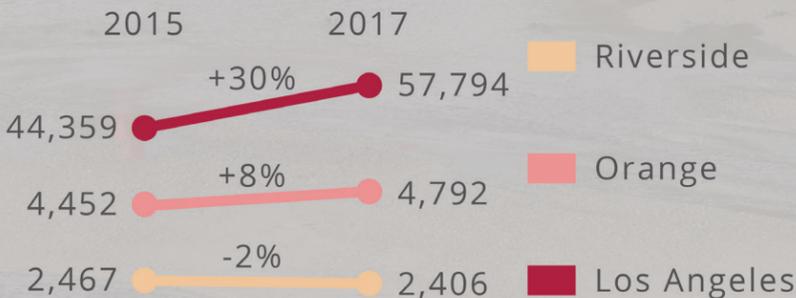
GRAPHIC BY TU-AN NGUYEN

In 2017, there were **4,792** homeless people in OC alone.

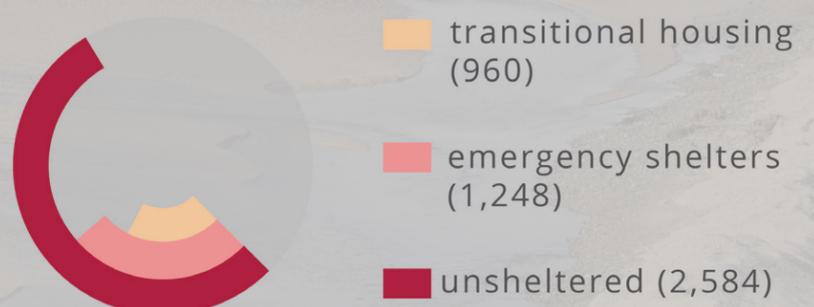


The number of homeless men outnumbered women 3:1

Population trends by county



Living situations of the homeless



INSIDE THIS ISSUE

OPINION
Get our take on the recent controversy surrounding well-known United States Senator Elizabeth Warren and her claims to Native American heritage.



FEATURE
Immerse yourself in the different dances Warriors from diverse backgrounds perform and the rich and dynamic cultures they are a part of.



SPORTS
Follow up with Warrior boys golf's recent 198-245 win at its second game of the season as athletes get off to a strong start.



“Pagalingin” showcase highlights Filipino cultural music and dance



ASHLEY BRANSON

DANCING QUEENS: Senior Savannah Ner and juniors Marlena Mallari and Jeremie Javellana perform a traditional sakpaya dance choreographed by PSST members.

PSST members performed modern and traditional dance sequences, as well as a play about family ties.

By Alina Choi
STAFF WRITER

Encouraging cultural awareness, the Pilipino Sharing Smiles Together (PSST) club held its annual Pilipino American Cultural Night (PACN), “Pagalingin,” at the Fullerton Plummer Auditorium Feb. 24.

Following a short pre-show, performances included a mix of different art forms, mainly cultural and modern dances, which were incorporated into a skit about parental and filial love. Grouped into various general categories such as the Maria Clara, tribal, rural and the Moro, the different dance styles were woven into the skit. Students also performed musical numbers between dances.

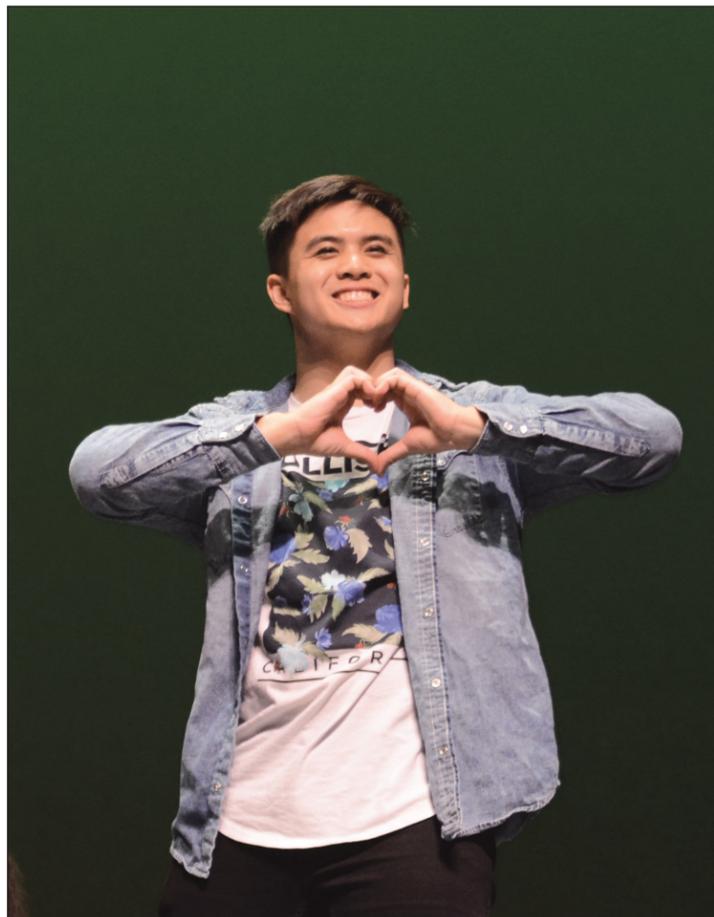
According to publicist Rowena Luminarias, the “Pagalingin” showcase held cultural significance for not only students of Filipino descent, but for all attendees present.

“‘Pagalingin’ was really enriching for both people who are Filipino and people who aren’t,” Luminarias said. “You can just see how passionate the performers are. By being there, the audience was able to experience a world they probably never even thought [existed].”

To prepare for the showcase, members practiced on a regular basis Thursdays and Saturdays to coordinate the event. According to Luminarias, by strengthening members’ interpersonal bonds, practices greatly strengthened the overall execution of performances.

