

**BUENA PARK HIGH SCHOOL  
PRESENTS**

# *Wellness Workshop*

Need support transitioning back to campus? We are here for you! You will learn topics on organization, stress/time management, and so much more.

---

**2:00 - 3:00 PM  
EVERY MONDAY**

Zoom Link: <https://bit.ly/3cNeW18>

Passcode: 317492