

**FULLERTON JOINT UNION HIGH SCHOOL DISTRICT
COURSE SYLLABUS**

**BUENA PARK HIGH SCHOOL
AFJROTC COYOTE WING CA-946
AY 2023-2024**



INSTRUCTORS

COLONEL JAMES M. MILLER, USAF (RETIRED)

SENIOR MASTER SERGEANT JEREMY D. CARNEY, USAF (RETIRED)

AFJROTC MISSION

*TO DEVELOP CITIZENS OF CHARACTER DEDICATED TO SERVING THEIR
NATION AND COMMUNITY*

AIR FORCE CORE VALUES

INTEGRITY ★ SERVICE ★ EXCELLENCE

HONOR CODE

“I WILL NOT LIE, CHEAT OR STEAL NOR TOLERATE ANYONE WHO DOES”

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AEROSPACE SCIENCE & LEADERSHIP EDUCATION

1st Semester (Fall)

AS-I

AS 100 – Milestones in Aviation History (2016)

- Chapter 1: Exploring Flight- *Lessons 1 through 4*
- Chapter 2: Developing Flight - *Lessons 1 through 3*
- Chapter 3: The Evolution of Early Air Force - *Lessons 1 through 3*

LE 100 - Traditions, Wellness and Foundations of Citizenship (2015)

- Chapter 1: Introduction to JROTC Programs - *Lessons 1 through 6*
- Chapter 2: Personal Behavior - *Lessons 1 through 5*
- Chapter 3: Be Health Smart - *Lessons 1 through 5*

AS-II

AS 200 – The Science of Flight (2012)

- Chapter 1: How Airplanes Fly - *Lessons 1 through 6*
- Chapter 2: Working through Flight Conditions - *Lessons 1 through 5*

LE 200 – Communication, Awareness, and Leadership (2016)

- Chapter 1: Learning and Communication - *Lessons 1 through 3*
- Chapter 2: Communicating Effectively - *Lessons 1 through 3*
- Chapter 3: Understanding Your Attitude- *Lessons 1 through 3*
- Chapter 4: Understanding Your Actions- *Lessons 1 through 3*

AS-III

AS 220 – Cultural Studies: An Introduction to Global Awareness (2010)

- Chapter 1: The Middle East - *Lessons 1 through 5*
- Chapter 2: Asia - *Lessons 1 through 5*
- Chapter 3: Africa - *Lessons 1 through 5*

LE 300 – Life Skills and Career Opportunities (2013)

- Chapter 1: Charting your Financial Courses - *Lessons 1 through 3*
- Chapter 2: Managing Your Resources - *Lessons 1 and 2*
- Chapter 3: Career Opportunities - *Lessons 1 through 3*
- Chapter 4: Aiming Towards a College Degree - *Lessons 1 through 4*

AS-IV

AS 300 – Exploring Space the High Frontier (2019)

- Chapter 1: The History of Astronomy – *Lessons 1-3*
- Chapter 2: The Solar System – *Lessons 1 through 4*
- Chapter 3: Space Exploration – *Lessons 1 through 3*
- Chapter 4: Space Programs – *Lessons 1 through 3*

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LE 400 – Fundamentals of Management (2018)

- Chapter 1: An Introduction to Management – *Lessons 1 through 3*
- Chapter 2: Project Management – *Lessons 1 through 3*
- Chapter 3: Planning - Laying the Foundation – *Lessons 1 through 3*
- Chapter 4: Decision Making - Choosing Wisely – *Lessons 1 & 2*

AHGS

AS 500 – Aviation Honors Ground School (2007)

- Chapter 1: Discovering Aviation
- Chapter 2: Airplane Systems
- Chapter 3: Aerodynamic Principles
- Chapter 4: The Flight Environment
- Chapter 5: Communications and Flight Information
- Chapter 6: Meteorology for Pilots

LE 400 – Fundamentals of Management (2018)

- Chapter 1: An Introduction to Management – *Lessons 1 through 3*
- Chapter 2: Project Management – *Lessons 1 through 3*
- Chapter 3: Planning - Laying the Foundation – *Lessons 1 through 3*
- Chapter 4: Decision Making - Choosing Wisely – *Lessons 1 & 2*

