

# the accolade

VOLUME LX, ISSUE III // SUNNY HILLS HIGH SCHOOL  
1801 LANCER WAY, FULLERTON, CA 92833 // NOV. 15, 2019

## FAREWELL TO THE FORCE

Art by: Erin Lee

*Sunny Hills students and faculty express their anticipation  
for the upcoming December film, "The Rise of Skywalker." — see pages 2-4*



@sunnyhillsaccolade



@sunnyhillsaccolade



@SunnyHillsAcco



shhsaccolade.com



# Fan expectations for 'Skywalker'

## Synopsis:

Resistance fighters including Rey, Finn and Poe face off the First Order once again in a final battle for justice. Directed by J.J. Abrams, the third installment of the Star Wars trilogy will end the Skywalker saga.

## Length:

2 hours and 35 minutes

## Genre:

Fantasy/Sci-fi

## Release Date:

Dec. 20

## FAN QUOTES:

"I want to see if the Jedi order will rise again or if it will continue being a sort of isolated organization. [I also want to know] if Rey continues to be the last Jedi and if she will train [anyone]. I want to find out if she and Kylo Ren are related and who her parents are."

-Remy Garcia-Kakebeen, 9

"I'm looking forward to seeing how this part of the trilogy ends and if there is any way that it could hint to a continuation of the series. I hope to see all my favorite characters for one last time. There were so many questions left after watching the trailer."

-Paige Zell, 10

"I'm looking forward to seeing how they rewrite Emperor Palpatine back into the story even though he was supposed to have died in episode 6. I'm excited to see where they end this trilogy and the Skywalker Saga as a whole."

-Antonio Hess, 11

"After I watched the trailer, I was getting goosebumps because I wanted to know so bad what's going to happen. I am excited because it's the last episode, and things are going to get intense; they are going to go crazy with their star fighters."

-Edward Kwon, 12

Compiled by Michelle Buckley



Photo printed with permission from Walt Disney Pictures

# SH Star Wars fans anticipate final installment

## GRACE JOHNSON

Cub Reporter

All good things must come to an end, and the last installment of a fictional space trilogy will mark the close of many movie fans' favorite sci-fi fantasy.

Releasing on Dec. 20, "Star Wars: The Rise Of Skywalker" will continue the story of Rey, Finn and Poe Dameron's journey as they attempt to bring justice to the galaxy by defeating the sinister empire. Directed by J.J. Abrams ("Star Wars: The Force Awakens"), the 2 hour and 35 minute film will focus on the efforts of the resistance to restore an everlasting peace.

Sunny Hills Star Wars fans are filled with anticipation for the next movie.

"I'm excited to see how J.J. Abrams closes this trilogy," said science teacher Alexander Hua, who purchased his movie ticket for Dec. 19th. "If they stick the landing, they can be as good as the original."

Hua expressed his appreciation for the protagonist that Abrams created when directing "The Force Awakens" back in 2015.

"I really like Rey because I think her



KAREN LEE | theaccolade

**JUBILANT JEDI:** An artist's representation of Spanish teacher Scott Griswold, a Star Wars fanatic, as a powerful Jedi master.

journey and story is really interesting to me," he said. "[I also like] how she is re-learning the force and interpreting it in her own way."

Diehard Star Wars followers like the franchise because of its various aspects and morals viewers can relate to.

"I love the fights, lightsaber duels and space battles," said Spanish teacher Scott Griswold, who continually shows his Star

Wars pride by wearing Star Wars attire to school daily. "In humanity, we all have this fight of tyranny versus freedom, and tyranny is always a foot away in life, which Star Wars portrays."

To show his students just how much of the Force is with him, Griswold uses Star Wars-related decorations for his classroom. Hanging from his ceilings above his desk are different types of spaceships such

as X-wings or TIE fighters along with action figures placed along his cabinets.

"[The decorations] are a link I have with my students," he said. "I can discuss the movies with them, and sometimes they know more than me, which I love."

Booking his ticket for opening night, Dec. 19, junior Harrison Kim is excited for the last installment of the Skywalker saga.

"It's the last movie of the trilogy," Kim said. "People say the last few movies haven't been good, but I want to be there to watch the last one."

Many also say that Star Wars can ignite feelings of emotion, enthusiasm and inspiration in viewers.

"I am a fanatic; I enjoy the storyline and graphics," said junior Jonathan Hsing, who is planning to watch "Rise of Skywalker" on opening week. "The story of the rise, fall and rebirth of the main protagonist in a galaxy far far away is a story I would hands down watch over and over again."

"Star Wars is the fantasy that many people, including myself, escape to when we have free time," Hsing said. "One can't possibly explore all the aspects of Star Wars."



# 'Mandalorian' excels in its own universe

TYLER PAK

News Editor

After witnessing the disappointment that was "Star Wars: The Force Awakens" and the disaster that was "Star Wars: The Last Jedi," it's nice to see that the franchise finally gets it right.

"The Mandalorian," released on Disney+ on Nov. 12, is an action-packed, nicely paced and compelling story that makes a great addition to the Star Wars universe.

The first episode, taking place approximately five years after Luke Skywalker — the protagonist of the original trilogy who toppled the Empire in "Star Wars: Return of the Jedi" — wastes no time in quickly establishing its tone. Unlike the two newest movies that desperately attempt — and fail — to be light-hearted, "The Mandalorian" recognizes the dark tone it's striving for and stays true to it. The show opens with the Mandalorian (Pedro Pascal, "Triple Frontier"), a bounty hunter ruthlessly killing others and freezing those he captures

just so he can make some money.

After returning with his bounty and feeling unsatisfied with his pay, the Mandalorian's employer, Greef Carga (Carl Weathers, "Toy Story 4"), tells him where he needs to go to find out about his next mission. Along the way, he meets new characters such as his new client (Werner Herzog, "The Simpsons") and IG-11 (Taika Waititi, "Jojo Rabbit"), a lovable droid to add onto the list of R2-D2, C-3PO and BB-8.

The Mandalorian is a ruthless killer with little regard for other life forms. He hardly speaks, and his cool demeanor and poise often contrasts the other panicked characters around him, making him all the more intimidating. Though audiences follow the character for over 40 minutes, they hardly learn anything about him; they only see a few flashbacks of his traumatic childhood, and he never removes his mask. It will be exciting to learn more about this character's backstory and what turns him into the cold blooded character he is today.

Unlike Netflix, which releases an entire season of a show at once, Disney+ releases its episodes for "The Mandalorian" every Friday

at midnight, meaning viewers will have to wait to get their lingering questions answered.

Though this is more similar to traditional television, some people enjoy binge watching shows, and the once-a-week release means they would probably have to wait a few weeks for the episodes to pile up before watching them.

The first episode has plenty of references to the original films that will keep the audience satisfied: technology like the surveillance at Jabba's Palace helps viewers feel more at home in the expanding universe.

Little touches such as the music, which manages to capture the grandeur of the original "Star Wars" soundtrack while still being unique, remains consistent with and pulls the audience into the Star Wars world.

However, the show also does its job building on the Star Wars universe with new creatures, like the Blurr, and introducing all new planets.

The interesting set-up of the protagonist and our desire to see the expansion of the Star Wars universe will ensure that many will tune in for the second episode of "The Mandalorian."



Image used with permission from Francois Duhamel Copyright: © 2018 Lucasfilm Ltd. &™. All Rights Reserved.

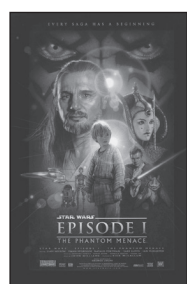
**IMMINENT DANGER:** *The Mandalorian (Pedro Pascal) takes cover behind a wall as enemies fire blasters at him.*



Image used with permission from Francois Duhamel Copyright: © 2018 Lucasfilm Ltd. &™. All Rights Reserved.

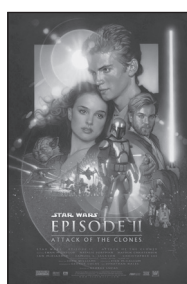
**TEDIOUS TASK:** *The Client (Werner Herzog) meets the Mandalorian and explains to him his next assignment.*

## Star Wars' forceful impact on the big screen



### "The Phantom Menace"

After the trade federation cuts off all trade routes to planet Naboo, the republic sends Jedi Obi-Wan Kenobi and his tutor Qui-Gon-Jin to the planet where they meet Anakin Skywalker.



### "Attack of the Clones"

Set 10 years after "The Phantom Menace," thousands of systems threaten to secede from the Republic. This leads to the clone wars and the beginning of the end of the Republic.



### "Revenge of the Sith"

Obi-Wan Kenobi and Anakin Skywalker rescue Chancellor Palpatine. However, suspicions against Palpatine, with whom Anakin has formed a relationship, arise.



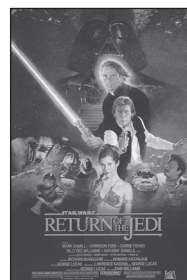
### "A New Hope"

Under orders from Darth Vader, leader of The Galactic Empire, the imperial force holds Princess Leia hostage. Luke Skywalker works with R2D2 and C3PO to seek justice.



### "The Empire Strikes Back"

Luke Skywalker, Han Solo and Leia Organa combat attack by the imperial forces. Skywalker later travels to Dagobah to search for Jedi Master Yoda.



### "Return of the Jedi"

Luke Skywalker fights Jabba the Hut, a powerful crime lord, and Darth Vader to save his Rebel Alliance comrades. Han Solo, Princess Leia and Chewbacca aid in defeating the dark side.



### "The Force Awakens"

Thirty years after Return of the Jedi, Han Solo and his allies' search for Luke Skywalker is interrupted by the appearance of a new evil, Kylo Ren, a successor to The Galactic Empire.



### "The Last Jedi"

After her discovery of the Force, Rey commences training with Luke Skywalker. Meanwhile, Kylo Ren and the First Order combat Leia and the Resistance for control of the galaxy.

## CANDID What is your favorite installment of Star Wars?



"Attack of the Clones" because I like the clones and how there is still a Jedi army. I love all the action in the movie."  
Noah Hernandez, 9



"Empire Strikes Back" because it's a remarkable middle chapter for the trilogy by having the greatest plot twist."  
Jaden Segura, 10



"Empire Strikes Back." It was the first time it felt like the heroes were losing and in danger, which you don't see a lot of in movies."  
Krista Mansfield, 11



"The Force Awakens." I got to see it the night it came out, and it reminds me of why I love Star Wars in the first place."  
James Chavez, 12



# Star Wars land open for seniors during Grad Nite for the first time

LAUREN JUNG

Cub Reporter

*Graduating seniors will be laughing as they walk around the amusement park that looks like a planet in a galaxy far, far away. Aromas from food stands will float around as they enjoy the presence of the force while “escaping” from First Order Storm Troopers.*

That could be what’s in store for seniors who pay \$200 to attend Grad Nite May 27 as Disneyland will allow them to check out the newly opened Star Wars: Galaxy’s Edge — a venue that was unavailable to previous Grad Nite goers.

“It makes you feel like you’re in a different world because of the way they made it,” said senior Andrew Cruz, who went to Star Wars land in September but wants to go again by paying for Grad Nite. “The rides are so cool, [and] the ambience is really nice because they add different things from the actual movie.”

Among the attractions there for seniors are the interactive Millenium Falcon: Smugglers Run, restaurants decorated to resemble movie settings, souvenir shops and custom lightsabers and droids.



Images reprinted with permission from Michelle Buckley

**MEET AND GREET:** Seniors paying to attend Grad Nite next May will be able to enjoy Disneyland’s newest attraction, *Star Wars: Galaxy’s Edge*.