The event is an important way for students to learn more about Filipino history, Luminarias said. In a time when national identity is being emphasized over individual identity, events like Pagalingin connect students to their cultures.

“As we progress into an age where there is a standardized American [culture], it’s important that we connect with our backgrounds,” Luminarias said. “It’s still important to be able to see something new, and to learn and grow from it.”



ASHLEY BRANSON

HEART TO HEART: A PSST senior strikes a solo pose in the senior dance feature set to “Take a Bow” by Rihanna.

AVID seniors deliver notes to hospital

Warriors aiming to support other community members are sending messages of encouragement to senior citizens in a local hospital.

By Katie Nguyen
STAFF WRITER

“Laughter is the best form of medicine!”

Spreading optimism to those in need, seniors Samantha Place, Claire Berge and Otto Kemp are distributing motivational notes in glass “happy jars” through an Advancement via Individual De-

termination (AVID) project they are directing that runs through the end of March.

The motivational notes the seniors collect will be given to patients in the Transitional Care unit at the Presbyterian Intercommunity Hospital in Whittier, which houses many senior citizens who have recently undergone surgeries.

The students enlisted several classes to help them write 1,700 notes for approximately 50 jars, and they are in fact still collecting notes.

atmosphere.

“We all love helping and spending time with [the elderly],” Kemp said. “We want to do something that would cheer them up. These jars and the jokes and encouragement make patients laugh. That’s our goal: to spread happiness.”

According to Place, the project will help patients who often feel lonely in the hospital by brightening their spirits.

“Having a strong mind while you’re trying to heal helps so much.” Place said. “[The jars] will be a way to help them power up.”

“Having a strong mind while you’re trying to heal is [important.]”

Samantha Place
senior

the elderly after strenuous operations. Through the project, the seniors hope to enliven the hospital

TROY TODAY

Walkout to protest gun violence and honor lives lost in school shooting

On March 14, as part of a nationwide event, students are walking out of class into the quad from 10:00 to 10:17 a.m. The 17 minutes of the event will honor the lives lost in the Dec. 14 shooting at Marjory Stoneman Douglas High School in Florida.

Troy JROTC sends two drill teams to nationals

For the first time in national JROTC history, two teams from the same school have qualified for the national competitions. Team Black placed second, and Team Red placed third at the Santa Ana state competition. Both will compete at nationals in April.

Warrior Robotics honored for community work

On Feb. 17, the Warrior Robotics team was given the “Outstanding Student Project Award” by the Orange County Engineering Council (OCEC). Troy is the first high school to receive this award, which honors students’ work in STEM education.

Warriors place at Quad-High MUN

The Model United Nations club joined with Rowland, Diamond Bar and Walnut high schools to plan the Quad-High MUN conference on March 3. Junior Prince Wang co-chaired for the Peace in Outer Space committee. Freshman Sky Jung served as a delegate.

Troy Music produces Festival of Orchestras

Students in the Apollo Strings and Symphony of Troy performed pieces including Meyer’s “An American Rhapsody” at the Festival of Orchestras March 2. Their performance also included pieces such as “Air for Strings,” by Dello Joio and “Serenade in E. Op. 22” by Dvorak.

Drum line begins winter season at West Covina

Performing “Pandora’s Box” at the first official competition of the season, the Warrior Winter Line placed seventh out of 12 drum lines with a score of 65.20 in Division Scholastic B at West Covina High School March 3. The team’s next performance will be at Whittier High School March 31.

Students participate in mock legislature



IDA KAZERANI

WE THE PEOPLE: Junior Tanisha Joshi debates a bill on the Senate floor as junior Mayee Yeh takes notes for caucus meetings and prepares to vote on the proposal.

Warriors competed at the Southern California JSA Winter Congress to learn about federal lawmaking procedures.

By Malika Pandey
STAFF WRITER

Introducing students to the political process, the Warrior chapter of Junior State of America (JSA) attended its first Southern California Winter Congress in Woodland Hills Feb. 24-25.

JSA is a student-run organization that provides high school delegates the opportunity to build leadership and debate skills and experience the legislative process

through simulations of modern-day congressional sessions. By exchanging ideas at the mock congressional sessions, participants gain problem-solving skills as well as a well-informed view of complex issues, Co-President Ryan Stofer said.

The conference marked the first mock congressional event Warrior JSA members have attended. On the opening day of the mock congressional session,

members debated proposed bills during floor meetings divided into smaller departmental committees. The next day, attendees of each chapter presented, debated and voted on the bills they had discussed the previous day within mock Senate committees and House of Representatives meetings.

Through the event, participants gained a greater understanding of diverse political perspectives, Stofer said.

“Typically, most people [are only exposed to] one political party,” Stofer said. “We have to acknowledge that there are other political parties and see political issues from their perspectives as well.”

Ryan Stofer
Co-President

According to Stofer, JSA events prompt stu-

dents to become more politically literate, providing participants a better understanding of relevant issues in a politically turbulent era.

“[Participants] become politically knowledgeable in what is going on, the issues of today and possible solutions,” Stofer said. “[The conference] is a good starting point for knowing what we can do as American citizens to try to better our society.”

“[We need to know] what we can do as American citizens to try to better our society.”

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Elizabeth Warren must affirm her Native American heritage through action, not words

By Sophie Byerly
STAFFWRITER



On Feb. 14, Senator Elizabeth Warren responded to President Donald Trump's reference to her as "Pocahontas," a label he has used nine times over the past year to question her claims to Native American ancestry. In her speech, Warren reaffirmed her heritage and slammed Trump's racist comments.

While Warren's assessment of Trump's conduct is accurate, the question of her descent remains.