ALL CADETS

Wellness/Physical Fitness

1. *AFJROTC Fitness Program and Testing (all pre and post assessment)*

AFMAN 36-2203, AFJROTC Drill and Ceremonies (19 Jun 2018)

- Chapter 1: Introduction to Drill and Ceremonies
- Chapter 2: Commands and the Command Voice
- Chapter 3: Individual Instruction
- Chapter 4: Drill of the Flight

Basic or Advanced Rocketry Class - AS 300 – Exploring Space: The High Frontier (2019)

- Chapter 7: Orbits, Space Travel, and Rockets - *Lesson 3: It is Rocket Science: How Rockets Work*

2nd Semester (Spring)

AS-I

AS 100 – Milestones in Aviation History (2016)

- Chapter 4: Commercial and General Aviation Take off - *Lessons 1 through 4*
- Chapter 5: The Air Force is Born - *Lessons 1 through 5*
- Chapter 6: The Modern Air Force - *Lessons 1 through 3*

LE 100 - Traditions, Wellness and Foundations of Citizenship (2015)

- Chapter 4: Making Safe, Drug-Free Decisions - *Lessons 1 through 4*
- Chapter 5: The Foundations of United States Citizenship - *Lessons 1 through 5*

AS-II

AS 200 – The Science of Flight (2012)

- Chapter 3: Flight and the Human Body - *Lessons 1 and 2*
- Chapter 4: Flying From Here to There - *Lessons 1 through 5*

LE 200 – Communication, Awareness, and Leadership (2016)

- Chapter 5: Developing Vision and Teams - *Lessons 1 through 3*
- Chapter 6: Solving Conflicts and Problems - *Lessons 1 through 3*
- Chapter 7: A Leadership Model - *Lessons 1 through 3*
- Chapter 8: Adaptive Leadership - *Lessons 1 through 3*

AS-III

AS 220 – Cultural Studies: An Introduction to Global Awareness (2010)

- Chapter 4: Russia and the Former Soviet Republics - *Lessons 1 through 5*
- Chapter 5: Latin America - *Lessons 1 through 5*
- Chapter 6: Europe - *Lessons 1 through 5*

LE 300 – Life Skills and Career Opportunities (2013)

- Chapter 5: Charting Your Course - *Lessons 1 through 3*
- Chapter 6: Applying for Jobs - *Lessons 1 through 3*
- Chapter 7: Working for the Federal Government - *Lessons 1 through 3*
- Chapter 8: Developing Your Career Skills - *Lessons 1 through 4*

AS-IV

AS 300 – Exploring Space the High Frontier (2019)

- Chapter 5: Space Stations and Beyond – *Lessons 1 through 3*
- Chapter 6: Space Probes and Robotics – *Lessons 1 through 3*
- Chapter 7: Orbiting, Space Travel, and Rockets – *Lessons 1 through 3*
- Chapter 8: Cyber Security – *Lessons 1 through 3*

LE 400 – Fundamentals of Management (2018)

- Chapter 5: Organizing - Managing Time and Change – *Lessons 1 through 4*
- Chapter 6: Leading—Managing Individual and Group Behavior - *Lessons 1 through 3*
- Chapter 7: Understanding Work Teams - *Lessons 1 through 3*
- Chapter 8: Interpersonal Skills - *Lessons 1 through 3*

AHGS

AS 500 – Aviation Honors Ground School (2007)

- Chapter 7: Interpreting Weather Data
- Chapter 8: Airplane Performance
- Chapter 9: Navigation
- Chapter 10: Applying Human Factors Principles
- Chapter 11: Flying Cross Country
- Chapter 12: Federal Aviation Regulations (Private Pilot Test Guide)

LE 400 – Fundamentals of Management (2018)

- Chapter 5: Organizing - Managing Time and Change – *Lessons 1 through 4*
- Chapter 6: Leading—Managing Individual and Group Behavior - *Lessons 1 through 3*
- Chapter 7: Understanding Work Teams - *Lessons 1 through 3*
- Chapter 8: Interpersonal Skills - *Lessons 1 through 3*