In addition, after Disney California Adventure closes to the public at around 9 p.m., it will be open until 2 a.m. only for students attending this special event in which they will experience music, dancing and special surprises throughout the night along with the great attractions and rides.

“It’s one of the last things you get to do with your class,” said senior Tessa Aldrige, who plans to go to Grad Nite. “Even though not everyone is close with each other, it’s a big tradition for everyone at this school.”

Prices for the event increased by \$45 from last year’s prices because of the rise

in park entry and busing costs, said PTSA member Jenifer Nece, Grad Nite chairwoman.

The current \$200 Grad Nite ticket will increase to \$215 on Jan. 1, 2020. Then on Jan. 31, it will bump up to \$225 until March 15, the last day for sales, Nece said.

The tickets include prices for access to Disneyland and DCA, the bus ride to and from the resort, Disney gift cards for food and the special Grad Nite party in DCA.

“Because the Parent Teacher Student Association does not make a profit on the tickets, they cannot offer price reductions,” Nece said. “However, PTSA does do some fundraising by selling drinks at International Food Fair [IFF] in which all of those proceeds go to support Grad Nite.”

Seniors can purchase tickets online at [sunnyhillspta.org](http://sunnyhillspta.org). The PTSA will also have a table Dec. 5, Jan. 23 and March 12 on campus for students to purchase tickets, according to its digital flier.

“It’s a once-in-a-lifetime thing because you can’t ever go back to Grad Nite, [and] I’m looking forward to going with my friends,” senior Jasmine Kim said. “It’s going to be really fun.”

## Disney’s ‘Galaxy’s Edge’ worth a visit



Michelle Buckley  
Editor-in-Chief

When Disney first announced its future release of a Star Wars Land in 2015, I was thrilled to visit a location that would bring “far, far away” adventures to life. Although I wasn’t

sure how Disney would manage to do so, now that I’ve visited Star Wars: Galaxy’s Edge, I couldn’t be more pleased with the result.

I first visited the area in July 2019, less than two months after its opening. The area resembles Blackspire outpost, a stop for traders and smugglers traveling along the Outer Rim and Wild Space made famous by “The Force Awakens.”

We felt that we had walked right into the movie as soon as we saw a massive TIE fighter, a piece of aircraft used by the First Order. Two stormtroopers standing on a high platform next to it executed the feeling that the First Order is always watching, which made it all the more realistic.

While walking through the dark side of the land, we came into contact with Kylo Ren and other stormtroopers who were roaming around the area, “investigating”

individuals and asking what they were doing with those “datapads.” Although it was intimidating at first to take pictures with the characters, the interactions were funny and entertaining.

As we made our way toward the side of the Resistance, the grand Millennium Falcon came into view. The exhaust sound effect and riveting details made it seem like the object was just moments away from getting ready to take off.

After taking a look around the whole park, we decided to ride Millennium Falcon: Smuggler’s Run. Despite waiting for over an hour to get on without the fast pass, it was worth it. Riders get a card before entering the attraction telling them whether they are a pilot, engineer or a shooter; I was assigned a pilot.

Throughout the park, shops selling merchandise such as costumes and other Star Wars related gear made the experience all the more enjoyable. Though some items are a bit pricy such as the \$5 BB-8 looking containers for drinks, it’s worth the purchase. These items enhanced my visit as it was enjoyable to purchase them as souvenirs to take home.

Along with detailed design of the mountain structure that surrounded the entirety of the land, sound effects of tie fighters throughout the park made it seem



Reprinted with permission from Michelle Buckley

**INTIMIDATING INTERROGATION:** Senior Michelle Buckley (left) receives a message from a Stormtrooper that the First Order is always watching.

like an aircraft is flying right over everyone. This made it seem like visitors are placed right into the movie, making their experience more realistic.

Despite many positive aspects about the land, some things could be added to make an even more memorable visit for viewers.

For example, the large TIE fighter on the side of the First Order is placed upon a big platform that resembles a stage. It would be nice if some characters put on a skit, similar to the past Young Jedi Training Academy in Tomorrowland, in which the actors interact with the audience.

A great addition to the park would be a meet-and-greet with characters such as Rey, Kylo Ren or Chewbacca. Similar to the Royal Hall in Fantasyland where meet-and-greets with princesses take place, it would be nice if visitors can do the same in Star Wars Land.

I’ve had an amazing experience the past seven times I have visited Galaxy’s edge. Whether it’s just taking a stroll through the area or riding on the Millennium Falcon, it never fails to disappoint, and I always feel the presence of the force every subsequent visit.



# Gym to hold Dancing With the Staff

*The annual fundraiser moves to new venue because of PAC renovations*

NEVYA PATEL

Cub Reporter

For the first time in its eight-year history, the Dancing With the Staff [DWTS] fundraiser, sponsored by the Dance Department, will be held in the gym Dec. 6-7 instead of the Performing Arts Center [PAC], which has been closed for remodeling since May 20.

Dance director Leiana Volen said she made the decision to use the gym instead of Buena Park High School's theater because of transportation issues and unfamiliarity with the different campus.

"It's not our space, so I wanted to make [the transition] as easy as possible," Volen said.

To mimic a stage, the Dance Department will rent lights and black curtains to put in the gym since the building does not offer a cyclorama wall, a large, curved white screen where the dancers could perform in front of, like in the PAC, she said.

The dancers will enter and exit from the sides of the gym and there will be lights on the sides shining on them. They will perform facing one side of the bleachers while the other side will be sectioned off.



**WE LIKE TO MOVE IT, MOVE IT:** Teachers Christopher Ghareebo (left), Mariam Tan, Lindsay Safe and Kady Fibrow rehearse for Dancing With the Staff in Room 130 Nov. 13.

Last year's DWTS winner, math teacher Mariam Tan, plans to return for a chance to become champion again, but was originally concerned about aesthetic differences between the gym and the PAC.

"When people go and watch the dance team [in the gym] ver-

sus on a stage, it looks kind of different," Tan said.

2017 winner, AVID and math teacher Cristian Bueno, is also adapting to the new environment.

"I'm scared of the space [because] it's nice to be backstage and go onstage," Bueno said.

Dance Production [DP], Dance

3 and Deviation club members are also transitioning to the new situation, since they will perform in groups or alongside teachers.

DP member sophomore Eunice Chung does not see any problems with the new venue.

"I'm excited that it's going to be in the gym because we have

For the full story, go to <http://shhsaccolade.com/wp/category-news/>

more room, and the lighting would be better," Chung said.

DP captain and the ASB vice president senior Aimee Park, is more sentimental about this change.

"It is my senior year, and I do wish that it was [in] a theater," Park said. "[But] I feel the standards of the quality of the dances hold up."

Like Park, senior Jacob Lee shares similar opinions regarding how good the show will be.

"I feel there's going to be good stuff," Lee said. "[The gym] is a better choice than the [PAC] because it allows [dancers] to have more room."

However, science teacher and tennis coach Christopher Ghareebo is participating in DWTS for the first time and thinks the show will run steadily.

"It's been really smooth for me," Ghareebo said. "[The Dance Department] is really accommodating to our schedules."

Tickets for the show will go on sale outside of the dance studio starting Dec. 2 for \$10 with an ASB card and \$12 without.

## Accolade, Helios win CSPA

KRISHNA THAKER

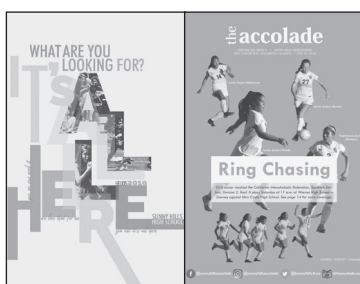
Cub Reporter

The Columbia Scholastic Press Association [CSPA] recognized *The Accolade* newspaper and *Helios* yearbook as national crown award finalists — the only Orange County programs to earn such a distinction.

"I was very surprised yet honored that we were recognized nationally for the six issues that I submitted for judging," *The Accolade* adviser Tommy Li said.

*The Accolade* editor-in-chief senior Michelle Buckley said she hopes she and two of her editors will be able to attend the award ceremony next March in New York to find out whether the newspaper will earn a Gold or Silver Crown plaque.

"At first, it was very surprising, but looking back [the announcement] is something that we deserve," Buckley said.



Used with permission from Helios and Accolade

**WE GOT YOU COVERED:** The CSPA recognized Helios' 2018-19 yearbook and The Accolade's 2018-19 issues, including the Feb. 22 issue cover.



For the full story and video, go to <http://shhsaccolade.com/wp/category-news/>

Staff members of the *Helios* were thrilled that they earned such recognition.

"Of course winning awards is great, but it's not about a list or making that list," *Helios* adviser Lindsay Safe said. "It's about making great stuff for good kids."

*The Accolade* was last nominated for a Crown award in 2005, and the following year at the award ceremony, it was announced it had won a Silver Crown.

## Mr. Sunny Hills canceled for PAC fix

JADEN HOM

Cub Reporter

While school officials expect the Performing Arts Center [PAC] to reopen in early March, the ASB has decided to cancel the annual Mr. Sunny Hills program — a 35-year-old tradition.

"We [will not] have it unless it's in the PAC," the ASB co-adviser Mike Paris said. "There is not a time available [in the gym] that would work."

Mr. Sunny Hills has been a pageant for senior boys since 1984; other seniors would nominate participants who would dress in a formal wear and perform in a talent show.

The ASB presidents from other district schools would judge contestants in areas such as talent and charisma to choose a winner.

Last year, it was moved to the end of fall semester because the PAC was scheduled to close that spring, though that didn't happen until May.

Some seniors have expressed disappointment about the cancellation.



For the full story, go to <http://shhsaccolade.com/wp/category-news/>

Senior Luke Duxbury found out about the cancellation from a friend.

"I feel that they are robbing the senior class," Duxbury said. "I saw a lot of senior boys doing it [so I wanted to do it]."

Funny Hills Improv member senior Diego Cano hoped to incorporate improv if he were nominated as a contestant this year.

"I feel sad because I was look-

ing forward to [participating] since freshman year," Cano said after finding out it was cancelled.

Meanwhile, the Bayanihan club's annual Pilipino Culture Night [PCN] April 18 will be moved to the gym, like the Dancing With the Staff event Dec. 6-7.

