

Troy High School
Course Profile
Dance

Course Title: Dance PE

Course Prerequisites: None

Course Description: This course is designed for all dance levels and students grades 9-12. Students gain an overview of the world of dance which includes the fundamentals and terminology of ballet, jazz, modern, hip hop as well as a solid foundation of understanding in body alignment, placement and articulation. Students will develop skills in dance technique, choreography, group work, and performance; while increasing their flexibility, strength, and stamina in physical fitness. Students will also gain knowledge in dance history and philosophies through written work.

Students entering this course should already have a mastery of the following concepts and possess the following skills: None

Workload Expectations for this course (list typical amount of homework, projects, presentations, papers, etc.): Group presentation projects, in-class performances, written assignments and quizzes are given periodically during the semester.