ALL CADETS

Wellness/Physical Fitness

1. AFJROTC Fitness Program and Testing (all pre and post assessment).
2. California Fitness Test (9th graders only - CA State requirement)

AFMAN 36-2203, AFJROTC Drill and Ceremonies (19 Jun 2018)

- Chapter 1: Introduction to Drill and Ceremonies
- Chapter 2: Commands and the Command Voice
- Chapter 3: Individual Instruction
- Chapter 4: Drill of the Flight

Grading Guidelines and Academic Responsibilities

Grading Guidelines

Three instructors control classroom activities but one primary instructor is designated for each class. Students *will* turn in all assignments, forms, etc. to their primary instructor. Grades will be determined by obtaining scores in the following areas:

- a. Leadership Education/Uniform Wear Inspection/Drill - Participation / Citizenship (10% of LE Grade) 40%
- b. Aerospace Science 40%
- c. Physical Training / Wellness 20%

The grading scale is as follows:

| <u>Grade</u> | <u>Percentage Required</u> |
|---------------------|-----------------------------------|
| A | 90% and above |
| B | 80% - 89.9% |
| C | 70% - 79.9% |
| D | 60% - 69.9% |
| F | 59.9% and below |

Aries, Email and Google Classroom

Students are expected to routinely check their grades/attendance throughout the semester via *Aeries* (<https://mystudent.fjuhsd.org>) and notify their primary instructor of any discrepancies within 2 weeks of any possible recording error. Students and parents are provided password and account access from school guidance officials. Grades cannot be changed after the last day of each grading period unless authorized by district grading policy. Research has shown that parent involvement in monitoring his/her child's attendance/assignments/grades helps with student accountability, homework completion and improved grades.

Students are expected to communicate with instructors through their assigned school Gmail account only. Your student account is your long student ID # @fjuhsd.org. Students also will successfully access his/her google classroom AFJROTC page upon notification of teacher. Cadets will review their respective google classroom and Gmail accounts daily for pass-on, notifications, assignments, etc.

Class weekly schedule (breakdown by day unless otherwise directed by SASI/ASI)

| | |
|------------------|--|
| Monday | <i>Drill- (go to assigned classroom)</i> |
| Tuesday | <i>Classroom - Uniform Inspection/Aerospace Science/Leadership Education</i> Note: If Monday is holiday or school day off, uniform wear is on Thursday |
| Wednesday | <i>Physical Education (go to locker room/dress in JROTC PT clothes)</i> |
| Thursday | <i>Classroom – Aerospace Science/Leadership Education</i> |
| Friday | <i>Leadership/Teambuilding - (go to locker room/dress JROTC PT clothes)</i> |

Attendance and Make-up Policy

Student Absences/Attendance

Parents may clear absences in writing or by phone. Absences must be cleared within three days of the absence and provided to the attendance office. Please follow Buena Park High School Attendance guidelines.

Make-up Policy

It is the student's responsibility to ensure all approved make-up work and/or missed assignments are completed, turned-in, and annotated by his/her primary instructor. Make-ups may be approved for "excused" absences only pertaining to emergencies, illnesses, family situations, school sanctioned activities and as authorized by your primary instructor. Make-up assignments will be scheduled by the student through primary instructor prior to absence or upon your return to class.

Per FJUHSD Policy, upon returning to school, a student will be allowed one day to make up work missed for each day absent unless time is extended by the teacher. Make-up work will be included to determine the letter grade. Some grades are an evaluation of group activities and class experiences that cannot be duplicated by individual make-up and the letter grade of an absent student may be adversely affected. In addition, students **suspended or removed** from class due to inappropriate behavior are not allowed to make up assignments. Unauthorized absence from class or other planned learning activity, or failure to make up work for authorized absence may affect student achievement and may result in a lower grade being earned, and/or fewer units of credit being earned by the student.

If approved, make up assignments must be turned in to teachers per the above school policy.