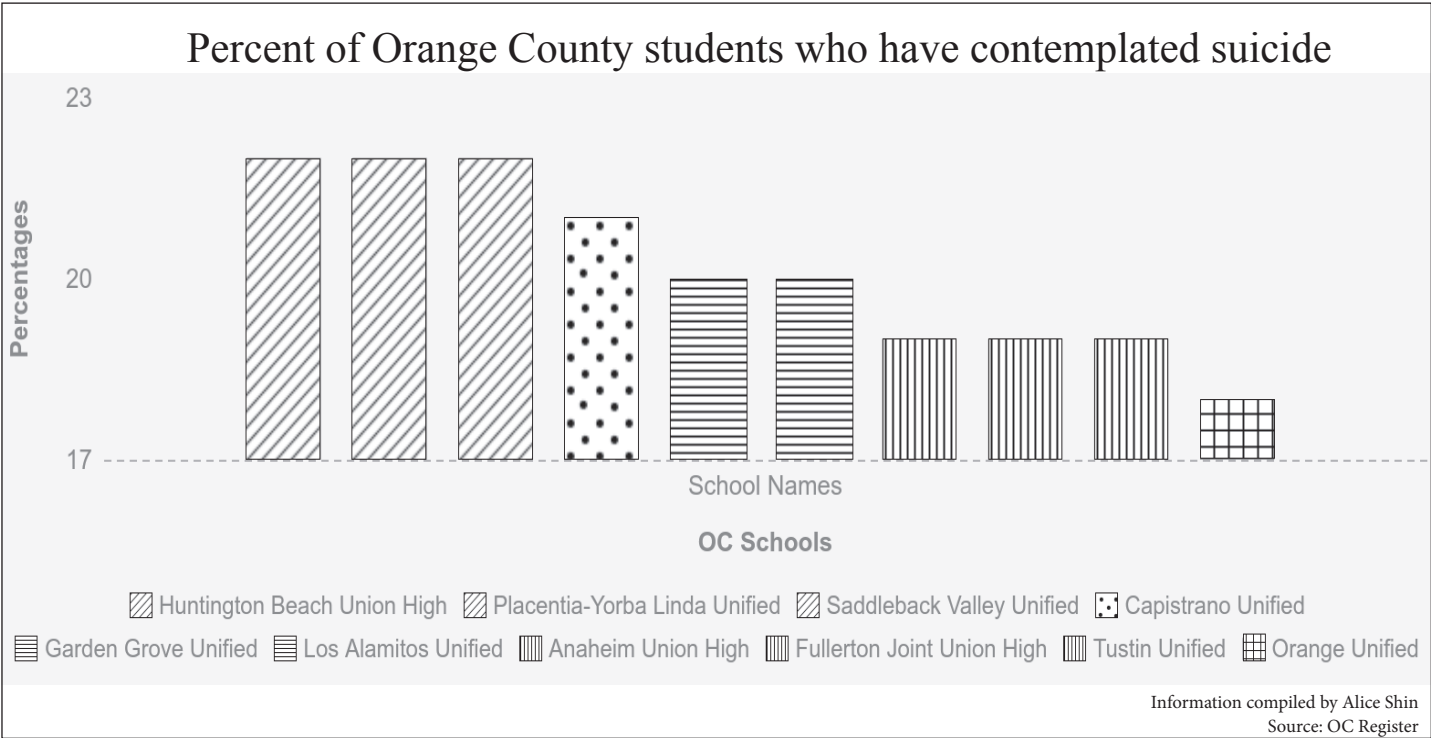
"PCN [will be] in the gym rather than in another school's PAC because we need a whole week of dress rehearsals the week of the show," club co-president senior Kristen DelMundo said.



Printed with permission from Melissa Stinson

**CHECK-UP:** Theatre teacher Amanda Gieser and the site construction project manager survey the new stage extension.





# Fullerton mulls idea of banning e-cig flavors

DANIEL KONG  
Staff Reporter

While the Laguna Niguel City Council will take a final vote Nov. 19 on Orange County’s first ban of the sale of flavored electronic cigarettes, or e-cigs, Fullerton city officials are still mulling over a similar ordinance here.

“While our city has not considered a ban, I’ve been closely monitoring this issue and will be interested in what Laguna Niguel decides,” Fullerton council member Ahmad Zahra said.

Flavored e-cigs have become a national and local issue recently, especially after the American Academy of Family Physicians claimed that flavor pods have a higher level of nicotine than cigarettes.

The health risk has prompted President Donald Trump and his administration to look into a federal ban on selling such flavored products.

Meanwhile, Laguna Niguel was the first in the county to take action against companies like Juul that produce flavored e-cigs for local vaping businesses and retail stores.

“Laguna Niguel is pleased to be on the forefront of addressing this incredibly important issue,” Laguna Niguel mayor John Jennings said.

Council members reviewed documentation Nov. 4, citing medical risks, deaths and what other cities are doing to combat the vaping crisis.

“I have every confidence that it will pass next week based on the council’s prior action,” Jennings said.

E-mails were sent to all of the Fullerton City Council members for comment on Laguna Niguel’s decision, but only Zahra has responded as of Nov. 14.

# FJUHSD ranks fourth in county for suicidal contemplation rates

GIANNE VELUZ  
Staff Reporter

\*Student's name has been changed for confidentiality.

According to a collection of California Climate, Health and Learning Surveys from the Southern California News Group [SCNG], the Fullerton Joint Union High School District [FJUHSD] holds the fourth highest percentage in Orange County for suicide contemplation among its students.

With the same percentage as Anaheim Union High and Tustin Unified at 19 percent of students who have thought about killing themselves, Sunny Hills [SH] has taken action to lower this percentage.

“With increased [staff] training, we are providing mental wellness support in a variety of ways including through our guidance office,” principal Allen Whitten said.

“Our guidance counselors are an integral piece of the overall mental wellness support we provide, and our guidance office is our hub for this.”

Teachers and guidance counselors are trained to identify when a student is in need of support, to ask the right questions, to start conversations and to connect students with resources, Whitten said.

“There’s a good push in our district to round up all of our resources that are available in the area,” he said. “As we’re working with students, we can connect them with resources in the community.”

Whereas other schools that have experienced instances in which students have attempted or committed suicide, this campus is not immune to these situations, Whitten said.

“Students across the country struggle

with the pressures associated with being a high school-aged young adult,” he said. “We work as a team to support our students at the highest level.”

According to the American College Health Association, the suicide rate among young adults age 15-24 has tripled since the 1950s.

Since parents typically push their kids to go to college, the pressure of getting into a prestigious university has substantially increased.

“Schoolwork, homework [and] extra-curriculars makes it hard to take care of myself,” said senior John Smith\*, who has considered killing himself in the past. “The competition is hard to keep up with, and it’s easy for the pressure to cloud my mental health.”

An expert in at-risk youth at UC Berkeley  
Suicide rate >> Page 7



“Law & Order” will appear occasionally throughout the school year. It will contain news about state bills and laws affecting high school students.

## Later school start bill passes

At the start of their senior year, current high school freshman students will not have to attend school before 8:30 a.m., with the exception of zero period, after a recent state bill signed into law Oct. 13.

Sunny Hills principal Allen Whitten hopes that the new bell schedule will end at a similar time as the current one so that sports can start at their usual time slots.

However, Whitten is not completely sure how the schedule will end up based on how the district handles the issue.

“We’ll probably have to talk about it

at the district level because what I know the district won’t want is seven schools coming up with seven different bell schedules,” Whitten said.

—by Alexandria Kim, cub reporter

## Suicide prevention measures approved

Starting in the fall of 2020, all California public and charter schools will be required to post information regarding discrimination and harassment online to curb rising suicide rates among teenagers.

An existing law had required that schools send a copy of their sexual harassment policies along with other relating information to parents and students.

Though SH principal Allen Whitten said he was not familiar with the new law at the time, he believes the SH website already contains some of the information that AB-34 mandates.

Currently, the SH website has information on counseling support posted for students and parents but does not mention suicide, bullying or harassment prevention techniques which the bill now necessitates.

This bill additionally requires information about intimidation and discrimination on the basis of gender identity, sexual orientation, religion, ethnicity and disability.

—by Krishna Thaker, cub reporter

## Medical cannabis allowed on school campuses

The Fullerton Joint Union High School District [FJUHSD] will review whether to adopt SB-223, a bill allowing parents to administer medical can-



nabis not in smoking or vaping form to their children on campus.

“We will get guidance from the California School Board Association on sample board policy language and will need to get legal advice regarding the pros and cons [of] adopting such a policy,” FJUHSD school board president Joanne Fawley said.

The bill was signed Oct. 9 by Gov. Gavin Newsom.

“It allows school districts, counties and charter school governing boards opting into the arrangement to opt out for any reason, including concerns about losing federal funding as a result of the policy,” said bill co-sponsor Sen. Jerry Hill, D-San Mateo, one of eight co-sponsors of the bill.

—by Hanna Jung, cub reporter

# LAW & ORDER



# IB Wellness to continue this year

EMMA DE LEON

Cub Reporter

After organizing its first two wellness events last school year and one earlier in September, the International Baccalaureate [IB] Council plans to continue holding such opportunities with yoga sessions and therapist or counselor visits after school once every other month.

"Life is stressful for so many kids here, and I think a lot of them don't have tools or even think there are ways to lower that [stress]," IB coordinator Brian Wall said. "Every one of these things we're doing is about giving [students] tools to deal with what weighs [them] down."

For the September Wellness Day, the council recruited dance teacher Leiana Volen to lead yoga activities.

"Yoga seemed to be [something] everyone really loved, so [we're doing] that again in November," Wall said.

IB Council secretary senior Katya Wang appreciates the council's attempts to boost student mental health.

"It's a really good idea [to] relax and unwind from everything going on [in school]," said Wang, who attended all three sessions so far.

Mental health is a main priority of the IB program, said junior Jack Leydiker, the

IB Creativity, Activity and Service project manager.

"We want to really emphasize mental health [because] we know our students are under a high amount of academic rigor," Leydiker said.

IB Social Commissioner senior Kaylee Kim found this year's yoga session to be healing and calming.

"Even though we might be stressed again when we go out, we don't have to think about anything in that hour of yoga," Kim said.

Leydiker said the council plans to hold the next session before next week, but no details were available as of Thursday.

For future sessions, IB Council president senior Cecelia Lee wants to consider using resources other than yoga like a school therapist or counselor.

"Just like yoga sessions, the aim is to de-stress and forget about college [applications] and tests," she said.

The IB Council plans to do another session as seniors finish college applications and prepare for finals, IB representative junior Kristen Kim said.

"We want to do [a Wellness Day] every other month to keep everything in check and make sure everyone's doing alright," she said.

As of the beginning of the 2019-2020 school year, the suicide lifeline was placed on the back of student identification cards — a feature not previously provided — to fulfill a new state law. The hotline is now accessible to students to get help if they need it.

Another resource is "STOPit," a new bullying prevention application students can use to report incidents.

For confidential reasons, names of counseling interns cannot be included, but students can be referred to resources in the community through their counselors that will charge patients' families according to what they can afford.

"Our goal is a student body that enjoys coming to school, feels supported and connected to their school and knows where to turn when they need support," Whitten said. "I believe we are accomplishing this, but I also believe we can do more and we are committed to doing more."

handed over to the PTSA the next day, and in turn will be given Dec. 7 to Pathways of Hope, a Fullerton-based organization that uses the money collected to help families in the Fullerton area.

"[The Minute of Hope] was so successful, [and] we thought this would be a more beneficial way to receive donations," co-ASB Community Affairs Commissioner senior Sophie Williams said.

The Sunny Hills PTSA, along with the ASB, partners with Pathways of Hope for this fundraiser, co-ASB adviser Mike Paris said.

"Each PTA [or] PTSA collects toys, books, food items or cash," PTSA presi-



HOPE LI | theaccolade

**THE ONE:** A contract worker lifts up one of the stencils used to spraypaint part of a number on the roof of the 110s building Nov. 1.

## Roofs get numbers to help police coptors find classes

HENRY LEE

Cub Reporter

In response to a request from Fullerton police, the city of Fullerton has agreed to spend \$3,500 to hire contractors to paint Sunny Hills room numbers in black atop the roof of each classroom, school officials said.

"The Fullerton Police Department asked us to paint the numbers on the roofs of all the rooms in case there is an emergency," principal Allen Whitten said. "[Then], they would have a better way of locating and communicating where that [emergency] event [took] place."

Though no information was given as to the name of the company contracted to do the work, a two-man crew has been coming to campus since the week of Oct. 28, and finished coloring the black numbers on white squares two weeks ago.

Sunny Hills was the first school campus in the Fullerton Joint Union High School District to have the paintwork done, school resource officer Jeremy

Viscusi said. It's also the first to have teachers' and staff's keys replaced, which was also upon a request from the police.

"I think it is good for authorities to be aware of areas that need help, so I believe that it is good that they are painting the classrooms to make it safer," freshman Brennan McVicar said.

Sophomore Crismar Flores also said the room numbers may help locate the areas that would be affected by possible emergencies like the Oct. 24 lockdown.