She has offered no conclusive evidence of her Native American blood, but Warren continued to maintain that she is Cherokee, received an award as a minority faculty member at the University of Pennsylvania, and even submitted recipes to a Native American cookbook.

Warren's behavior would be more understandable if she were actively involved in the Native American community, but she is

not. Admittedly, she has supported measures that could benefit natives, such as allowing rural banks to offer financial services, but many of these efforts were not specifically targeted at Native Americans. In fact, former Cherokee chief Chad Smith confirms that she has yet to reach out to help the Cherokee community.

The fact that Warren emphasizes her association with Native Americans yet remains distant from their problems is disrespectful to the culture she claims to represent.

Interestingly, Warren is not alone in clinging to dubious connections to Native Americans.

According to the federal census, the number of Americans claiming to have Cherokee heritage rose by 12 percent from 2000 to 2010, an increase the Pew Research Center reports is not attributable to births, immigration, or DNA testing alone. Though some of these people may have legitimate Native American ancestry, this rise seems to indicate that identifying as Native Ameri-

"Until Warren contributes more to the solution of these problems, her participation in Native culture is shallow at best."



COURTESY OF INDIANZ.COM

WARREN-T TO HER CLAIM: Senator Elizabeth Warren addresses the National Congress of American Indians Feb. 14.

can might simply be a trend. Regardless, this trend needs to stop. Neither Warren nor any of the other Americans who perpetuate questionable tales of their Cherokee ancestors should identify with a culture that they have not participated in, celebrated with or at the very least engaged with. Doing so reduces Native American culture to nothing more than a distant legend, despite the fact that the struggles associated with it are quite real.

Today, Native Americans experience far more challenges in life than the average American

does. Fragmentation of tribes and historical mistreatment have led to the landslide of problems affecting Native Americans today. Among other issues, mass incarceration, widespread poverty and prevalent sexual assault all plague native communities.

Until Warren contributes more to the solution of these problems, her participation in Native American culture is shallow at best. Ultimately, her determination to insert herself into the narrative of the native community removes focus from Native American culture and its accompanying issues.

CLIPS FROM Elizabeth Warren's Address to the National Congress of American Indians

"I get why some people think there's hay to be made here. You won't find my family members on any rolls, and I'm not enrolled in a tribe. And I want to make something clear. *I respect that distinction.* I understand that tribal membership is determined by tribes—and only by tribes. I never used my family tree to get a break or get ahead. *I never used it to advance my career.*"

To read the full transcript or watch a video of Elizabeth Warren's full speech:



COURTESY OF THE BOSTON GLOBE

COURTESY OF GOOGLE IMAGES



Fake News

What is it and what are its impacts?

By Amy Weng
STAFFWRITER



people. Some individuals label biased reporting and information that they dislike or disagree with as "fake" so as to discredit entire news organizations.

A Gallup survey even found that 42 percent of Republicans consider accurate news stories which describe politicians negatively to be fake news. In an era in which true stories are denounced as false and fake stories are hailed as genuine, it becomes undeniably difficult to be accurately informed.

Fake news encompasses a large variety of problematic content.

It is rarely ever black and white. According to Claire Wardle, research director of the non-profit First Draft News, there are seven types of fake news: satire/parody, false connection between content and cover, misleading content, false context, imposter context, manipulated content and fabricated content. Misleading content reports news that is partially true, but asserts a false claim. Imposter content is false news that appears to come from a reputable source. But, manipulated content—content with true information that is maliciously manipulated—seems to be most common. For example, Trump himself ironically misquoted his source, Director

of National Intelligence James Clapper, while trying to accuse mainstream media of lying about the Russian collusion issue.

Although fake news can be difficult to identify, the ultimate reason for its rapid spread is social media. The internet is a paradise for false news perpetrators mainly because it feeds users the information they want to hear. That is hardly surprising given a society in which, according to the American Press Institute, the majority of people rarely read further than the headlines. For instance, the hoax article "Pope Francis Shocks World, Endorses Donald Trump for President, Releases Statement" was published on an incredible website during the 2016 election. Despite the blatant signs of falsification, the story still garnered nearly one million Facebook engagements. If America's public is unable to make wise and rational decisions because of fake news, democracy as a whole is at stake.

As future voters, students must investigate anything that is identified as "fake news." The end of fake news is nowhere near in sight, so it is up to students to be conscious of the defining aspects of fake news and consider the credibility of sources.

Recent years have seen a surge of fake news so prevalent that the term even became the Collins Dictionary "2017 Word of the Year."

While President Donald Trump did not invent the term "fake news," he popularized its modern usage by labeling news sources that have published unfavorable op-eds and reported skewed angles as fake. And others, including authoritarian governments, have followed suit. In Myanmar, a security official told the New York Times that the Rohingya genocide "is fake news." Additionally, the Russian Foreign Ministry now stamps the word "FAKE" on news articles that it dislikes.

Evidently, fake news does not simply denote falsity to many



Not Fake Statistics

Over 2017, use of the word "fake news" has increased **365%**

COURTESY OF COLLINS DICTIONARY

# of times Trump has referenced fake news in 2017	3 2 0
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COURTESY OF FACTCHECK.ORG

42% of Republicans

consider accurate news stories that portray politician/political groups negatively to always be fake news.

COURTESY OF GALLUP

STAFF EDITORIAL

Changes to the scheduling system portend problems

Summer School

Due to budgetary problems, the Fullerton Joint Union High School District (FJUHSD) will be shortening summer school from eight weeks to six. FJUHSD will be able to save money by not paying teachers' salaries for those additional two weeks. The change will affect both remedial and elective summer courses offered on campus including art, health and theater. Unfortunately, students who struggle with certain subjects and need additional assistance through summer school will have less time to properly absorb and synthesize the information. Consequently, students will have to cram a semester-long class into a short period of time rather than properly master the subject.

