



Athletic Clearance Process

In order to be cleared to participate in athletics for the 2022-2023 school year, all athletes must have a completed and up to date physical on file. The Athletic Clearance expires one year from the date of the medical examination. If your child's medical clearance expires during the season, your child will no longer be eligible until proof of an updated medical examination is provided to the school.

Fall Sports:

Football
Tennis-Girls
Volleyball-Girls
Water Polo-Boys
Cross Country
Girls Golf

Winter Sports:

Basketball-Boys/Girls
Soccer-Boys/Girls
Wrestling
Water Polo-Girls

Spring Sports:

Baseball
Softball
Swim/Dive
Tennis-Boys
Boys Golf
Track
Volleyball-Boys

*****Cheer / Marching Band / Color Guard / Dance Production (all 3 seasons)**

*****Please Read #1, 2, & 3 Before Registering*****

Follow these three easy steps to complete your athletic clearance:

1. Register for an account on <https://www.homecampus.com/login>. During this process you will:

- Choose "Sunny Hills (CIF-SS)" on the list and the School Year "2022/23".
- Have an opportunity to register for multiple sports and choose those you will be participating in at the end of the process.
- Complete all the sections on <https://www.homecampus.com>:
 - Student Info
 - Medical History
 - Parent/Guardian Info
 - Electronic Signatures (consents, acknowledgements and waivers)
 - Optional Donation
- Download and print the Physical Examination Form from <https://www.homecampus.com> or [here](#) and proceed to step #2

2. Schedule a physical with a licensed physician and have the Physical Examination Form completed. **A signature of a licensed physician or physician assistant indicating your child is healthy and physically able to participate in our athletic program is required. The medical clearance expires one year from the date of the medical examination. Physical forms completed by nurse practitioners or chiropractors will not be accepted.**

3. Upload the completed and signed Physical Examination Form to <https://www.homecampus.com> (upload page 3 only).

All of this data will be electronically filed for our review. When your student athlete has been cleared for participation, an email notification will be sent.

Do you need to purchase insurance? (Medical insurance is required in order to participate in a sport.)

Click on the image below for more information regarding purchasing coverage from Myers-Stevens.

2020-2021
School Year

Student Accident &
Sickness Insurance-
Now More Important
Than Ever!

PROTECT YOUR
CHILD TODAY!

Enroll online at
www.myers-stevens.com

**QUESTIONS? Please contact Mrs. Gonzalez in the Activities Office at:
714.626.4269 or elgonzalez@fjuhsd.org**