"At first, I didn't think much of it, but the more I thought about it, I realized it could be really helpful, especially after the lockdown we had," Flores said.

Whitten said if there happened to be a fire near the campus like a few weeks ago, helicopters would be able to use these numbers to identify the classrooms as well.

"It just makes the school safer and would help first responders respond more accurately and [quickly]," Whitten said. "So I think it's a good thing."

wards the end of the year," said sophomore Malini Pandey, who plans on donating around a dollar. "It makes us grateful for everything we have."

This particular fundraiser will take place throughout the Fullerton Joint Union High School District, each school recognizing families in need. Children pick a big toy, two smaller items, as many books as they want and a bag of non perishable foods, Wang said.

"It's an amazing opportunity because in high school, we are busy worrying about ourselves and school life, so it's unique to take time out of your day to think about others and help them out," Hughes said.

FROM PAGE 5

## SUICIDE RATE

ley's Graduate School of Education, professor Frank Worrell reviewed a 2017 report National Institute of Mental Health that shows the suicidal thoughts among teens ranges from 20-24 percent.

"Suicide is the second leading cause of death for middle and high school students," Worrell said.

Recently, the topic of mental health has become a bigger issue that has received more attention from social media, pop culture and school districts around the nation, but Whitten has seen it as an issue his entire career.

"I remember making this specific comment during my first assistant principal job in Washington about how people have no idea about the level of anxiety, depression and mental stress students [have] a hard time with," he said.

## 'Minute of Hope' fundraiser for those in need set for Dec. 5

DIVYA BHARADWAJ

Cub Reporter

Like last year, the ASB will hold a minute-long fundraiser on Dec. 5 to raise money for local families in need through a program called Pathways of Hope.

"We are trying to keep it strictly money," co-ASB community affairs commissioner senior Kyra Hughes said. "With canned goods, not as many people have donated in the past."

Called "Minute of Hope," the goal is to collect \$10 per class in Period 2, which would amount to be about \$1,000, the ASB officials said. Those funds would then be





KAREN LEE | theaccolade

## STAFF EDITORIAL

# Don't let finals ruin holiday spirit

It's known as the most wonderful time of the year.

However, for many Sunny Hills students, it may be the most stressful time.

Although November and December promote a season of high spirit and festivity, many of us seem to have no time to enjoy it. That's because it's heavily shadowed by a distinctly infamous realization: the end of the first semester.

With this comes the panic-driven trinity of SATs/ACTs, projects, finals week and locked grades fully consuming any motivation to enjoy the upcoming holiday season. Instead of enjoying a Thanksgiving dinner with family and relatives or hanging up colorful lights and sipping hot chocolate over a warm fire, many students are loading up

their mechanical pencils and studying all night to secure that "A" in one of their Advanced Placement classes.

Rather than stressing over academics, we should instead commit more time toward achieving holiday spirit: to create valuable memories as high schoolers.

After all, participating in such festivities as holiday caroling or gift shopping is a perfect way for students to destress and forget about school work for a couple of weeks.

Furthermore, for many seniors who plan to attend an out-of-state university, the Thanksgiving and winter holiday season may be the final opportunities to celebrate with their family and friends. Indeed, the thought of skipping out on yearly

Thanksgiving traditions with relatives or missing out on presents from "Santa Claus" is truly sad-denying. As a result, the importance of retaining such a festive mood in high school amplifies when considering how precious this time is.

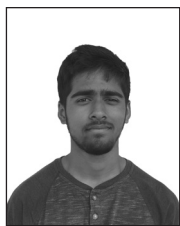
So rather than viewing the end of the year as a miserable study session, students should start to liven up their holiday spirit, whether it be listening to "Jingle Bell Rock" while studying or decorating a tree to brighten up a home's ambiance. By implementing these little details into our daily lives, we can expect to receive a more joyful experience from life, regardless of the distractions caused by school work.

Disconnecting themselves from the clutter of school work, students should also participate in festive

activity like a "Friends-Giving," a Thanksgiving celebration with friends. That's what The Accolade's adviser realized a few years ago in moving up the holiday issue from December to November so the Journalism 1 and Advanced Journalism classes wouldn't get so stressed out with their story assignments and deadlines knowing that finals are lurking. So it's been a tradition for us to spend December more relaxed with various interactive activities culminated with a Secret Santa gift exchange on the last day of the fall semester.

Even if it seems silly to get excited over such a childish time of the year, what sounds more appealing: jamming out to "Last Christmas" by the 1980s band Wham! or memorizing the periodic table?

# Minimalism keeps things sweet, simple



**darshiSheth**  
Guest Columnist

Minimalism has reformed my life. With it, my choices in life help me gather clarity.

My shift to minimalism happened after making horrible investments in trading cards. But after watching videos on minimalism for a few weeks this year, I stumbled upon the 30-day decluttering challenge in which a person removes one thing on the first day, two on the second, three on the third and so on. By the 30th day, I realized my life could be simpler.

I shouldn't care about what makes me look cooler; I should do what's best for me. Currently, I make vlogs and blogs on the Internet, where I discuss this concept as a lifestyle to help others avoid running into the troubles I experienced. In these vlogs, I say that minimalism can impact many



ERIN LEE | theaccolade

aspects of life.

In school, teens need seven to nine hours of sleep for growth. Time management is good, but interactions with material possessions are what make people procrastinate, resulting in laziness and lack of sleep.

As I progressed through the school year with a changed mindset, I saw a major shift in my productivity, and I understood that social media and other distractions needed a limitation. However, this

productivity can often be squandered by financial walls.

And with that in mind, I have to say that even if students are earning money, they can lose it just as easily. Sometimes it may be because of necessities or actual personal interest, which don't conflict with minimalism, but this usually isn't the case.

The mindset change I made allowed me to stop looking at life in a materialistic sense and base my actions on the judgment

of others but helped me focus on my ambitions in life. Minimalism allowed me to narrow my material possessions to only my personal interests, and now, I have saved a lot of money. With more money in my hands, I could invest more into my ambitions.

Generally, when starting something, ambition, hard work and patience are required to be successful. In the aspect of self-awareness and hard work, minimalism allowed me to prioritize my family, friends and personal work.

With this approach to my life, I removed things that cluttered it and because of that, I can spend time on the things that matter like family and friends. And now that I've adopted minimalism, I'll never go back.

The Accolade welcomes guest columns to be featured on the print issue. Please email with full name and grade level to [theaccoladeshhs@gmail.com](mailto:theaccoladeshhs@gmail.com).

The staff reserves the right to edit.

the accolade

Editor-in-Chief  
**Michelle Buckley**

Managing Editor  
**Hannah Yi**

Web Editor-in-Chief  
**Alex Park**

**Tyler Pak**, News Editor  
**Elijah Jhee**, Assistant News Editor  
**Isaac Choi**, Opinion Editor  
**Hanna Oltman**, Assistant Opinion Editor

**Lira Jeong**, Feature Editor  
**Hannah Jeong**, Assistant Feature Editor

**Andrew Hong**, Co-Entertainment Editor

**Chloe Lee**, Co-Entertainment Editor  
**Annie Bang**, Co-Sport Editor

**Andrew Ngo**, Co-Sport Editor  
**Lauren Kim**, Copy Editor

**Rebecca Choi**, Assistant Copy Editor  
**Michelle Buckley**, Co-Special Sections Editor

**Alex Park**, Co-Special Sections Editor  
**Hannah Yi**, Co-Special Sections Editor

**Umbert Caseres**, Business Manager  
**Megan Shin**, Photo Editor

**Erin Lee**, Graphics Editor  
**Karen Lee**, Assistant Graphics Editor

Mini Editors

**Kristima Aryal**, **Hannah Kim**,  
**Katherine Kim**, **Daniel Kong**,  
**Charis Lee**, **Hope Li**, **Aaliyah Magana**,  
**Andrew Park**, **Alice Shin**,  
**Sydnee Tallant**, **Gianne Veluz**

Cub Reporters

**Divya Bharadwaj**, **Dominique Chang**,  
**Lauren Choi**, **Nicole Chung**,  
**Emma De Leon**, **Yonhee Eu**,  
**Jaden Hom**, **Grace Johnson**,  
**Hanna Jung**, **Lauren Jung**,  
**Anthony Keem**, **Alexandria Kim**,  
**Minjeong Kim**, **Nathan Kim**, **Alice Lee**,  
**Edmund Lee**, **Henry Lee**, **Yeihe Lee**,  
**Kayla Lozada**, **Esther Oh**, **Nevya Patel**,  
**Audrey Seo**, **Casey Seon**,  
**Michelle Sheen**, **Krishna Thaker**,  
**Kate Yang**, **Lisa Yoon**, **Rachel Yun**,  
**Rida Zar**

Photographers

**Paul Yasutake**  
**Brianna Zafra**

Web Videographers

**Emily Choi**  
**Phoebe Sakhrani**

Social Media Manager

**Megan Shin**

Adviser

**Tommy Li**

Unless specifically stated, advertisements in The Accolade are inserted by commercial ventures solely for informational purposes and not by Sunny Hills High School. The Accolade will not print advertisements that violate school regulations or U.S. laws.

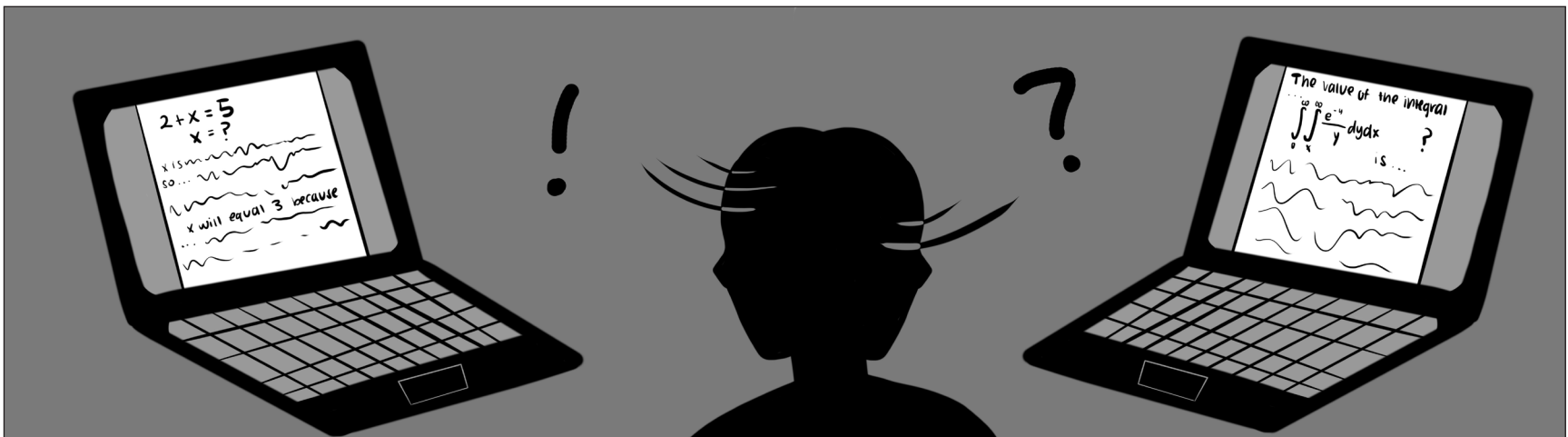
The Accolade is produced by the Advanced Journalism and Journalism 1 classes of Sunny Hills High School and distributed during Period 4, Copyright 2019 (714) 626-4225 and published by the International Daily News (323) 265-1317.