Internships

Since senior internships receive summer school credit, the end date for internships has also been moved forward to July 11 instead of July 26. If students have less time to complete their 150-hour internships, they may have

to work a six-hour workday, resulting in an unfairly packed schedule for summer vacation. Students who may have already organized their summer plans, unaware of the alteration to the summer schedule, will have to conform to this unanticipated change. Furthermore, the closer deadline limits the way students plan their work hours, resulting in rigid, uncompromising schedules. More importantly, asking their mentors to have such strict hours may also be difficult for many students and could add complications for many Troy Tech students.

Fall/Spring Semesters

Warriors will no longer be able to drop or switch courses at the beginning of next semester unless their situation is deemed an exception by their counselor. Course alterations will be made on a case-by-case basis, which leaves room for potential loopholes. This change will, at the very least, partly relieve counselors of the difficulty of addressing hundreds of schedule change requests in the first few weeks, which they dealt with in the past semesters. Addition-

ally, administrators want teachers to teach curricula as early as possible without interruption from students transferring. Are these legitimate reasons to compromise student comfort? Perhaps not. Though counselors may benefit at the beginning of semesters, this change puts unnecessary pressure on students when choosing cours-

es. Incoming freshmen and sophomores who may be unfamiliar with the rigor of certain classes could register for extremely difficult classes and be limited to switching levels rather than having the option to replace or drop courses. As a result, their grades could be adversely affected for an entire semester.

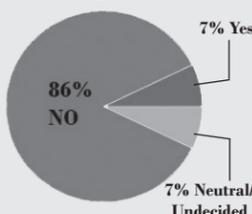


LUCY LEE

"Handling as many schedule change requests as counselors do in the beginning of the year must be incredibly overwhelming. I can respect that they are trying to lighten their loads."

-Far-sighted, freshman

Do you like the changes to the summer school/TT internship schedule?



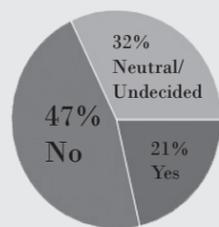
"Our schedules should help us grow and learn in the way we want, and these changes would take away our ability to do so!"

-Sensible, senior

"I feel that I will be **stuck** once the school year starts. Students need to feel like they **have the option** to opt out of a class."

-Claustrophobic in Classes, junior

Do you like the changes to the fall/spring schedule?



mark my words

Warriors speak out on campus issues

What do our Warriors have to say about the recently announced changes to the scheduling system? Read about the students' reactions here.



Since the administration hasn't given us a proper explanation yet I don't agree with these changes. But if their **reason is valid**, I'll accept these changes.

-Waiting for Answers, Junior



Want to read more Warrior opinions? Scan the code above to see the complete list of responses. Also, keep an eye out for our next MMW!

"What if I take a class, like AP Chem for example, that I end up **realizing I cannot handle** a couple weeks into first semester? There's no level for me to drop down to, and counselors won't allow me to change courses anymore. **Now I'm scared** to try taking AP Chemistry because I'm not entirely sure if the class is right for me. Allowing students to drop or change courses into the semester allows students to find the right classes for them. We should have more freedom with the classes that we take and how we adjust our classes."

-Inhibited Experiment, sophomore

COMPILED BY LEX PARK, OPINION EDITOR

The Wizarding World of Troy: Getting Trolled by Irene Yoo



A Universal

It is easy to find a disconnection between different cultures when...
Millani Tamayo, Michelle Wan and Pallavi Malladi have found

Cartoons by Lucy Lee, CARTOON ED

By Jenny Tran, STAFF WRITER

Swaying to the soft tunes of the ukulele one minute and the thunderous beats of the native drum the next, seniors Leilani Alexander and Millani Tamayo bring the aloha spirit to Fullerton.

In every movement, Polynesian dancing encompasses the beauty of the Hawaiian and Tahitian islands. At a young age, Alexander fell in love with the fluidity and grace of hula dancing while Tamayo grew fond of the powerful, rhythmic motions of Tahitian dancing. The pair has been dancing together for two years as part of the Warrior club, Teens Spreading Aloha, as well as the off-campus dance studio, Aina Creations. Though they specialize in different aspects of Polynesian dancing, their appreciation for the culture brings them together.

Sweet Hawaiian vocal music echoes in the background as Alexander sweeps her arm across her body, mimicking the waves of the ocean. The cupping motions of her hands symbolize the blossoming flowers that are celebrated in the song. Through these simple gestures, Alexander invokes the nostalgia of hula dancing in those who are familiar

with the Hawaiian culture.

"The most rewarding aspect of hula dancing is sharing it with other people and seeing their reactions to [my] dancing," Alexander said. "Some people start crying when they see [me] dance because they love that song or used to know how to hula. It really resonates with them."

"Dancing is my escape from reality."

Millani Tamayo
senior

While hula dancing consists of slow flowing motions, Tahitian dancing focuses on rapid hip movements that take the spotlight. With drums beating in the background, Tamayo retells the story of the powerful fire goddess, Pele, through the brisk, sharp swings of her hips.

"I usually say [Tahitian dancing] is like telling a story with your hands on your hips," Tamayo said.

Behind their bright smiles, Alexander and Tamayo use all the strength in their legs and core to maintain balance and poise. For this dynamic duo, dancing is their power.

"Hula is my thing," Alexander said. "It means the world to me. It's what my life revolves around."

"Dancing is my escape from reality," Tamayo added. "When I'm having a bad day, it is my happiness."

