



FULLERTON JOINT UNION HIGH SCHOOL DISTRICT

1051 West Bastanchury Road • Fullerton, California 92833 **Office of the Superintendent**
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March 2, 2021

Subject: FJUHSD Guidelines for Gradual Reopening of Athletic Activity

Dear FJUHSD Staff Members, Students, and Parents/Guardians,

The Fullerton Joint Union High School District is proud to announce the return of additional athletic programs. On Friday, February 19, 2021, Governor Gavin Newsom announced the threshold for outdoor sports to begin competition is 14 cases (Adjusted Case Rate), or lower, per 100,000 people. As of today, March 2, 2021, Orange County's adjusted case rate for every 100,000 has reached 7.6 cases.

The District will continue to follow COVID-19 guidelines from the California Department of Education, the National Federation of State High School Associations (NFHS), the Sports Medicine Advisory Committee (SMAC), CDE Arts Education Guidance 2020/21, and the Orange County Health Care Agency. All athletics and activities can take place a maximum of five days a week (Saturdays are permissible). Please refer to the [District Website](#) for guidelines, which will continue to be followed. As a reminder, participation in activities and athletics is voluntary.

Requirements and Guidelines for Athletic COVID-19 Testing for High Impact Sports (Football and WaterPolo)

- Informed Consent
- Testing – antigen or PCR (regular and postseason antigen or PCR testing of sports participants and coaches weekly. If competing, testing performed with test results made available within 24 hours of play)

Limited Spectators/Observers

- We will limit observation **ONLY** two (2) per family of 18 years of age or older for sanctioned CIF sports (Cross Country, football, soccer, and water polo, baseball, softball, and tennis), and for the strict purpose of age appropriate supervision of games. Limited number of observers to ensure physical distance can be maintained, reduce potential crowding, and maintain indoor and outdoor capacity limits.
- Spectators/Observers maintain at least 6 feet from non-household members.
- When practicable, schools will consider “live” video streaming.

Sidelines

- Sidelines are limited to essential personnel only: coaches, players, photographer, administration, law enforcement, and medical personnel.
- Everyone on the sidelines must wear appropriate face coverings at all times.

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Face Coverings

- Face coverings to be worn by athletes when not participating in the activity (e.g., on the sidelines).
- Face coverings to be worn by coaches, support staff and observers at all times, and in compliance with the CDPH [Guidance for the Use of Face Coverings](#).

Requirements and Guidelines for Participation in Athletics and Activities

- All coaching and activities staff members will attend a site based meeting that will specifically cover all rules and expectations that are put in place at this time.
- Athletic Clearances: all athletes must be cleared in order to participate. Physical forms will be available on each school's website. Students can submit forms through the following link: athleticclearance.com
- All students participating in an activity or sport must turn in a District reopening and liability waiver form signed by a parent/guardian to their coach, director, teacher, or advisor before participating. ([English](#), [Spanish](#), [Korean](#))
- Locker rooms will be capped at a maximum of 12 athletes (less if physical distancing cannot be maintained).
- Participants will maintain social distancing of 6 feet when practicable to minimize contact. This is expected before, during, and after practice.
- Sharing of personal items (water bottles, towels, etc.) will not be allowed. Athletic equipment will be cleaned and sanitized after each use by activities staff, coaches, and students.
- Individuals exhibiting signs of illness will not be permitted to participate.
- Workouts may be postponed or canceled in the event a participant/participants tests positive for COVID-19.
- Notifications will be sent to all families and students via Aeries Communications.

Screening

- Any student-athletes/coaches that are on campus should be completing the Qualtrics survey either through the QR code or visitor link found on the fjuhds website. Students should show their certification to the coaches.
[Qualtrics](#)

Concessions

- At this time the only concessions allowed to be sold/consumed will be beverages.

Cleaning Procedures the District Will Implement at All Facilities

- Stringent cleaning schedules will be created and implemented for all athletic and activities facilities to mitigate any communicable diseases.
- Prior to an individual or groups of individuals entering a facility, hard surfaces within that facility will be wiped down and sanitized (chairs, furniture in meeting rooms, weight room equipment, restrooms, athletic training room tables, etc.).

- Individuals should wash their hands for a minimum of 20 seconds with soap and warm water before touching any surfaces or participating in workouts.
- Hand sanitizer will be plentiful and available to individuals as they transfer from place to place.
- Weight equipment will be wiped down and sanitized thoroughly before and after an individual's use of equipment.
- Appropriate clothing/shoes should be worn at all times in the weight room to minimize sweat from transmitting onto equipment/surfaces.
- Students will be encouraged to shower and wash their workout clothing immediately upon returning to home.

Locker Rooms

Locker Rooms will be opened for changing only.

- Locker rooms will be capped at a maximum of 12 athletes (less if physical distancing cannot be maintained)
- Proper sanitation will take place upon the exit of individuals.

Sincerely,

A handwritten signature in black ink, appearing to read "S. Scambray".

Scott Scambray, Ed.D.
Superintendent