Recognized in 2019 as a finalist for a national Crown award from the Columbia Scholastic Press Association



# Testing 1, 2, 3...



ERIN LEE | theaccolade

## PROS

### Online textbooks are worth it



andrew Ngo  
Sports Editor

During my first two years at Sunny Hills, I have used five different math textbooks, and three were new piloted books.

Adopting these for my Geometry Honors and Algebra 2 Honors class never made much sense to me at first because I felt our textbooks already provided ample material.

However, I realized there was a reason why we're trying out something new. Lessons are changing to prepare us for life after school, so we must change our textbooks to fit these updated curricula.

As education standards reform, textbooks grow outdated and must change. The only definite way of knowing whether a textbook suits students is to, unfortunately, test them out. Buying textbooks for a class can be pricey, and the administration

cannot afford to buy books whenever it feels old textbooks are not up to par.

The solution is to pilot textbooks, especially online ones. Trying out new textbooks allows teachers and students to test out books before the school splurges on material that fails to meet the standards of a California Distinguished School like our own.

Unfortunately, drawbacks exist when anything new is tried. Teachers are not fully comfortable with these new piloted books, so they must also learn how to use the textbook along with the students.

Despite the temporary disruption, piloting new books ensures that our students will have access to the highest quality textbooks, meeting the school's responsibility to make sure we are well-prepared for state testing and college entrance exams.

While I dislike the usage of pilot textbooks, they are still a necessity. Even if the student body cannot see it, teachers and administrators are acting in the best interest of students.

Bring on the change. I may not like it, but I know it is for the best.

## CONS

### Stop piloting math websites



rebecca Choi  
Asst. Copy Editor

In my sophomore year, my Algebra 2 Honors teacher attempted to pilot an online textbook called Discovery

Education. However, she gave up after a few weeks and returned to the traditional Pearson textbook.

Personally, these online textbooks rarely proved to be beneficial when studying for tests or even learning the material in general. They attempted in vain to use new techniques such as animated videos to solve a problem or real-life applications of a concept, but they ended up just becoming a nuisance students quickly skip.

In addition, highly effective educational videos such as Khan Academy are already present on the Internet, so it is in futile effort for these so called textbooks to attempt to remake them.

Some may argue that methods of education are merely catching up to the changing education curricula and digital generation we live in today, but this is seldom true.

On one hand, the distribution of Chromebooks and use of Google Classroom has proven to be effective and beneficial. However, just because these innovations have profited students does not mean that every other technological advancement will, and just because the educational standards have changed does not mean schools must use new forms of teaching.

In my own experience, the incorporation of new online textbooks hasn't really improved my learning experience or my overall grade.

Although curricula may change, the fundamental concepts of math do not. Therefore, old school textbooks remain effective no matter the new standards.

As a result, it is clear that these online piloted textbooks bring about more confusion than benefits, and traditional, physical books clearly display better results than online.

## Letters to the editor

I have read Alex Park's column, "Impeachment benefits no one," on page 9 of the last issue, and it's extremely biased against Democrats. If Alex diagnoses the Democrats with "Trump Derangement Syndrome," just look at the individuals closely tied with Trump who have been indicted.

For example, Trump ordered Michael Cohen to give hush money to Stormy Daniels and Karen McDougal — which was confirmed — but the contribution was not in violation with the campaign finance law. But that doesn't matter. It was intended to influence the federal election, so it should have been disclosed and regulated under the federal campaign finance laws.

— Austin Gae, senior

I am amazed at the extent haunted houses take to give customers a scary experience. I don't like visiting haunted houses, but I love hearing others' experiences in them, so I like how Hannah Kim mentioned the characteristics of the haunted house in "Fullerton's 17th Door worth the fright price" on page 4.

My favorite room description was the electric chair room. I like that she includes how she instinctively chose the number three and shocked a girl. It showed a lot of emotion and made me feel like I was there witnessing it.

— Om Patel, freshman

I really agree with the page 2 article, "Let teens have their Halloween fun," by Chloe Lee because what

she wrote is exactly what I think about Halloween.

We all spend way too much time studying and doing homework inside, so we never have time to do things that make us happy.

— Neona Suthanurak, sophomore

"Girls in eSports enjoy the game despite stereotypes" on page 11 was a great article to include in *The Accolade* because it draws attention to a select few who do what they love despite the gender stereotypes, which may encourage others to do the same. These past few years have been a time of experimentation and risk-taking at Sunny Hills with the creation of the boys volleyball team for example, and now girls who are

proud to be members of the eSports club.

— Kiana Reed, sophomore

I really enjoyed the page 5 news article, "Mosquitoes invade Orange County." It reflected the situation and feelings I am going through right now.

I hate these mosquitoes giving me those red, itchy bites, and I wish our school could figure out more ways to fix this issue.

— Lucas Zhang, sophomore

The Accolade welcomes signed letters to the editor with full name and grade level emailed to [theaccoladeshs@gmail.com](mailto:theaccoladeshs@gmail.com).

The staff reserves the right to edit.

## For the record

*The Accolade* regrets the following errors from the Oct. 18 issue:

In a page 3 "TRICKS AND TREATS" special section, "Oct. 31's for trick-or-treating" should have been under "Cons," while "Let's do the 'Monster Mash'" should have been under "Pros."

In the page 6 article "eSports hits the big leagues," it was incorrectly reported that the League of Legends team will travel by bus to compete in CIF; CIF games will be held Tuesdays in Room 44 on campus at 4 p.m.

In the page 16 article, "TRADITION NEVER GRADUATES," the third stanza of the school's alma mater should have been, "Go forth to lead our country, strong let our motto be."



# The Accolade goes CLUBBING

With 14 new clubs this school year, we spotlight each in alphabetical order. For full-length stories of these groups, go to our feature website, [shhsaccolade.com/feature/](http://shhsaccolade.com/feature/).

## Book Club

YEIHN LEE

Cub Reporter

In an age when students turn to their smartphones for entertainment, a group of students have chosen to stick with traditional words on paper.

The main purpose of Book Club is to teach students about the importance of reading and its positive effects.

"Our goal is to spread the significance of reading books and expand our knowledge," said sophomore June Son, who has enjoyed reading books since she was 6-years-old.

Her love for books led her to gather students with the same interest and form a club.

Club members choose a book, read it together and have a discussion about it as a whole group, according to Son.

"The books are decided [through] voting," Son said.

Each meeting consists of active discussions with different activities like watching movies and playing Quizizz for prizes. The club plans to read a variety of stories such as sci-fi, mystery and classics for more experience, but it doesn't exactly have a specific list of books to read.



KAREN LEE | theaccolade

When the first meeting was held Oct. 22, club members were introduced to their first book: *1984* by George Orwell.

"We chose *1984* for our first book because it would be the perfect book to open up discussions," Son said. "We are starting off with sci-fi but definitely planning to discover different genres."

Cabinet members also plan on hanging posters around the classroom to spread the news as well as students around campus to

join the club.

"Around 10 people are currently in the club, but we are definitely going to promote more to expand the group," Son said. "Our goal is to spread the significance of reading and expand our knowledge."

*Book Club meets every first and last Tuesday of the month during lunch in Room 64.*

## Cyber Patriots Club

Cyber Patriots is the only new group this school year created by a freshman.

The Cyber Patriots club, created to participate in the National Youth Cyber Defense Competition, competes in teams to defend operating systems.

First introduced to a club of the same name at Parks Junior High School when Remy Garcia-Kakabeen was a seventh-grader, she eagerly approached principal Allen Whitten about Cyber Patriots the summer before freshman year.

"I asked him if he could find someone who would be fit for advising our club," Garcia-Kakabeen said. "And he found [new math and coding teacher] Mr. [Minhoh] Han."

The bulk of their work comes after school on Mondays at Troy High School where teams practice for three hours and are placed into real competition-like situations.

During these competitions, five members work together to eliminate vulnerabilities in the operating systems they use.

"It would be their project for the next four years, which I actually like," Han said.

*Cyber Patriots meets Thursdays during lunch in Room 16.*

—by Alice Lee, cub reporter

## Dungeons and Dragons

Vivaciously flooded with wizards, barbarians and warlocks, the Dungeons and Dragons [D&D] club offers an amusing and collaborative adventure.

D&D is an open-ended game where players can freely choose who they are and what to do.

"Players create characters, essentially their new persona, in the world the Dungeon or Game Master has set for them," president junior Michelle Kim said. "You can do anything in the game."

Because the D&D community is very popular, making a club dedicated to this board game made sense to Kim.

"I decided to make the Dungeons and Dragons Club because I knew a lot of people who were deeply passionate about the game and others who were excited to get to learn how to play it," Kim said. "I felt a calling to make the club."

During club meetings, new members review the basic rules and game functions so they can work their way to becoming a Dungeon Master — the person in charge of creating the details and challenges. After a couple of lessons, beginners are placed in real matches of D&D.

*D&D Club meets Wednesdays during lunch in Room 52.*

—by Nathan Kim, cub reporter

## Economics Club

The club meets everyday after school in the back of the library to cover curriculum from microeconomics, macroeconomics and international economics through student-led discussions and lectures.

"Before it was created, there were no other clubs that focused solely on economics," Economics Club president senior Daniel Lee said.

Lee said he decided to make this club because the subject matter is present in peoples' lives every day from deciding which goods to buy at Target to understanding the news.

"Since our club is self-taught with members taking turns to lecture each day, we are able to learn the concepts better and improve public speaking skills," Lee said.

Though Lee had a hard time finding an adviser to get club approval, he was able to eventually recruit school librarian Laura Prompongsatorn.

"[The club's discussions] really help reinforce what they're learning and help them to think about what matters to them at their age," Prompongsatorn said.

*Economics Club meets everyday after school in the back of the library.*

—by Esther Oh, cub reporter

## Cantonese Club

Though sophomore Aiden Wong got his Cantonese Club approved by the ASB, he's still working on recruiting members.

"I wanted to start the club because I felt like not many people know about the Cantonese language and culture," Wong said.

According to travel guide China Highlights, Cantonese is one of the many minority Chinese dialects, mainly spoken in Hong Kong, Macau and Guangzhou.

"A lot of people know about Hong Kong but don't realize that a completely different dialect is spoken there," Wong said.

Mandarin is the official language in China, and Sunny Hills offers Chinese language classes for Mandarin but not Cantonese.

"Cantonese is different because most people associate being Chinese as speaking Mandarin, and I want to deviate from that stereotype," Wong said. "I want to open people's eyes to other dialects and Cantonese is one of the most widely spoken ones."

Sophomore Elisa Kho, a friend of Wong, also wants to spread the Cantonese culture.

*Cantonese Club meets every other Wednesday during lunch in Room 48.*

—by Lauren Choi, cub reporter

## Exchange Club

The language, the people and the surroundings all changed after sophomore Liam Kwak's 13-hour flight from South Korea to America last February.

After immigrating to the United States, Kwak said he was overwhelmed by his new environment, especially when he started attending Sunny Hills, where he experienced challenges with the language barrier, the diversity of the campus and the differing school policies.

"When I first came here, I was nervous and very lonely because I did not have any friends," he said. "Thankfully, there were people who came up to me first and among them are my [current] friends."

Nine months later in August of this year, Kwak got approval from the ASB to start the Exchange Club to help international students that need guidance in adjusting to the campus.

The club members provide information sessions about school resources and social activities, including movie nights, and will participate in the upcoming International Food Fair next February by selling food.

*Exchange Club meets Thursdays during lunch in Room 12.*

—by Minjeong Kim, cub reporter



## Fashion Club

LISA YOON

Cub Reporter

Get ready to suit up because a stylish new club is making its way down the Sunny Hills “runway.”

The Fashion Institute of Design and Merchandising [FIDM] Fashion Club is a new club that officially starts on Nov. 18 for the fashion-forward students at Sunny Hills.