COURTESY
OF LEILANI
ALEXANDER

Polynesian

A FIERY PASSION FOR DANCING: *With strong backgrounds in Polynesian dancing, seniors Leilani Alexander (left) and Millani Tamayo (right) express their love for the culture by incorporating Hawaiian and Tahitian fables into their dance routines. In doing so, they put a modern spin on tradition.*

Language

...faced with language barriers. However, seniors Leilani Alexander, ... and a way to bridge this gap as they translate words into dances.

...TOR, and Irene Yoo, CARTOON

By Charlis Clark, STAFF WRITER

Leaning forward slightly, the performers dance to the music as if placing heavy bricks on the black stage they stand upon. When the last note rings out, the group rises in unison, faces drawn into expressions of awe. The road they have been building is finally complete, and the world is theirs to explore.

This is the story of the Tibetans, just one of the many ethnic groups featured in the Chinese dance routines that senior Michelle Wan has participated in for over 10 years. At Jin's Dance Studio in Diamond Bar, Wan explores the different cultures that make up Chinese folk dancing, or Min Zu Wu. Among the routines she practices are mixtures of traditional and ethnic

myths and legends. Through these medleys, Wan has come to find that her culture is much more than just the story of one homogenous race.

Throughout history, 56 unique ethnic groups have made homes for themselves in China and Taiwan. With varying customs and beliefs, each group has a very different way of living. To represent these differences in her dances, Wan must incorporate specific movements and techniques to rhythmically paint the history of each minority group. These dance steps greatly differ from the traditional dance of the Han Chinese as dancers must trade free-flow-

ing movements for the formal and elegant techniques associated with traditional dance.

From the lively and free dance of the Mongolians to the cadenced and ardent dance of the Tibetans, for the short period of time they are onstage, Wan and her fellow performers become members of different minority groups to tell their stories. In this way, Wan quite literally embodies pieces of her culture. "[Dance] means a lot to me," Wan said. "With every routine I practice, I learn more about my culture."



COURTESY OF MICHELLE WAN

Min Zu Wu

By Charlis Clark, STAFF WRITER

Everywhere we look, we see dazzling smiles and raised eyebrows. We may not pay attention to the expressions which come and go so often, but to Bharatanatyam dancers, they are considered an art form.

For senior Pallavi Malladi, this ever-shifting guise has become second nature. As a member of the Arpana Dance Company, Malladi has been practicing the Indian cultural dance known as Bharatanatyam since she was six years old. Originating in South India, the dance uses traditional 17th to 18th century Indian techniques and classical vocal music to immerse dancers and audiences alike in a heartfelt storytelling experience.

The rhythmic routines of Bharatanatyam

encompass nine moods collectively known as Navarasa—delight, humor, sorrow, anger, heroism, fear, disgust, wonder and peace—within their gliding movements. Dancers must express these feelings without the aid of words in order to convey an underlying theme to their audience. Wide eyes and clasped hands accompany feelings of wonder and devotion as a performer prays to a god. The same performer might then smile giddily upon seeing her lover.

Before beginning a routine, Malladi must first learn the meaning behind each and every lyric in the song she performs to since the words are often in a language both the dancers and the audience do not understand.

"Indian dance has a lot more underlying meaning to it because it accompanies music with words that have a deep, rich history," Malladi said. "A lot of the songs we perform to are hundreds or even thousands of years old, and I think it's very important that

we have an understanding and a respect for both the music and the dance."

Through their interpretations of the emotions in each song, Malladi and the other dancers convey a story using only their bodies. Malladi recalls a time when she adopted two distinct roles in the same scene of a performance. With a lithe body and a smug smile, she became a naughty five year old boy stealing butter. Then, in a flash, she transformed into the menacing neighbor who began to scold the boy. As she switched back and forth between roles, the accompanying music changed with her, at first suspenseful and then more lively and dramatic. And though she may have appeared angry as she became the scolding neighbor, what the audience couldn't see was the happiness in her heart.

"I feel like [the emotion of the dance] is something the audience can really connect with," Malladi said. "If you hear [the music], you will understand."



COURTESY OF PALLAVI MALLADI

Bharatanatyam

Fashion Feature

Check out Oracle's inside look at the most stylish kids of Campus Chic.

By Ariana Chow, ENTERTAINMENT & LIFESTYLE EDITOR, and photo by Michael Zhang, PHOTO



ENZO HAN

Dressing down is in vogue, and senior Enzo Han takes that minimalism to new heights. With a penchant for hoodies and sweatpants, Han assembles laid back, effortless looks characterized by a particular fondness for contemporary neutrals. As a member of Troy's beloved All Male dance team, Han chooses his clothes with his dancing commitments in mind, often opting for a clean pair of Vans to score comfort points and fashion credit simultaneously.

For Han, fashion is a part of his life that he gets to share with his friends. He takes inspiration from former Fashion Feature junior Aaron Villarreal and often shares style ideas with other All Male dancers. His typical approach to getting dressed is heavily influenced by his state of mind and customarily revolves around a pair of jeans, a top and layered pieces. Han does not consider himself to be a trendsetter, but he certainly appreciates the muted sophistication of a presentable ensemble.

Han swears by the tenets of the omnipresent pop culture icon Kanye West, whose fashion philosophy is perhaps best summed up within this unforgettable mantra: "So if the Devil wear Prada/Adam Eve wear nada/I'm in between but way more fresher."

Meal Prep



IRENE YOO

Breakfast may very well be the most important meal of the day, but everything you put into your body matters. Set yourself up for success with meal prep! It'll save you money, time and encourage healthfulness with little to no effort.

By Angelica Sano, STAFF WRITER, and photos courtesy of Andraya Eisenman

With busy lives and full schedules, most people find their health and diet take secondary importance. For those running on three hours of sleep and pure caffeine, getting up early to pack a healthy lunch just doesn't feel worth it. So it's time for a new idea: pack that lunch early.