Excluding examinations and assessments, AFJROTC make-up work requirements are as follows:

- a. *Physical Training days* – Report on an article on wellness, fitness, nutrition or sports topics
- b. *Aerospace/Leadership/Drill days* – Report on an article on current/world events or leadership topics
- c. *Uniform day* – Students must wear JROTC uniform the first in-class school day back from his/her absence. However, if that day is a Physical Education day, the following day may be a uniform day make-up. The cadet will contact his/her flight student leader or primary instructor for inspection and ensure teacher documents the grade. Wearing the uniform is an obligation of any student enrolled in AFJROTC. It is highly recommended parents/students schedule appointments on days other than uniform day. Repeated misses may result in unsatisfactory grade, class failure, no promotion, missed recognition, and progressive discipline to include detentions, no field trip participation, behavior referral, probation or removal from JROTC program.

d. *Participation/Citizenship/EC* – Excessive absences will likely impact this area

Make-up articles will be written as follows:

- ✓ One-half page, double-spaced, typed (12-pitch)
- ✓ Student first and last name
- ✓ Date absent
- ✓ Class period
- ✓ Primary instructor(s) name
- ✓ Title of the article
- ✓ Reference the source from where the article was obtained
- ✓ If student has more than one AFJROTC class, he/she must ensure copy of the make-up work is provided to both teachers
- ✓ Article must provide information worth reading, do not waste teacher's time
- ✓ Do not copy and paste an article as plagiarism will be checked
- ✓ *Example of a proper formatted and articulated article is on the next page*

Cadet John Smith
Absent 10/24/23
Period 3
SMSgt Carney
Title: Banana Facts

EXAMPLE

Ever wonder if bananas are both healthy and/or harmful to our health? Here are some facts about the banana. In short, bananas are very good for one's health as long as they are eaten in proper portions and part of a healthy diet. Some of the key nutrients that bananas provide us are: potassium, pectin, magnesium, vitamin C, and vitamin B6.

These nutrients are important and we need to consume them in some way every day. Potassium helps regulate our heartbeat and helps with the function of our muscles. Pectin is a fiber which acts as a cleanser for our colon and helps tell us that we are full so we do not over eat. Vitamin C helps improve our immune system from diseases along with vitamin B6 which helps our body to fight against infections. But consuming too much can actually harm us.

Although bananas are very good for us, they must be eaten in moderation and added to a diet along with other healthy foods. Bananas do not carry a lot of calories, of which we need for energy. Also, by the time a banana is ripe to eat it has converted most of its carbs to sugar. This could cause poor blood sugar levels, and heart damage.

Overall, bananas are a great food to consume. However, it is not the only food to eat. Like all foods, we must combine them with other healthy foods to live a healthy productive life.

Reference:

- <https://www.livescience.com/45005-banana-nutrition-facts.html>
- <https://my.clevelandclinic.org/health/diseases/15184-hyperkalemia-high-blood-potassium>
- <https://www.webmd.com/diet/health-benefits-vitamin>

After School Participation/Community Service

After School Participation/Community service

Students are required to complete a **minimum of 15 community service hours by 1 April each school year. A minimum of 9 community service hours must be completed by 1st semester grading.** “Service” before self is one of the core values we teach and supports AFJROTC

requirements for community service. All students AFJROTC community service hours and activities are recorded in WINGS database. Students are encouraged to participate in after school activities such as color guard, drill, rifle team, field meets, misc. teams (sports, aviation/rocketry, academic bowl, model aircraft, marksmanship, etc.) and community events/program functions. A student’s community service hours are a significant factor for any AFJROTC program to receive the Distinguished Unit Award. Therefore, for all mentioned reasons, a cadet’s semester community service grade is considered a major weighted assignment.

Cadets not only will earn the service ribbon for completing the above required community service hours, but, can now earn the Silver Star Community Service with Excellence Award. This award is given by HQ AFJROTC to the top 5% programs having the highest “per cadet average” community service hours. Involvement enhances team building, self-esteem and assures excellent school representation. Students who participate in activities will earn extra credit toward grades, promotions, awards, etc. Academic grades in all classes must be a priority for all students and responsibility is a must.

Each student has the opportunity to represent AFJROTC and the school during the November Veteran’s day **community parade.** All students interested must try out and be selected after demonstrating excellence in marching skills. Designated practices will occur after school and are mandatory for those selected and attempting to make the parade team. Our program has been fortunate to earn the City of Fullerton “Commanders Cup” two of the last four years as the best district school. Students will attend wearing the parade designated uniform and be in proper grooming standards. The parade will count towards his/her community service requirement and the cadet will earn a city parade ribbon to wear on his/her uniform.

