



Peers helping Peers to become Leaders, Mentors, Build Self-Esteem, Remove Barriers, and Increase Resiliency

- ❖ The purpose of this project is to build skills that will strengthen academic performance, build positive peer relationships, build character, offer opportunities to gain leadership skills, and to increase self-esteem
- ❖ Meetings are centered on evidence-based programs proven to:
 - Improve relationships with family, peers, and their community
 - Empower youth to feel safe, confident, and capable
 - Build Time Management Skills
 - Increase Motivation
 - Grow Positive Values such as Integrity, Honesty, and Responsibility
 - Increase Social Competencies such as Positive Decision Making, Social Skills, Cultural Competence, and Peaceful Conflict Resolution
 - Grow Positive Self-Identity, Gain a Sense of Purpose, and Develop a Positive View of their Future
- ❖ Participation in the Project is FREE and based on student meeting program eligibility requirements
- ❖ Workshops will be held weekly at your student's school.

The list below includes topics of the skill groups that will be conducted on our campuses in the Leaders in Resiliency Project aimed at building skills to strengthen academic and personal resiliency:

- o Language and Communication Skills
- o Attention and Working Memory Skills
- o Emotion and Self-Regulation Skills
- o Cognitive Flexibility Skills
- o Social Thinking Skills
- o Moral Reasoning Skills
- o Problem Solving Skills

For more information or questions, contact Danielle at 951-600-1560 danielle@ttc4success.com

LEADERS IN RESILIENCY INDIVIDUAL & SKILL BUILDING GROUPS

The focus of this program is to assist students in developing traits associated with resiliency so they maximize their potential. Students may be seen individually and/or in group for support and guidance. This program targets academics, attendance and discipline and tracks progress by measuring student data along the way.

MEDIA CONSENT

TTC4Success has my permission to use my or my child's photograph publicly for promotional purposes. I understand that the images may be used in print publications, online publications, presentations, websites, and social media. I also understand that no royalty, fee or other compensation shall become payable to me by reason of such use.

NON-CONSENT: We/I hereby **do not** give consent for my child's photograph to be used by TTC4Success for promotional purposes.

I understand the purpose of the program, support my student's participation and give consent for TTC4SUCESS to contact me as necessary:

STUDENT DETAILS

Full Name _____

School _____ Grade _____

PARENT DETAILS

Full Name _____

Address _____

City _____ Zip Code _____

Phone Number (H) _____ Cell _____

Email _____

Student Signature _____ Print Name _____ Date _____

Parent/Guardian Signature _____ Print Name _____ Date _____