“Our main goal is to create a positive community where other individuals with the same interests can join and collaborate with diverse ideas and skills,” co-president senior Agnes Chung said.

The FIDM Fashion Club, founded by Chung and junior Kasey Wang, intends to unite people with common interests in fashion.

“In general, we plan to guide our members by building a fun and exciting community,” Chung said.

The co-presidents have always been interested in fashion and clothing with their own outfits, but Wang received the inspiration to start the club during her visit last month to New York fashion schools like the Fashion Institute of Technology [FIT].

“They introduced the idea of starting a club with FIDM,” Wang said. “I feel really accomplished now that this club is opened since it’s a good opportunity for myself and others.”

*FIDM Fashion Club meets every other Monday during lunch in Room 42.*



Image reprinted with permission from Kasey Wang

**VOGUE:** Co-presidents of FIDM Fashion Club senior Agnes Chung (left) and junior Kasey Wang sport their fashion forward outfits on Nov. 11.

—by Yonhee Eu, cub reporter

## HSDA Club

With the rise of the Democratic Party in Orange County, it was inevitable that it would also affect the Sunny Hills campus.

Senior Karen Lee started the High School Democrats of America [HSDA] club, the first partisan club on campus that encourages students to become involved in politics — with a liberal slant.

The cabinet members plan to support and ensure students’ political voices in government, Lee said.

“More people should get involved in politics because [it] affects everything that’s around them,” vice president junior Jenna Beining said.

While this group doesn’t have any formal meetings scheduled, they are preparing an agenda for future ones in which they will discuss current matters like campaigns and political events that they can engage in.

“The fact that I get to discuss politics and issues with people that have the same view as me is a benefit of being part of the club,” sophomore Ellen Kim said.

Club leaders said they hope to organize events such as voter registration drives; they also would like to schedule a time to discuss issues like the Democratic-led impeachment of President Donald Trump.

“Throughout this whole experience, I just want a space for young people to be able to get involved,” Lee said.

*HSDA club meets every other Tuesday during lunch in Room 187.*

## Minecraft Club

A safe space for players to activate their creative minds through digital screens, the Minecraft Club is the brainchild of sophomores Kevin Tseng and Luke Lineares.

Stemming from their love for this intriguing game, the two co-presidents decided to open up a place where other student Minecrafters could play games and relieve stress.

“Personally, I love Minecraft because it is such a unique game,” said Tseng, who first started playing when he was 8 years old after stumbling on a Minecraft video on YouTube. “There is so much freedom in Minecraft’s gameplay, and the possibilities are limitless.”

Tseng has known Lineares since freshman year when they met in their English class. They found out they both share a passion for playing Minecraft and clicked immediately.

Lineares said he likes how Minecraft “enables one’s imagination to run wild.”

Another club member, junior Araceli Guarisco, developed her passion for Minecraft in fourth grade.

“I love [Minecraft] because there is no storyline to follow,” Guarisco said. “There are quests you can do, but it’s really all up to your imagination.”

*Minecraft Club meets every other Wednesday during break in Room 44.*

—by Dominique Chang, cub reporter

## RAD Club

The Recognize, Accept, Dance [RAD] Club aims to help kids with disabilities learn dance routines.

Created by co-presidents seniors Lauren Kim and Aimee Park, the new group provides opportunities for students to work with elementary through middle school peers who have disabilities.

“We are planning on having bonding activities through dance,” Park said. “We will be teaching short routines and create a safe environment for them.”

Last month, Kim met with the person in charge of Everybody Dance Now — a program for disabled children offered at the Cathleen Forcucci Dance Academy in Fullerton — to see if Everybody Dance Now could send any of its students on Fridays to the Dance Production room at Sunny Hills after school.

The plan is to start working with those students after Thanksgiving break, the co-presidents said.

After the break, club leaders said they plan to promote its service through fliers left at various Fullerton locations.

“I feel so happy when seeing their eyes filled with so much joy,” said freshman Tara Kim, one of the 15 club members.

*Recognize, Accept, Dance Club meets Fridays after school in Room 130.*

—by Edmund Lee, cub reporter

## Stock Stalkers Club

Co-president senior Sydney Kim created a new club that simulates what it’s like to purchase and invest in stocks using technology.

Called Stock Stalkers, club members can get a hands-on experience of what it would be like to invest in the stock market before stepping into the business after graduating.

“I found an app called Market Sim that lets you stimulate buying stocks without actually buying anything,” Kim said.

The app allows students to see how difficult it can be for businesses and companies to maintain a steady income. They are also able to observe the increase or decrease of their stock depending on the companies’ profits, she said.

“The club, in general, is for [students] to get a chance to track stocks,” club adviser Mike Paris said. “It’s brand new so I’m not quite sure how it’s all going to go, but it did sound like a good idea.”

Co-president senior Karen Lee is also interested in stocks but understands the real risks of the stock industry.

“It is pretty fun, but I don’t want to get into [stocks] in the future [because] it is too risky,” Lee said.

*Stock Stalkers club meets every first Tuesday of the month during break in Room 53.*

—by Kayla Lozada, cub reporter

## Youth Empower Club

They endorse women’s rights, encourage political marches and hope to promote the involvement of adolescents in the ever-changing world around them.

These are the members of the Youth Empower Club, who set up a registration booth in the quad for nationwide elections Sept. 27 along with a table in the quad for donating feminine hygiene products on Oct. 19.

In addition to the schoolwide activities, the club frequently hosts sociocultural debates for its members.

“It’s very empowering to have an outlet to express my opinions,” president senior Jessica Gonzalez said. “When you’re a teenager, people don’t take you seriously.”

Young activists’ opinions are not looked into because they are viewed as immature or unaware of how life works, vice president senior Bianco Bravo said.

“Youth have a responsibility to be more informed on topics like climate change and how they influence what our country is going to be like in the future,” Bravo said.

Becoming more self evident through her experience with this club, active member freshman Jaden Michel advocates for women empowerment.

*Youth Empower club meets Fridays during lunch in Room 180.*

—by Rida Zar, cub reporter



## ALL HANDS ON DECK

*College and Career Center could be just the ticket for students looking for ways to earn some cash for holiday spending*

**KATE YANG**

*Cub Reporter*

Ho, ho, ho can turn into bah humbug during the upcoming holiday season for those who don't have any cash to spend for gifts.

One option for students 15 and a half years old and older is to apply for the plethora of seasonal jobs that many stores post on signs outside the business or online.

The process of looking for one can initially be perceived as daunting at first.

But that's not the case, says counseling technician Evelyn Casillas, who heads the newly opened College and Career Center on campus and works with students looking for temporary jobs.

"Most of the time, students will go to our website under College and Career Center, and I have links where they can apply for [jobs] whether it be a seasonal position, part-time or full-time [one]," Casillas said.

Seasonal jobs are also a great way for students to begin compiling their resume, she said. They also provide students with an opportunity to begin building skills they

### Seasonal Jobs

#### Where to apply:

- Home Depot (\$12/per hour)
- Michael's (\$9/per hour)
- Knott's Berry Farm (\$10/per hour)
- Stater Bros Market (\$9/per hour)
- Target (\$9/per hour)
- Kohl's (\$8/per hour)
- Walmart (\$10/per hour)
- TJX/Marshall's (\$8/ per hour)

#### Requirements:

- Have a 2.0 or higher GPA
- No Fs in graduation required classes
- Must be 15 and a half years old
- Need work permit if under 18 years old

Compiled by Aaliyah Magana

need for their future.

Casillas found after helping many students compose their job applications that students can be hesitant at times to apply for jobs because of their parents who would rather have them concentrate on their education.

That's what happened with senior Matthia Lee.

"I need to earn money and want to experience on what it would be like having a job, but my parents don't want me to work," Lee said.

For others, they have found success in even part-time work beyond the seasonal offers.

Sophomore Eden Ramirez found work



Reprinted with permission from Eden Ramirez

**STRETCHING OUT:** *Sophomore Eden Ramirez reminds a 6-year-old gymnast to straighten her knees while doing a backbend kickover Nov. 9 at Eric Will Gymnastic Center in La Habra where Ramirez works.*

as a gymnastics instructor for children 6-7 years old at Eric Will Gymnastics Center in La Habra.

Ramirez said the overall process of applying for her job was fairly smooth because of the trustworthy relationship she already had with her fellow instructors.

"I would say that it was [simple] because I already knew people," she said.

As a member of the center, Ramirez has been participating in the sport for even years, so when she overheard her instructor

speaking to another coach about this job opportunity, she decided to hand in an application.

"I think I just wanted to share my love of gymnastics with others, and of course money is nice because you get to save and buy extra things," she said.

For students like Ramirez, such job opportunities should ease their conscience as to how much they can spend for gifts during the upcoming holiday season.

## Apparel Action group makes serving the community stylish

**ANTHONY KEEM**

*Cub Reporter*

From Gucci jeans to plain old white shirts, the newly formed Apparel Action club aims to accept all types of clothes to help those in need.

"Because schools have fashion clubs, I wanted to incorporate that into my interest [for] community service," club president sophomore Amy Wang said.

Wang crafted the group's mission statement and got the club approved by the ASB in October, and as of Nov. 14, the Apparel Action club has amassed a total of 30 members.

The mission statement reads: "Apparel Action provides students with an outlet for self expression and creativity with a focus on fashion design while facilitating service through aiding low income communities."

In a month's time, the club plans to initiate student-operated clothing drives for those in need within local communities, Wang said.

Preceded by online promotions and paper flyers, the drive will last a duration of three weeks; those who wish to contribute can drop clothes off in Room 54.

"It can't be too worn out," vice president sophomore Jacqueline Kim said. "We

want them to feel like it's new."

After the end of each clothing drive, all proceeds will be donated by the Action Apparel club to local shelters such as Long Beach Rescue Mission.

For now, the club is mainly focused on expansion.

"We're trying to get members through word of mouth and social media," Wang said.

Besides its charitable focus, Apparel Action wants to hold discussions about fashion and the more aesthetic elements of clothing.

"We're going to have an [online] monthly newsletter where members can send in pictures of their favorite outfits," Wang said. "We'll have arts-and-crafts activities such as making earrings or necklaces."

As its name suggests, the club wants to remain active, especially in finding opportunities to help the community and promote ideas of conscious consumerism.

"Fashion and clothes have become an important part of student culture," Wang said. "In the news, there are things about fast fashion damaging the environment — clothing drives are a way to help promote sustainability."

*Apparel Action meets every other Wednesday during lunch in Room 54.*

## DECA club teaches useful, competitive business skills

**NICOLE CHUNG**

*Cub Reporter*

They strive to become the next economic world leaders, dominate the world of business and pay tribute to business tycoons.

Members of the Distributive Education Clubs of America [DECA] try to adjust in

different fields of business and work to make business a well-known topic around student," president sophomore Daniel Kong said.

Kong said he came up with the idea of establishing DECA after being an active member of the Future Business Leaders of America [FBLA] during the 2018-2019 school year.

"So far we've gone over what the club is about," Kong said of the 20-member club. "I also created a website [to] list all the events and important things needed for the members."

DECA aims to improve their business skills by teaching students all about the field and exposing them to it.

"Our purpose is to [spread] business throughout the school and give an [open learning space] to prospective business leaders," sophomore vice president Rachel Lee said.

DECA differs from FBLA because DECA mainly focuses on business topics while FBLA focuses on a combination of different topics that shape students to become the next leaders. But like FBLA, it is a chapter of the international organization of the same name.

"DECA has community service, advocacy and global entrepreneurship weekly campaigns that [differentiates] itself from FBLA," Kong said.

The club allows students to gain experiences early, obtain awards from competitions and gives students an idea of future jobs.