Meal preparation has already established itself as a notable health trend. The concept is deceptively simple; just plan and prepare your meals ahead of time. But the daunting prospect of actually executing that concept often deters many eager individuals.

Seasoned meal preppers typically prepare large batches of food during an allocated couple of hours to be boxed up, refrigerated and eaten throughout the week. Using good quality, freezer-friendly lock-top containers can help maintain the food's freshness while also giving you the sweet snap of satisfaction from opening up a perfectly packed delight each day.

Preparing entire meals or even a couple ingredients can ease the stress of a hectic week and increase productivity. With fully cooked and packed meals stocked up in the fridge, people are free to devote more time and energy to their hobbies and studies. At the same time, meal prep can be wonder-

fully beneficial to your health, primarily because it gives you better control over your own diet.

But meal prep isn't just about the food. People love to collaborate and swap meals with their friends to encourage variety as well as social interaction. For math teacher Andraya Eisenman, meal prep is more than just a Sunday ritual. According to Eisenman, an avid meal prepper who regularly concocts stunning mason jar salads, the trend is an effective way to save time and stay healthy, even amidst a busy schedule. Her routine is simple: after collecting her ingredients and assembling the food, she and her best friend meet to swap half of their meals. This allows them to explore a wider range of recipes and experience an empowering sense of companionship.

"It's definitely been a time saver, and it's kept me healthier," Eisenman said. "It's allowed me to have these nice gourmet salads instead of just picking up Carl's Jr. or even picking up a salad at a fast food place. You might as well eat a burger at that rate because the dressings tend to be so unhealthy.

When I make my own stuff, I get to dictate what ingredients are going in and how much salad dressing and all that kind of stuff, so it definitely helps with the health aspect of my life."

All the same, some still harbor concerns over the limited variety that tends to characterize home-cooked meals. Quite the contrary, enthusiastic meal preppers like Eisenman can find an endless array of inspiration on Pinterest and Tasty. Sliced fruit or overnight oats are great for quick breakfasts, while rice-based dishes and bento boxes make for deliciously effortless dinners. To spice things up a bit, some devotees may also choose to adhere to quirky themes like Meatless Mondays or Stir-Fry Fridays.

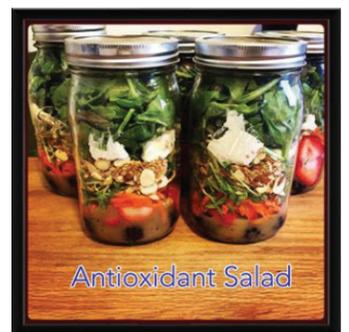
As high school students, there's not much that we can control, but what we can control is the kind of food we eat. Meal prep isn't just another transitory trend; it's a road that can really lead you to a healthier diet and a more organized life. Whether you prefer a fully decked out caprese salad or just a few apple slices, putting in a little bit of prep and a little bit of creativity can turn a simple lunch into a truly happy meal.



TU-AN NGUYEN



Caprese Salad with Chicken



Antioxidant Salad



Mason Jar Meal Prep

Strawberry chicken salad with honey goat cheese, dried cranberries, and homemade strawberry balsamic dressing

Pesto pasta with tomato, broccoli, and parmesan cheese

BLACK PANTHER

Gripping, hilarious and full of spectacle, the Ryan Coogler-directed “Black Panther” transcends its comic book origins to become a stepping stone for representation on the big screen, all the while never failing to exceed expectations as a film.

By Jois Talla, STAFF WRITER, and images courtesy of Marvel Worldwide Inc.



The latest installment in the Marvel cinematic universe, “Black Panther,” is more than just another fleeting superhero movie to watch before the Oscar season starts. Directed by Ryan Coogler, “Black Panther’s” impressive actor ensemble and immersive world exhilarate audiences as much as they challenge convention. Set in the fictional African nation of Wakanda, a technologically advanced paradise pulsing with the richness of African culture, “Black Panther” creates a world unlike anything audiences have seen from Marvel Studios.

Immediately following “Captain America: Civil War,” the film skips the traditional superhero ori-

gin story altogether, instead focusing on the heavy burden that lies on the new king of Wakanda, T’Challa (Chadwick Boseman). T’Challa soon finds himself threatened by an old nemesis in the cackling, one armed Ulysses Klaue (Andy Serkis), who is after Wakanda’s rich reserves of vibranium, the strongest metal in the universe.

It’s only when T’Challa meets Erik Killmonger (Michael B. Jordan) that the plot of the movie picks up steam. Killmonger, who is driven by fierce anger and extremist ideology, hopes to spark a revolution of oppressed peoples around the world by using Wakanda’s resources and technological prowess. Masterfully acted, Jordan imbues in him a level of humanity and complexity that sets him apart from other Marvel villains. It’s through his character that “Black Panther” confronts themes like the legacy of slavery, colonialism and the obligation people with power and wealth have toward oppressed communities.

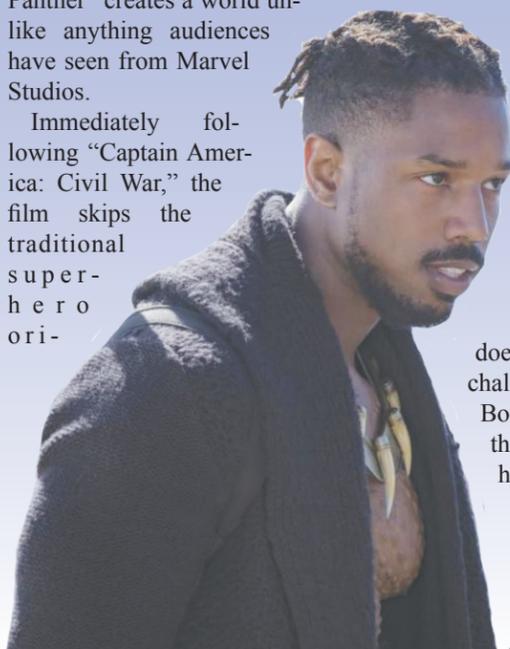
Of course, T’Challa doesn’t face these challenges alone. While Boseman does anchor the film with his regally

dignified portrayal, he is regularly upstaged by the film’s impressive supporting cast. Actresses Danai Gurira and Lupita Nyong’o shine as Okoye, the general of the royal guard and Nakia, spy and close confidante to T’Challa, respectively. It was Letitia Wright’s character Shuri, T’Challa’s technologically gifted sister, however, that provided the perfect counterbalance to Boseman’s dour seriousness with her youthful humor and sibling dynamic.