Behavior Expectations

Behavior Expectations/Disenrollment

Chapter 5 of the student guide outlines these topics. Students are expected to behave in a positive, team-oriented manner, free from class disruption. Flight leaders, flight sergeants and element leaders will be selected to help manage, assist students, and occasionally teach the class. Students and parents are required to read the student guide and course syllabus. Upon completion, both student and parent must sign a confirmation form attached to the BPHS intro package. See your instructor for more details.

Essential Curriculum Standards

Course Description

This course introduces history, aerospace, leadership fundamentals and wellness. Annually, instructors select textbooks through a seven-year curriculum plan. As a student enters the program, they learn the Air Force JROTC mission and organization, customs and courtesies, uniform regulations for badges and insignia, values, organization, discipline and responsibility. As a student progresses through the course, basic skills are enhanced and in-depth topics of citizenship, leadership, communications,

college preparation, life skills, advanced fitness under the AFJROTC Fitness Program, civics, culture, history, management, aerospace education and the aerospace engineering class (selected junior and seniors only). Career and vocational options are explored and leadership techniques are practiced with the goal of molding mature successful future adults equipped to lead and make a difference in his/her lives and our society.

Course Requirements

Each student is required to pass each examination with a grade of at least 70% and participate in class room activities, military parades, field trips, physical training (P.T.), class projects and wear the cadet uniform as required below. AFJROTC courses are offered from 0 to 6th period and after school.

Any student may enroll in JROTC classes. **Students have NO military obligation for completing JROTC courses.**

1. Student selection requirements *Aerospace Engineering/Ground School or Leadership Class*
 - a. Obtain written approval from the SASI/ASI prior to registering
 - b. Be a junior or senior having completed required levels of math and sciences (may require transcript review by SASI)
 - c. Demonstrate potential and aptitude
 - d. Successfully completed a minimum of 2 years of AFJROTC coursework (to include *The Science of Flight*). This may be waived by SASI for Juniors/Seniors who are new to school/program on a strict case by case basis
 - e. Maintain a grade of C or better, 2.5 GPA
 - f. Upon course completion, the student should be eligible to take the Federal Aviation Administration (FAA) written exam per requirement of the Federal Aviation Regulations

2. Student selection requirements for *after school competitive drill*
 - a. Interview with instructor and obtain written approval from SASI/ASI prior to registering
 - b. Be available for after school practices 2 times a week for 1 hour
 - c. Be placed on a team and perform on all mandatory competitions as directed by the SASI/ASI.
 - d. Have proper transportation to/from practice and competitions
 - e. Have parent practice note signed by student and parent in advance
 - f. Provide schedule of practice and events to coaches or teachers as required
 - g. Exceed grooming and AFJROTC uniform/appearance standards
 - h. Demonstrate professionalism, aptitude and be a team player
 - i. Read and comply with the required competition's SOIs for further information
 - j. *Note:* Students from any class are encouraged to practice after school to improve discipline, marching skills, and potentially become a member of the drill, color guard or armed team.

3. Student's *selected for leadership as flight leader or flight sergeant will*
 - a. Assist instructors in management, accountability, and flight operations
 - b. Flight leader is primarily in charge; however, responsibilities will be equally divided
 - c. Ensure element leaders are assisting with class leadership roles
 - d. Help select and communicate with element leaders on corps/cadet issues

- e. At least one leader/sergeant must attend weekly staff meetings, take notes, and brief class same week
- f. Exceed uniform standards and lead by example; you set the tone for your flight
- g. Do not engage in unprofessional relationships (includes dating) with any members of your assigned class
- h. Attend and compete in events as follows
 1. 1st semester: Troy Sports Meet, 9/11 or VFW assemblies, or Vet's Day Parade
 2. 2nd semester: Participate in Fullerton or Sonora Special Teams/Drill Meet mandatory competitions as directed by the SASI/ASI
- i. Must know how to march and lead drill and ceremonies
- j. Ensure 4-6 members of class trained and successfully complete assigned color guard event (*only for classes with 20 cadets or more*). Leader shall coordinate with color guard commander for event date and parent permission slip
- k. Attend meetings with assigned Squadron Commander and assist in his/her requests
- l. Help organize events/flight sign up lists
- m. Ensure all PFT data and wings information updates are completed as required

Uniform Dress Standards

Uniform dress policy

Chapter 6 of the student guidebook outlines the specifics of uniform wear. Please see the student guidebook for uniform grading criteria.