"I think [DECA] definitely has potential [to grow] because the students are required to learn about all the different areas of business and study them," English teacher and club adviser Kady Fibrow said.

*DECA meets every other Thursday at lunch in Room 34.*

**"Students are required to learn about all the different areas of business."**  
-Kady Fibrow  
*club adviser*



# A local chef's success story

Fullerton's Judy Bart Kancigor shares her passion for traditional Jewish dishes through her cookbooks

MICHELLE SHEEN

Cub Reporter

The joy of seasonal festivities calls for an assortment of delights that spark a celebratory mood.

And with the eight-day Jewish holiday Hanukkah approaching next month for some of the Jewish students at Sunny Hills or those interested in the Jewish culture, one source to turn to for recipes is Fullerton cookbook author and *Orange County Register* contributing writer Judy Bart Kancigor.

"I come from a large, very close Jewish family with frequent get-togethers, and the food was always an important part of it," said Kancigor, who has published two cookbooks and has her own website, [cookingjewish.com](http://cookingjewish.com).

During the celebration that starts Dec. 22, Jewish family members celebrate the rededication of the holy temple of Jerusalem by lighting a candle called the "hanukiah" every night during the holiday as a thanks God, according to [whychristmas.com](http://whychristmas.com).

"Hanukkah would not be Hanukkah without latkes," Kancigor said after being asked what her all-time favorite dish to eat during the holidays is.

Junior Jacob Klatzker also likes the sugary latkes but prefers sufganiyot.

"It's a donut-like dessert; [it's] super good and fun to gorge on with family," Klatzker said.

Like most people, Kancigor started her cooking career as an amateur after getting married at 19 years old.

After publishing a cookbook titled



**COOKING BY THE BOOK:** Judy Bart Kancigor bakes and ices holiday-themed cookies for Hannukah.

*Melting Pot Memories* in 1997 full of her family's recipes, she went on to republish that same book as *Cooking Jewish* and *The Perfect Passover Cookbook*.

Kancigor then began by printing 500 copies of *Melting Pot Memories*, thinking that no one other than her family members would purchase it. However, she ended up selling a total of 11,000 books by 2003.

It wasn't until her daughter-in-law was pregnant with her first grandchild and many of her beloved aunts were gone when Kancigor came to the realization that the old generation was leaving, and a new one was taking its place. As a result, she wanted

Reprinted with permission from Judy Bart Kancigor

to preserve her family's large collection of recipes to pass on to future generations.

Writing these books was like opening a door into another chapter of her life that revolved around food.

In addition to publishing her own books, Kancigor's passion for cooking led her to become a writer for *The Orange County Register* in 2000 and a food editor for the *Orange County Jewish Life Magazine*.

"With my cookbooks, I became a writer -- something I always wanted to do -- although I never dreamed I would be a food writer," she said.

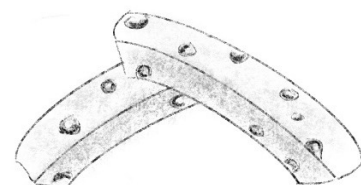
mama lrene's  
Cinnamon  
Chocolate chip  
mandelbread

## Ingredient:

4 cups all-purpose flour  
2 teaspoons baking powder  
2 teaspoons cinnamon  
1 teaspoon salt  
4 eggs  
1 1/2 cups sugar  
1 cup vegetable oil  
2 tablespoons vanilla extract  
semisweets

## Directions:

- 1) Stir flour, baking powder, cinnamon, and salt
- 2) with a mixer, blend the eggs, sugar, oil, and vanilla
- 3) Preheat oven to 350°F
- 4) divide dough into 6 portions
- 5) Bake for 25 minutes



Source: "Cooking Jewish" by Judy Bart Kancigor

## Students ditch the turkey

AUDREY SEO

Cub Reporter

Originated in 1621, the Pilgrims introduced Thanksgiving to the new world, expressing gratitude to God for the blessings they received since their arrival.

Although Thanksgiving may have lost its religious context, people still celebrate it as a way to reflect on the past year and show their gratefulness for everything that has happened in their lives.

But this is not the case for everyone, especially ethnic minorities.

Several of them at Sunny Hills ditch the turkey and mashed potatoes on the fourth Thursday of November and engage in their own cultural or religious traditions.

"[My family and I] celebrate some American holidays like Christmas but not Thanksgiving,"

said freshman Parshwa Parekh, who is from an Indian background. "American culture isn't really part of my family."

Because Thanksgiving is more commonly known for its meaty entrees and side dishes, it can sometimes prevent vegetarians like Parekh's family from enjoying the festivities.

Other students, such as sophomore Daniel Vargas, mix American customs with their own cultures as a way of merging their own personal lives with this holiday.

"We like to set out a plate of food for our relatives who have passed away in honor of their spirit and give them a meal if they visit us," said Vargas about the Day of the Dead, which started on Halloween and ended Nov. 2.

In addition to other holidays similar to Thanksgiving, sophomore Eunice Yi celebrates Chuseok, also known as Korean

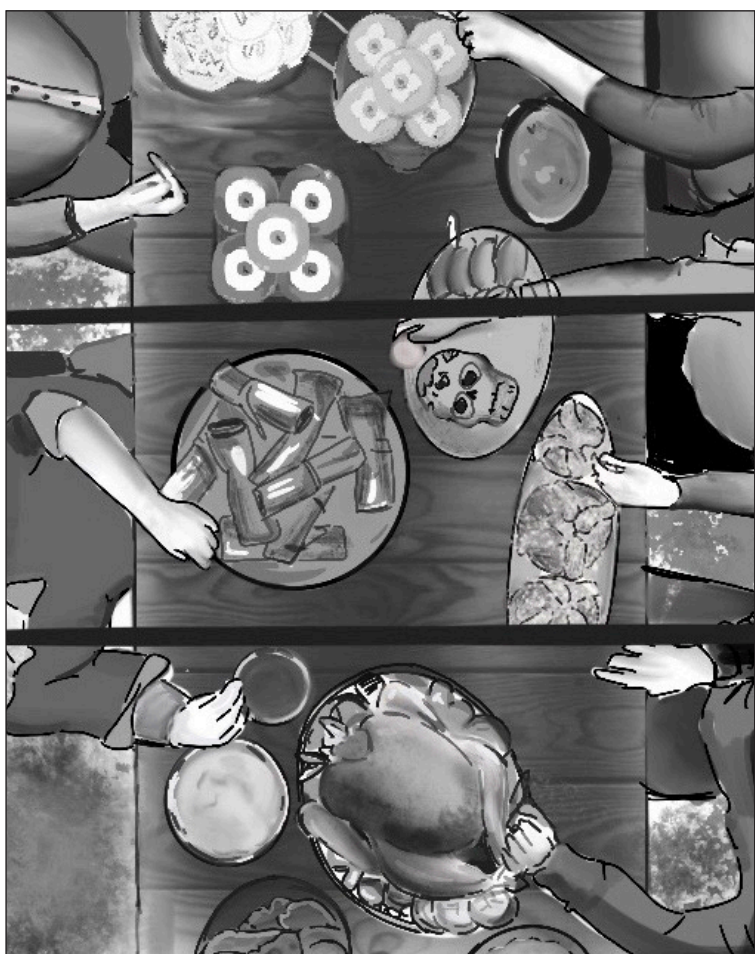
Thanksgiving. The date varies annually, but this year it took place on Sept. 13.

Her family prepares a feast and performs a Buddhist ritual led by her grandfather. This practice consists of setting a table filled with traditional Korean foods, breaking chopsticks, lighting incense and serving alcohol to their ancestors to show respect to them.

"[It's something we do] to honor our deceased family members and serve them food for a day," she said. "I feel like it brings me closer to my family and my culture."

In spite of various interpretations of this holiday, Thanksgiving usually does not stray away from its familial and communal aspects.

"This holiday is very important to me because it is one of the few times I can see my whole family," Vargas said.



KATHERINE KIM | theaccolade



# SH fans on thin ice about 'Frozen II'

CASEY SEON

Cub Reporter



For more about "Frozen II," go online: [shhsaccolade.com](http://shhsaccolade.com)

Let it go, let it go

Can't hold it back anymore

Let it go, let it go

Turn away and slam the door!

Who *hasn't* heard of Disney's "Let It Go" by Idina Menzel from "Frozen," which raked in \$1.2 billion in box office ticket sales — the highest amount for an animated film?

According to Spotify, it's the most-streamed song from a Disney-animated movie with 280.5 million listens.

Six years since that movie's initial release, it seems the House of Mickey doesn't want to heed the advice from "Frozen's" Elsa, who has the ability to manipulate ice and snow.

Instead of letting go and slamming the door on its franchise, it plans to release the sequel Nov. 22, featuring the return of such cast members as Elsa, the queen of Arendelle; Anna, Elsa's sister; Olaf the snowman; Kristoff, Anna's love interest and Sven, Krist-

off's reindeer.

Some SH students and staff aren't as excited to watch it — at least not to the point of pre-ordering tickets to see the first few showings the night before.

Though freshman Lauren Pak is a "Frozen" fan, what she's heard or seen about the sequel hasn't impressed her.

"The trailer was confusing because I didn't really know what was going on," Pak said. "I think Disney could have done a better job on raising expectations through this trailer."

Sophomore Andre Sagum owns an 11-inches-wide-by-16 inches-tall color poster of the "Frozen" cast.

But, he's never pre-ordered tickets for my movie, and he's not going to start with "Frozen II."

"I'm going to watch with my friends or girlfriend probably," Sagum said. "I don't think I'm going to watch the very first day



Photos reprinted with permission from Walt Disney Pictures

**ICING ON THE CAKE?:** Disney hopes to recapture the magic of "Frozen" with the Nov. 22 release of "Frozen II," the sequel (left). Elsa (right) sprinkles her snow dust onto a creature.

of the release [because] I don't see a need to watch it that fast."

Math teacher Jennifer Papageorge, who plays Disney music during passing periods for each of her classes, likes the franchise's theme and characters.

"Frozen shows you don't need a man to save you," said Papageorge, who has no special plans to watch the sequel unless her

niece wants to catch it. "It's sister love, which is important for little girls to understand."

Disney released a preview of the film's new soundtrack with "Into the Unknown" by Panic! at the Disco and Menzel, and that seems to have caught more interest than the upcoming film.

"I'm super excited for possible newer [and] better songs in

the sequel," Sagum said. "I think 'Into the Unknown' sounds similar to 'Let It Go,' so I have a feeling it will be equally as popular."

But not everyone agrees with Sagum's assessment.

"I don't think 'Into the Unknown' will be as good as 'Let It Go' because in my opinion, the first movie is always better than the sequels," Pak said.

## Upcoming movies for the Holidays



### "Black Christmas"

Release Date: Dec. 13

Horror film presents a group of college sorority girls, prepared to defend their lives against a killer.

### "The Aeronauts"

Release Date: Dec. 20

Action film tells the inspiring story of James Glaisher, who attempts to break a hot air balloon record.



### "Jumanji: The Next Level"

Release Date: Dec. 13

Action film brings back four brave players for a second adventure as they venture into the game, Jumanji.

Source: imdb.com  
Compiled by Andrew Park

## I cry for my homeland's struggle with video gaming addiction issue



chloeLee

Entertainment Editor

"He played for 72 hours straight: South Korea wrestles with video

game addiction."

When I saw my homeland's name in the headline, I was immediately persuaded to read the Oct. 17 *Los Angeles Times*' article.

It mentioned the World Health Organization's [WHO] plan to implement new treatment services in 2022 to assist people classified with gaming disorders. Additionally, multiple deaths have occurred as a result of prolonged video gaming which further encouraged WHO to take action.