Still, “Black Panther” is unmistakably a Marvel film, with all the quippy banter, computer-generated action and Stan Lee cameos that have become the franchise’s calling cards. Too often, however, does Coogler’s storytelling seem to struggle against the tedious superhero movie template. Much of the movie’s moments are remarkable when they feel as personal and real as the powerful stories of adversity in Coogler’s other films (“Fruitvale Station,” “Creed”). It makes the ending—the customary, CGI-laden battle between good versus evil—seem all the more trite.

“Black Panther” is a celebration

of personal responsibility and identity. And with every Marvel movie comes an opportunity for the studio to refresh the formula and introduce new elements. Recent films like “Ant-Man” and “Guardians of the Galaxy” emphasize more comedic elements; however, “Black Panther,” sets itself apart with its depth of imagination and genuinely challenging themes. Inspiring in the way that “Wonder Woman” was an empowering breakthrough for women, “Black Panther” makes the case that comic book movies can have something meaningful to say, a direction hopefully to be seen in Marvel movies to come.



OVERLOOK

With so much music coming out throughout the year, some amazing records may have unfortunately fallen through the cracks. Make sure you’re not missing out on the best releases from non-major label artists today. Here are three sentence reviews of three albums released in the past three weeks!

By Christopher Lee, ENTERTAINMENT AND LIFESTYLE EDITOR



Twin Fantasy
- Car Seat Headrest

“Twin Fantasy” is a re-recording of Car Seat Headrest’s seminal 2011 album by the same name, but its new tier of confidence separates it from its predecessor. Though the healthy mix of synthscapes and classic indie rock and roll is nothing short of perfect, where the album excels is in its dense lyricism. Toledo pulls off an album with a jarring degree of specificity that touches on feelings familiar to almost anyone who has experienced young desire and heartbreak. 9.5/10

“Would you believe it? I’m a family man now,” frontman Kyle Durfey croons on the closing track of “Wait for Love,” subverting his past as screamo-extraordinaire. And he isn’t just overcome by wonder or realizing the grim inheritance of generational trauma. He’s both, and the album’s closer “Blue” reiterates what “Wait for Love” has made clear: that Planos Become the Teeth are just as deadly serious about new life and new love as they were about death and loss. 7.9/10



Wait for Love
- Planos Become the Teeth



How to Socialise...
- Camp Cope

The innocuous title of “How to Socialise & Make Friends” suggests a focus on awkward moments or menial triumphs, in the vein of Courtney Barnett. But from its opening, solitary bass line, the record walks confidently through difficult topics, often with an emotional tug felt in retrospect. In Camp Cope’s sophomore LP, they take on the music industry’s codified sexism, speak up about experiencing sexual assault, and butt heads with all manners of inadequate men. 8.1/10

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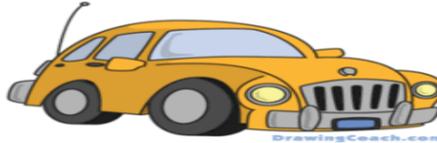


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MR. THS 2018

Meet this year's contenders for the title of Mr. THS!

Compiled by Ashley Fan and Hannah Ro, EDITORS-IN-CHIEF,
and photos by Ashley Branson, PHOTO



Q: What are you most known for?
A: I'm known for my weird sense of humor and laughing at jokes longer than anybody else does.

ELIJAH



Q: Which character was the most interesting to play in theater?
A: Officer Lockstock during Urinetown [...] through it I got to know some of my closest friends.

JOSH



ALEC

Q: What is the craziest rumor you have ever heard about yourself?
A: Someone said that I don't double knot my shoelaces, but I always do.



Q: Describe your wildest ASB moment in five words.
A: Andrew Li cutting his finger.

KEVIN



Q: What is the most embarrassing thing you have done?
A: Cross dress in the quad for my homecoming proposal.

ANDREW



AHMED

Q: What are your desert island valuables?
A: A television, my little sister and a lifetime supply of Cinnamon Toast Crunch.

BRENT

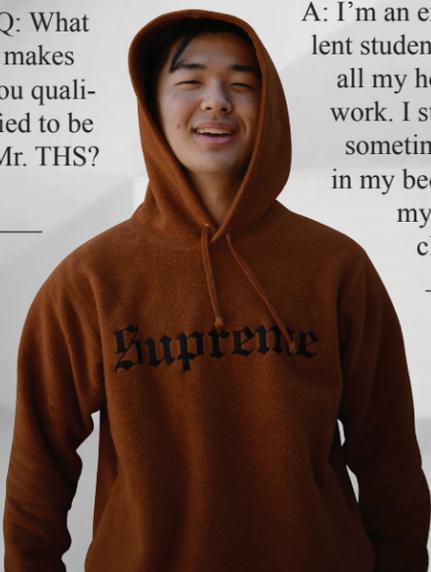
Q: How do you come up with drum cadences?
A: Hip hop really emphasizes the beat and production, and I try to emulate a lot of the same ideas in my cadences.