NOTE: Uniform wear is a very important part of AFJROTC and this requirement **will not** be waived per HQ AFJROTC directives. Therefore, any student who refuses to wear the FREE uniform to include complying with AFJROTC grooming standards will be removed from the program by the SASI and receive a grade of an "F". If any student misses uniform wear day due to a reported "excused" absence, he/she must wear the uniform per previously mentioned make up policy. A final classroom uniform assignment grade will be part of the cadet's final semester exam. A minimum 50 percent of the final grade will include the proper return of the uniform prior to the student withdrawing from AFJROTC by end of any semester. Proper uniform return is defined as returning the uniform by the specified date, **dry-cleaned, with a receipt from a commercial dry cleaning company.** Failure to comply with this essential uniform policy during any semester requiring uniform turn in by the deadline may result in a failing grade for the course and a school fine. The fine will be assessed on the student's school account. It will be the cadet's responsibility to clear fines by taking his/her clearance slip to the ASB office. In addition, each cadet will receive a uniform clearance letter upon the uniform being successfully returned. If the student/parent does not return the uniform in a timely manner, they may be responsible for full payment of all lost government issued uniform/items. At the end of the year, school leadership usually allows approximately 50 students (who are passing classes with a C or better) free dry cleaning after participating in opening ceremonies of the BPHS senior graduation. Cadets will be provided a permission slip for this event and it is filled on a first turn-in basis. As a reminder, a uniform turn-in sheet will be given to students during the last semester.

Wellness/Physical Training (PT) Standards

Wellness/PT Standards

Anyone regardless of physical disability can enroll in AFJROTC courses at BPHS. PT occurs on days directed by the SASI/ASI, but usually on Wednesdays and/or Fridays to include Drill on Mondays. A passing PT grade will be earned when a student does the following:

- a. Wears the AFJROTC/AF PT uniform
- b. Participates in both the exercise and designated sport activities
- c. Completes the California State Test (freshman only)
- d. Completes the AFJROTC Fitness Program (all students) Pre (within 45 days of school start) and Post assessments (prior to 30 days before school year ends)
- e. Participates in Drill and demonstrates improvement weekly
- f. Do not share locker or locker combos (school does not assume liability for lost/stolen items). Only use assigned school lock. If lock is lost, student will be fined \$10 per school policy. The school or teachers are not responsible for lost or stolen items.
- g. All valuables and backpacks must be secured in lockers (regardless of student dress out)
- h. Instructors and PE teachers will not secure skateboards, bikes or other motorized vessels for students. These items must be secured at the bike racks and skateboard lockers with a personal lock. The lockers are located adjacent to the outdoor basketball courts. Students who fail to follow school policy risk confiscation or loss of above items.

The required PT uniform will be designated by the AFJROTC Instructor team. The primary uniform will be the local dry fit gray shirt and black shorts with AFJROTC logo. Anything less may result in a failing grade for the day to include detention. Not dressing in the designated FREE fitness clothes will lower a cadets PE grade. The first sets of PE clothes are issued FREE to cadets. If the fitness uniform is lost or stolen, cadets will be required to pay for the replacement and/or be issued and fined with the school. Students who are not consistently earning passing grades for both uniform wear and PT participation will be unable to earn a passing grade for the course. Missed PT days can only be made-up by submitting an essay to the assigned instructor on a sports or nutrition related topic per AFJROTC *Make-up Policy*. Students are not allowed to exercise in their normal school clothes (such as long pants, boots, sandals, etc.). All must have tennis shoes and designated athletic attire per District and State policy. Cadets will be required to drill if they fail to dress appropriately on PT day. To ensure the highest possible grade, we recommend that appointments are not scheduled on the Uniform Day or PT days. Students may be eligible for a PE locker and per school policy are not allowed to share lockers. Loss of PE locks will result in school fine.