Besides seeing my native country in the headline, I was also shocked to read how one man couldn't stop playing video games for three days, causing him to be hospitalized for a month in psychiatric care.

When I read about this devastating incident, I couldn't help but compare it to my freshman younger brother who constantly plays "Call of Duty: Black Ops 4" on his PlayStation 4 up to almost 5 hours straight.

When I come home from school every day, I watch his glazed eyes barely acknowledge me as he yells at his friends on his headset to kill the opponent in the game.

I was curious why he was so intrigued by video games, and when I asked him, he simply said, "I feel satisfied when I win."

The consequences of gaming have become so dire that the South Korean government could potentially add "gaming disorder" to its own diagnostic in the "Korean Standard Classification of Diseases."

Not only does this raise awareness of the mental toll, but it also sheds light on the physical damages of prolonged gaming, such as vision issues and damage to the brain's hippocampus, according to npr.org.

With the combined mental and physical effects, it's obvious that more teens in the United States be made aware of this *Times* article.

I hope my brother's gaming addiction will not lead to the similar fates of so many other gamers. Not only will it kill his time, but also potentially kill his brain.







**LEG UP:** Junior goalkeeper Cil Avila kicks a soccer ball during a goalkick on Nov. 7 at the field next to Hydroflow.

# Girls soccer prepares for defense of CIF title

LAUREN KIM

Copy Editor

**Coaches:** Jeff Gordon (head coach), Erick Hurtarte (assistant coach), Sergio Miramontes (assistant coach),

**Top Returning Players:** Cil Avila (11), Auburn Burnett (12), Taylor DeGuzman (12), Zoe Ip (12), Brianna Figueroa (9), Acira Mehta (11), Jazmin Montalvo (11) and Jocelyn Pineda (12)

**Last season:** The team finished second in Freeway League but won the CIF-Southern Section Division 2 championship.

**Outlook:** The players have been training for two to three hours, three days a week in hopes of becoming Freeway League champions.

After winning the CIF-Southern Section Division 2 championship, the girls soccer

team prepares for its upcoming season games.

This is the team's first year being in Division 1.

"Our goal this year is to win league and hopefully get another CIF championship," center back Mehta said.

During practices, the team reviews set plays and practices many defensive drills like possession and shooting in order to simulate game-like situations.

On Wednesdays, the Lady Lancers' team trainer comes in to help improve their speed and agility.

"To prepare, we have been training pretty hard," defensive midfielder Ip said. "We have been trying to build up team chemistry and get back into our 'season mentality.'"

The team's biggest game is against Troy High School because it's the game that

most likely decides which team ultimately becomes the league champion.

"Troy is our biggest rival, but CIF games are also really important to us because if you lose, you get eliminated," Mehta said.

Since his team reached the state CIF semi-finals last year, Gordon believes that he has a strong group of hard-working girls that can bring more success this year.

"We expect to win tournaments, league and CIF championships," the coach said.

The girls are practicing for their first pre-season games, which are coming up on Nov. 21 and 22 against Yorba Linda High School and Esperanza High School, respectively.

"We already [won] once, but that success wasn't a choice," Ip said. "This season, we'll prove that we're a good team and make it as far in Division 1."

## Every day I'm hurdlin'



annieBang  
Sports Editor

More bruised than my bloody knees and scraped elbows was my dignity, which had just been shattered by an embarrassing tumble after I tripped on the last hurdle of my race.

Despite the humiliation and every temptation to give up, I got up and crossed the finish line at a measly seventh place.

That was three years ago when my journey as a hurdler on our school's track team began my freshman year. And it hasn't been easy.

After being dragged to the metal bars by a friend who wanted to try them out during track tryouts, I ended up committing to the sport despite having no experience simply because it looked "fun" after one jump.

However, learning to jump over hurdles, especially under high pressure situations like in a race, proved to be more difficult than I thought. Entering my first hurdle race felt like I was being pushed off a cliff and told to fly.

Figuring out when to jump past a hurdle was a confusing concept to grasp. If I jumped from too far or too close to the hurdle, I risked hitting my legs on it and tripping as a result, and I feared that my failures would evoke roars of laughter from the crowd and fellow athletes.

During track season, races were a dreaded part of my athletic experience. Before every meet, I attempted to ease my nerves by stretching and practicing several more jumps, though all my efforts were in vain considering every race began with the all too familiar gut-wrenching feeling of anxiety.

Though these feelings were physically and mentally uncomfortable, I felt accomplished every time I crossed the finish line, whether I came in first place or last. Though placing last, or close to it, was occasionally discouraging, coming in first evoked some of the greatest feelings of euphoria, especially for someone like me who didn't get to experience that often.

However, with daily practices and encouragement from teammates, this spring sport became one of my greatest passions and even something I looked forward to at the end of the day.

Flash forward two and a half years later. I'm now a junior with track to be added on my class schedule for second semester. When you see me running my first race, you might think I'm a veteran at this by now.

Not really. I still experience the butterflies in my stomach prior to races and anxiety before the redcoat fires the gun. Nevertheless, hurdling has pushed me to places far beyond my comfort zone and taught me valuable lessons for overcoming the obstacles in my life — literally and figuratively.

# Lancers football gets ready for Notre Dame

ANDREW NGO

Sports Editor

After last Friday's 21-14 come-from-behind victory over Tustin — the Sunny Hills football team's first playoff win in 24 years — the Lancers have been gearing up for their CIF-Southern Section Division 8 quarterfinal matchup against Notre Dame.

The Titans (7-4, 2-1 Sunbelt League) of Notre Dame advanced to the quarterfinals after holding off Grand Terrace, the team that knocked Sunny Hills out last year.

Lancers head coach Peter Karavedas said he and the rest of his coaching staff have already scouted Notre Dame's offense, noting that their athleticism on

both sides of the ball will pose a challenge to the Lancers.

"Last week, Tustin did a pretty good job in the first half [by] keeping our offense off of the field and slowing the game down," Karavedas said. "This week, we have to be more aggressive early on in the game."

The two starting defensive ends, seniors Jake Massar and Austin Martino, will make a big impact on the game.

"Our plan is to stay low and hold our ground against both the pass and rush," said Martino, who has 29 tackles on the year. "We've been practicing fast and physical in preparation for Notre Dame."

The game will be held at Buena Park High School stadium tonight at 7.



PAUL YASUTAKE | theaccolade  
**AIR RAID:** Quarterback senior Luke Duxbury launches a pass during the third quarter of Sunny Hills' 21-14 comeback victory over Tustin Nov. 8.





# SHE SHOOTS, SHE SCORES

Senior returns for final season with honors under her belt

RACHEL YUN

Cub Reporter

When she was 7 years old, Auburn Burnett tried playing gymnastics and baseball.

"I didn't like softball and gymnastics because it didn't have a sisterhood," Burnett said.

Eventually, Burnett settled on soccer.

"When she got to soccer, it was a natural fit," said Brian Burnett, Auburn's father. "She loved playing with her team and having all the family there to support her."

Since then, she has stuck with this sport, playing in soccer clubs such as Fullerton Rangers, Strikers FC, and Strikers Elite Club National League [ECNL].

Though Auburn Burnett has been a part of the girls varsity soccer team since her freshman year, her breakout season occurred her junior year — the same time when the Lady Lancers won their CIF-Southern Section Division 2 championship.

"I played freshman year but didn't start [on the team] until my sophomore year where I had a more defensive role," she said. "[Many] seniors left after my sophomore year, and I knew that I had to step up [as a] junior."

By the end of the 2018-2019 season, Burnett took home a handful of honors ranging from CIF Player of the Year to team



**DECORATED WITH AWARDS:** Standout senior Auburn Burnett poses for a picture with her coach, Jeff Gordon, as she holds her Captain's Award, Team MVP and CIF Player of the Year plaques at the girls soccer banquet at Casa Bonita Banquet Center March 6.

MVP to an All-SoCal team selection from the OC Register.

She credits her father, Lady Lancers head soccer coach Jeff Gordon and her teammates for the accolades.

"My dad has dedicated his time in order for me to play soccer," she said. "Soccer costs a lot of money, and I am thankful that I have the financial support of my dad ... I feel grateful and

honored to play with my team and to have the support of [girls soccer head] coach Jeff Gordon."

Gordon commends her for her positive attitude as well as her accomplishments throughout the last four years.

"Auburn is one of the most successful players in our program's 37-year history," he said. "[She] believed in herself, worked hard and capitalized on

her opportunities."

Besides her contributions on the field, Auburn Burnett learned how to balance her academic, social and athletic life.

"Soccer is a lot of work because I play for both school and club, so my time management skills have improved a lot," she said. "Whenever I have free time, I use it to get ahead on any homework so I don't fall behind,

but it can still be hard to do sometimes."

Over the summer, the senior committed to the U.S. Military Academy, where she plans to continue her soccer career.

"When [West Point] first recruited me at [ECNL New Jersey] over the summer, I immediately said no because it sounded scary, but when I went and saw all the soccer-related opportunities there, I knew I wanted to go," she said.

Her family's previous connections to the military also influenced her decision to commit to West Point.

"I'm not nervous about going to West Point, and I think it will be a good challenge," she said.

Senior Zoe Ip, one of Auburn Burnett's closest teammates, praises her for bringing positive energy to the team and playing her best during games.

"I think Auburn is a hard working, 'get it done' type of player," Ip said. "She also brings a good spirit to the team as she always crack jokes."

And it's that playful attitude that Auburn Burnett believes will help her through any future obstacles she faces while at West Point.

"It would be an awesome opportunity to serve my country," she said. "I look forward to having a great four years of challenges."

## Female athletes make history with girls' first wrestling team

CHARIS LEE

Staff Reporter

**Coaches:** David Wilde (head coach), Josue Chew (assistant coach), Ryan O'Sullivan (assistant coach)

**Top Returning Players:** Brianna Tran (11)

**Top Newcomers:** Daniella Berrios (12) and Kylie Yang (9)

**Outlook:** For the first time in Sunny Hills' [SH] history, nine female students form the first girls wrestling team and look forward to winning Freeway League and reaching CIF.

"The girls are a great addition to the wrestling program," head coach Wilde said. "They have been training since last fall and are led by great coaches."

Though Wilde is mostly in charge of administrative duties, he was responsible for advertising girls wrestling last year.

"I made a whole bunch of announcements, put up posters around [campus] and had our returning female wrestler recruit girls and have them come in," Wilde said.

Coach Chew, who keeps the wrestlers motivated, directs their eyes to the prize — the CIF State competition.

"I want them to never give up," Chew said. "Whether it's in sports or in life, I want them to keep fighting."

Tran, last year's lone female wrestler, hopes to guide the girls through their first season.

"[Tran] ended up being one of

the best wrestlers on the team and is the leader for girls wrestling," Chew said. "The girls look up to her and aspire to reach her level."

He respects the girls' strength as they motivate one another, fuel friendly competitions and improve their skills.

"These girls aren't afraid to compete and get tough despite how physical the sport is," Chew said. "They're little savages able to do what they set their minds to."

Berrios, one of the eight newcomers, took home a victory at the 36th annual Halloween



PAUL YASUTAKE | theaccolade

**SPRAWL:** Freshman Kylie Yang (top) performs a sprial ride on junior Brianna Tran during practice Nov. 14 in Room 153.

Open at Cerritos College on Oct. 27.

"I gave it my all and placed [first] at my very first [tournament]," she said. "It made me more confident for this year's competitions, and I'm ready for

whatever is headed my way."

The first official tournament will be held Nov. 23 at the Varsity capo valley Costa Mesa Classic at 9 a.m.

"I have faith in them; I believe in them," Chew said.