BRYTON

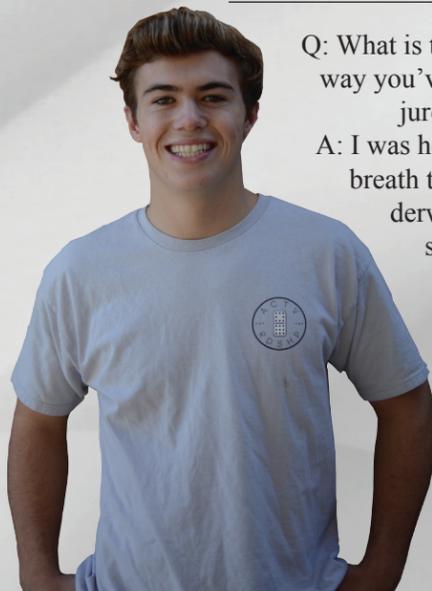
Q: What makes you qualified to be Mr. THS?

A: I'm an excellent student. I do all my homework. I study... sometimes... in my bed with my eyes closed.



NIKO

Q: What is the dumbest way you've been injured?
A: I was holding my breath too long underwater during swim, and I passed out and got an inflamed right lung full of blood.



Warrior golf subdues Marina

The boys golf team (2-0-0, 0-0-0) entered preseason in full swing.

By Jason Choi
STAFF WRITER

The Mariners may rule the sea, but the Warriors dominated the ground in a blow-out match 198-245 March 1.

The Warriors' approach shots netted the team multiple pars to edge out the competition. Senior Jetty Sivongsay medalled the match with an overall score of 38, scoring two birdies and four pars. Co-captain Paul Khang trailed closely behind with 39 strokes and seven pars. Freshman Alan Pham snagged a birdie and five pars to also post a score of 39. Co-captain

Mitchell Sima and senior Alex Makimoto both scored 41, while co-captain Trevor Talbert brought up the rear with 46 strokes. Although the Warriors scored above their usual handicap, they still easily dominated the Mariners, whose best player scored a 43.

While their approach shots were at near-perfect accuracy, the Warriors stumbled

with their tee shots and putting. The boys frequently landed in roughs and hazards multiple times throughout the game, partially attributed to the windy weather and Hacienda's narrow course. Many of the golfers also missed easy birdies and pars with faulty putts, which considerably shortened the point gap. Nevertheless, the Warriors controlled their shots more precisely than the Mariners and ended the game with 47 fewer strokes.

According to senior Alex Makimoto, the team is planning to hone its putting accuracy to prepare for future opponents.

"We struggled a lot with the tough pin placements throughout the course," Makimoto said. "We will practice making putts to difficult pins in order to gain a bigger advantage against our upcoming opponents."

Coach Jerry Cowgill added that the golfers need to work on their tee shots to perform more consistently on the course.

"I saw a lot of tee shots in trouble," Cowgill said. "I will let them work out their own problems. I will talk to them about how they managed their game around course and the decisions they made that could have been better."

As the Warriors move on to matches against Freeway League teams, they plan to defend their league championship title. The team also hopes to advance to California Interstate Federation playoffs. Despite small mistakes made during the match against Marina, the team has high ambitions for the season, Cowgill said.

"This team has a chance to do something special this year because they [have] great senior leadership and some good young players too," Cowgill added. "They all get along and like each other, so I am excited about what we can do."



MICHAEL ZHANG

STROKE OF LUCK: Hoping to clinch a par on the eighth hole, senior Jetty Sivongsay punches his ball out of a greenside creek hazard.

Baseball fumbles against La Serna 3-4

The Warriors (0-3-0, 0-0-0) ceded to the Lancers on their first non-league game day.

By Joshua Kim & Tiffany Kim
STAFF WRITERS

Unable to match their opponents' swift plays, the Warrior baseball team submitted to the La Serna Lancers at a home game 3-4 Feb. 24.

The Warriors started with full force, opening with junior Erik Mohr's first inning home run for a 1-0 lead. La Serna steadily fought back, and by the fourth inning, had acquired a 3-1 advantage.

In retaliation, junior Michael O'Neill cracked a low single, enabling the second base runner to convert for the Warriors' second run.

The next hitter, senior Ryan Bogart, delivered a sacrificial bunt to advance runners to third and second; however, a pop fly ended the inning. During the fifth inning, senior Roy Harada quickly shut down opponent hitters, pitching two strikeouts and underhanding a weak hit to first. After a Warrior single, junior Ian Ramirez slammed a double deep into left field, sending the first base runner home and tying the score 3-3.

With an even score, both teams were head-to-head during the final inning. Senior

Jacob Park tagged two Lancers out at first base by responding to a throw from second base and a low bunt. Despite the Warriors' infield patrol, La Serna seemed to recover from a game-long offensive drought and filled the bases. Lucky base steals and pressure from the opponent dugout cracked the Warrior defensive machine, allowing the Lancers to steal a one-run lead. Although the Warrior fielders blocked further scoring, Troy's small ball play was ultimately unsuccessful. They ceded a close 3-4 defeat.

This game marked the Warriors' second loss against the Lancers. Nonetheless, the team's first non-league day gave the Warriors a chance to put their off-season training to test, junior Blake Hansen said.

"I want us to be more consistent with our hitting because that was one of our big weaknesses," Hansen said. "With all of the practice and work we are putting in, we should be all right."

Although the day ended in defeat, the players persevered despite aggressive opponents and communication slips, coach Houston Hernandez said.

"I liked the way we kept playing and battling no matter what the score was," Houston said. "There is no doubt that if we limit the mistakes we make we will start to turn things around."

"I liked the way we kept playing and battling no matter what the score was."

Houston Hernandez
coach



IDA KAZERANI

PITCH PERFECT: Senior Ethan Yi winds up a curveball to strike out a Lancer batter.