AFJROTC Wellness Assessment Form

Students and parents are required to complete a student health assessment form prior to student participation in PT. The form is part of the forms package, will be completed in class and must be returned signed as indicated by the class instructor. It is important that we assess your child's medical history and know any medical limitations of your child. If a child requires an inhaler or other emergency items they must have those items present during PT and inform the assigned AFJROTC teacher. Note: Students will not be allowed to participate in PT until the AFJROTC wellness assessment form is signed and turned in; the cadet will receive a failing grade each day the form is not turned in past the indicated deadline. All instructors are CPR certified and the completed wellness assessment supports the safety of each student.

Medical Profiles/Issues

Students will be excused from PT with a verified physician note, but may be required to write appropriate essays to receive credit. If a student leaves AFJROTC prior to the first semester, he/she is required to return the FREE local issued PE clothes (washed/dried) immediately or receive a school fine. Depending on the severity of medical issues, a student fitness program may be subject to modification within reason if approved by instructors and HQ AFJROTC.

Student Medical / Physical Restrictions

Parents are required to contact the AFJROTC Instructors regarding specific instructions, which limits a student's participation in AFJROTC Physical Activities. A note from a medical professional is required for excused PT absences exceeding two (2) days. For the first two days, a parent note will be required with the student's name, reason, name and signature of parent and "parent phone number". Students must make up the work per prior mentioned make up policy.

Forms Package/Communications/Teacher Availability

Forms Package

Students will complete the forms package in class first week of school. This package includes a AFJROTC wellness survey, uniform policy letter, field trip, school release of liability forms, and syllabus/guide book program/responsibility acknowledgement letter. Normally all forms/letters must be turned in for a grade and signed by parent/guardian and cadet (if requested) with 48 hours.

Communication Services Reminder

Leaders are encouraged to use text, "Remind Services", or other means of communication to facilitate program involvement. All means of communication will professionally represent AFJROTC, District Use of Technology rules, and require SASI/ASI approval. The school issues Chromebooks 1:1 to all students. Therefore, every student is required to check his/her google classroom daily and each evening for program information, updates, and assignments. Teacher/student email communications will primarily occur utilizing the school provided Gmail account.

Teacher Availability

AFJROTC Instructors are usually available 30 minutes prior to the first period and 30 minutes after the sixth period (emergencies or essential appointments are exceptions). Other times can be arranged with prior notification.

Instructor communication

The CA-946 Buena Park HS program has two assigned AFJROTC Teachers. For more information, refer to each instructor school/program websites. Instructors will be addressed appropriately and communicated with per below. You will learn more about your chain of command in class. Also, refer to your cadet guidebook.

Senior Aerospace Science Instructor (SASI)

Col James Miller (Ret)

Work Phone: 714-992-8727

Work Email: jmiller@fjuhsd.org



Aerospace Science Instructor (ASI)

SMSGt Jeremy Carney (Ret)

Work Phone: 714-992-8621

Work Email: jcarney@fjuhsd.org



FINAL COMMENTS

We are preparing you for life's expectations as an adult.

THINGS NEVER TO BE SAID

I can't..... (Yes, you can! Maybe you are just not there yet.)

I forgot..... (Is not an excuse, just a way of saying I refuse to take responsibility for my own actions. Use a planner or write a note!)

I don't know..... (Ask someone or do some research!)

It's not my fault..... (Accept responsibility for your actions!)

I did not put it there..... (Who cares! We work together in society)

THINGS TO THINK ABOUT

Who is going to look out for you when your current support system no longer exists?

Be on-time, prepared, and participate!

Wear your JROTC Uniforms, including PT clothes. We function better as a team and not as individuals.

Stop making excuses and start making good decisions. Plan ahead, act, and be an advocate for your own success.

Decisions, Consequences, Responsibility, and Accountability!

It ALL starts with Attitude!

“If you think you can or you think you can't, either way you are right”!

“Integrity” is doing what is right even when no one is watching!

Lastly--“*The choices you make today dictate the life you lead*”